

4-H

UNIVERSITY OF CALIFORNIA COOPERATIVE

CLOVER NOTES

LOS ANGELES COUNTY 4-H YOUTH DEVELOPMENT



May 2009

If you have any questions or suggestions about the Clover Notes, please don't hesitate to call Roy Hillstock at (323) 260-3854 or email at rhillstock@ucdavis.edu. We welcome submissions, especially for Club News. Please submit articles by the 15th of the month to be posted in the following months' edition.

We hope you enjoy the new look and format and we look forward to continuing to serve you and your 4-H needs.

Contact the [Los Angeles 4-H Youth Development Office](#) or 323-260-3854. For upcoming dates, please visit the [4-H Calendar](#).

CLUB

- **Hands, Heart, Head and Health: What 4-H Means to me**
By Kate Dieda, Harbor Lights 4-H Club

When I think of 4-H, the first thing that comes to mind is the Pledge. We all take the opportunities 4-H offers for granted. We have a chance to improve the way people think and live. When we say the Pledge it isn't just a speech. It proves that we have dedicated our hands, heart, head, and health to 4-H. We are in this fun club for a reason. Head to clearer thinking represents the need to think of things more deeply and learn. We should get into what we learn and think up philosophies for life. Hands to larger service is about doing things for others, like cleaning Cabrillo Beach, making Easter Baskets for kids in the Torrance Memorial Hospital, and putting together a backpack for those less fortunate. Heart to greater loyalties has a few possible meanings. You can be loyal to others, loyal to an idea, or loyal to a task. We get to work with our friends to make all these things happen. They are essential and ideal for a good outlook. Health to better living means using our youth and good health to help spread conservation, recycle, and spread better eating habits. We need to care for our planet! While we're at it, feel free to do good for our club, our community, our country, and our world!

- **Service** - by Daniel Espinosa, Harbor Lights 4-H Club

What does service mean to me? It is more than donating baby clothes or canned goods. Service is getting to know others who have a need, it is being there to help my neighbor when she needs to take out her trash or help with doing other daily work, it is cleaning up our local beaches when they need to be cleaned, it is the act of doing.

Service is also raising funds to purchase school supplies for kids. It is watching sales so we can buy more supplies with the money we raised, it is getting others to help toward a cause, it is writing letters and talking to business owners, it is the joy of seeing the looks on kids' faces as I hand them their new backpack. Service is doing hard-hard-hard labor tarring, mending sails, and taking people on tours for the Maritime Museum. Most importantly, service is giving of myself to the need of others.

- **Online Enrollment** – Los Angeles County 4-H is transitioning to the Online Enrollment System starting July 1, 2009. Each family will need to create a family profile and enroll each 4-H member separately under that profile. We have a cheat sheet that will provide you step by step instructions to enroll and add projects. You can access this sheet by clicking [here](#). The 4-H Online Enrollment website is: <https://california.4honline.com/>. Create your profile and re-enroll now for the next program year. You can do this anytime from now until December 31st (to compete at fair). Remember, you must be currently enrolled to participate in 4-H and 4-H activities. If you have any questions please call Roy Hillstock at (323) 260-3854.
- **Summer Camp 2009 Leadership Team**

Head Hi-4-H Director Jason Franco, Foothill 4-H, NSG
Head Adult Director Peter Michel, PVP 4-H, SSG

Summer Camp, as always, promises to be lots of fun. The Hi 4-H and adult staff have planned an eventful week from June 21 – June 27, 2009, including handicrafts, swimming, nature hikes, skits and much more.

Summer Camp Location

Camp Seeley is the site of the 2009 4-H Summer Camp. Camp Seeley is located near Crestline, in the San Bernardino Mountains. Camp Seeley is owned and operated by the City of Los Angeles Recreation and Parks Department. The Los Angeles County 4-H Youth Development Program leases the facility for the week. Our 4-H Camp Program is accredited by the American Camping Association (ACA).

Who Will Be There?

4-H Members ages 8 to 19 (as of January 1 of 2009) are eligible to attend Summer Camp.

For more 4-H Summer Camp information go to: <http://www.4hsummercamp.com/>

- **Dear Youth Development Professional and 4-H Volunteer,**
My name is Keith Nathaniel and I am the 4-H Youth Development Advisor for Los Angeles County. I am conducting a needs assessment of adolescent youth in Los Angeles County to better understand how they experience after school and out of school time.

I want to establish a profile of youth programs in the county, what they offer and how youth engage in them. The data will be used to inform our efforts in the field and better position us to continue building on the work thus far.

