



November 2011

If you have any questions or suggestions about the Clover Notes, please don't hesitate to call Roy Hillstock at (323) 260-3854 or email at rhillstock@ucdavis.edu. We welcome submissions, especially for Club News. Please submit articles by the 15th of the month to be posted in the following months' edition.

Contact the [Los Angeles 4-H Youth Development Office](#) or 323-260-3854. For upcoming dates, please visit the [4-H Calendar](#). We look forward to continuing to serve you and your 4-H needs.

POLICY

Policy Highlight of the Month

4-H Program Policy and Information Update

The 4-H program offers youth many opportunities to belong, master a project, to demonstrate independence and to contribute to the larger community. These options are available to them in part because of the investments you make in them. Each project meeting, community club meeting and emerald star meeting offers 4-H members a chance to thrive. They offer them chances to connect, to contribute and to demonstrate compassion.

One of the ways clubs invest in 4-H members is through fundraising. Each year, clubs (and councils) establish fundraising goals and plans (to be approved by the County Director). The money raised from the fundraiser is to be used to directly support the youth and/or 4-H activities. When the County Director evaluates a fundraising plan, use of the funds is an important aspect to consider before a plan is approved. The 4-H policy for use of funds articulates that the purpose of the funds be used to support the ongoing activities of the club to benefit its members. Clubs and councils should not have yearly accruals of monies that exceed the amount needed to operate that club or council. The exception is for those clubs and councils that are planning to make a significant purchase (i.e., equipment) and need multiple years to raise the funds.

In general, clubs and councils that raise money should have a spending plan in place for those funds and they should be directed to support the 4-H activities of that club or council. The policy states:

The goal of fundraising should be to increase the total amount of funds available for 4-H activities. The retention of excess funds by a 4-H YDP unit or council is strongly discouraged and must be approved by the county director.

Investment of Excess Funds: Any investment of excess funds should be carefully considered and approved by the 4-H unit or council and county director. County directors are responsible for approving the amount of annual carry forward funds for 4-H units and councils as well as determining the investment of those funds (Chapter 9, Section X of 4-H Policy Manual).

For more information on the use of 4-H funds please visit:
<http://ucanr.org/sites/UC4-H/Administration/Policies/Chapter9/>

CLUB

- **Rolling Hills Estates City Celebration**
Jenny O'Daniel, Palos Verdes Peninsula 4-H Club

Once again, the PVP 4-H Club served up delicious hotdogs and hamburgers at the Rolling Hills Estates City Celebration on September 17th. There were many hungry people that happily came to our barbeque. Our booth and our posters brought several people with questions about joining 4-H. We had a great time serving at this event.



- **Cal Poly Pumpkin Patch and Insect Fair club event**
Julius Treadwell, Conner Treadwell, and Marina Treadwell, Pomona Valley 4-H Club

Ten members from the Pomona Valley 4-H Club went to the Cal Poly Pumpkin Patch and Insect Fair club event on October 16. We went to the insect fair, the corn maze and the pumpkin patch. At the insect fair, we learned a cockroach can go really fast in a race. We each chose a cockroach and poked them a little to make them go faster. Conner's cockroach won the first race. Cockroaches and millipedes tickled when we held them. We liked picking pumpkins from the big pumpkin patch. The corn maze was confusing and fun. We learned it would be easier to bring a wagon for our pumpkins. It was so hard to carry our pumpkins a long way to the car. We had a lot of fun.



- **Fourth Annual LA County 4-H Pet Symposium**
Dawn Fuller, 4-H Program Coordinator



On **Saturday, October 15, 2011**, *Los Angeles County 4-H* held its Fourth Annual **Pet Symposium** at the **UC Cooperative Extension Office**. There were **30** wonderful educational booths for youth to learn from, and **461** people attended the popular free event. Youth were able to meet with pet care specialists, rescue organizations and animal enthusiasts for every popular pet imaginable. Expert speakers provided an informative and enlightening symposium throughout the day. Youth were able to learn all about rabbits, rats, mice, chickens, dogs, cats, turtles, tortoises, pigeons, guinea pigs, hamsters, snakes, chinchillas and even Pygmy Goats!

Children's author **Susan Lendroth** spoke to youth about her writing career and about her books *Calico Dorsey* and *Maneki Neko*. She signed books after her talk and met with excited attendees. **Ashlyn Spaziano**, of *Greenleaf 4-H Club*, stayed by the author's side, assisting her throughout the program. Ms. Lendroth was thrilled to have her help.



(<https://www.facebook.com/SusanLendroth#!/SusanLendroth?sk=info>)

Marjorie Rodriguez and **Kacee Campbell** of *Greenleaf 4-H Club* delighted guests with tasty chili dogs, chef salads and tamales.



