

4-H

UNIVERSITY OF CALIFORNIA COOPERATIVE

# CLOVER NOTES

LOS ANGELES COUNTY 4-H YOUTH DEVELOPMENT



## May 2010

If you have any questions or suggestions about the Clover Notes, please don't hesitate to call Roy Hillstock at (323) 260-3854 or email at [rhillstock@ucdavis.edu](mailto:rhillstock@ucdavis.edu). We welcome submissions, especially for Club News. Please submit articles by the 15th of the month to be posted in the following months' edition.

Contact the [Los Angeles 4-H Youth Development Office](#) or 323-260-3854. For upcoming dates, please visit the [4-H Calendar](#). We look forward to continuing to serve you and your 4-H needs.

## POLICY

### Policy Highlight of the Month

The 4-H Youth Development Program has been committed to providing a high quality out of school experience for youth for more than 100 years. This commitment has been cemented in the role of the 4-H volunteer leader, and is played out through projects and events throughout the year. Volunteer and teen leaders help youth by offering a place for them to belong, an opportunity for them to master a subject, a chance to become independent and learn compassion through generosity. These elements: belonging, mastery, independence and generosity are essential for positive youth development. They are especially important when thinking about competition (fields days, fairs, etc.). They are important because while the competitive aspects of participation may yield some benefits for youth, it's the emphasis and intentionality of the essential elements that makes the biggest difference in youth.

Fairs and other exhibitions are places where youth can apply their skills and can be an important aspect of the experience for some youth. Therefore, it is important to keep in mind that while 4-H does not own or manage a lot of these venues, the quality youth development approach is still critical and very much a part of what the youth should experience. In other words, the important youth development dimensions of 4-H should outweigh any fair competition or show guidelines that contradict positive youth development.

For more information about 4-H and fairs and other exhibitions, please visit the 4-H Policy Manual at <http://www.ca4h.org/policy/chapter7/index.asp>

If you have any questions, please don't hesitate to contact me at (323) 260-3845 or send me an email at [kcathaniel@ucdavis.edu](mailto:kcathaniel@ucdavis.edu).

## CLUB

- **Welcome Canyon Country Mustangs 4-H Club**  
Dawn Fuller, 4-H Program Coordinator

Canyon Country has a new club in town...the **Canyon Country Mustangs!** The Club Leaders, Michelle Lewis and Tracy Boldroff, are looking forward to working with the youth in their community. The club will offer both a goat and an equine project, and local youth will have an opportunity to "learn by doing" in Canyon Country. To find out more about the club or to just say "hello," contact Michelle Lewis at [bowerslewis@sbcglobal.net](mailto:bowerslewis@sbcglobal.net).

- **Encino Oaks 4-H Club**

The Encino Oaks 4-H Photography Club is teaching children as young as six years old how to use a camera and take well composed pictures with careful focus, proper lighting and interesting angles. As part of their “close up” photo project, **this floral composition was submitted by first grader, Brandon Marks, from Lanai Road Elementary.**



- **Rosamond Red Racers**

By Cheri Marshall, Rosamond Red Racers Pygmy Goat Leader

Congratulations to the Rosamond Red Racers Pygmy Goat Project on their participation in the Orange County Youth Expo, held in Costa Mesa, on April 11, 2010. Between the three of them (Shawn Swenson, Libby Swenson, and Richard Marshall), they came home with a 6th place, a 4th place, two 2nd places, Reserve Senior Wether, and Reserve Best Wether.

\*From left to right - Shawn Swenson, Libby Swenson, and Richard Marshall with their pygmy goats



## DISTRICT

- **San Fernando Valley District Rides Again!**

Dawn Fuller, 4-H Program Coordinator

Due to the geography of Los Angeles County and the number of youth enrolled in the State of California, the county is divided into four districts: North San Gabriel, South San Gabriel, San Fernando Valley and Antelope Valley. District meetings occur monthly with a standing day, time and location.

Each district has officers similar to the County Council (President, Vice President, Treasurer, etc.), and are responsible for activities that occur with the clubs in their area (i.e. District Fashion Revue, Field Day, Judging Day, etc.). The District meetings are held to review district issues, district events, requests for County Council support, future County Council presentations and planning for clubs to work together. Many times district competitions are planned and held as an entryway to county competitions (following club level competitions for each event). Hi 4-H members are invited to attend these meetings (4-H members who are in high school) and are an important part of the decision-making district team.

The County Council (Leaders' Council) has designed a useful "District Rotation Chart" for various 4-H events that take place throughout the course of the year.

<http://celosangeles.ucdavis.edu/files/77026.pdf>

For the first time in many years, the San Fernando Valley District has three clubs in it: San Fernando Valley 4-H Club, Encino Oaks 4-H Club and the newly formed Canyon Country Mustangs 4-H Club. They will hold their first meeting at 7:00 p.m., Thursday, April 29, 2010, at Starbucks in Granada Hills (11850 Balboa Blvd Ste B102 Granada Hills, CA 91344). The SFV District will be electing officers and discussing events and activities for the new program year (July 1<sup>st</sup> to June 30<sup>th</sup>).