I am asking volunteers to complete the online survey (it should take about 10 minutes) below the yellow line (and questions 3, 4, 5). In addition, I would like for you to have your youth complete the survey above the yellow line. The results will automatically be sent to me at for analysis. The data collected are confidential and will only be seen by me. This survey was approved by the University of California, Davis Human Subjects Review Board.

At the conclusion of the survey, I will conduct follow up focus groups so if you are interested in being a part of the focus groups please contact me at kc Nathaniel@ucdavis.edu

Thank you for considering participating and I look forward to sharing the results with you.

Keith C. Nathaniel, Ed.D.
4-H Youth Development Program
UCCE/4-H Youth Development Program

Please take 5 - 10 minutes to answer the following questions. All answers are confidential and will be used to better understand the youth development landscape in Los Angeles County. For Youth Development Professionals (i.e., 4-H Volunteers, Program Coordinators, Program Directors), please answer questions **BELOW THE YELLOW BAR** in addition to the other questions.

<http://ucce.ucdavis.edu/survey/survey.cfm?surveynumber=2092>

- **Agriculture Fair and Ag Day LA**

Dawn Fuller, 4-H Program Coordinator

Los Angeles County 4-H participated in the 48th District Agriculture Association's **2009 Schools' Agriculture and Nutrition Fair and Ag Day LA** which was held April 22 through April 26, at the Pomona Fairplex. The theme this year was "**Fields of Nutrition.**" The goal of this event is to marry agriculture with nutrition in a fun, hands-on learning environment. Los Angeles youth were able to witness baby chicks being hatched, learn about where our vegetables come from, and view displays about trout, monarch butterflies, bread making and the long journey of cotton. There was also an entertaining petting zoo. The San Dimas Farmer's Market had luscious strawberries, tangy green apples, sun-ripened oranges and many delightful dried fruits for offer at the event.

Our own 4-H volunteer, Fainting Goat Expert, **Sue Johnson**, joined in the fun and brought one of her goats to share. Her presentation excited all the kids at the event, and they were well pleased to hear all the interesting details about where the Myotonic Goats came from and how they are fed and raised.

Silvia Bishop of the 48th District Agriculture Association coordinated this highly successful event along with the help of Laura E. Blank, Executive Director of the Los Angeles County Farm Bureau, Victoria Gergen, of the Los Angeles County Farm Bureau, and countless other staff and volunteers.

This event takes place every year and many youth who participated won awards and enjoyed a fun-filled day of learning. I hope that next year, Los Angeles 4-H Youth will take part in this delightful Agriculture Fair, designed for youth to learn and shine.



- **Outreach Round-Up**

Dawn Fuller, 4-H Program Coordinator

One of the goals of the *Los Angeles County 4-H Team* is to reach out to the community we live in, by inviting youth to “**learn by doing**” and volunteers to donate their valuable life experiences and expertise to help engage youth in meaningful learning experiences. A growing interest in getting back-to-basics, agriculture and community gardens, science, engineering and technology, and giving back to the community is in vogue once more. 4-H programs are experiencing a resurgence that we are very excited about, and hope to build our wonderful program into an example for other counties on what 4-H can really be.

The month of April has been a successful month for making new connections, and reaching out to various schools and youth in Los Angeles County. Outreach efforts are being targeted each month, and this month we focused on schools and youth in Whittier, Duarte and East Los Angeles. With the successful launch of the Harbor Lights 4-H Club in San Pedro led by Kim Espinosa, we are excited and encouraged to launch new clubs in Encino and Glendale.

Please help us by putting out the word with friends, family and community partners who may be interested in having youth join an existing club, volunteering to assist in a project, or even starting a new club. Please contact **Dawn Fuller (323) 260-3859** for more information or public relations materials to distribute in your community.