International Basketball Star **Steven Hodge** thrilled attendees with tales of his career, about growing up with his favorite pets, and why it is so very important to take responsibility for their own pets. Steven has just moved to Los Angeles from the East Coast, and one of the very first things he did was contact Los Angeles County 4-H and volunteer to take part in the 4-H Pet Symposium! We were so very grateful to have him and his wife **Elizabeth Hodge** at the event, and we hope they will return for the next Pet Symposium.



Youth member **Ciel Kozlowski** of the *Palos Verdes Peninsula 4-H Club*, and her mother, **Cathy-Lynn Kozlowski**, brought their new Pygmy Goat and pet ducks for display. **Candace Corrales** (PVP 4-H Club) coordinated the expert speaker area and introduced each expert before they spoke. **Ru Ekanayake** and her Dad, **Senaka Ekanayake** (PVP 4-H Club), helped host both the 4-H Information Table and the Expert Speaking Area. Ru explained to visitors what 4-H was, a bit about her club, 4-H events, and the projects she is involved in. She did a really nice job of representing 4-H. **Courtney Callejas** and her Mom **Marie Callejas** (PVP 4-H Club), hosted a pigeon information table, conducted a successful pigeon release with the help of Club Leader, **Dee Keese**, and assisted with the program as needed throughout the day. Dee also coordinates the Jr. All Stars for Los Angeles County. They were all on-hand to help with coloring, pet rock activities and assist various vendors.



Sallie DeYoung and **Jessica Fint** of the *San Fernando Valley 4-H Club* spoke about 4-H in an interview with **Faith Fuller** and **Katie Bell** of El Dorado High's School On-line News Channel, *Hawk Talk* . Members of the San Fernando Valley 4-H Dog Project (Sallie DeYoung, Jessica Fint, Matthew Dern, Pam Zink, Rhett Magee) worked together on a wonderful presentation about *Healthy Dog Treats*, which was presented during the main program. Members of the San Fernando Valley 4-H Dog Project and members of the Cake Decorating Project baked and decorated "pet cupcakes" for the door prize giveaways. They were a huge hit!



Diana Kaljumagi, **Debbie Treadwell** and youth members of the *Pomona Valley 4-H* hosted an informational table on chickens and other pets, and had a photo featured in a news article on the EPGnews.com website: <http://egpnews.com/?p=31821>.

Jennifer Stivers, James Stivers and Jordan Stivers of *Agoura Hills 4-H Club* provided a fun rabbit and chicken display, while **Judylynn Pelling** and members of *Eagle Rock/Highland Park 4-H Club* brought their adorable dogs and cats for attendees to pet.



Encino Oaks 4-H Club Members, along with **Courtenay Fletcher** and family, hosted an ever popular “Pet Rock Activity Table.” The table was teaming with youth who were able to create their very own “pets,” and have some 4-H fun while doing so.

Alta-Pasa Squad 4-H Club’s youth member **Alexander Smith** and Club Leader, **Andrea Donnellan**, hosted an interesting and informational table at the event.

This year, we were exceptionally thankful to have **Dr. Lisa Harris, DVM**, and the *SPCA* with their dedicated volunteers, provide a low-cost vaccination and chipping clinic. What a wonderful addition to the Los Angeles County 4-H Pet Symposium! Visitors to the Pet Symposium were able to “chip” their animals for \$25, and seemed excited to visit other booths while attending the event. We thank the *SPCA* and their volunteers for being such a special part of Los Angeles County 4-H!

Alex Cruz of the *Braille Institute Library* volunteered for the day and helped coordinate guest speakers and activities throughout, and even assisted with our visiting sheep! First-time attendees also included youth members of the *Sierra Madre Public Library Story Time*.



New speakers and booths this year included **Nancee Siebert** of the *Neenach 4-H Club*, **Steve Rudicel** of *Mariposa Creamery*, **Sasha Kim** of *Cal Poly Pomona*, **Mike Vensky** of the *California Herpetological Association* and **Sarah Berrelleza** with **Officer Jacquie Green** (returning speaker-thank you!) of the *Los Angeles County Department of Animal Care and Control*. UC Davis Veterinary student **Joyce Wong** excited youth about careers in Veterinary Science.

Returning speakers included *Love On 4 Paws* (rescue organization), *Pierce College*, the *California Turtle and Tortoise Club (Long Beach Chapter)*, the *California Hamster Association*, *Noah's Wish* and the *American Fancy Rat and Mouse Association*. Many thanks to all of the generous vendors, club members, Junior All Stars, volunteers, staff and all who attended that day. We can't wait until next year!

We have several generous donors to thank for their support of the Fourth Annual Los Angeles County 4-H Pet Symposium. They are as follows:

The 51st Agricultural District
Aquarium of the Pacific
Natural History Museum/La Brea Tar Pits
Reuben H. Fleet Science Center
In-N-Out Burgers
Magical Playground
San Fernando Valley 4-H Club

The 2011 Los Angeles County 4-H Pet Symposium grew by leaps and bounds this year! We were joined by many community members who found out about 4-H for the very first time, and hopefully, we have excited potential youth and their families not only to be responsible pet owners but to find out more information about pets they may have always been interested in. Thank you to all who volunteered at the event, for attending, and for taking time out of your lives to be here. See you next year!



