

4-H

COOPERATION EXTENSION

UNIVERSITY OF CALIFORNIA

# CLOVER NOTES

LOS ANGELES COUNTY 4-H YOUTH DEVELOPMENT PROGRAM



## March 2006



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## How do you deal with Bullies?

Almost 10% of school age children are the victims of a bully. Bullying is most common by the second grade and then supposedly declines by the high school years. Bullying can be either physical or verbal, and can range from mild **teasing** to pushing and **hitting**.

**Victims** of bullies are usually stereotyped as being loners, passive, quiet, sensitive, anxious, with low self esteem and they are often smaller and/or weaker than other children of the same age and may come from an overprotective home. More importantly, they usually react to bullying by crying, acting out or withdrawing. Some victims may actually bring on the bullying attack by teasing or provoking a bully. Being the victim of a bully can lead to your child avoiding school, and developing fear and anxiety about going to school. It can also cause your child to feel insecure and have feelings of low self worth and poor self-esteem and can ultimately lead to depression and/or violence, either against himself or against the bully.

Because victims of bullies often do not seek help or confide in anyone about the bullying, either because of shame or embarrassment or fear that it will be worse if the bully finds out, it is important to look for **signs** in your children. **School avoidance behaviors**, especially chronic nonspecific complaints, such as headaches or stomachaches, or they may have trouble sleeping. Also, if your child seems afraid or anxious about going to school, has a change in his personality or his behavior, or a change in his grades, you should consider that he may be a victim of a bully at school, especially if he fits the stereotypes described above.

If you suspect that your child may be a victim of a bully, you can ask him if he is being teased at school, or ask more open-ended questions, such as 'What do you like to do at recess?' or 'at lunchtime?'

Children are most often bullied at school, usually on the playground or at lunchtime when children are more likely to have minimal **supervision**, or it may occur in the hallways between classes or on the school bus. In any situation, the better supervised children are, the less likely that bullying will occur.

Children who are **bullies** may have problems with low self-esteem, but newer theories argue that bullies are driven more by a desire to have power over others and to be **'in control'** than because they have poor self-esteem and that they have little empathy for their victims. They may also be aggressive, bossy, controlling, have a low level of self control, and have difficulty making friends. Bullies are also more likely to develop criminal behaviors as adults.

While this may help you understand why a bully acts the way he does, this doesn't necessarily help your child deal with the problem. Things that you should **avoid** include teaching your child to fight back, since he may get hurt and it may also get him in trouble at school, but that doesn't mean that you can't teach your child to be assertive and to show self-confidence.

Parents often turn to enrolling their children in a martial arts class, and while this can be helpful to build his self-esteem and help him be more assertive, the aim of the classes should not be so that he can fight back.

It may also help to **talk with school officials** about the problem (so that they can better supervise your child, observe the bully and intervene when necessary) and teach your child to not respond too strongly to the bully (either by crying or giving in to demands), because the bully is more likely to continue bullying your child if he knows that he will get a response.

It may also help to schedule a meeting between the parents of the children involved and school officials.

You can teach your child to **walk away** (but while staying calm and not running), tell the bully to stop and leave him alone, or to use humor and come up with a good comeback when a bully teases him. It can also help if your child has high self-esteem and if he has some strong friendships, so that he is less of a target. Teaching your child to make eye contact with others (especially the bully) and to talk with a strong voice may also help. **Role playing** situations where he is bullied may be helpful in teaching how to respond.

It is also important for the bully to understand that bullying is not acceptable and will not be tolerated. If the bullying behavior or other aggressive behaviors persist, then he may need to see a child psychologist for further help.

Also keep in mind that while bullying most often involves boys (both as the bully and victim), **girls** can also be the victim of bullying and they may bully other children (usually with gossip or isolating someone socially, instead of physical bullying).

It may also help to educate all children about bullying and its consequences. Even if your child is not a victim of a bully, you can teach him to inform an adult if he sees a child being bullied.

Keepkidshealthy.com

A pediatrician's guide to your children's health and safety

November 17, 2000



## CLUB NEWS

### **Littlerockers 4-H**

The Littlerockers 4-H Teen Leaders are currently working to raise money in support of Heifer International. Heifer International is a non-profit organization on a mission to relieve hunger worldwide. The Teen Leaders have chosen to raise \$5,000 to purchase Heifer International's Gift Ark. This package contains multiple pairs of farm animals that will be given to people in need. When they receive these animals they not only benefit from the meat, milk, and clothing, but also give an offspring to another person in need who lives within their community. This is truly a gift that will keep giving for years to come.

The Littlerockers Teen Leaders are on their way to meeting their goal of \$5,000. They are making and selling four leaf-clover shaped stepping stones, washing cars, and recycling cans. These teens have taken their 4-H pledge to heart and are moving to make a difference in their club, their community, their country, and their world.

**By Tearah Kerr, Reporter-Littlerockers 4-H**

## DISTRICT NEWS

### **AV Food & Fashion Revue**

AV Field Day is March 4, 2006. The event will be held at Littlerock High School. Registration starts at 8:45 AM. Tentative judging schedule starts at 9:15 AM. For more information contact your Community Club Leader or Charlene Moore at (661) 723-4481.

