



October 2009

If you have any questions or suggestions about the Clover Notes, please don't hesitate to call Roy Hillstock at (323) 260-3854 or email at rhillstock@ucdavis.edu. We welcome submissions, especially for Club News. Please submit articles by the 15th of the month to be posted in the following months' edition.

Contact the [Los Angeles 4-H Youth Development Office](#) or 323-260-3854. For upcoming dates, please visit the [4-H Calendar](#). We look forward to continuing to serve you and your 4-H needs.

POLICY

Policy Highlight of the Month

A part of the mission of the 4-H Youth Development Program is to engage youth and help them reach their fullest potential. In order to pursue this endeavor, we have to be sure we are providing appropriate experiences for them based on a variety of factors. They include but are not limited to: age, years of experience in the 4-H project, level of competency, interest in the project and demonstrated leadership skills and abilities. It is essential that each youth is assessed at the beginning of each project so that adjustments can be made or additional resources can be identified to assist you.

To help make the assessment a bit easier, youth in 4-H are categorized according to age who – on average – have the same ability and interest level. First, there are primary members. These are members in 4-H are at least 5, but not more than 8 years of age. The purpose for offering a 4-H experience to primary members is because researchers estimate that children experience half of their learning before four years of age, another 30 percent before the age of eight, and only 20 percent during the remaining years of their education. Therefore, it is important to offer non-formal, exploratory programs focusing on the developmental needs of younger children.

Second, there are junior members. These are youth who are 9 years of age, but not more than 11 years of age. For junior members, participation should be limited to cooperative learning activities with limited competition. Projects should cover an array of subject matter. Junior members should have frequent meetings with work divided into time-limited units. Meetings and group activities are important. Project lessons should be short, and individual projects should be closely supervised. Instruction should be carefully planned and given in small increments, with some recreation included at every meeting.

Finally, there are intermediate and senior members. Intermediate members are 12 – 13 years of age while senior members are 14 years of age and up to age 19. These members are more independent and are usually willing and able to assume more leadership responsibility within the project. Members in these age groups are also more abstract thinkers and thus would thrive with more advanced project experiences.

For more information on the developmental appropriateness of projects and for guidance on making your project more relevant for your members visit the website at: <http://www.ca4h.org/policy/chapter5/index.asp#III>.

CLUB

- **The Canyon Coyotes 4-H Club go to the Antelope Valley Fair!**
By Hanna Wineland

On the week of August 21-31 the Canyon Coyotes 4-H Club went to and participated at the Antelope Valley Fair. Their names are Brielle Jimmink, Dillion Torres, Kelsey Schott, Alannah Byrne, Hanna Wineland, Emma Wineland, Alyssa Carlton, Elyse Duarte, Elizabeth Benz, Caitlyn Gelfo, Camryn Gelfo, Kirsten Landsguard, and Meagan Rhonomous. They all participated in Showmanship and Market/Breed classes.

Livestock Winners

- Emma Wineland won Supreme Grand Champion with her Meat Pen Chickens.
- Meagan Rhonomous won 4-H Grand Champion with her Meat Pen Chickens.
- Brielle Jimmink won 4-H Reserve Supreme Grand Champion Market Sheep.
- Dillion Torres won 4-H Reserve Champion Light Weight Market Sheep.
- Caitlyn Gelfo won Reserve Champion Junior Pygmy Goat Whether.

Showmanship Winners

- Brielle Jimmink won 1st place in Senior Sheep Showmanship.
- Alannah Byrne won 1st place in Junior Sheep Showmanship.
- Kirsten Landsguard won 1st place in Senior Dog Showmanship.
- Hanna Wineland won 1st place in Junior Pygmy Goat Showmanship.
- Caitlyn Gelfo won 1st place in Senior Rabbit Showmanship.
- Camryn Gelfo won 1st place in Novice Rabbit Showmanship.