- **“South” Section**

Dawn Fuller, 4-H Program Coordinator



Many volunteer-led events in the 4-H Program are divided amongst four main “sections” of the state. The sections are: North, North Central, South Central and South. These sections are charged with coordinating and hosting various events (in which event leadership often rotates annually such as the State Leaders’ Forum). In the past, you may have heard the terms “Sectional Field Day” (Presentation Day), “Sectional Fashion Revue,” or “TIC” (Teen Involvement Conference). Here is a bit more about what “sections” actually mean for our program...

The South Section is comprised of several counties: Imperial, San Diego, Riverside, Orange, San Bernardino, Ventura and Los Angeles. The South Section (also referred to as “Southern Section”) has a governing body which is organized similar to the structure of the Los Angeles County Leaders’ Council (County Council). Sometimes, a “sectional competition” may be an entryway to state competition. An example of this is when youth compete in certain areas, first at their district level, then go on to county competition, on to sectional, and then on to state (i.e. Fashion Revue).

Teens (4-H youth aged 13-19) are invited to take part in a special version of the South Section Leaders’ Council known as the “South Section Teens Council.” The teen council helps provide recommendations and assists in planning for the South Section 4-H events and activities, especially the TIC Conference (which is designed for other teens in the state to attend). Both youth and adults are invited to attend the South Section Council Meetings, provide valuable input, learn more about the 4-H program in the state, and even run for an office.

The purpose of the South Section (and all of the sections) is to support the county 4-H programs in their sectional events and activities, provide a teen conference, and coordinate sectional competitions. You may recall that last year, Sectional Field Day was the responsibility of the South Section. Our representatives for our section include **Noel Keller, Dee Keese, Judylynn Pelling** and an alternate, **Rick Herbert**. These sectional representatives collaborated with representatives from counties in the South Section to host the event. It was a lot of work, and they did a fantastic job on our Sectional Field Day, which was held at Mt. Sac on Saturday, May 21, 2011.

We are always looking for adult and youth representation at the sectional meetings, and perhaps you would like to attend a meeting to find out how you can help! The South Section meets at Mt. Sac the second Saturday of month in January, April, June and September (1100 North Grand Avenue, Walnut, 91789) at 10 a.m. You can also look here for more details about the South Section:

<http://www.ca4h.org/Resources/Volunteers/Councils/Sectional/South/> or contact Noel Keller at nkeller91711@gmail.com or Dee Keese at swimdude64@earthlink.net.

On **April 13 and 14, 2012**, the South Section will be hosting a **4-H Leaders’ Retreat**, which we hope that many of you can attend. The retreat will be held at the Planes of Fame Museum at the Chino Airport. The retreat is being presented by San Bernardino County and will be a fantastic opportunity for leaders to learn all about the various “sections,” and how they support the 4-H program in various counties throughout the state. This retreat will let attendees know what is available at sectional and state levels, provide presentation information for Field Day and Fashion Revue, have a silent auction, educational displays, special guest speakers, networking, brainstorming and a BBQ and Ice Cream Social. There will be a registration fee (still being determined), which will cover events, activities and meals for both days of the retreat. Local accommodations will be announced at a future date as well. For more information on signing-up for the event, please contact Noel Keller at nkeller91711@gmail.com.

Our South Section Representatives are always an integral part of the events and activities that take place all year long, and we take this time to thank them for their hard work. We invite new adults and teens to represent Los Angeles County 4-H with pride in the years to come.

- **State Leaders' Forum - Destination: Asilomar!**
Dawn Fuller, 4-H Program Coordinator



4-H leaders and volunteers are invited to attend one of the most popular and restful 4-H events of the year—the **State Leaders' Forum** in Asilomar. This year the State Leaders' Forum will take place **November 11-13, 2011**, at the Asilomar Conference Grounds in Pacific Grove, California. The theme for the conference is “The Magic of 4-H- Transformation!”

Attendees will be presented with a variety of workshops that will include many handy hints for leading projects, new and exciting activities for youth, community service ideas, strategies for growing clubs and the basic running of clubs. There will be special guest speakers, lively discussions, and opportunities for networking with other volunteers in the state who

may lead projects that you always wanted to lead, or even lead currently. 4-H volunteers have a tendency to be dedicated and long-term, and the State Leaders' Forum is a perfect venue not only to be inspired by other 4-H volunteers, but also to revitalize your 4-H volunteer experience in a magical and relaxed setting. The conference has workshops available that will invigorate any project or club!

If you are a new leader, and have not attended the State Leaders' Forum, a one-time sponsorship to attend is available through the Los Angeles County 4-H Leaders' Council (County Council). In order to be sponsored, you must contact the County Council President, **Judylynn Pelling**, at **(323) 255-9870** (after 6 p.m.). Following approval for sponsorship, you will be asked to give a report about the conference at the next County Council Meeting.