### **SSG Fashion Revue**

SSG Field Day & Fashion Revue will be held March 11, 2006 at Mary Lash's Home starting at 10:00 AM. Please see your club leader for more info on this District Event

### **NSG Home Ec and Field Day**

NSG Home Economics and Field Day is March 13, 2006. The event will be held at the Grace Episcopal Church in Glendora. Please see your club leader for more info on this District Event

### **SFV District**

The SFV District is not having a Fashion Revue but the members are welcome to participate in other District's Fashion Revues.

## **San Gabriel Valley Fair**

The 74th San Gabriel Valley Fair will be held at the Chino Fairgrounds on April 21-23, 2006. For a complete packet check the LA County 4-H website or contact Roy Hillstock (323) 260-3854.

### **The Honor Court Prince and Princesses are:**

**NSG: Ashton Lewis, Diana Plascencia, & Tiffany Okamoto**

**SSG: Kelly Malone, Monica Rivera, & Natasha Velasquez**

Judges are needed for the San Gabriel 4H Valley Fair. The time to judge will be from 8:30am-12noon on April 22nd. Judges are needed in Primary (Kindergarten thru 3<sup>rd</sup> grade), General and Other (computer, sports, beginning 4H, wood work, photography, etc.) and General Plants and Animals (wildlife, plants, small pets and animals, etc.).

If you are interested in judging or being a room supervisor, contact Debbie Treadwell at: [debcam98@comcast.net](mailto:debcam98@comcast.net).

## **COUNTY NEWS**

### **Field Day & Fashion Revue**

Field Day & Fashion Revue will convene March 25, 2006. Field Day is one of the most valuable assets of our 4-H program. This is a day where 4-H'ers share the skills and knowledge they have acquired in their 4-H projects. By learning public speaking and demonstration skills 4-H'ers prepare themselves for college and the workplace. 4-H members may observe and gain knowledge relating to many different 4-H projects. Parents and friends are encouraged to attend. If you have never been to Field Day before you will be surprised at the poise and abilities of these 4-H members.

All members of the LA County 4-H are invited to participate in LA County Field Day. 4-H Presentations are very informative and will certainly enrich individual knowledge. Public Speaking, Impromptu Speaking and Extemporaneous Speaking are also interesting. Fashion Revue showcases our best LA County 4-H clothing projects. Share the Fun Skits, Cultural Arts Presentations, and Song Leading contests are creative and entertaining.

4-H members attend to participate, observe and learn and receive awards, recognizing their individual skills and knowledge. Remember, it's a 4-H "Family Affair", and encourages parents and friends of 4-H to attend and support the youth. Medal winners will be eligible to go on to Sectional Field Day, which will be held on Saturday, May 20, 2006.

More information will be available online at Cooperative Extension's website: <http://celosangeles.ucdavis.edu>.

**VOLUNTEER TODAY!**  
**LA COUNTY 4-H FIELD DAY NEEDS YOU**

The 2005-2006 LA County 4-H Field Day will be held Saturday, March 25, 2006 at Mount San Antonio College (MT SAC). The smooth operation of the many County Field Day events requires many volunteers.

**BE ALL THAT YOU CAN BE:**  
**LEARN TO JUDGE... SUPERVISE A ROOM...**  
**BE A MASTER OF CEREMONIES!**  
**HAVE JUDGES -WILL TRAIN!**

Don't worry about a lack of experience -this is a great opportunity for parents (and leaders) to learn demonstration and public speaking judging techniques - or to be room supervisors. Hi 4-H'ers, Junior and Teen Leaders have the opportunity to be MC's.

Please look over the following list of volunteer opportunities and call Debbie Treadwell at (909) 629-1750 or email at: [debcam98@comcast.net](mailto:debcam98@comcast.net) and give her your choice of assignment. The early bird gets the worm or in this case, the early response gets the best job!

**TAKE A CHANCE -LEARN A NEW SKILL**  
**SAVE ME A PHONE CALL**

**PLEASE MAIL FORM BY MARCH 13, 2006 TO: Debbie Treadwell, 624 E Grand Ave., Pomona, Ca 91766**

Name: \_\_\_\_\_ Res. Phone \_\_\_\_\_  
Address: \_\_\_\_\_ Bus. Phone \_\_\_\_\_  
City/State/Zip \_\_\_\_\_ Member \_\_\_\_\_ Leader \_\_\_\_\_ Parent \_\_\_\_\_  
I would like to volunteer as: Room Supervisor \_\_\_\_\_ MC in room \_\_\_\_\_  
Judge \_\_\_\_\_ (Indicate area)  
Presentations \_\_\_\_\_ Public Speaking \_\_\_\_\_ Video Entries \_\_\_\_\_  
Impromptu Speaking \_\_\_\_\_ Song Leading \_\_\_\_\_ Share the Fun Skits \_\_\_\_\_  
Other \_\_\_\_\_ (Indicate area)  
Registration \_\_\_\_\_ Set Up \_\_\_\_\_ Tabulation \_\_\_\_\_

Sectional Field Day will be held on Saturday, May 20, 2006. Eligible Gold Medal winners at County Field Day will be eligible to compete at this event. Judges, Room Supervisors and MC 's are also needed for this day. **YOU MUST HAVE JUDGED AT COUNTY LEVEL TO BE ELIGIBLE TO JUDGE AT REGIONAL FIELD DAY.** If you are interested in judging at Regional Field Day please fill out the form below and send it in. Thank you!