Round Robin and Master Showmanship Winners

- Brielle Jimmink won 2nd Place in Master Showmanship.
- Dillion Torres won 9th Place in Master Showmanship.
- Alannah Byrne won 4th place in Master Showmanship.
- Kirsten Landsguard won 1st in Senior and Overall Champion Round Robin.

All of the 4-Hers did an awesome job at the fair this year. The Canyon Coyotes 4-H Club encourages more kids to join 4-H!



Caitlyn Gelfo



Emma Wineland



Brielle Jimmink

- **Palos Verde Peninsula 4H Weekend Out**

On Saturday, September 19, and Sunday, September 20, the PVP 4-H club had a series of fun events for its members. On Saturday, 4-H cooked and sold lunches at a barbecue at the Empty Saddle Club City Celebration as its yearly fundraising event. Members of 4-H who participated in the barbeque practiced responsibility and financial awareness, and it was quite successful.

On Sunday, the PVP 4-H club leader, Dee Keese, hosted a potluck dinner and the annual 4-H achievement night at her house. There, teen and junior leaders explained their projects to younger 4-Hers and tried to get more people to sign up for their projects. As there were over thirty projects, it is impossible to describe all of them. However, among the projects displayed were: the martial arts project, who showed the other members what their club was about and demonstrated a few techniques; the food and nutrition project, who gave away samples of food they had cooked, and the guide dogs project, who brought in two of their loveable dogs. Following this, there was a potluck dinner where delicious food was served, and an achieve night where last year's members received awards and pins, and farewell words were spoken towards the members who left the club. Everyone who attended had a lot of fun, and many people gained a deeper understanding of 4-H's various projects.

COUNTY

- **2009 4-H Pet Symposium**

Dawn Fuller, 4-H Program Coordinator

This year, our *4-H Pet Symposium* will be held the same day as our *County Awards Day*, on **Saturday, October 10, 2009** from **10 a.m. to 4 p.m.** I know all of you are very busy, but we really hope that you will be able to join us for this informative, fun-filled day. What a wonderful way for the community to see all the great things 4-H youth can learn and do! For more information go to:

<http://celosangeles.ucdavis.edu/files/71390.pdf>

- **Don't sit back - STEP UP!!**

4-H has so much to offer youth. There are great sources of information, chances for career exploration, opportunities to work with the latest technology, chances to learn and practice leadership, opportunities to help others and make a difference. All this will not happen if you just sit back and do not become really involved. You have to take ACTION. You have to STEP UP and DO IT! If something is not happening as you had hoped, perhaps someone needs your help to make it happen. With everyone working together, 4-H can really be GREAT! Remember TO MAKE THE BEST BETTER!

- **Clubs - where are you?**

No Billy, 4-H does not happen by MAGIC! County events are planned and run by our seniors, leaders, office staff and sometimes friends. The LA County 4-H Leaders Council helps plan, coordinate, run and evaluate the county events. Each club should have someone at the council meetings to represent the club members and leaders. Do you know who attends from your club? Make sure someone is coming. Big decisions that affect clubs are made at county council meetings. Is your club part of the decision? Is your club represented?

The next LA County 4-H Leaders' Council meeting is Saturday, **October 3rd** at the AV 4-H Office in Lancaster. Find out what is going on. Be part of the planning. Leaders, parents and youth members are welcome and encouraged to attend.

- **Outreach Round-Up**

Dawn Fuller, 4-H Program Coordinator

Los Angeles County 4-H is now on **Facebook**, and we have **57 fans!** Please join us, become a fan and tell all your friends about 4-H. Stay tuned for fun 4-H updates!

On **Tuesday, September 1**, I provided an informational 4-H presentation to **64** of our Community Partners for the UC Cooperative Extension *Power Play Program*.

On **Friday, September 25**, 4-H will have a special table highlighting the upcoming *Pet Symposium* at the UC Cooperative Extension's *Sustaining Health for Our Generation Event*, from **3-6 p.m.** (4800 East Cesar E. Chavez Ave., LA). Feel free to attend this popular event that includes a recipe contest, a cooking demonstration, both gardening and physical fitness activities, and tasty food samples.