We hope that many of you may consider attending this lovely event! To register or just find out more, go here: <http://www.ca4h.org/Programs/Conferences/SLF/>. You may also contact **Noel Keller** at: nkeller91711@gmail.com or **Dee Keese** at: swimdude64@earthlink.net. Hope to see you there!

- **Sandwich Anyone?**

Dawn Fuller, 4-H Program Coordinator



“THE brown bag, of course, had its imperfections. While some kids carried roast beef sandwiches, others had peanut butter. I have no way of knowing if all of those brown bags contained ‘nutritionally adequate diets.’ But I do know that those brown bags and those lunch pails symbolized parental love and responsibility.” – Charles Mathias

Who made the first sandwich? Why do we call a sandwich, a sandwich? What does a sandwich look like in another country? Why are sandwiches so popular? These burning questions and more will be answered in the words to follow, and the *mysteries of the sandwich* will be revealed!

The name “Sandwich” actually came from the origins of the word “Sanwic,” meaning “Sand Wake,” “Sand Village,” “Place on the Sand” or “Sandy Place.” Believe it or not, on November 3, 1718, (National Sandwich Day) John Montague, the Fourth Earl

of Sandwich, was born after a long line of other “sandwiches” (three before him and seven after him). All were Earls of the town of Sandwich, in Kent, South-East England (where England’s most powerful Naval Base of the time was located). John Montague’s Grandfather (Edward, Third Earl of Sandwich) died when he was ten, propelling him into his future as “Lord Sandwich.” Dating back to the 1660s, the Sandwiches have been members of parliament without a break!

At first glance, Lord Sandwich led a spectacular life of nobility in name and rank (Postmaster General, First Lord of Admiralty for the English Navy during the American Revolution, Secretary of the State, and holding a number of political offices). However, Lord Sandwich also had a reputation for frequent late-night cribbage tournaments for money (a card game with pegs placed on a board). He often spent long hours gambling his money away, and was so addicted that he frequently would not even take time out to eat! Late one foggy night in 1762, Lord Sandwich was having such a stint, and he ordered servants to bring him a piece of roast beef between two pieces of bread, so that he wouldn’t get grease on his hands. The treat became popular, and was thus named a “Sandwich,” after which those around him would order their meals and would request “...the same as Sandwich.”



Lord Sandwich is noted in history as a “colorful character” for a number of reasons. Not only was he completely verbal about that fact that he did not care one whit about the general public he was supposed to represent, he has at times been described as “The Most Universally Disliked Man in England,” and “As mischievous as a monkey.” Lord Sandwich was infamous for using his power to place his friends in high positions after taking bribes, his misdirection of the British Navy time and time again, by prosecuting close personal friends for personal gain, and being an all-around villain. He has, at times, also been referred to in this way: “First Lord of the Admiralty, rebuilt the English Navy, but America was lost ‘on his watch.’”

Although Lord Sandwich made the name of the “sandwich” popular, versions of the “sandwich” have been around since the 1st Century in Egypt, and later during the Middle Ages. Early versions of the sandwich in England were sometimes referred to as “Trenchers,” wherein pieces of stale bread drenched in old food particles and left-over sauces were given to dogs and the poor.

At one point, Lord Sandwich decided to finance the expeditions of a young Captain Cook (explorer of New Zealand, Australia, Alaska, and Polynesia), who then named a group of islands after the Lord, calling them “The Sandwich Islands.” In the future, we would come to know them as “Hawaii.” Eleven Earls down the line from John Montague would eventually be referred to publicly as the “Lord of Snack.”



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Over the years, sandwiches have been a favorite snack of cultures all over the world. In Mexico, burritos and quesadillas are also known as a form of “sandwich.” In Spain, a “Bocadillo” is considered a sandwich (a special bread or “pan” filled with either chorizo, tuna, cheese, meat or an omelet). In the Northern United Kingdom, they are called “Buttys” and in Australia they are known as a “Sanger.” Natives of India enjoy their version of the sandwich known as a “Double Roti.”



The Vietnamese sandwich is a “Bánh-Mì.” Greek “Gyros,” Turkish “Shawarmas,” Japanese “Yakisobas,” Swedish “Smorgastartas,” Finnish “Porilainens,” and Portuguese “Francesinhas” are some other sandwiches from around the globe. The sandwich finally arrived in the United States in the 20th Century, and was initially considered to be a “sophisticated dinner.”



Today, Americans enjoy any variety of sandwich you can imagine! Depending on which part of the country you live in, favorites may vary, but here are a list of the top sandwiches that we have all come to know and love:

- Peanut Butter and Jelly
- BLT (Bacon, Lettuce and Tomato)
- Grilled Cheese
- Pastrami
- Tuna
- The Hamburger
- Ham and Cheese
- Philadelphia Cheese Steak
- Italian Submarine
- Monte Cristo
- Sloppy Joe
- Barbecue
- Meatball

In recent times, sandwiches come in all shapes and forms that we enjoy...wraps, paninis, po' boys, torpedoes and many more. It is funny to think that what many of us eat for lunch on a regular basis, may have come from a cribbage-playing Englishman who simply didn't want to take the time to eat a proper dinner!