Name \_\_\_\_\_ Phone \_\_\_\_\_  
Presentation Judge \_\_\_\_\_ Public Speaking Judge \_\_\_\_\_ Room Supervisor \_\_\_\_\_ MC \_\_\_\_\_  
Share the Fun Skits \_\_\_\_\_ Cultural Arts \_\_\_\_\_ Song Leading \_\_\_\_\_

# **FASHION REVUE RULES**

As you participate in 4-H Fashion Revue, you will be judged on the “total picture” of you...in your garment. No judging of construction will be done...except as it affects the overall result.

1. At Fashion Revue members are judged in the following 3 categories:

## **a.) TRADITIONAL (CONSTRUCTION)**

Sew for Fun	Beginning units for those who have had little Go-togethers sewing experience.
Wardrobe Switchables Creative Clothing	Intermediate units for those who have the background of skills and experience outlined in the beginning sections.
Accent on YOU	Advanced units for those who have the background Dressing the Part of skills and experience outlined in the intermediate sections
Special Interest	For those who are interested in preparing their own plan of work (Self-Determined); and have the same skills mentioned in the above sections.

## **b.) RECYCLED**

Members may use from their own wardrobe or purchase items (Goodwill, Salvation Army, Garage sales, etc.) The original garment is then to be made into another garment...example a pair of jeans becomes a skirt! Mending or making minor alterations are not acceptable for judging.

## **c.) PURCHASING**

Member purchases an outfit for not more than \$150 (including tax) The outfit includes all outer garments, shoes, socks or stockings, and other accessories (purse, belt, hat , jewelry, etc. )...and may include the undergarments

2. Members in the Intermediate and Advanced Clothing Units must have made all portions of their outfits (except accessories, which may be purchased) in order to be eligible for a blue, red, or white. Those who do not make their total outfit will receive a participation award only. (This rule is for the traditional category)

3. Members taking one of the Beginning Units (Sew for Fun or Go-Togethers) may purchase a portion of their outfit in addition to accessories and be eligible for blue, red, or white ribbon. (This rule is for the traditional category)
4. Primaries may model, but not compete. They will receive a participant award only.
5. Members may model only **one outfit**.
6. Members **must** submit a commentary.
7. Members will be judged while wearing their outfits; and **must** model in order to be eligible for award recognition.
8. **District Commentators;** To compete as Best Commentator at County, you must have completed one year of **4-H Club Work \***, be enrolled in the Clothing and Textiles project and in the 9th grade or above. Each District will select the best commentator; this member's name will be announced and receive a certificate of achievement. An alternate will also be selected. The winner will commentate at County Fashion Revue.
9. **For County Fashion Revue, participants must:**
  - ❑ Participants must be enrolled in the Clothing & Textiles, wear the same outfit at District Fashion Revue
  - ❑ To have completed 1 year of 4-H (not Primary)
  - ❑ To have completed 1 year of Clothing & Textiles project work (not including Primary)
  - ❑ To have been awarded a Blue Award at District Fashion Revue
  - ❑ And to have made the entire outfit (traditional category)

Districts without a fashion revue may contact a neighboring district and request participation in their event. Judges will determine each district's winners separately.

\*Reminder that the 4-H club year is from July 1 through June 30...therefore one year of club work would mean the member would be in his or her second year to be eligible for county fashion revue. However, any member enrolled in the Clothing & Textiles project may model an outfit at the fashion show portion of the County Presentation and Fashion Revue Event afternoon program.



## **4-H Record Books**

The 4-H Youth Development Program has a long history of record-keeping for 4-H members. In early 4-H history, Record Books focused on project profit and loss and other necessities for agricultural work. As 4-H moved from a primarily agricultural focus to encompassing suburban and urban clubs, the Record Book format changed. In the late 80's, the state level Record Book was reformatted to better conform with national achievement (which was then eliminated in the early 90's) and the core values of the 4-H Youth Development Program.

### **The Purpose of Record Books:**

4-H Record Books serve a variety of purposes in the California 4-H Youth Development Program. While society has changed, so have the goals of 4-H record keeping. 4-H Record Books allow 4-H members to reflect on their yearly work completed as well as maintaining records of project and club work. 4-H members demonstrate growth and measure achievements across their years in 4-H.

In record keeping, 4-H members develop the following life skills:

- Maintaining records of 4-H project and club work and school and community activities
- Keeping personal and business records
- Improving communication with other people
- Learning time management and organizational skills
- Learning responsibility and developing goal setting skills

4-H Record Books are an educational component of the 4-H Youth Development Program. They may not be required for 4-H membership nor for participation in 4-H activities such as club events and activities, to earn a participation pin, attend 4-H camps or state conferences.