If you haven't attended your own district meeting, it is a great way to learn more about Los Angeles County 4-H and assist in making the decisions that affect your club throughout the year. Here is a list of the district meetings for Los Angeles County:

### **North San Gabriel District**

1<sup>st</sup> Wednesday of every month

7:30-9 p.m. at:

St John's Episcopal Church

4745 Wheeler Avenue

La Verne, CA 91750

Contact Debbie Treadwell in advance of the meeting at [debcam98@ca.rr.com](mailto:debcam98@ca.rr.com)

(The alternate meeting place for this district is Harvey Mudd College

301 Platt Boulevard, Claremont, CA 91711)

### **South San Gabriel District**

3<sup>rd</sup> Thursday of every month

6:45 p.m. at:

Mary Lash's Home

9497 East Foster Road

Downey, CA 90242

Contact Johanna Stewart in advance of the meeting at [johastew@hotmail.com](mailto:johastew@hotmail.com)

### **Antelope Valley District**

4<sup>th</sup> Monday of every month

7 p.m. at:

Lane Park

5520 West Ave. L-8

Quartz Hill, CA 93536

Contact Kortni Johnson in advance of the meeting at [kortniartist@yahoo.com](mailto:kortniartist@yahoo.com)

# COUNTY

- **Field Day & Fashion Revue County Gold Winners**

Dawn Fuller, 4-H Program Coordinator

The Los Angeles County Field Day and Fashion Revue are fantastic opportunities for youth to “Learn by Doing.” For Field Day, 4-H youth prepare, practice and present presentations that include: demonstrations, prepared readings, educational displays, cultural arts skits, lead songs and participate in mock interviews and problem solving exercises. For Fashion Revue, 4-H youth sew their own ensembles, embellish and coordinate their own gently used fashions in various categories for competition.



The following is a list of the Los Angeles County Field Day & Fashion Revue winners and their categories:

<b>Presentation – JR</b>	<b>Wesley Rich</b>
<b>Presentation – JR</b>	<b>Jeremiah Navaiz</b>
<b>Team Presentation – INT</b>	<b>Sallie DeYoung &amp; Jessica Fint</b>
<b>Presentation – INT</b>	<b>Paige Jacobsen</b>
<b>Presentation – SR</b>	<b>Nathan Dalrymple</b>
<b>Presentation – SR</b>	<b>Alek Kasperovich</b>
<b>Presentation – SR</b>	<b>Natasha Dalrymple</b>
<b>Prepared Reading –INT</b>	<b>Ru Ekanayake</b>
<b>Prepared Reading – INT</b>	<b>Rachel Klose</b>
<b>Prepared Reading – INT</b>	<b>Tait Jacobsen</b>
<b>Prepared Reading – SR</b>	<b>Kelsey Schott</b>
<b>Prepared Reading – SR</b>	<b>Tyler Collette</b>
<b>Problem Solving</b>	<b>Ryan Halvorsen</b>
<b>Mock Interviews</b>	<b>Hanna DeYoung</b>
<b>Mock Interviews</b>	<b>Ryan Halvorsen</b>
<b>Mock Interviews</b>	<b>Michelle Mifflin</b>
<b>Educational Display</b>	<b>Alil Acone</b>
<b>Educational Display</b>	<b>Daniel Espinoza</b>
<b>Skit</b>	<b>Canyon Coyotes - Wayne Wilson</b>
<b>Cultural Arts – Individual</b>	
<b>County Winner</b>	<b>Kristy Okamoto</b>
<b>Cultural Arts – Group</b>	<b>SFV 4-H</b>
<b>Fashion Revue</b>	
<b>Purchased</b>	<b>Sallie DeYoung</b>
<b>Traditional</b>	<b>Allison Jackson</b>

Cheers to all the youth who worked so hard, to Kim Espinosa for coordinating Fashion Revue, and Diana Kaljumagi for coordinating the Field Day event along with Noel Keller, Judylynn Pelling, Dee Keese, Marjorie Rodriguez and countless other parents and friends who assisted in judging and all aspects of these fun-filled events!



- **Leaders' Luncheon- Save the Date**  
Dawn Fuller, 4-H Program Coordinator



We are looking forward to our annual *Los Angeles County 4-H Leaders' Luncheon* on **Saturday, May 22, 2010**, at the Odyssey Restaurant in Granada Hills (15600 Odyssey Dr Granada Hills, CA 91344). Leaders are welcome to bring a guest. *Please R.S.V.P. by May 7<sup>th</sup> to [jrdana@ucdavis.edu](mailto:jrdana@ucdavis.edu) or by calling (661) 974-8824.*

- **Los Angeles County 4-H Science Fair** - 4-H Science Fair will be held on May 8, 2010! Science projects are a wonderful "learn by doing" opportunity. Today, with schools so focused on "teaching to the test", and with mandated language arts and math curriculum dominating the school day, science education is often neglected in school. Help make sure that kids develop their analytical thinking skills by getting them involved in hands-on science through 4-H. Many 4-H'ers are already involved in projects that can be presented as science projects. Now is a great time to plan for a project to present in April! Read up on the scientific method and look for science project ideas on the following web sites. All three of these web sites are fantastic resources for finding and developing science project ideas, from the easy to the elaborate.

<http://school.discovery.com/sciencefaircentral/>  
<http://www.ipl.org/div/kidspace/projectguide/>  
<http://www.scifair.org/>

Go to: [http://celosangeles.ucdavis.edu/4H\\_Youth\\_Development\\_Programs/Science\\_Symposium.htm](http://celosangeles.ucdavis.edu/4H_Youth_Development_Programs/Science_Symposium.htm) for more detailed information.