On November 3, let's have our own "Sandwich Celebration" by making and eating our favorite sandwich!



*Article facts:

http://www.montaguemillennium.com/familyresearch/h_1792_john.htm

<http://whatscookingamerica.net/History/SandwichHistory.htm>

<http://www.foodtimeline.org/foodsandwiches.html>

<http://www.wordsources.info/words-mod-sandwich.html>

<http://www.britannica.com/EBchecked/topic/522257/John-Montagu-4th-earl-of-Sandwich>

http://www.open-sandwich.co.uk/town_history/sandwich_origin.htm

<http://www.hinchhouse.org.uk/fourth/fourth.html>

- **Thanksgiving Leftover Sandwich**
Dawn Fuller, 4-H Program Coordinator



In honor of **Thanksgiving** and **National Sandwich Day**, here is a really easy recipe for you to try on your family and friends in the days following your sumptuous Thanksgiving meal!

The Ultimate Thanksgiving Leftover Sandwich Recipe

Ingredients

Croissants
Turkey Slices
Cranberry Sauce
Stuffing
Mayonnaise

Procedure

Slice croissants in half (toast them if you want). Spread jellied cranberry sauce on one side of the croissant and mayonnaise on the other. Fill sandwich with warmed (or not; it's up to you) turkey slices and stuffing. Eat. Then make another and another and another.

*Recipe courtesy of <http://www.examiner.com/food-in-orlando/the-ultimate-thanksgiving-leftover-sandwich-recipe>

- **Adopt a Family**

For three years the *San Fernando Valley 4-H Club* has “adopted” a family for the holidays and has shared some information about the process, in the case that any clubs would like to participate. Check out this link to find out more:

<http://www.olacathedral.org/cathedral/services/aaf2.html>

- **Outreach Round-Up**

Dawn Fuller, 4-H Program Coordinator

On **Wednesday, October 5, 2011**, the **Los Angeles County Farm Bureau** kindly sent out additional Pet Symposium/4-H advertisements in their weekly *Farm Bureau Updates* to 1,200 Farm Bureau members. Last month, they contacted 6,200 of their members about 4-H! The **48th Agricultural District** also advertised the Pet Symposium and 4-H to 310 teachers, as well as in their newsletter. The **UCCE Master Gardeners** and **Master Preservers** networked all over the county to promote attendance and 4-H itself. Additionally, Los Angeles County 4-H and the Pet Symposium were highlighted on the following:

- UCCE Facebook Page
- UCCE Master Preservers' Facebook Page
- Los Angeles County 4-H Facebook Page
- EGP News Web Page
- Mickie's Zoo Blog Spot
- 51st Agricultural District's Web Page
- Parenting Mish Mosh Web Page
- Rosamond Red Racers 4-H Club On-line Calendar
- Palos Verdes Peninsula 4-H Club On-line Calendar
- California Hamster Association Web Page
- 105.1 Go Country Web Page
- 105.9 Power 106 Web Page
- LA School Gardens Yahoo Group Page
- Foursquare.com
- Southern California Association for Miniature Potbellied Pigs Web Page
- SPCA Web Page
- American Fancy Rats and Mouse Association Web Page

Los Angeles County 4-H was featured in an article written about the Pet Symposium on EGPNews.com. The article can be viewed here: <http://egpnews.com/?p=31821>.

Los Angeles County 4-H and AG Day LA were featured in a recent edition of *UC Delivers*: <http://ucanr.org/delivers/impactview.cfm?impactnum=849>

Of course, our biggest outreach event of the month was the **Los Angeles County 4-H Pet Symposium**, with over 461 attending the popular event. It is our hope that throughout the course of the year, you will continue to spread the word to friends and family, become a "fan" on Facebook <https://www.facebook.com/#!/pages/Los-Angeles-County-4-H/61556419670>, on our YouTube Channel <http://www.youtube.com/user/LosAngelesCounty4H>, and share your 4-H experiences at local schools, churches, community events and with any interested youth or potential volunteers. Los Angeles County 4-H has opportunities for everyone, and we look forward to growing our program each year!

- **4-H Re-Enrollment (Youth fee increase)**

July 1, 2011 was the beginning of the 2010-2011 4-H program year. Each 4-H member and leader continuing in 4-H will need to log in to their family profile and re-enroll. To assist in this process, please download the "How to Re-Enroll" form from the LA County 4-H website. The 4-H Online Enrollment website is: <https://california.4honline.com/>. Remember, you must be currently enrolled to participate in 4-H and 4-H activities including fair. The enrollment fee for youth has changed. **The new fee is \$20 for youth and \$6 for adults.** If you have any questions please call Roy Hillstock at (323) 260-3854.