This month Los Angeles County 4-H was prominently featured in the *48th District's Agricultural Association's Newsletter*. This article went to **1500 recipients**, and should really help get the word out about 4-H: <http://www.agfair.org/newsletter/48thNews09-10-09%20FINAL.pdf>

- **Looking for a community service opportunity?** The Marathon & Half is scheduled for November 15, 2009. They are also hosting a Health & Fitness Expo on November 13th & 14th. All the athletes will attend this Expo to get their racing gear for the Marathon or Half Marathon. The Marathon will need volunteers on these two days to help with registration and handing out gear to the runners. They are also looking for volunteers on race day - November 15th - to hand out water along the course, hand out medals and food at the Finish Line. 4-H Members who would like to volunteer should contact Lisa Ohlson, Phone: 424.644.0264 Mobile: 651.226.0110. Come run with us in Malibu! Learn more about the Marathon at www.runmalibumarathon.com
- **Online Enrollment** – Los Angeles County 4-H has transitioned to the 4-H Online Enrollment System. Each family will need to create a family profile and enroll each 4-H member separately under that profile. We have a cheat sheet that will provide you step by step instructions to enroll and add projects. You can access this sheet by clicking [here](#). The 4-H Online Enrollment website is: <https://california.4honline.com/>. Create your profile and re-enroll now (create your own user name and password). You can do this anytime from now until December 31st (to compete at fair). Remember, you must be currently enrolled to participate in 4-H and 4-H activities. The fees are \$12 for youth and \$6 for adults. If you have any questions please call Roy Hillstock at (323) 260-3854.
- **LA County Fair**
Dawn Fuller, 4-H Program Coordinator

The Los Angeles County Farm Bureau was kind enough to share an outreach booth with 4-H at the **LA County Fair**. On **Friday, September 18**, I provided a special children's activity where youth learned about growing vegetables and planted radishes in a cup. More than **94** children participated in the activity and were engaged in "learning by doing."



The Scarecrow- A Farmer's Friend
Dawn Fuller, 4-H Program Coordinator



The Scarecrow

**Once I said to a scarecrow, "You must be tired of standing in this lonely field."
And he said, "The joy of scaring is a deep and lasting one, and I never tire of it."
Said I, after a minute of thought, "It is true; for I too have known that joy."
Said he, "Only those who are stuffed with straw can know it."
Then I left him, not knowing whether he had complimented or belittled me.
A year passed, during which the scarecrow turned philosopher.
And when I passed by him again I saw two crows building a nest under his hat.**

-Khalil Gibran

With the leaves changing colors, pumpkin patches, hayrides, fires blazing in the hearth, shorter days, and cooler nights approaching, we are reminded that Fall is here. One traditional image that can be seen during this time of year is the Scarecrow. The scarecrow is a farmer's friend. Crows are notorious for eating up farmers' newly planted crops. Crows can destroy a whole year's work for farmers, making it next to impossible to obtain a good Fall harvest.

Typically, scarecrows are fashioned out of straw and made to look human, with extended extremities, wearing old pants, a shirt, and a hat. Scarecrows are usually hung on a wooden cross, which in years past symbolized religious "good luck" and were said to frighten away not only crows, but evil spirits. Some scarecrows look quite menacing, while some bring to mind our goofy friend in "The Wizard of Oz." Sometimes they smile at us with a knowing mischievous wink, and others look so villainous that they could take our heads off in one fell swoop!

Before scarecrows, farmers had children or farm workers stand around in the newly planted fields of crops and have them shoo away pesky crows with pitchforks and other farming implements. Farmers realized that

if they fashioned a man out of straw who resembled a farmer, and placed it in their fields, they had a great result of tricking the crows, keeping them from destroying their crops, and saved the time of children and others who could be working the farms.