- **4-H Summer Camp**  
Dawn Fuller, 4-H Program Coordinator

Before you know it, it will be time for Los Angeles County 4-H Summer Camp! **4-H Summer Camp** is scheduled for **June 27-July 3, 2010** at Camp Seeley in San Bernardino. 4-H Summer Camp is a week filled with fun "learning by doing" activities and the best food at any camp around! The cost to attend the camp is \$275 per person. Full or partial camperships may be available for those who need financial assistance to attend. 4-H Camp is limited to the first 200 youth who reserve a spot. Summer camp sold out last year, so send in the \$50 deposit today! If you are interested in being a Cabin Counselor, the deadline to apply is March 31<sup>st</sup>. Please see attached flier and go to the link to sign-up to be a Cabin Counselor:

<http://4hsummercamp.com/staffapplications.aspx>

For more details or to register online go to: <http://4hsummercamp.com/> or call Dr. Keith Nathaniel, UCCE/Los Angeles County 4-H at (323) 260-3845 or Carrie DeYoung, Camp Director at (818) 886-8028.

- **Off to the Races!**

Dawn Fuller, 4-H Program Coordinator



Often referred to as “The Most Exciting Two Minutes in Sports,” or the “Run for the Roses” (as a blanket of roses is bestowed upon the winner), the **Kentucky Derby Horse Race** is the longest-standing American sporting event. This rich May American tradition is held on the first Saturday in May, and this year will take place at the **Churchill Downs** in **Louisville, Kentucky**, on **May 1, 2010**.

In 1872, Colonel Meriwether Lewis Clark Jr. (Clark, of the Lewis and Clark Expedition), returned from a horse race in England with the idea of starting an American horse race that would rival that of the Epsom Derby in England and that of the grand Prix de Paris. On May 17, 1875, Col. Clark Jr. saw his dreams come to flight, as 10,000 lucky attendees waited in anxious anticipation for the first 15 horses to speed around the track in the very first Kentucky Derby. Cheers resounded as the winning African American jockey, Oliver Lewis and his beloved horse, Aristides, fly as if on the wings of angels to victory.

Originally, the race was set for 1 ½ miles, and in 1896 was changed to 1 ¼ miles, which it remains at to this day. Horses are limited to three years of age and colts or geldings (castrated males) carry 126 pounds, while fillies carry 121 pounds. The Kentucky Derby is the first race in a series of races often referred to as the “Triple Crown of Thoroughbred Racing,” with the **Preakness Stakes** and the **Belmont Stakes** races following.

The youngest jockey to ever ride in the Kentucky Derby was 15 years old. The fastest race ever won was by Secretariat in 1973 and took 1.59 seconds (not bad for 1 ¼ miles). The first female-owned horse won in 1904. In the years between 1875 and 1902, 15 out of 28 races were won by African American jockeys. In 1915, the first filly in only three horses ever won the race. In 2007, even Queen Elizabeth II joined in the fun and attended the Kentucky Derby in a delightful hat that reflected another tradition surrounding the exciting race.

If you are a fan of the 4-H Fashion Revue, this may be an event you would love not only for the thrill of the sport, but for the snappy attire and other traditions associated with this event. As far as the eye can see, female race goers will be seen wearing delicate to elaborate hats. Women don their finest attire for this race, and one wouldn't be out of place with a wide-brimmed hat adorned with fancy silk ribbon, fresh or silk flowers and even beadwork. Attendees sip traditional Mint Julep drinks and feast on Burgoo (a rich stew comprised of vegetables, beef, chicken and pork) whilst being serenaded to top-notch marching bands' versions of “My Old Kentucky Home” (a traditional song played while competing horses are paraded around and a blanket of roses is set upon the winner).

Now celebrating its 137<sup>th</sup> anniversary, the Kentucky Derby is watched the world-over and is a time-honored tradition we can all be proud of. If you haven't watched the race, when you do, you may find yourself nervously biting your nails, clutching your hands together or those of someone near to you. Many may find themselves with an interest in horses, whether they have had the opportunity to ride one or not. In addition to watching the Kentucky Derby Horse Race, you may want to consider joining a 4-H Equine Project in a club near you. 4-H has many opportunities for youth to learn all about horses, and we even offer



“Horseless Horse Projects” for those who just want to learn the basics about horses, and even take a field trip to a stable. For more information regarding Los Angeles County 4-H Equine Projects, contact Dawn Fuller at [dafuller@ucdavis.edu](mailto:dafuller@ucdavis.edu).

Here is a list of the Equine 4-H Project Leaders in Los Angeles County, and it's off to the races!