- **Check that all 4-H forms are completed correctly** - As we approach the end of this 4-H year, we again want to remind leaders and members that it is important that 4-H forms are completed correctly. Don't wait until the end of the year when everything is in a rush. Remember to have the records reviewed and signed by the appropriate leaders on time. Observe the deadlines when records must be turned in for evaluation and competition. It is not the responsibility of leaders to turn in member records, but as a courtesy to their members, some leaders do turn their members' records in for the competition.
- **County Record Book Judging** - All LA County 4-H Junior, Intermediate and Senior members are invited to enter their 4-H records (on the state forms) in the county competition. Record Books due to LA and AV offices by 4pm July 14, 2009 Record Books due to I&R committee members by 10pm on July 15, 2009. Record Book judging will be July 17, 18, 2009 with winners announced at County Awards Day July 26, 2009. Remember to enter your 4-H activity information on the “new” state record forms.
- **Forms for Recordkeeping - Making the Best Better** - The State 4-H asked members to make suggestions for improvements to the new recordkeeping forms that were used last year. A few modifications have been made to the forms so be sure to use the newest version when you do your records. The 4-H Record Book Manual, dated February 2008, is the most current. Look for the phrase "California 4-H Record Book Manual 2008" on the most current forms. A summary of the modifications to the forms can be found at: <http://celosangeles.ucdavis.edu/files/65994.pdf>
- **2008-2009 Officer Book competition** - Officer Books for the 2008-2009 competition will be due to the 4-H Office (LA or AV) by 4pm on September 15, 2009. The book must be submitted with a completed ID form. The 2009 ID form and guidelines are available online at: http://celosangeles.ucdavis.edu/4H_Youth_Development_Programs/Applications.htm. Start planning to enter an officer book now. Earn a medal for your officer book. Medals are given for Best in District and Best in County in each of the seven categories of the competition: President, Vice-President, Treasurer, Secretary, Reporter, Historian, and Other Officers.

The books will be judged after the LA County 4-H Leaders' Council meeting on September 19, 2009. Experienced leaders are requested to volunteer as judges. Contact Noel Keller (909-621-2373) to volunteer to judge. The results will be announced in the district Achievement programs, usually in October.

- **Emerald Star Project** - The Emerald Star program is an expanded Leadership opportunity. If a member has earned a Gold Star Rank or will be 16 by January 1, 2009, they can consider doing an advanced leadership project and earn an Emerald Star for their hat. What activity could they plan and run to benefit the county 4-H program or their community? **An Emerald Star Project can be started at any time during the year.** Call

the 4-H office for a packet of information on the Emerald Star Program. Each 4-H district has an Emerald Star Advisor. You can work with the Advisor from any of the districts.

This is a great opportunity to do some service for the 4-H program or your community. Examples of successful Emerald Star projects include 4-H being in an entry for the Rose Parade, organizing a community effort to “fix up” a women’s shelter, setting up the Entry by Video option for county field day. Can you think of something that you would like added to the LA County 4-H program? Consider working on setting up these types of activities as an Emerald Star Project.

- **A Picture is Worth a Thousand Words...**

Dawn Fuller, 4-H Program Coordinator

We would love to see all the fun activities your club has been involved in throughout the year. Please send in any photos of your club activities/events that you would like to be included in the slideshow for the Leaders’ Luncheon and special newsletter features. You can email them to: dafuller@ucdavis.edu. Here’s looking at you!

- **4-H Million Tree Project** - The 4-H Million Tree Project was conceived after a 4Her decided to do something big to help combat climate change. The goal of this project is to mobilize the approximate 7 million 4-H youth across the US and Canada to participate in the project to plant a million trees across the continent to help reduce atmospheric CO₂. The 4-H Million Tree Project hopes to empower a generation of leaders by teaching the 4Hers they can make a difference both individually and as a group. For more information go to: <http://celosangeles.ucdavis.edu/files/63104.pdf>.
- **Money Talks Curriculum** - The purpose of the Money Talks curriculum is to create a multi-cultural curriculum that provides teens with accurate, non-biased information and hands on experiences in financial management. The curriculum consists of upbeat and colorful newsletters; a video on savings, "Making Your Dreams Come True"; and a bi-lingual website. The website contains downloadable versions of all the newsletters, interactive games, simple exercises, the savings video and links to other financial sites. Teens can send questions and our in-house financial adviser will post answers to the website.

Try out this website and let us know what you think. There are lots of incentives for participating so have fun!!!

Money Talks: Financial Literacy Program for Teens: www.moneytalks4teens.org

- **Share your 4-H experiences** - 4-H’ers, share your 4-H experiences by submitting articles to be published in Clover Notes. Articles may include club news, photos, community service projects, and/or anything you or your club would like to share. Submit your articles by the 15th of the month to be published in the following month’s edition of Clover Notes to Roy Hillstock, rlhillstock@ucdavis.edu.
- **Dates To Remember:**
 - 5/2 Camp Committee mtg. / AV Trail Trial
 - 5/2-3 Summer Camp Staff Training
 - 5/6 NSG Council & Hi 4-H mtg.
 - **5/9 County Council mtg. (Antelope Valley)**
 - 5/14 I&R mtg.
 - 5/16 Sectional Field Day
 - 5/18 AV Council mtg. / Hi 4-H mtg. / Horse mtg.
 - 5/21 SSG Leaders Council & Hi 4-H mtg. / SGV 4-H Fair mtg.
 - **5/25 Memorial Day - Office Closed**
 - 5/30 AV Trail Trial / State Field Day
 - 6/3 NSG Council & Hi 4-H mtg.
 - 6/6 ACA Summer Camp Staff Training Day
 - 6/13 Sectional Council & Teen Council mtg.
 - **6/21-27 4-H Summer Camp**
 - 6/22 AV Council mtg. / Hi 4-H mtg. / Horse mtg.
 - 6/30 AV District Fair Event Horse Show/Gymkhana