- **4-H Volunteer Resource Library**

Dawn Fuller, 4-H Program Coordinator

The **4-H Volunteer Resource Library** at the Los Angeles *UC Cooperative Extension* houses many useful and informative curriculum tools for 4-H Club and Project Leaders new and old. If you haven't spent some time browsing the wonderful resources available to leaders, you owe it to yourself to have a look! The library houses books in almost all project areas including: Small Pets & Animals, Cooking, Sewing, Gardening, Science, Engineering & Technology, Mathematics, Theatre, Cultural Studies and many more.

The **Volunteer Resource Library** is open for use by appointment **Monday through Friday from 8:30 a.m. to 5 p.m.**, at the *Los Angeles County UC Cooperative Extension*, 4800 E. Cesar E. Chavez Avenue, Los Angeles, CA 90022. Please feel free to call **Dawn Fuller, 4-H Program Coordinator**, & find out what is available at **(323) 260-3859**.

- **Be a 4-H All-Star**

All-Star is the highest rank that a 4-H member can achieve at the County level. The All-Star award affords 4-H members the opportunity to further develop their leadership skills on a countywide basis. Each year Los Angeles County selects several 4-H members who have applied and are deserving of this rank to become All-Stars. The Los Angeles County 4-H Program expects its All-Stars to contribute to the 4-H Program during the next program year. For more information go to:

[http://celosangeles.ucdavis.edu/4H Youth Development Programs/Applications.htm](http://celosangeles.ucdavis.edu/4H_Youth_Development_Programs/Applications.htm).

- **Los Angeles County, 4-H Leaders' Council**

The Los Angeles County, 4-H Leaders' Council is a group of 4-H Leaders that meets bi-monthly and organizes many 4-H activities for Los Angeles County. Find out who hold what seat, read past minutes and agendas for future meetings at: [http://celosangeles.ucdavis.edu/Los Angeles 4-H Leaders Council/](http://celosangeles.ucdavis.edu/Los_Angeles_4-H_Leaders_Council/).

- **A Picture is Worth a Thousand Words**

Dawn Fuller, 4-H Program Coordinator

We would love to see all the fun activities your club has been involved in throughout the year. Please send in any photos of your club activities/events that you would like to be included in the slideshow for the Leaders' Luncheon and special newsletter features. You can email them to:

dafuller@ucdavis.edu. Here's looking at you!

- **Share your 4-H experiences** - 4-H'ers, share your 4-H experiences by submitting articles to be published in Clover Notes. Articles may include club news, photos, community service projects, and/or anything you or your club would like to share. Submit your articles by the 15th of the month to be published in the following month's edition of Clover Notes to Roy Hillstock, rlhillstock@ucdavis.edu.

- **Dates To Remember in November :**

2 nd	NSG District Council & Hi 4-H mtg.
5 th	Southern Sectional 4-H Show
10 th	I&R mtg.
11 th	4-H Leaders Forum (11/11-13)
17 th	SSG District mtg. / SGV Fair mtg.
19 th	AV Turkey Shoot
24 th	Thanksgiving
25 th	Office Closed
28 th	AV District mtg.
30 th	Summer Camp application due for Youth Director, King & Queen

SECTIONAL

- **TIC – Teen Involvement Conference**

The California 4-H South Section Teen Involvement Conference (TIC) is a three day youth leadership conference for high school aged 4-H members of the south section. Youth who attend this conference will have a chance to: gain new leadership techniques, learn teamwork skills, obtain information on opportunities 4-H has to offer at a sectional and state wide level, meet 4-H members from across the state, participate in community service activities, and much more! The conference is completely planned and ran by the youth officers, teen council members, and volunteers. Click [here](#) for more information.

STATE

- To **promote a safe environment** and to help **reduce the risk for foodborne illness, UCCE food safety education** is offered for staff and volunteers. Please note the 4-H policy on food safety education located at: <http://www.ca4h.org/Administration/Policies/Chapter11/> (see section X). Several on-site food safety trainings are planned this fall. Approximately two hours in duration, the training is based on the "Make It Safe, Keep It Safe" curriculum. The scheduled sites for the fall include: Butte-Oct 25 (Tue evening), San Joaquin-Nov 5 (Sat afternoon), Contra Costa-Nov 12 (Sat morning), Solano-Nov 19 (Sat morning), Yolo-Dec 10 (Sat morning). Dates and times for Stanislaus/Merced and the Foothill area will be announced at a later date. For more information, you may contact staff in these counties, or email: jchin@ucdavis.edu and your message will be forwarded to the appropriate staff contacts. The online version of this curriculum will be updated and available in early winter or late spring.
- 4-H Military Program is offering a Babysitting Training course for youths age 12-18. The training will be held on **November 5 & 6, at Moffett Field, in Mountain View, CA**. This training is designed to help youth learn essential life skills in becoming responsible and safe babysitters. The youth will receive Child/Infant CPR training on the second day of the training. For registration information, contact Jeanne Christenson, jpchristenon@ucdavis.edu or 530-219-6608.
- **National Parks Free Entrance Day November 11-13, 2011**, <http://www.nps.gov/findapark/feefreeparks.htm> America's Best Idea - the national parks - gets even better with several fee-free days at more than 100 national parks that usually charge entrance fees. Making the fun even more affordable, many national park concessioners are joining the National Park Service in welcoming visitors with additional discounts.
- It's not too late to register for this year's State Leader Forum at Asilomar. **November 11-13** are the dates to circle on your calendar to come to beautiful Pacifica and participate in this amazing conference with other Volunteer Leaders and staff. Just go to www.ca4h.org, click through "programs" to conferences' to state leader's forum. Download the registration form and send it in-easy!

