

NEVADA COUNTY 4-H PROFICIENCY PROGRAM

Camping & Outdoor Adventure - Overview

The **4-H Camping & Outdoor Adventure Proficiency program** helps you learn what you need to know about your 4-H camping and outdoor adventure project. You acquire skills in outdoor living and develop confidence in the ability to live safely and healthfully outdoors. Through this project you will better understand the environment, the inter-relationships within the ecosystems and appreciate all aspects of nature. You will have fun living cooperatively in a group and learn how to use leisure time constructively.

There are many resources to help you learn more about your project:

- The **4-H Publications Catalog** lists a variety of project materials and resources recommended for use in your project.
- The **4-H Educational Resources and Lending Library** at your county 4-H office includes books, videos and reference materials that can be checked out by members and leaders.
- Stores that sell backpacking and camping supplies may offer classes and other educational activities as well as equipment. Many communities have local sports enthusiast groups that be a great source to you.

There are four levels in the Project Proficiency Program. You may choose how many levels you wish to complete:

- **Level I – “Explorer”**, you begin to learn about many different aspects of your camping and outdoor adventure project.
- **Level II – “Producer”**, you practice and refine the many skills involved in your project.
- **Level III – “Consumer”**, you become an experienced producer in your project.
- **Level IV – “Leader”**, allows you to show your own leadership potential.

As you work through the proficiency program, your leader will date each skill item as you complete it. When all items in a proficiency level are completed, your leader will sign the Certificate of Achievement and notify the County Proficiency Coordinator.

PRIMARY MEMBERS ARE NOT ELIBIGLE TO PARTICIPATE IN PROFICIENCY PROGRAMS.

Notes:



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