

California 4-H Shooting Sports Proficiency Archery Level III - Consumer

Date _____
Completed _____

- _____ 1. Show how to check your bow, arrow rest and nock for correctness using a bow square.
- _____ 2. Explain how to adjust a pin sight ... if shooting low, high, left and right.
- _____ 3. Learn how to bare shaft or paper tune your bow, make adjustments and show results to your leader.
- _____ 4. Practice advanced shooting form. Explain why stance, posture, anchor point, and release are important.
- _____ 5. Be able to shoot a group of five arrows at 20 yards.
- _____ 6. Participate in one tournament of 28 or more targets.
- _____ 7. Participate in one field visit to an archery sports provider of some sort in your community and report on what you learned.
- _____ 8. Participate in an archery range set-up and clean-up.
- _____ 9. Shoot a minimum of 20 arrows three times and record your scores.
- _____ 10. Review the fundamentals of archery shooting and identify 2 faults in your shooting that are causing missed targets or groups and develop a drill to correct these faults.
- _____ 11. Be able to shoot a group of five arrows at 20 yards.
- _____ 12. Give a demonstration, talk or poster presentation on some aspect of archery.

Member's Name: _____ Date: _____

Project Leader's Signature: _____ Date: _____

KEEP IN YOUR RECORD BOOK WITH PROJECT RECORD