As early as 1592, scarecrows were put to use by farmers in fields around the world. The first recorded scarecrows were used in Egypt on the Nile River when quail were continually attacking wheat fields. "Live" scarecrows (the farmers themselves) would jump out from hiding spots, shouting at birds, waving objects and trying to frighten them away. In Japan, scarecrows were hung on bamboo poles with burning slabs of rotten meat, rags, dog skins and fish bones to protect their rice crops to once again scare away annoying birds.

The scarecrow is quite a popular fellow the world over and has a different name, depending on where you live. In Scotland they are called "Tattie Bogles." In England they are called "Mommets." They are called "Kuebiko" in Japan. Scarecrows also go by the names: Scarebird, Jack-of Straw, Bogle, Flay-Crow, Mawpin, Moggy, Shay, Guy, Bogeyman, Kakashi, Shuft, Shoy Hoy, Yard Folk, Hodemedod, Crop Watcher and Rook Scarer.

The scarecrow has become a famous character over the years, used in many ways the farmer probably never intended! Scarecrows are honored throughout many countries in numerous cultural celebrations, international festivals, contests, displays, antique fairs, and special exhibits such as: Halloween (United States), Guy Fawkes Night (England), Jack-a-Lent (where they are burned to represent the coming of Easter and the ending of Lent all over), and in Bridlington, England; St. Charles, Illinois; Nashville, Tennessee; Columbia, South Carolina; Mahone Bay, Nova Scotia; Kurrajong, Australia; and Sherrifhales, England.

Scarecrows have been the subject of famous writers and featured in stories by William Shakespeare, Walter de le Mare, Matthew Reilly, Khalil Gibran, Michael Connelly and in *Robinson Crusoe* by Daniel Defoe and *Feathertop* by Nathaniel Hawthorne. *The Scarecrow* is even an arch-nemesis in Batman comics. Scarecrows are everywhere! They are even long-celebrated movie characters in *The Wizard of Oz*, a Disney Film called *Dr. Syn: The Scarecrow of Romney Marsh*, the 1973 film *The Scarecrow* (starring Gene Hackman and Al Pacino) and a 1920s short comedy film of the same title starring Buster Keaton. The rock band *Pink Floyd* even has a song called *Scarecrow*.

After World War II, pesticides and chemicals replaced many scarecrows. In some places, scarecrows are now replaced by "Automated Bird Scaring Machines," Bird Netting, motion sensors attached to sprinkler systems, automatic noise guns, pie tins hung in trees, reflective Pet Film Ribbon, and recordings of crow warning signals and crows in distress played at a high decibel. It is also interesting to note that scientific studies have shown that the main reason that scarecrows worked in fields was not only because of the scary effigy, but the smell emitted from the human clothes on the dummy that kept the pests away. I was surprised to find that traditional scarecrows are still in use in many countries.

Whether you pass a scarecrow waving to you on a festive family holiday porch, get spooked by one on Halloween, or see one guarding a local farm, I do hope that the next time you see one, you will remember these famous chaps have a long and interesting history around the world!

For a special *Scarecrow Treat* try :

Scarecrow Cones

Supplies: Ice cream cone, vanilla ice cream, shredded wheat or toasted coconut, raisins and candy corn.

Top an ice cream cone with a scoop of vanilla ice cream. Add shredded wheat or coconut for the scarecrow's hair. Add raisins for eyes, candy corn for the nose and cut a raisin for the mouth.

If you would like to make your own wee scarecrow decoration look here:
<http://familycrafts.about.com/od/scarecrows/a/weescarecrow.htm>

Now for a few funnies to share with your friends...

Why did the Scarecrow win the Noble Prize?

Because he was "out standing" in his field!

What is the Scarecrow's favorite fruit?