SECTIONAL

- **Sectional Field Day and Fashion Revue will be held at Mt. San Antonio College**, 1100 N. Grand Avenue, Walnut, CA 91789 on May 16, 2009. Breakfast and lunch will be available onsite from the South Section Teen Council, so please support their efforts! Proceeds benefit the Teen Council and TIC (Teen Involvement Conference). Entry forms for South Section Field Day are due by Saturday, April 11, 2009. All forms must be submitted by each County Representative, with one county check for the entry fees. Go to: <http://clubs.ca4h.org/southcouncil/index.htm>.

STATE

- The **2009 4-H State Leadership Conference** will be held August 6-9, 2009 at UC Merced! UC Merced is the 10th campus in the prestigious University of California system and is proud to host this year's conference! High school 4-H members, adult 4-H volunteer and staff are invited to attend the conference. Delegates will stay in the residence halls, eat in the dining commons, participate in educational tracks and workshops, be motivated by Joyce Ester, Keith Davis and Cary Trivanovich, and engage in evening recreation! Financial aid is available for youth delegates and due by May 15, 2009. Registration materials will be available by April 6 at <http://www.ca4h.org/conference/slc/> and due by Friday, June 12, 2009.
- Mark your calendars now to attend the **2009 State 4-H Field Day on May 30, 2009** at UC Davis! The 8th annual State 4-H Field Day will be an event for the entire family, with both competitive and fun activities! Present a demonstration, participate in the fashion revue, take the plant science test or draw a logo for 2010! Bring a new or used stuffed animal to help us reach our goal of 250 teddy bears to donate to local children's hospitals! Learn more about the State 4-H Field Day at <http://www.ca4h.org/projresource/fieldday/>.
- **4-H Members: Are you ready to conduct a 4-H Presentation?** Many types of presentations await you: demonstrations, science demonstrations, displays, speeches, readings, and more! The 4-H Presentation Manual, 2009 Impromptu categories and list of 2009 Sectional 4-H Presentation Days is now available online at <http://www.ca4h.org/leadership/spd/>. If you receive a gold at your county and sectional 4-H presentation days, plan to present at the **2009 State 4-H Presentation Day on May 30, 2009** at UC Davis!
- The **2009 State 4-H Fashion Revue** committee needs your input and help! There are many opportunities for committee positions for both teens and adults. You don't even need to know how to sew! 2009 State 4-H Fashion Revue is returning **Saturday, May 30** as part of State Field Day at UC Davis. Divisions and classes will remain the same as previous years except the Challenge class which is an apron made from Simplicity pattern #9565. All counties are encouraged to hold qualifying events or publicize alternate methods for delegate selection. Complete details will be posted in December to the state 4-H website at <http://www.ca4h.org/projresource/fashion>. Please contact Sue Moore, 4-H staff liaison, at samoore@ucdavis.edu to be part of the state committee.
- **Teddy Bear Challenge:** Donate a teddy bear at the State 4-H Field Day on May 30, 2009! Help us reach our goal of 250 bears! The 2008-2009 4-H State Ambassador Team asks everyone to bring your new, handcrafted or gently used teddy bears and stuffed animals which will be donated after the event to either the Sacramento Mercy Hospital, UC Davis Children's Hospital or Sacramento Children's Home. This will count in your 4-H Record Book as a Citizenship/Community Service credit! For more information go to: <http://www.ca4h.org/projresource/fieldday/>.
- **Bring your County Banner to the State 4-H Field Day on May 30, 2009!** Each county is being asked to create a banner to be presented at the 2009 State 4-H Field Day! The banner will be presented by two members from your county during the opening assembly at the 2009 State 4-H Field Day. For banner specifications and guidelines, visit <http://www.ca4h.org/projresource/fieldday/>. For more information, contact: Austyn Smith, Merced Co., avsmith09@yahoo.com.