It's not too late to hear the wonderful speakers we have lined up: Andrew Bosworth (Director of Engineering at Facebook); Carolee Hazard (community activist and expert in taking advantage of opportunities); Ralph Flynn (CEO and leadership motivator). All three speakers have great talks lined up and ready to share!

It's not too late to meet staff from the State Office and to hear about the latest innovations in programs and projects. Representatives will be there to discuss Science, Engineering, Technology, Thrive, Healthy Living, and more! Our new Associate Director of 4-H Program and Policy, Shannon Dogan, will be there to welcome you and meet everyone.

It's not too late to see some of our older youth in action. The Tech Team will be present to answer all your questions about computers, cell phones, GPS, photo-taking, and anything else. There will be State Ambassadors present who will not only be working all the assemblies; they also will be available to answer questions about statewide activities and local issues.

It's not too late to network with other leaders, to share what you know and to learn what someone else knows. There will be time to meet other folks from your section, and other folks interested in the same projects that interest you.

- **4-H Shooting Sports Course Rifle Discipline, Tulare**

Saturday, December 3, 2011 – 8:00 A.M. – 6:00 P.M.

Sunday, December 4, 2011 – 8:00 A.M. – 4:00 P.M.

A 4-H shooting sports workshop for the rifle discipline will be held at Rankin Field Range, 20000 Road 140 in Tulare. Participants **must attend both days** of training to receive certification. Upon successful completion of the course, the participant will be certified as rifle trainer and to lead a rifle project. There is no cost for the course. Bring your own beverages and lunch each day. To register for the course and receive more information contact Leah Harrelson at 559-684-3322.

For information about the facility and a map, please visit the range website at:

http://www.tcdsa.org/documents/rankin_field.htm

- The **2012 Western Regional Leader's Forum** is planned for **January 12-15**, in Cheyenne Wyoming. This will be an opportunity to meet and share with other Extension professionals what innovative ideas are happening in youth development programming. Online registration is now available [here](#). Early bird registration is available for \$225 until November 1. Registration will close on December 15, 2011. More information can be found at: <http://www.ca4h.org/files/121901.pdf>.
- The **State Fashion Revue Committee** announces the addition of a new challenge for the 2012 SFR - **Bag Up Fashion** Challenge. Sew a tote bag from Simplicity pattern #7161, View A only, and model it with an outfit that coordinates with the tote bag. You will not be judged on the outfit, but how the tote bag is presented and the overall appearance of your outfit. Be creative! Show off your personality in your design. This cute, easy to make tote bag will become a wonderful accessory to your wardrobe or make a great gift to give after the Fashion Revue contest. NOTE: This Simplicity pattern will be discontinued as of **February 2012**. Please plan to purchase your pattern early. If you are unable to find a pattern, please contact Mary from the SFR committee at maryengebret@comcast.net and we will see that your county office receives a pattern to be shared in your county. If you, your project, or your county would like more information about SFR, additional categories or service projects that will be eligible at SFR, or would like to assist our committee, please visit our website at <http://www.ca4h.org/Programs/Events/SFR/>.
- The dates for the 2012 **Citizenship Focus Program** have been set.

California Focus – June 15-19, 2012

Washington Focus #1

Heritage Trail I – June 24-30, 2012

Road to Democracy – June 24-July 2, 2012

Washington Focus #2

Heritage Trail I – July 8-14, 2012

Global Journey – July 8-17, 2012

Meet 4-H'ers from across California while you expand your life skills and learn more about your community and state. An information packet will arrive in your county 4-H office by mid-October or information is available now on the web at: <http://www.ca4h.org/Projects/Citizenship/Focus/>. Registrations are due January 16. For questions contact Pat English at pnenglish@ucdavis.edu or 530-754-8520.