4-H Record Books may be required for some projects to show at county fairs or to receive participation awards (such as star ranking). In many clubs/units, counties and at state, 4-H members receive medals or pins for 4-H Record Book achievements.

## **Summer Camp 2006**

Summer Camp 2006 is approaching. Plan ahead to attend this great event. Forms and additional information are available online from the County's website under Summer Camp or at: <http://www.4hsummercamp.com/>. Let's make this event one to remember!



# SUMMER CAMP RESERVATION FORM



<http://www.4hsummercamp.com>

FIRST COME – FIRST SERVED

**\$20.00 DEPOSIT PER CHILD**

**Non-Refundable**



NAME: \_\_\_\_\_

M \_\_\_\_\_

F \_\_\_\_\_

BIRTHDATE \_\_\_\_/\_\_\_\_/\_\_\_\_

AGE \_\_\_\_\_

ADDRESS: \_\_\_\_\_

CLUB \_\_\_\_\_

CITY: \_\_\_\_\_ ZIP: \_\_\_\_\_

PHONE (\_\_\_\_) \_\_\_\_\_



NAME: \_\_\_\_\_

M \_\_\_\_\_

F \_\_\_\_\_

BIRTHDATE \_\_\_\_/\_\_\_\_/\_\_\_\_

AGE \_\_\_\_\_

ADDRESS: \_\_\_\_\_

CLUB \_\_\_\_\_

CITY: \_\_\_\_\_ ZIP: \_\_\_\_\_

PHONE (\_\_\_\_) \_\_\_\_\_



NAME: \_\_\_\_\_

M \_\_\_\_\_

F \_\_\_\_\_

BIRTHDATE \_\_\_\_/\_\_\_\_/\_\_\_\_

AGE \_\_\_\_\_

ADDRESS: \_\_\_\_\_

CLUB \_\_\_\_\_

CITY: \_\_\_\_\_ ZIP: \_\_\_\_\_

PHONE (\_\_\_\_) \_\_\_\_\_

PARENT'S SIGNATURE: \_\_\_\_\_ DATE: \_\_\_\_\_

PLEASE REMIT THIS FORM TO:  
4H OFFICE-UC COOPERATIVE EXTENSION  
4800 E. CEASAR E. CHAZEZ AVE.  
LOS ANGELES, CA 90022  
ATTN: KEITH NATHANIEL  
323-260-3845

FORMS ARE AVAILABLE ON THE WEB:

<http://celosangeles.ucdavis.edu> or <http://www.4hsummercamp.com>

## SOUTHERN SECTIONAL NEWS

### **Southern Sectional Field Day**

Mt. SAC is also the home of South Section Field Day, May 20, 2006. Park in Grey Lot G (most convenient) or Blue Lot D-2, and go to the Building 26 courtyard area.

Entry forms for South Sectional Field Day are due by Saturday, April 8, 2006 (Sectional Leaders Council meeting). All forms must be submitted by each County Representative, with one county check for the entry fees.

Entry forms for South Section Fashion Revue are due by May 1, 2006. It is held in conjunction with South Section Field Day on May 20, 2006. All forms must be submitted by each County Representative, with one county check for the entry fees.

Sectional Field Day gold medalists & parents: Please be prepared to decide that day, after the awards presentation, whether you can attend State Field Day, held on Saturday, May 27, 2006, at UC Davis. Registration will be held following the awards presentation. Also, please be prepared to volunteer for judge or room host duties.

**Everyone should help in order for the event to run smoothly!**

## STATE NEWS

### **Agricultural and Environmental Sciences Field Day**

The college of Agricultural and Environmental Sciences will be holding their annual agricultural and environmental sciences field day on Friday March 3rd and Saturday March 4th 2006. This field day is open to FFA and 4-H high school students from California and surrounding states. These high school students come to Davis to compete in different agriculturally-based judging contests, ranging from livestock judging to agriculture computer applications. UC Davis students from a variety of majors coordinate the contests. Faculty and staff in CA&ES serve as advisors for these contests.

The students of the college of agricultural and environmental sciences have been working hard to put these two field days together and we hope any interested FFA or 4-H organization will be able to attend these events.

For registration information go to: <http://www.calaged.org/registration> to download the Field Day Competitive Events Program or click the link for the on-line registration.

For more information contact Garrett Pedretti at (530) 752-4939.

## **2006 State Leadership Conference**

The conference- "*Take A Risk: Leaders, Heroes, and You*" -will provide high school aged youth and adult 4-H volunteers with an opportunity to engage in hands on learning experiences, while developing leadership and social skills. Delegates will have an opportunity to learn the challenges and responsibilities of being a leader, and the importance of leadership in every day life. Along with social development and the university experience, the educational workshops form an integral part of this conference. Workshops address many subject areas, but all embody the University of California 4-H Youth Development Program mission of providing education in the areas of citizenship, leadership, and life skills.

The State Leadership Conference will take place August 10-13, 2006 at UC San Diego. For a complete application including the workshop proposals, go to: <http://ca4h.org/conference/slc/> or contact Roy Hillstock at (323) 260-3854 or email at: [rlhillstock@ucdavis.edu](mailto:rlhillstock@ucdavis.edu). Workshop proposals are due March 10, 2006 to the State 4-H Office.