Canyon Coyotes	Kim Wineland	661-269-9455	giddeup5@aol.com
Eastside Antelopes	Carla Paglia	661-435-5535	pepepaglia2@aol.com
Eastside Antelopes	Joseph Paglia	661-435-5535	pepepaglia2@aol.com
Encino Oaks	Courtenay Fletcher	818-784-6440	fletchphoto@earthlink.net
Encino Oaks	Holly Barnhill	818-907-5204	barnhillh@sbcglobal.net
Encino Oaks	Jennifer Terbush	818-905-8983	kate_jack@sbcglobal.net
Greenleaf	Margaret Gregory	310-293-5887	myfishpix@sbcglobal.net
Harbor Lights	Kim Espinosa	310-548-5470	klarae@sbcglobal.net
Leona V. Racketteers	Melissa Rohaley	661-270-1619	westerngal1@msn.com
Leona V. Racketteers	Pamela Thomas	661-270-0653	equineamore@juno.com
Mid Valley	Cheri Marshall	661-256-2349	GiddyupCheri@yahoo.com
Mid Valley	David Byerly	661-256-0142	dabyerly@hotmail.com
Mid Valley	David Byerly	661-256-0142	dabyerly@hotmail.com
Neenach	Dawn Surprenant	661-824-0444	equinediva69@hughes.net
Pomona Valley	Diana Kaljumagi	909-625-5355	kaljumagi@yahoo.com
Quartz Hill	Bobbie De la Fuente	661-492-6675	msbobbieca@aol.com
Quartz Hill	Pam Ver Maas	661-274-9220	jpvermaas@sbcglobal.net
Westside	Cheri Marshall	661-256-2349	GiddyupCheri@yahoo.com

- **Kiwanis Club of La Canada**

Dawn Fuller, 4-H Program Coordinator

There are many organizations that have serving youth as their primary mission; 4-H has been the organization of choice for many of us. The **Kiwanis** have the shared goal of changing the world one child, and one community, at a time. Through their well-deserved reputation of good will and hard work, Kiwanis volunteers promote youth citizenship in the communities where they live and work. Much the same as 4-H, Kiwanis seeks to create the strong, impassioned, educated leaders of tomorrow with a strong emphasis on helping those less fortunate.

Through community clean-ups, gardening projects, tree-planting projects, food deliveries to the infirmed, school scholarships and mentoring programs, Kiwanis helps youth in becoming selfless public servants and teaching youth to make plans for their lives, set goals, and eventually, achieve all they have ever dreamed of while becoming the best people they can be. Does this mission sound familiar? It seems that with so many common goals, and an understanding of the benefit of youth-adult partnerships, Kiwanis and 4-H can help each other in achieving their mutual aspirations.



*Club President Martha Burns and Club Award Recipient Frances Hill*

I recently had the opportunity to speak to the **Kiwanis Club of La Canada**, and met with a fantastic group of members, ready and excited to form a lasting partnership with *Los Angeles County 4-H*. **Erik Fiske**, *Vice President of Programs*, and *Club President*, **Martha Burns**, coordinate the highly successful and much-honored club in their community. Plans are underway both on the part of the Kiwanis Club of La Canada and Los Angeles County 4-H to unite the two groups with the same mindset.

Kiwanis Club of La Canada newsletter highlighting 4-H:

[http://www.lcfkiwanisam.org/news\\_letter.php](http://www.lcfkiwanisam.org/news_letter.php)

On **Saturday, May 29, 2010**, from **8-11:30 a.m.** the Kiwanis Club of La Canada will be hosting their annual **French Toast Breakfast Fundraiser** at Memorial Park in La Canada (1201 Foothill Blvd., La Canada). If you feel so inclined to purchase a breakfast ticket or know anyone who would like to attend, tickets are \$7, and you may contact Vice President, Erik Fiske at [farfarerik@att.net](mailto:farfarerik@att.net) or Club President, Martha Burns at [marthaburns@mindspring.com](mailto:marthaburns@mindspring.com). This is a great way to meet some of the club's lovely members and talk about ways for youth in your club to find an adult mentor with a lot of life experience in citizenship, leadership and life skills.



*Vice President of Programs, Erik Fiske*

This organization is very supportive to youth-centered groups and almost every 4-H club in Los Angeles has a local chapter of the Kiwanis in their area. **Dee Keese** from the Palos Verdes Peninsula 4-H Club has already begun outreach to both Kiwanis and Rotary Clubs in her community, and has had a positive response. I look forward to a delightful partnership with the Kiwanis of La Canada and encourage you to find out more about the clubs in your area.



- **Outreach Round-Up**

Dawn Fuller, 4-H Program Coordinator

The **Los Angeles County UC Cooperative Extension** has a wonderful new Facebook Page, and it will provide regular updates and information on many of the community-based educational programs in nutrition, youth development, urban gardening, horticulture, agriculture and natural resources that the Cooperative Extension has to offer...including 4-H! Become a fan! <http://www.facebook.com/#!/pages/University-of-California-Cooperative-Extension-Los-Angeles-County/60035129491?ref=nf>.

The week of **April 19-23, 2010**, the Los Angeles County UC Cooperative Extension and Los Angeles County 4-H participated in both the **48<sup>th</sup> District Agricultural Association's Schools and Nutrition Fair** and **AG Day LA**. LA County 4-H hosted a special booth at the fair and 4-H Youth Development Advisor, **Dr. Keith Nathaniel**, provided an enlightening and fun water quality activity. **Carly Marino**, Powerplay Coordinator (UC Cooperative Extension), got kids going with a great fitness activity, and **Brenda Roche**, Nutrition, Family and Consumer Sciences Advisor (UC Cooperative Extension), delighted youth with an interactive nutrition activity. Both events were great occasions for 4-H to show off all we are doing and promote the wealth of learning opportunities available at the LA County UC Cooperative Extension.