"Straw" Berries

- **Oscar Wilde's *Selfish Giant Cookies***
Dawn Fuller, 4-H Program Coordinator

Witty Irish author, **Oscar Wilde** (also known as **Oscar Fingal O'Flahertie Wills Wilde**) lived and wrote during the late 1800s, and was considered a writing "celebrity" in his day. Many of the plays, poems and short stories he has written are still wildly popular today.



Wilde's short story, *The Selfish Giant*, was published in 1888, and tells the tale of a lonely giant who had a magnificent garden. He decided to keep his garden and its beauty all to himself, and he built a large menacing wall around every inch of his garden. There was no happiness in his garden alone, so within the stone walls of his garden, it remained wintertime, year-round. When visited by an unselfish child, the giant's big heart melted, and so did all the snow in the garden. After reading *The Selfish Giant*, how about making:

Selfish Giant Cookies



This delightful peanut butter cookie will be lots of fun to make with your club members, family or friends. It is fashioned rather simply by hand into the shape of a giant and is inspired by Oscar Wilde's lovely story of a giant who learned that it is children who truly make this earth a garden.

*"I have many flowers," he said.
"But the children are the most
beautiful flowers of all."*

The Selfish Giant, Oscar Wilde

Ingredients:

½ cup granulated sugar
½ cup brown sugar
½ cup peanut butter
¼ cup shortening
¼ cup butter, softened
1 egg
1 ¼ cup all-purpose flour
¾ teaspoon baking soda
½ teaspoon baking powder
¼ teaspoon salt
Chocolate chips

Procedure:

1. Mix sugars, peanut butter, shortening, butter and egg in a large bowl. Stir in remaining ingredients.
2. Cover and refrigerate for 2 hours, or until firm.
3. Preheat oven to 375 degrees.
4. Use an ungreased cookie sheet.
5. Create your "giant."

You can create a giant this way:

Put 2 tablespoons of cookie dough on a cookie sheet. This can be the body. Put 2 tablespoons of dough on top of this to create your head. Add another 2 teaspoons for each arm and leg. Flatten each mound a bit with your fingers, taking care to elongate arms and legs. Add chocolate chips for the eyes, nose, mouth and buttons down the front of your giant.

4. Sprinkle your "giant" with granulated sugar.

Bake 12 minutes, or until light golden brown, keeping giants at least one inch apart or until light golden brown. Cool 5 minutes; carefully remove from cookie sheet with metal spatula and place on plate.

5. Enjoy!

This idea came from the book *Once Upon a Recipe*, by Karen Greene, in the 4-H Resource Library. Come find out what else is tucked away in the Resource Library by making an appointment with **Dawn (323) 260-3859** or via email dafuller@ucdavis.edu.

- **A Picture is Worth a Thousand Words**
Dawn Fuller, 4-H Program Coordinator

We would love to see all the fun activities your club has been involved in throughout the year. Please send in any photos of your club activities/events that you would like to be included in the slideshow for the Leaders' Luncheon and special newsletter features. You can email them to: dafuller@ucdavis.edu. Here's looking at you!

- **Share your 4-H experiences** - 4-H'ers, share your 4-H experiences by submitting articles to be published in Clover Notes. Articles may include club news, photos, community service projects, and/or anything you or your club would like to share. Submit your articles by the 15th of the month to be published in the following month's edition of Clover Notes to Roy Hillstock, rlhillstock@ucdavis.edu.
- **Dates To Remember:**
 - **10/3 County Council mtg. (AV Office) / Leaders Training Event / AV Horse Show**
 - 10/7 NSG Council & 4-H mtg.
 - 10/8 I&R mtg.
 - **10/10 4-H Pet Symposium / County Awards Day**
 - SSG Leaders Council & Hi 4-H mtg. / SGV 4-H Fair mtg.
 - 10/16 AV District's Achievement Night
 - 10/18 NSG Achievement Night
 - 10/24 State Council mtg.
 - 10/26 AV Council mtg. / Hi 4-H & Horse mtg.
 - 10/31 Halloween
 - 11/4 NSG Council & 4-H mtg.
 - 11/6-8 State Leaders' Forum
 - 11/7 LA County Horse Show
 - 11/11 Veterans Day (office closed)
 - 11/12 I&R mtg.
 - 11/14 County Council mtg. (SFV) / Jr. Leadership workshop
 - 11/18 Summer Camp Staff Applications Due
 - SSG Leaders Council & Hi 4-H mtg. / SGV 4-H Fair mtg.
 - AV Leaders' Council mtg.
 - 11/26-27 Thanksgiving (office closed)