## **2006-2007 California 4-H State Ambassador Application**

2006-2007 4-H State Ambassador applications are now available. 4-H State Ambassadors are selected to represent the California 4-H Youth Development Program, plan the State Leadership Conference, and complete a service project. For a complete packet go to: <http://ca4h.org/leadership/ambassador/> or contact Roy Hillstock at (323) 260-3854 to have a packet mailed to you. Applications are due March 31, 2006.

## **DATE CORRECTION from January UPDATES**

The **2006 State 4-H Field Day** will be held on **Saturday, May 27, 2006** at UC Davis as part of the **new State 4-H Field Day**. Bring the family for this fun day filled with presentations, horticulture, judging, fashion, food, and fun! Registration is being conducted online at: <http://ca4h.org/wrp/spd/>. Deadline is: **May 22, 2006**.

## **State 4-H Fashion Revue**

This year a **State 4-H Fashion Revue** will take place on **Saturday, May 27, 2006** as part of the **new State 4-H Field Day**. Registration and activities will be in Olson Hall at UC Davis. The Fashion Show, open to the public, will be on the steps of Wellman Hall beginning at 2:00 p.m. The contest is open to one county winner or alternate in each age division in each category, to be determined at county level. Primary members are not eligible to enter. For information, contact: Jane Durston at [shelba@prodigy.net](mailto:shelba@prodigy.net) or Lil Draxler at (559) 583-7111 or [moolu@cwinc.net](mailto:moolu@cwinc.net); or visit the web at: <http://ca4h.org/projresource/fashion/>

## **2006 State Fair Opportunities**

The **2006 State Fair** at Cal Expo (August 11-September 4) is pleased to announce **opportunities for 4-H members**. Youth may showcase at the Fashion Revue or exhibit a 4-H presentation. Information is available at <http://ca4h.org/4hresource/calexpo/>. Deadline for entries is **June 1, 2006**.

## **2006 State Fair DNA QA Requirements**

The **2006 State Fair** will be continuing its **online DNA collection and Quality Assurance requirements**. All Market Animal exhibitors will be required to participate in a State Certified Quality Assurance & Ethics Training Program prior to the opening of the 2006 California State Fair. More information is available at:

<http://ca4h.org/4hresource/calexpo/06DNAMarketNotice.pdf>

## **2006 4-H State Project Competition**

Information for the **2006 4-H State Project Competition** is now available. The Project Competition recognizes 4-H members ages 14-19 for their leadership, citizenship, and growth in a specific project area. Record Books, due to sections in mid-July, are judged at sectional and may advance to the state level. State Winners receive \$500 cash and Reserve Winners receive \$250 cash. More information and forms are available at:

<http://ca4h.org/4hresource/ir/recordbook/>

## **CYFAR 2006 Conference**

Make plans to attend the **CYFAR 2006 Conference** on May 17-19, 2006 in Atlanta, GA! This conference for 4-H professionals offers a wide range of high quality workshops, computer labs, program showcases, keynote addresses, research presentations, poster sessions and interacts. Registration opens to the general public on **February 21, 2006**, and there is no onsite registration for this conference. For complete descriptions of the pre-conference sessions, hotel reservations, and detailed CYFAR 2006 Conference information, visit: <http://www.csrees.usda.gov/nea/family/cyfar/announcement.html>

## **Shooting Sport Leader Trainings**

Two **Shooting Sport Leader Trainings in the Rifle Discipline** are planned:

- 1) Winton (Merced County) on **March 4-5, 2006**
- 2) Clovis (Fresno County) on **March 18-19, 2006**

The trainings run from 8:00 a.m. to 5:00 p.m. each day. Upon successful completion of this course, the participants will be certified as 4-H shooting sports trainers and volunteer project leaders in the rifle discipline. Participants must attend both full days of the training and pre-register for either course. For more information, contact John Borba by email (preferred): [jaborba@ucdavis.edu](mailto:jaborba@ucdavis.edu) or phone (661) 868-6216.

## **California Project W.E.T. Facilitator's Training**

A **California Project W.E.T. Facilitator's Training** will be held **April 1, 2006** in Modesto. Project WET is an international, water science and education program designed to satisfy the goals of your existing program by complementing existing materials on the subject of water. Project WET is being used as a key component in a 4-H led storm water education outreach program on the north coast. Local 4-H leaders have used Project WET to forge new community ties between teachers, water agency personnel, environmental organizations and 4-H student leaders. For more information or to register, contact Brian Brown at (916) 444-6240 or go to: [projectwet@watereducation.org](mailto:projectwet@watereducation.org)

## **22<sup>nd</sup> Annual Statewide Postal Shoot**

Siskiyou County 4-H Leaders Council will host the 2006 Statewide Postal Shoot. The following is a list of procedures and rules for participation in the 2006 Statewide Postal Shoot.