On **Wednesday, April 13, 2010**, LA County 4-H met with **Abba Ramirez**, EFNEP Nutrition Education Assistant and Project Facilitator for UC Cooperative Extensions' *East LA Nutrition Project*. Ms. Ramirez has many community connections in her scope of work and personally, and has a goal in mind of starting a 4-H Club right here in East LA! Abba is a long-time 4-H supporter, and we know this is something we can accomplish together.



Los Angeles County 4-H made an informational presentation to the **Kiwanis Club of La Canada/Flintridge** on **Wednesday, April 14, 2010**. With Kiwanis focusing on improving the quality of life for children, building better communities and participating in citizenship activities relevant to youth, we hope to build a great new relationship with this organization.

**Wednesday, April 14, 2010**, Los Angeles County 4-H provided an informational presentation to the **Community Partnership Council (CAC, SPA 7)**. As a result of this presentation, a meeting for a prospective new club and partnership with the **YWCA of Greater Los Angeles** will occur on **Friday, April 30<sup>th</sup>**.

- **The Darling Buds of May**  
Dawn Fuller, 4-H Program Coordinator



*Shall I compare thee to a summer's day?  
 Thou art more lovely and more temperate:  
**Rough winds do shake the darling buds of May,**  
 And summer's lease hath all too short a date:  
 Sometime too hot the eye of heaven shines,  
 And often is his gold complexion dimmed,  
 And every fair from fair sometime declines,  
 By chance, or nature's changing course untrimmed:  
 But thy eternal summer shall not fade,  
 Nor lose possession of that fair thou ow'st,  
 Nor shall death brag thou wander'st in his shade,  
 When in eternal lines to time thou grow'st,  
 So long as men can breathe, or eyes can see,  
 So long lives this, and this gives life to thee.*

**-Sonnet 18, William Shakespeare**

Shakespeare really knew what he was talking about when he wrote “Rough winds do shake the darling buds of May” in Sonnet 18! For some of us, this may be the first time we have read this famous poem, but for many, we may know the words and haven’t given much thought to that particular line.

The “Darling Buds of May” actually refers to the **Common Hawthorn Tree**, also known as the **May Tree** (*Crataegus monogyna*), that flowers during this particular time of the year. The May Tree brings with it with several legends, and is said to symbolize not only the approach of summer, but a revitalized fresh and new perspective on life when blooming.

In England, the tree is said to be over 700 years old. The May Tree is the result of a holy man’s walking stick being stuck in the ground and has thrived in the same spot ever since. In Ireland, the tree is considered not only a cure for the “broken heart,” but also doubles as a magical “fairy tree” and great steps have been taken to avoid building too close to existing May Trees (truth be told, that could also be because of the horrendous stink the tree is known to produce!). It is said to bring a stroke of bad luck should you cut even a mere piece of the mythical tree off. In France, the May Tree is the oldest known tree on the record. Ancient Greeks

believed the branches of the tree to be a symbol of hope, and cuttings were often carried in wedding processions bestowing good luck on the new couple. Serbs and Croats believe the branches to be deadly to the local vampires, and have been known to make stakes out of tree bits. In Scotland, people say, “Ne'er cast a clout til Mey's oot,” a warning not to shed any clothes before the May Tree has been in full bloom. In the United States, the May Tree branches have been used for tool handles and fence posts. The tree also has its own TV show, with the name taken right out of Shakespeare's beloved poem (*Darling Buds of May*).



Commonly used as a hedge plant, May Trees have a bush-like appearance and you could easily miss this special tree by dismissing it as just another shrub! The fruit of the tree is bright red and is used in jellies, jams and syrups, while the leaves are used in vitamins and popular herbal remedies. The Chinese use the berries in making snacks and tasty drinks, while in Mexico the fruit is eaten both cooked and raw, used in candy-making and as filling inside piñatas during Posada celebrations. May Tree fruit is also sometimes combined with other medications to treat chronic heart failure.



The May Tree has a long history, and its lore and uses are many. The next time I see one, I hope to lop off a branch, keep my clothes on until I see it bloom, have a broken heart healed, use it in a wedding, have a May Berry Smoothie, do away with a pesky vampire, cure a chronic heart condition, find a fairy and break a piñata at a posada! I hope you do too. Many thanks go to William Shakespeare for adding the *Darling Buds of May* to his Sonnet.

- **Online Re-Enrollment** – The time is coming for current 4-H members and leaders to re-enroll. After July 1, 2010, each 4-H member and leader will need to log in to their family profile and re-enroll. The process is the same as for new members except you don't have to create a profile. You can use the same cheat sheet that will provide you step by step instructions to enroll and add or change projects. You can access this sheet by clicking [here](#). The 4-H Online Enrollment website is: <https://california.4honline.com/>. You can do this between July 1, 2010 from now until December 31 (to compete at fair). Remember, you must be currently enrolled to participate in 4-H and 4-H activities. The fees are \$12 for youth and \$6 for adults. If you have any questions please call Roy Hillstock at (323) 260-3854.

- **A Picture is Worth a Thousand Words**

Dawn Fuller, 4-H Program Coordinator

We would love to see all the fun activities your club has been involved in throughout the year. Please send in any photos of your club activities/events that you would like to be included in the slideshow for the Leaders' Luncheon and special newsletter features. You can email them to: [dafuller@ucdavis.edu](mailto:dafuller@ucdavis.edu). Here's looking at you!

