

SHOOTING SPORTS

Sonoma County 4-H

Name: _____ Date: _____

Guidelines for Project Proficiency Award

Advanced:

	<u>Date</u> <u>Completed</u>	<u>Leader's</u> <u>Initials</u>
1. Report on the history of one aspect of rifles.	_____	_____
2. Interview someone whose profession involves or is related to shooting sports and report on an industry related career opportunity that interests you.	_____	_____
3. Invite a guest speaker to one of your meetings and introduce them to the group.	_____	_____
4. Shoot at least 50 rounds in each of the four different rifle positions (prone, sitting, kneeling, standing), and document in your shooting diary.	_____	_____
5. Give a presentation on some technical aspect of rifle shooting.	_____	_____
6. Contact a local, state or national association related to your project. Explain to your project group what this association has to offer to its members and other interested individuals.	_____	_____
7. Set at least 3 specific goals related to your shooting skills and develop a plan of action to accomplish these goals. Chart your progress in your shooting diary.	_____	_____
8. Give a demonstration, talk or poster presentation on some aspect of shooting sports outside of 4-H.	_____	_____
9. Keep a personal reference library of literature (books, magazines, etc.) that will be helpful in your project.	_____	_____
10. Describe four ways to save money and be economical while participating in your project.	_____	_____
11. Design an "ideal" gun for you to use in a specific application. Come up with as many details as you can, (including dimensions, weight, materials, action, etc.) and explain why you chose each one.	_____	_____
12. Alone, or in a group, plan and complete a community service activity related to your project.	_____	_____
13. Participate in at least three rifle competitions and document them in your shooting diary.	_____	_____
14. Give a presentation at presentation Day.	_____	_____

Project Leader's Signature of Completion: _____

Date: _____

Club Leader's Signature of Completion: _____

Date: _____