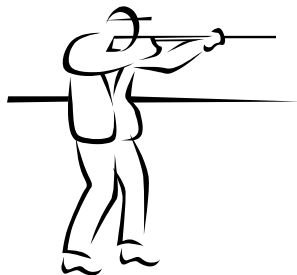
1. The registration process is as follows: All registration forms must be sent to the UCCE office of the county in which each participating 4-H club resides. Each club's registration check shall be made out to the local county's 4-H council, and should cover the total number of category entries times the entry fee of \$4.50 per category entry.

The county 4-H Youth Development Advisor, 4-H Program Representative or other UCCE 4-H authorized individual shall sign the registration form to verify that all entrants, adults and youth, are currently enrolled in 4-H.

On or before the postmark date of March 10, 2006, the UCCE 4-H office personnel shall send the registration forms and one single check per county to the Siskiyou County Leaders Council, 1655 South Main Street, Yreka, CA 96097.

2. After receiving and processing the registration packets from each county, labeled targets and trap score sheets will be mailed to the participating shooting sports leaders by May 6, 2006.
3. A California 4-H State certified Shooting Sports Leader must supervise all shooting and sign all target sets fired (Leaders must be certified in the discipline of the category of the target being verified, i.e., leaders certified in Rifle may supervise rifle events, Shotgun leaders may supervise trap events, etc.). For more information on becoming certified in the various disciplines, go to <http://fourh.ucdavis.edu/projresource/shootingsports/certified.asp>.
4. After scoring the returned targets, the results will be compiled and distributed through the UCCE offices. Ribbons, medals and trophies will be sent to the participating counties for the shooting sports leaders to distribute.

For additional information contact Jacki Zediker, 4-H Youth Development Program Representative at Tel. (530) 842-2711 Fax (530) 842-6931. For a complete application go to: <http://ca4h.org/projresource/shootingsports/index.asp>.



## **2006 Statewide 4-H Scholarships**

### **Dean Memorial Legacy Scholarship**

Award: Three \$1,000 scholarships are available

Eligibility: Awards shall be given to students pursuing any field of scholastic endeavor at accredited colleges or universities in the United States.

### **Mabel W. Jacks Scholarship**

Award: Five \$700 scholarships are available

Eligibility: Awards shall be given to students pursuing any field of scholastic endeavor at accredited colleges or universities in the United States.

**Deadline:** April 30 to the California 4-H Youth Development Office

**Questions:** Contact Steven Worker at [smworker@ucdavis.edu](mailto:smworker@ucdavis.edu) or 530-754-8519

### **American Society of Farm Managers and Rural Appraisers (ASFMRA) Agricultural Scholarship**

Award: Two \$1,000 scholarships to attend a four-year university in California

One, \$250 scholarship to attend a two-year community college in California

Eligibility: Awards shall be given to students pursuing a degree in agricultural education, agricultural management or agricultural financial services.

All applicants must have a 3.0 grade point average or higher in core/academic subjects, based upon a standard 4.0 scale.

### **Samarin Family Vocational Education Scholarship**

Award: One \$1,000 scholarship is available

Eligibility: Applicants must be enrolled in a vocational/trade school or Junior College vocational training program

## **Statewide Funding Opportunities**

The **2006 4-H Literacy Education Mini-Grants** offers a limited number of youth grants in the amount of \$500 to \$2,000 to 4 H/Extension groups in local communities, counties, and at the state level. This program provides opportunities for young people and adults to address critical literacy needs of youth and their families. Youth are empowered to lead the planning, implementation and evaluation process with minimal mentorship from adults. Information and the grant application can be found at:

<http://www.fourhcouncil.edu/GrantsLiteracy.aspx> under "Related Links." For more information, email [schaconas@fourhcouncil.edu](mailto:schaconas@fourhcouncil.edu) or call (301) 961-2858. Deadline: March 17, 2006.

### **ESRI Grant Opportunities**

For Staff, Volunteers & Youth: ESRI announces two grant options for their GIS Grant Program, designed for 4-H in cooperation with National 4-H Headquarters, Cooperative State Research, Education, and Extension Service (CSREES)/U.S. Department of Agriculture (USDA) to support its geospatial outreach, education, and community involvement efforts. The goal of this program is to foster and support the integration of geographic information system (GIS) software into 4-H clubs. Grant categories include an introductory grant for groups new to GIS and global positioning systems (GPS) and an intermediate grant for those that received previous ESRI 4-H grants and completed the grant requirements. All authorized 4-H groups that meet regularly are eligible to apply. Application period: January 1-March 31, 2006. Applications available at:

[http://www.esri.com/grants/esri/06003\\_4-h\\_fy06.html](http://www.esri.com/grants/esri/06003_4-h_fy06.html)

### **Yoshiyama Award for Exemplary Service to the Community**

For Youth: The Hitachi Foundation ( <http://www.hitachifoundation.org/> ) presents the Yoshiyama Award for Exemplary Service to the Community each year to 10 high school seniors from around the U.S. on the basis of their community-service activities. The award is accompanied by a gift of \$5,000 dispensed over two years. Yoshiyama Award selection is based upon service and the opportunity for longer-term social change rather than on academic achievement or extracurricular activities. To be eligible for the award, candidates must be graduating high school seniors (nominees need not be college bound) and must be nominated for the award (self-nominations and nominations from family members are automatically disqualified). Visit the Hitachi Foundation website at:

<http://fconline.fdncenter.org/pnd/10000114/hitachi>. Deadline: **April 1**, 2006.