- 4-H members, recent alumni, 4-H adult volunteers, 4-H YDP program partners and collaborators, and County 4-H YDP staff are invited to apply to serve on one of the 4-H Youth Development Program Statewide Advisory Committees. For more information on the committees and an application, visit: <http://www.ca4h.org/council/advisory.asp>. Applications are due postmarked to the State 4-H Office by May 31, 2009. Contact the State 4-H Office at 530-754-8518 for further questions.
- 4-H Adult volunteers and teens are invited to submit a workshop proposal for the 2010 Western Regional 4-H Leader's Forum, to be held in Albuquerque, NM, March 11-14, 2010. Proposals are due by June 1, 2009. Click [here](#) for more information and to download the proposal form.
- The second part of the 2 events that make up the Annual State 4-H Classic is the **State 4-H Horse Classic Championship Horse Show**. This will be held June 25-28, 2009 at the Santa Cruz County Fairgrounds in Watsonville, CA. Click [here](#) for more information. Contact Jeanne George, jlgeorge@ucdavis.edu for any questions.
- Do you need money to carry out your service project? Each year the California State 4-H Office provides funds to members and volunteer leaders for service-learning projects through the California 4-H Service Learning RFP. Groups can request up to \$5,000 to fund activities that address significant environmental, economic and/or social issues affecting California's youth, families, and communities. The Service Learning RFP application and information is available on the web at: <http://www.ca4h.org/citizenship/funding/index.asp>. Examples of past projects are also listed. The application is due September 15, 2009.
- 4-H club support funding is available through the Bob and Pat Dean Memorial Legacy Fund for California 4-H members or volunteers. Funding is intended for activities that meet the following criteria: 1) enable youth to develop citizenship, leadership, or life skills; 2) support the development of new and innovative 4-H projects benefiting 4-H members; 3) increase public awareness of the 4-H Youth Development Program; 4) expand the reach of the 4-H Youth Development Program (new youth, new audiences); 5) provide continuing benefit to the applicant's local 4-H Club or project. Application information is available at: <http://www.ca4h.org/citizenship/funding/>. Applications are due September 15, 2009.
- Nominate a 4-H member, volunteer, group or staff for a **2009 4-H Golden Clover Award!** Awards recognize outstanding 4-H achievement! Recipients receive \$500, a medallion, pin, and statewide recognition. Applications are due by **May 31, 2009**. Information is available at <http://www.ca4h.org/4hresource/ir/goldenclover/>
- **Domestic exchange with a 4-H Club** - Is your club looking for an opportunity to participate in a domestic exchange with a 4-H club in another part of the U.S? Lancaster County, PA 4-H is hoping to establish a domestic exchange for 2009-10 or 2010-11 with an interested California 4-H group. Scenic Lancaster County includes Amish country and is centrally located close to Gettysburg, Philadelphia, Harrisburg, Washington DC and Hershey. For those interested, please contact Sharon Sherick at ssherick@dejazzd.com.
- **California 4-H International Exchange** - Looking for an amazing 4-H opportunity? Then consider the California 4-H International Exchange. Curious about other cultures but can't find the time or money to travel? Interested in anime or manga? Want to improve your language and communication skills? Bring the world home by hosting a summer month-long international exchange student from Costa Rica, Finland, or Japan this coming summer. Welcome a student from another country and share an incredible experience with your whole family. Information is available at: <http://www.ca4h.org/exchange/> or by contacting Pat English at 530-754-8520 or pnenglish@ucdavis.edu.

2008 4-H All Stars:

Felicia Byrne
Heather Ealy
Terra Chapman
Christopher Choi
Amanda Ho
Jessica Kwan
Stephanie Kwan
Kirsten Landsgaard
Brian Otto
Erin Power-Fardy
Kelsey Schott
Camille Sheardown

2008 Jr. All-Stars:

Wesley Ho
Kristy Okamoto
Taylor Presley
Aleandra Ryan-Plasil
Caroline Seymour
Alexandra Von Bergman

Los Angeles County, 4-H Youth Development Staff:

Dr. Keith C. Nathaniel, 4-H Youth Development Advisor, (323) 260-3845, kcnathaniel@ucdavis.edu

Dawn Fuller, Los Angeles 4-H Coordinator, (323) 260-3859, dafuller@ucdavis.edu

Antonette Pavia, 4-H Administrative Assistant, (323) 260-3850, ampavia@ucdavis.edu

Charlene Moore, Antelope Valley 4-H Coordinator, (661) 723-4477, moore@ucdavis.edu

Jennifer Dana, Antelope Valley Administrative Assistant, (661) 723-4477, jrdana@ucdavis.edu

Roy Hillstock, Computer Resource Specialist II, (323) 260-3854, rhillstock@ucdavis.edu

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Los Angeles County 4-H Office, 4800 E. Cesar E. Chavez, Los Angeles, CA 90022, (323) 260-3854