STATE

- **4-H National Youth Science Day on October 7, 2009!** The 2009 4-H National Youth Science Experiment - "Biofuel Blast" - will engage youth in important environmental issues our global community faces together and the opportunity available for a greener tomorrow. As our nation grapples with important environmental issues such as global warming, sustainability and energy independence, "biofuels" -sources of energy obtained from recently harvested plant materials- are at the forefront of the discussion of alternative energy sources. **This event is a great way to publicize 4-H and 4-H SET!** Download your 4-H National Youth Science Day **experiment guide, facilitator guide and media toolkits** at <http://www.ca4h.org/SET/>. Additional information is available at: <https://www.4-h.org/NYSD/#>.
- The **Afterschool Alliance** is extending an invitation to everyone interested in supporting the positive work and impact of afterschool programs for our youth. This is the **10th annual Lights On Afterschool event**, planned for **October 22, 2009**. When registering you will receive posters, events tips and helpful information to make this day a success for your afterschool program. You may visit: <http://www.afterschoolalliance.org/loaHostEvent.cfm> to register today.
- **4-H Shooting Sports Leader Certification for Archery**
A shooting sports training workshop for the archery discipline will be held in Modesto, CA on Saturday, **November 7**, 8 AM - 4 PM and Sunday, **November 8**, 8 AM - 2 PM.
Upon successful completion of the course, participants will be certified as archery volunteers and can instruct archery club projects and camp programs. Attendance at both days is required. The course will be held at the Stanislaus County Ag Center, Harvest Hall Room E, 3800 Cornucopia Way, Modesto. The cost will be \$25 and includes lunch, snacks, and class materials. For more information, contact Dan Burner 209-874-2732 (evenings) or dan_burner@yahoo.com. Fees are due by **October 23**, 2009 and can be submitted to Dan Burner, P.O. Box 829, Waterford, CA 95386.

