

SHOOTING SPORTS

Sonoma County 4-H

Name: _____ Date: _____

Guidelines for Project Proficiency Award

Beginning

	<u>Date</u> <u>Completed</u>	<u>Leader's</u> <u>Initials</u>
1. Explain the definition of the acronym "MAT".	_____	_____
2. Describe the actions taken when you hear the range command "Cease Fire."	_____	_____
3. Demonstrate how to use your safety equipment when firing a rifle.	_____	_____
4. Demonstrate how to safely handle a rifle, including muzzle control, loading and unloading, and passing a rifle to another person.	_____	_____
5. List at least 3 ways you can demonstrate safety and courtesy on the range.	_____	_____
6. Point out and name the 3 major parts of a rifle.	_____	_____
7. Explain the function of an action and list 5 different rifle action types.	_____	_____
8. Explain the term "caliber".	_____	_____
9. Name the 4 components of a rifle cartridge.	_____	_____
10. Explain the difference between a rimfire cartridge and a centerfire cartridge.	_____	_____
11. Explain the different types of sights available for a rifle.	_____	_____
12. Take time to tell one or more of your friends about the things you are learning and doing in the shooting sports project and report back to the leader or group.	_____	_____
13. Participate in 3 live fire exercises utilizing the 3 Fundamentals of Firearms Safety, observed by the shooting sports leader.	_____	_____
14. Keep a shooting diary with notes and observations from at least 3 live fire exercises.	_____	_____
15. Make a presentation at Presentation Day.	_____	_____

Project Leader's Signature of Completion: _____

Date: _____

Club Leader's Signature of Completion: _____

Date: _____