- **Share your 4-H experiences** - 4-H'ers, share your 4-H experiences by submitting articles to be published in Clover Notes. Articles may include club news, photos, community service projects, and/or anything you or your club would like to share. Submit your articles by the 15<sup>th</sup> of the month to be published in the following month's edition of Clover Notes to Roy Hillstock, [rhillstock@ucdavis.edu](mailto:rhillstock@ucdavis.edu).

- **Dates To Remember:**

- 5/1 1st Trail Trial
- 5/2 Camp Committee mtg.
- 5/5 Cinco de Mayo
- 5/8 Science Fair
- 5/9 Mothers Day
- 5/13 I&R mtg.
- 5/15 Sectional Field Day & Fashion Revue
- 5/16 AV Shooting make-up
- 5/20 SSG Leaders Council & Hi 4-H mtg.
- 5/22 Leaders' Luncheon
- 5/24 AV Leaders' Council mtg.
- 5/29 2nd Trail Trial
- 5/31 Memorial Day
- 6/2 NSG Council & Hi 4-H mtg.
- 6/5 "Rain date for horse events"  
ACA Camp Staff Training at CSUN
- 6/6 Camp Committee mtg.
- 6/12 ACA Camp Staff Training at CSUN  
Sectional Council & Teen Council mtg.
- 6/19 Pre-Camp Staff Training Day
- 6/26 Antelope Valley 4-H Horse Fair Event
- 6/27 Summer Camp (6/27 - 7/3)



## SECTIONAL

- **South Section Field Day** - Mt. SAC is also the home of South Section Field Day, May 15, 2010. Parking is available in white Lot G and white Lot D. Breakfast and lunch are available on site from the South Section Teen Council; please support their efforts! Proceeds benefit the South Section Teen Council and TIC (Teen Involvement Conference).

Entry forms for South Section Field Day are due by Saturday, April 10, 2010. All forms must be submitted by each County Representative, with one county check for the entry fees.

Sectional Field Day gold medalists and parents: Please be prepared to decide that day, after the awards presentation, whether you can attend State Field Day, held on Saturday, May 29, 2010, at UC Davis.

Registration information will be available following the awards presentation.

It is the responsibility of the member or parent to register on the [State website](#). Also, please be prepared to volunteer for judge or room host duties. Everyone should help in order for the event to run smoothly!

## STATE

- The first annual **California 4-H Photography Contest and 4-H Film Festival** will be hosted this year by the California 4-H Technology Leadership Team. The event will take place during **State Field Day on May 29, 2010** at UC Davis. Online registration for the photography contest is due **May 7, 2010**. Entries for the photography contest can be dropped off during State Field Day from 8:30 - 10:30 am at Wellman Hall. All videos submitted for the film festival must be postmarked by May 7, 2010. No late entries will be accepted. For more information and registration, please visit <http://ca4h.org/projresource/fieldday/>.
- **4-H Shooting Sports Leader Certification for the Pistol Discipline**  
A shooting sports training workshop for the pistol discipline will be held in central California on Saturday, **May 22** from 8- 6:00 p.m. and Sunday, **May 23** from 8- 3:30 p.m. The first day of the course will be held at the Stanislaus County Ag Center and the second day will take place at the Safety First Shooting Association in Winton (Merced County). Upon successful completion of the course, participants will be certified as pistol trainers and can instruct pistol club/county projects and certify pistol volunteers. Attendance at both days is required. The class size is limited and restricted to adults age 21 and older. For more information, contact Jim Atherstone at (209) 993-7971 or by email: [jatherstone@ssjid.com](mailto:jatherstone@ssjid.com).
- State 4-H Fashion Revue is accepting online registration from county winners through **May 12** at <http://ucanr.org/sfr2010>. SFR will be held on **May 29, 2010** in Olson Hall as part of State Field Day at UC Davis. The committee has planned a full morning of workshops and activities for SFR participants. Complete details are at <http://www.ca4h.org/projresource/fashion/>. Everyone is welcome to attend the Fashion Show at 2 pm outside Wellman Hall. Come cheer for your county's delegates! If you have made a hat for a cancer patient, you are invited to model it on stage for our Hats Off for Kindness service project. Check in at the Wellman Stage at 12:45 for the Hats Off show at 1:15. The Hats Off service project is open to all 4-H families. The SFR committee still needs adult judges who have experience in fashion, sewing, consumer education or related fields. Adults, parents of participants, or older teen volunteers may serve as door monitors. If you can help or have questions about State Fashion Revue, please contact Karli Draxler, SFR Registrar at [chat2kd@unwireddb.com](mailto:chat2kd@unwireddb.com) or Sue Moore, staff liaison, at [samoore@ucdavis.edu](mailto:samoore@ucdavis.edu). We can't wait to see "What's in YOUR Closet?"
- The **State Leadership Conference 2010 "Operation 4-H"** is now online at <http://www.ca4h.org/conference/slc/>. **Financial assistance** will be allotted on an "as needed and available" basis and is not transferable. Applications are due **May 15th**. Delegates may request up to \$330 of financial aid. Please direct questions to Quang "Hogan" Tong at 530-752-5644 or email at [qtong@ucdavis.edu](mailto:qtong@ucdavis.edu).
- **State 4-H Field Day** is looking to partner with a 4-H group willing to serve lunch at the 2010 State Field Day on **May 29, 2010**. Interested clubs should contact Quang "Hogan" Tong - 530-752-5644 or [qtong@ucdavis.edu](mailto:qtong@ucdavis.edu).