### **Brower Youth Award**

For Youth: Earth Island Institute established the Brower Youth Award to honor founder and legendary activist David R. Brower. The Brower Youth Award recognizes the efforts of environmental and social justice leaders (ages 13-22) living in the U.S. The six winners of the national award each receive \$3,000 in cash, a trip to California for the award ceremony and Yosemite camping trip, and ongoing access to resources and opportunities to further their work at Earth Island Institute. Visit their website for application guidelines and forms: <http://www.broweryouthawards.org/files/>. Deadline: April 15, 2006.

### **Digital Media Essay Contest**

For Youth: Global Kids is hosting a Digital Media Essay Contest supported by the MacArthur Foundation. Youth can write an essay on the role and impact of digital media in their lives and can earn: a \$10 gift certificate for every student who participates; \$75 for your involvement; support from Global Kids during each of the steps; an opportunity for students to shape the next generation of MacArthur Foundation's multimillion dollar investment in education reform. For information and registration, visit:

[www.GlobalKids.org/olp/dmec](http://www.GlobalKids.org/olp/dmec)



**For Staff, Volunteers & Youth:** The National Fish and Wildlife Foundation, in cooperation with the U.S. Fish and Wildlife Service National Wildlife Refuge System and other program partners, invites applications from organizations interested in initiating the Nature of Learning Program in their communities. The Nature of Learning, a community-based environmental education initiative, seeks to use National Wildlife Refuges as outdoor classrooms to: promote a greater understanding of local conservation issues; enhance student academic achievement; connect classroom lessons to real-world issues; and involve a partnership among local schools, community groups, natural resource professionals, and local businesses. Grants of up to \$5,000 will be awarded on a competitive basis to support start-up expenses associated with new programs. Grants of up to \$3,000 will be awarded to provide continued support to existing Nature of Learning Programs. Visit the NFWF website for complete program information and application procedures at: <http://fconline.fdncenter.org/pnd/10000594/nfwf/tnol>. Deadline: April 17, 2006.

### **4-H Statewide Scholarships**

For Youth: 4-H statewide scholarship information and applications are now available. High school seniors and those in college are eligible to apply. Scholarships are available in a number of various criteria and award amounts. Scholarship applications are due April 30, 2006 and available at: <http://ca4h.org/4hresource/ir/index.asp>

## **NATIONAL NEWS**

### **National Opportunities:**

#### **Nickelodeon's Let's Just Play Giveaway**

For Youth: Nickelodeon will distribute more than \$1 million from September 2005 to June 2006 through the *Let's Just Play Giveaway*. This program offers youth around the United States, ages 6-15 (partnering with teachers and other community-based leaders) the opportunity to take action and apply for funds to improve their school or community program's fitness resources. The maximum award is \$5000. For information, visit: [http://www.nick.com/all\\_nick/everything\\_nick/](http://www.nick.com/all_nick/everything_nick/). Rolling deadline until May 31, 2006.

#### **International Essay Competition 2006**

More than one fifth of the world's population is between the ages of 12 and 24, with 1.3 billion young people living in developing countries. In order to learn from youth how they can make a difference in reducing poverty, the World Bank is launching the International Essay Competition 2006. The World Essay Competition is open to all young people, students and non-students alike, between the ages of 18 and 25. To find out about the competition, visit: [www.essaycompetition.org](http://www.essaycompetition.org).

## **NEH Essay Contest**

The National Endowment for the Humanities (NEH) invites all eligible high school juniors to enter the 2006 Idea of America Essay Contest. Open to 11th-grade students and 16- and 17-year-old home-schooled students, the 2006 Idea of America Essay Contest offers a cash prize of \$5,000 to the author of the winning essay. Three national finalists will each receive cash prizes of \$1,000. **The deadline for entries is April 19, 2006.** For the 2006 contest, students will be asked to write an essay that examines the historical debate in the nation's First Congress over the benefits and disadvantages of adopting the First Amendment. To find out the details about the contest, go to:  
<http://www.humanities.gov/wtp/essay/index.html>

## **New Resources from Harvard Family Research Project**

Four new resources for out-of-school time providers and families are available on Harvard Family Research Project websites. Some of the available resources include using children's storybooks to promote family involvement, an overview of technology-focused programming in the non-school hours, understanding how to engage families in after school programs and more. To view these resources or to subscribe to learn more, go to:  
<http://www.gse.harvard.edu/hfrp/>.

## **2006 4-H Literacy Education Mini-Grants Available**

Funding provided by Bridgestone/Firestone Trust Fund, Firestone Agricultural Tire Company. Application Deadline: March 17, 2006, 5 p.m. EST

The 2006 4-H Literacy Education Mini-Grants offers a limited number of youth grants in the amount of \$500 to \$2,000 to 4 H/Extension groups in local communities, in counties, and at the state level. This program provides opportunities for young people and adults to address critical literacy needs of youth and their families. Youth are empowered to lead the planning, implementation, and evaluation process with minimal mentorship from adults. Youth will learn how their leadership can result in community collaborations that amplify the impact of their project.