- **State 4-H Record Books**, please check with your county 4-H office to verify the date of submission for record books in your county. County offices will submit their county record books to the State 4-H office by **November 6, 2009**. You may visit: <http://www.ca4h.org/4hresource/ir/recordbook/competition.asp> or email Quang Tong at qtong@ucdavis.edu for additional questions.
- The annual **State 4-H Equine Field Day** will be held on Saturday, **October 24th** at UC Davis. Go to <http://ca4h.org/projresource/horse/> for the event details and registration form. Pre-registration is due Friday, **October 16th**; no postmarks. This event is in partnership with the UCD Department of Animal Science. 4-H Horse members, leaders and parents are invited to attend.
- The **Make It Yourself With Wool Competition** is requesting those who enjoy sewing and knitting projects to enter in a district contest near you, planned for October and early November. Winners will compete in state finals. If you are interested in participating, you may download a contest entry form [here](#), a national competition brochure is available [here](#), and specific contacts for the California contests are listed [here](#). Please contact Julie Castillo at calif.wool@gmail.com for additional questions.
- A free professional development training opportunity is available for those involved with youth development programs focusing on healthy living concepts. The two-day trainings, "**Fresh Fruits and Vegetables: A Centerpiece for a Healthy School Environment**" will be held in several location across California. You may visit: <http://www.lifelab.org/ffv.php> to register today. Click [here](#) for the full training flyer. For any questions, contact Deborah Beall at dbeall@cde.ca.gov.
- Dates have been set for the **2010 Citizenship Focus Program**. Come participate in hands-on programs that bring government and policy issues to life and help you get involved in your own community.
 - California Focus** June 25-29, 2010
<http://www.ca4h.org/citizenship/focus/>
 - Washington Focus I
 - Road to Democracy, June 27-July 5, 2010
 - Heritage Trail, I June 27-July 3, 2009
 - Washington Focus II
 - Global Journey, July 11-21, 2010
 - Heritage Trail II, July 11-17, 2010
 - <http://www.ca4h.org/citizenship/dcfocus/>
 For more information, contact Pat English at pnenglish@ucdavis.edu or 530-754-8520.
- The **California International Exchange Program** will offer **outbound programs** to Australia, Costa Rica, and Japan during the summer of 2009. Applications will be accepted until **January 15, 2010**. An interview with the California 4-H International Exchange Coordinator, Pat English, is required. For more information contact Pat English at: pnenglish@ucdavis.edu or 530-754-8520.
- Mark your calendars for the **State 4-H Equine Field Day at UC Davis** for **October 3 or 10**. It will be a partnership with the UCD Animal Science department and UCD Horse Day. More details to follow at <http://ca4h.org/projresource/horse/>.
- The **2009 California State 4-H Leader's Forum** will be held November 6-8, 2009. This year's theme is "4-H Past, Present, and Future". If you are interested in hosting a workshop, proposals are due by June 25, 2009. The registration packet is now available at <http://clubs.ca4h.org/nsection/SLF09/index.htm>. For any questions, you may contact Richard Meade at rmeade@csuchico.edu or Tammy McFarland at 530-268-4665.
- **4-H Shooting Sports Leader Certification for Archery** - A shooting sports training workshop for the archery discipline will be held in **Modesto, CA** on Saturday, **November 7, 8 AM - 4 PM** and Sunday, **November 8, 8 AM - 2 PM**. Upon successful completion of the course, participants will be certified as archery volunteers and can instruct archery club projects and camp programs. Attendance at both days is required. The course will be held at the Stanislaus County Ag Center, Harvest Hall Room E, 3800 Cornucopia Way, Modesto. The cost will be \$25 and includes lunch, snacks, and class materials. For more information, contact Dan Burner 209-874-2732 (evenings) or dan_burner@yahoo.com. Fees are due by **October 23, 2009** and can be submitted to Dan Burner, P.O. Box 829, Waterford, CA 9538

- **Domestic exchange with a 4-H Club** - Is your club looking for an opportunity to participate in a domestic exchange with a 4-H club in another part of the U.S? Lancaster County, PA 4-H is hoping to establish a domestic exchange for 2009-10 or 2010-11 with an interested California 4-H group. Scenic Lancaster County includes Amish country and is centrally located close to Gettysburg, Philadelphia, Harrisburg, Washington DC and Hershey. For those interested, please contact Sharon Sherick at ssherick@dejazzd.com.
- **California 4-H International Exchange** - Looking for an amazing 4-H opportunity? Then consider the California 4-H International Exchange. Curious about other cultures but can't find the time or money to travel? Interested in anime or manga? Want to improve your language and communication skills? Bring the world home by hosting a summer month-long international exchange student from Costa Rica, Finland, or Japan this coming summer. Welcome a student from another country and share an incredible experience with your whole family. Information is available at: <http://www.ca4h.org/exchange/> or by contacting Pat English at 530-754-8520 or pnenglish@ucdavis.edu.

2008 4-H All Stars:

Felicia Byrne
 Heather Ealy
 Terra Chapman
 Christopher Choi
 Amanda Ho
 Jessica Kwan
 Stephanie Kwan
 Kirsten Landsgaard
 Brian Otto
 Erin Power-Fardy
 Kelsey Schott
 Camille Sheardown

2008 Jr. All-Stars:

Wesley Ho
 Kristy Okamoto
 Taylor Presley
 Aleandra Ryan-Plasil
 Caroline Seymour
 Alexandra Von Bergman

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