- Do you enjoy the art of photography or capturing moments on film? The **2010 CA 4-H State Field Day on May 29th** has added two new contests, the California 4-H Photography Contest and the California 4-H Film Festival to the event opportunities available. [Online registration](#) for the Photography contest is due by May 7th as well as the video submissions for the Film Festival. Films created need to address the topic, "What does 4-H mean to you?". Photo entries can be dropped off on the 29th. Please click [here](#) for photo contest rules and entry information and [here](#) for Film Festival rules and information.
- The **Golden Clover Awards** recognize outstanding achievement of 4-H members, volunteers, 4-H program staff, and groups within the 4-H YDP. Applications are due postmarked by **May 31, 2010**. The 2010 applications are now available on the state website at: <http://www.ca4h.org/4hresource/ir/goldenclover>. Please nominate a worthy candidate that you believe is deserving of this great honor. Please direct questions to Quang "Hogan" Tong at 530-752-5644 or email at [qtong@ucdavis.edu](mailto:qtong@ucdavis.edu).
- National Service Briefing, a feature of Youth Service America's weekly updates offers an **Everyday Young Heroes Awards program**. This is an ongoing recognition effort to spotlight the work of youth committed to and performing outstanding community service. If you know a young person deserving of this nomination, please visit: <http://www.YSA.org/awards/hero>.
- Are you a 4-H member or volunteer with experience and interest in technology? Apply to the **2010-2011 California 4-H Technology Leadership Team (CTLT)**! The CTLT increases the use and awareness of technology in the 4-H program through workshops, providing IT support, assistance to 4-H Clubs, and at statewide events. Candidates must be at least 16 years of age or older. Membership is a fourteen-month commitment, July 2010 through August 2011. The deadline to apply is **May 31, 2010**. More information is available at <http://www.ca4h.org/compcorps/>.
- Are you interested in participating on a **4-H Statewide Advisory Committee**? 4-H Youth, Adult Volunteers, County Staff and Administration are all encouraged to apply for this opportunity. The committees you may apply for are:  
*Policy Advisory Committee, Incentives and Recognition Advisory Committee, Citizenship/Service Learning Council, International Exchange Support Advisory Committee, Equine Education Advisory Committee, Animal Science Education Advisory Committee, Camping Advisory Committee, CA 4-H Technology Leadership Team, and Healthy Living Advisory Committee.* Applications for the 2010-2011 Statewide Advisory Committees are due postmarked by **May 31, 2010**. Please click [here](#) to download an application today. You may contact the State 4-H Office for any questions, 530-754-8518.
- The **State Leadership Conference 2010 "Operation 4-H"** is now online at <http://www.ca4h.org/conference/slc/>. Financial assistance will be allotted on an "as needed and available" basis and is not transferable. Applications are due May 15th. Delegates may request up to \$330 of financial aid. Please direct questions to Quang "Hogan" Tong at 530-752-5644 or email at [qtong@ucdavis.edu](mailto:qtong@ucdavis.edu).

**State Leadership Conference registration deadline is June 14, 2010.** Please check with your local county office for local registration may require you to register sooner than that!!! Operation 4-H State Leadership Conference 2010 at UC Davis! Come share the fun and experience! Visit: <http://fourh.ucdavis.edu/conference/slc/> for more information.

- The **Championship 4-H Horse Show** information and rules are online at <http://ca4h.org/projresource/horse/classic.asp>. The dates are **June 25-27, 2010** at Santa Cruz County Fair, Watsonville, CA. Entries are due **June 1st** with an Early Bird Special by May 15th. There are new classes being offered such as gymkhana walk/trot, versatility and elite showmanship.
- **4-H Equine Advisory Committee chair person** is sought. Jeanne George, 4-H YD Advisor for Tehama and Glenn counties has very ably served for a number of years as the 4-H Equine Advisory Committee chair and guided the statewide educational efforts of this group. Jeanne will retire this June, after nearly four decades of service to 4-H and the University. We all know her "boots" will be hard to fill, especially as chair of this important advisory committee. If you have any interest in leading or co-leading this committee, please contact the State 4-H Office, 530-754-8518 or Jeanne George, [jlgeorge@ucdavis.edu](mailto:jlgeorge@ucdavis.edu).

- A **4-H shooting sports workshop for the rifle discipline** will be held at Border Tactical Range, 925 North Imperial Avenue, in **El Centro, CA** (Imperial County). The workshop will be held on **Saturday, June 12, 2010 - 8:00 a.m. - 6:00 p.m.** and **Sunday, June 13, 2010 - 8:00 a.m. - 4:00 p.m.** Participants must attend both days of training to receive certification. Upon successful completion of the course, the participant will be certified as rifle trainer and can lead a rifle project at the club level or serve as county trainer to certify other leaders. There is no cost for the course. To register for the course and receive more information contact John Borba at: [jaborba@ucdavis.edu](mailto:jaborba@ucdavis.edu). For information about the facility and a map, please visit the range website at: <http://bordertactical.com>
- The EPA has announced the **4th Annual Rachel Carson Contest** and is seeking entries for creative projects in the areas of poetry, photography, essays and dance. Entries need to be from a team of two or more. Entry deadline is **June 16, 2010**. For more information, visit: <http://www.epa.gov/aging/resources/thesenseofwonder/index.htm>.
- The State Office is organizing a **Field Day South** and is looking for interested members and Leaders to volunteer to organize the event. All interested should contact Quang "Hogan" Tong 530-752-5644 or [qtong@ucdavis.edu](mailto:qtong@ucdavis.edu)
- **4-H Shooting Sports Workshop, Rifle Discipline, Bakersfield, CA**