Information and the grant application can be found at [www.fourhcouncil.edu/GrantsLiteracy.aspx](http://www.fourhcouncil.edu/GrantsLiteracy.aspx) on the bottom of the page under "Related Links." **Completed applications are due on Friday, March 17, 2006.** If you have any questions, contact Sheila Chaconas at [schaconas@fourhcouncil.edu](mailto:schaconas@fourhcouncil.edu) or 301-961-2858.

E-mail your grant application as an attachment to your state 4-H office, 1890/1994 administrator or the state programs/contracts office (SPO) for review before the March 17 deadline. Your designated office will then forward your grant application as an e-mail attachment to: [2006literacy@fourhcouncil.edu](mailto:2006literacy@fourhcouncil.edu). **Applications must be received via e-mail, as an attachment, in our e-mail inbox no later than 5 p.m. EST, Friday, March 17, 2006.**

## **2006 National 4-H Technology Leadership Conference** **ScienceEngineeringTechnology (S.E.T.) for the 21st Century**

When: Mon-Thur, July 24-27 2006

Where: University of Nebraska, Lincoln, Nebraska

Who: 4-H Members age 14-18 & their advisors / mentors

Science, Engineering and Technology are national 4-H program priorities. It is in the integration of these skills through-out 4-H (in addition to developing cool technology and science project areas!) that we can most effectively impact the development of life skills in 4-H members. Make sure you are SET for the 21st Century! Select one of the Conference Focus Areas for in-depth exploration of how technology, engineering and science can be a part of every 4-H project.

Technology Conference Focus Areas Select 1 of 15 Focus Areas for activities and ideas to include technology tools and science process skills in any 4-H Project or Event. Mentors work with a team of up to 20 delegates as we learn technology and science 'life skills', discuss ethical issues, identify career opportunities, and explore applications in 4-H and our daily life.

- Leadership: Leadership skill-building is built into each focus area.
- Hands-on Learning: Computer labs and other technology and tools will be provided to learn new skills.
- Career Fair / Share Fair: Each state is asked to exhibit its 4-H SET programs to each other and industry leaders at this joint event.
- Internet Access: Internet access available to delegates through wireless network, in dormitories and in labs.
- Accommodations: Delegates are housed in the Harper Schramm Smith dormitory complex located on the University of Nebraska-Lincoln Campus.
- PostConference: We are pleased to offer Operation Military Kids Computer Lab and Beginning & Intermediate GIS as our after-conference workshops, Thurs afternoon through Friday, separate registration and fee (\$100).
- And More: State Night Out, skillathons, dance (including the science and technology of dance special effects!), computer rehab service-learning event.
- Sight-seeing: Plan your trip to include the sights of Lincoln – including the Strategic Air & Space Museum, Henry Doorly Zoo, USA Roller Sports National Championship, the world's largest corn 'maize' and the exact spot where the American West begins!

For additional conference details and registration, go to <http://4HNTC.4-H.org> or email [4HNTC@lists.umn.edu](mailto:4HNTC@lists.umn.edu).

# CALENDAR OF EVENTS

## March

1	NSG Council & Hi 4-H Meeting
3/1-3/5	Western Regional Leader's Forum (WRLF)
4	AV District Food & Fashion Revue
9	I&R Meeting
11	SSG Fashion Revue
12	NSG Home Ec & Field Day
13	SFV Council Meeting
14	SSG Council & Hi 4-H Meeting
16	SGV 4-H Fair Meeting
17	St. Patrick's Day
18	County Council Meeting / Camp Committee Meeting
25	County Field Day (Field Day)
27	AV Council, Hi 4-H & Horse Meeting

## April

5	NSG Council & Hi 4-H Meeting
6	I&R Meeting
8	Southern Sectional Leaders Council Meeting
10	SFV Council Meeting
11	SSG Council & Hi 4-H Meeting
12	SGV 4-H Fair Meeting
16	Easter
4/21-4/23	San Gabriel Valley 4-H Fair
22	State Leaders Council Meeting in Los Angeles
24	AV Council, Hi 4-H & Horse Meeting
29	4-H Science Fair
30	Camp Directors Meeting

### 4-H Staff

#### Los Angeles Office

General Information/Resources (323) 260-3854  
4-H Fax (323) 260-5271

#### Lancaster Office

General Information/Resources (661) 723-4477

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Roy Hillstock [rhillstock@ucdavis.edu](mailto:rhillstock@ucdavis.edu) (323) 260-3854

### 4-H All Stars

The 2005-2006 All-Star Candidate(s):

- **Vanessa Cramer**
- **Felicia Byrne**
- **Heather Ealy**
- **Chris Otto**

The All-Star Advisor is

- **Elizabeth Cramer**

The County Leadership Team consists of all the prior years' County 4-H All-Stars that are still active 4-H members. This year the team includes:

- **Desiree Cramer**
- **Jennifer Heckel**

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**PO Box 22255**  
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