**Saturday, July 31, 2010 – 8:00 a.m. – 6:00 p.m.**  
**Sunday, August 1, 2010 – 8:00 a.m. – 4:00 p.m.**

A 4-H shooting sports workshop for the rifle discipline will be held at Five Dogs Shooting Range, 20238 Woody Road in Bakersfield. Participants must attend both days of training to receive certification. Upon successful completion of the course, the participant will be certified as rifle trainer and can lead a rifle project at the club level or serve as county trainer to certify other leaders. There is no cost for the course. To register for the course and receive more information contact John Borba at: [jaborba@ucdavis.edu](mailto:jaborba@ucdavis.edu)

For information about the facility and a map, please visit the range website at:  
<http://www.5dogsrange.com>

- **Shooting Sports Leader Trainer Course, Muzzle Loading Discipline, 5 Dogs Range Bakersfield, CA**

Saturday, August 21, 2010 – 8:00 a.m. – 6:00 p.m.  
 Sunday, August 22, 2010 – 8:00 a.m. – 4:00 p.m.

Upon successful completion of this course, 4-H leaders will be certified in the shooting sports discipline of muzzle loading. They will be certified as leader trainers and are eligible to serve as shooting sports leaders for clubs or counties and they may also instruct and certify shooting sports volunteers. Class size is limited. There is no fee for the course. However, if you wish to receive National Muzzle Loading Rifle Association instructor certification there is a fee of \$40. To get more information or register for the class contact John Borba at: [jaborba@ucdavis.edu](mailto:jaborba@ucdavis.edu) or telephone 661-868-6216.

- The **2010 4-H State Leadership Conference** will be held July 29 - August 1, 2010 at UC Davis. The conference - "Operation 4-H" - will provide over 500 high school aged youth and adult 4-H volunteers with an opportunity to engage in hands on learning experiences while developing citizenship and leadership skills. During the conference, participants can select a number of 4-H SET sessions focusing on animal science, engineering and technology, environmental education, and agriculture. Registration for the Conference will begin in April. More information will be posted at <http://www.ca4h.org/conference/slc/>

- The **2010 State 4-H Leaders' Forum**, with the theme of, "Upgrade! S.E.T. your system! Go!", will be held November 5-7, 2010 at the Asilomar Conference Center. Portions of the forum will focus on sharing ideas about the various ways that 4-H educates its members in the Science, Engineering, and Technology initiative, facilitated by volunteers and staff. Workshop proposals are due July 1 and forum registration is due September 1. More information is available at <http://www.ca4h.org/conference/slf>.

---

**2009 4-H All Stars:**

Christopher Choi  
Hannah DeYoung\*  
Ryan Halvorsen\*  
Amanda Ho  
Wesley Ho\*  
Jessica Kwan  
Stephanie Kwan  
Kirsten Landsgaard  
Kelsey Schott

**2009 Jr. All-Stars:**

Candace Corrales\*  
Veronica Cubillos\*  
Madison Cumby\*  
Alex Kasperovich\*  
Rachel Klose\*  
Kristy Okamoto  
Taylor Presley  
Aleandra Ryan-Plasil  
Caroline Seymour

\* - new selectee

---

**Los Angeles County, 4-H Youth Development Staff:**

Dr Rachel Surls, County Director, (323) 260-3886, [ramabie@ucdavis.edu](mailto:ramabie@ucdavis.edu)

Dr. Keith C. Nathaniel, 4-H Youth Development Advisor, (323) 260-3845, [kcnathaniel@ucdavis.edu](mailto:kcnathaniel@ucdavis.edu)

Dawn Fuller, Los Angeles 4-H Coordinator, (323) 260-3859, [dafuller@ucdavis.edu](mailto:dafuller@ucdavis.edu)

Antonette Pavia, 4-H Administrative Assistant, (323) 260-3850, [ampavia@ucdavis.edu](mailto:ampavia@ucdavis.edu)

Charlene Moore, Antelope Valley 4-H Coordinator, (661) 723-4477, [moore@ucdavis.edu](mailto:moore@ucdavis.edu)

Jennifer Dana, Antelope Valley Administrative Assistant, (661) 723-4477, [jrdana@ucdavis.edu](mailto:jrdana@ucdavis.edu)

Roy Hillstock, Computer Specialist, (323) 260-3854, [rhillstock@ucdavis.edu](mailto:rhillstock@ucdavis.edu)

---

Copyright © 2009 The Regents of the University of California.

The 4-H name and 4-H logo are service marks protected under 18 U.S.C. 707.

[Non-Discrimination Statement](#)

**To unsubscribe from the LA County Clover Notes:**

Send an email to [Roy Hillstock](mailto:Roy.Hillstock) requesting to unsubscribe from the LA County Clover Notes".

Los Angeles County 4-H Office, 4800 E. Cesar E. Chavez, Los Angeles, CA 90022, (323) 260-3854