- The **National 4-H Conference** is a working conference in which youth and adults develop recommendations to help guide 4-H Youth Development Programs nationally and in their communities. This event brings together youth, volunteer leaders, and state and county extension staff members from across the United States, the U.S. territories, and the Canadian provinces. Applications are now available at: <http://www.ca4h.org/Programs/Conferences/N4-HC/> For more information please contact Steven Worker at smworker@ucdavis.edu

Important dates to remember:

2012 National 4-H Conference
 March 24 – March 29, 2012
 October 31, 2011 Applications due
 November 14, Notifications out to applicants
 December 10, Team Meeting State Office
 February 11, Team Meeting State Office

- “Save the Date!” - The **2012 California 4-H Camping Conference** will be held **March 23-25, 2012** at Camp Campbell in Boulder Creek, CA. There will be hands-on training for adult and teen leaders who help plan and administer 4-H camping programs.
- **USA Science & Engineering Festival**
April 27-29, 2012 in Washington, DC., <http://www.usasciencefestival.org/#>.
 This Festival will inspire the next generation of scientists and engineers with school programs and nationwide contests throughout the 2011/2012 school year and a finale Expo in Washington DC in April. The Expo is the nation’s largest celebration of all things science & engineering and features over 1,500 hands-on activities and over 75 performances.
- The **National Security Language Initiative for Youth (NSLI-Y)** offers merit-based scholarships to U.S. high-school aged students for overseas study of seven critical foreign languages: Arabic, Chinese (Mandarin), Hindi, Korean, Persian (Tajik), Russian and Turkish. Applications for summer 2012 and academic year 2012-2013 programs are due **November 3, 2011**. Visit www.nsliforyouth.org for more information.
- The **Kennedy-Lugar Youth Exchange and Study (YES) Abroad Program** offers scholarships to American high school students to spend a semester or an academic year in Bosnia & Herzegovina, Egypt, Ghana, India, Indonesia, Malaysia, Mali, Morocco, Oman, Thailand, and Turkey. The application deadline is **January 11, 2012**. Visit the [YES Program’s website](#) for more information.
- A 4-H group in Lancaster County, **Pennsylvania** would like to establish a two-way **Domestic Exchange** with a California 4-H club. Lancaster County is known for its scenic Amish countryside and is centrally located just hours away from Washington DC, Philadelphia, New York, and Atlantic shore points. Ten Pennsylvania 4-H’ers would like to offer many new experiences - visits to the Amish sites to learn and experience their way of life, a day at Hershey Park riding the rides and seeing the shows, or time in their newest water park. The area offers historic sites such as Gettysburg (Civil War), Philadelphia, and Washington DC. Lancaster is known for its rich farm land and a wide range of farm tours are available. If your club is interested contact 4-H volunteer leader Sharon Sherick at: ssherick@dejazzd.com. 4-H policies concerned domestic exchanges can be found at: <http://www.ca4h.org/Administration/Policies/Chapter7/>.
- The **Congress-Bundestag Youth Exchange Program (CBYX)** was established in 1983 to celebrate German-American friendship based on common values of democracy. Secondary school students live with host families, attend local schools, and participate in community life in Germany. Young professionals (undergraduates) and high-school graduates of vocational studies ages 18-24 study and participate in practical training. **Scholarships are now available for academic year 2012-13**. For more information visit www.USAGermanyScholarship.org.

- The **American Youth Leadership Program** offers opportunities for American high students and educators to travel abroad on a three- to four-week-long exchange program to gain first-hand knowledge of foreign cultures and to collaborate on solving global issues. Recruitment areas and application deadlines vary, so please check the [American Youth Leadership Program website](#) for more information.
- The **2011-2012 Junior Master Gardener** program is offering a fundraising opportunity for any youth group to take part in at any point during the '11-'12 year. This is a green fundraiser that features Growums theme garden starter kits. An FAQ is available [here](#) on the fundraiser for more information.
- The **Everyday Young Hero Awards** are offered and awarded on a weekly basis to youths from around the world, ages 5-25, who exemplify commitment to service. If you know of a youth that is deserving of nomination for this award, visit: www.YSA.org/awards/hero today.
- **[National Gardening Association Accepting Applications for Youth Garden Grants](#)**
One hundred grants valued up to \$1,000 will be awarded to schools and community organizations in the United States working to provide child-centered garden programs. The deadline is **November 28, 2011**.
- **2011 Promise Neighborhoods Program** – Through the U.S. Department of Education, grant opportunities for this program and applications have recently been made available. Grant recipients will be selected no later than **December 31, 2011**. For more information, visit: <http://www2.ed.gov/programs/promiseneighborhoods/index.html>.
- The Starbucks Foundation has announced the **Starbucks Shared Planet Youth Action Grants**. Letters of Inquiry and online form submissions will close on December 1, 2011 for the spring 2012 grant cycle. The goals of the grant offering include engaging 50,000 young people to innovate and create action in their communities. For more information, click [here](#).
- **Come Join the Revolution of Responsibility!** 2013 marks the centennial for 4-H in California and the 4-H Program will celebrate by giving back to their communities with youth-designed, youth-led projects where participants learn leadership by actually leading, collaboration by forming relationships with other groups and agencies, and citizenship skills by actively seeking opportunities to make a difference in their communities. The Revolution of Responsibility will celebrate the power of youth taking action and will consolidate all the various funding programs that are provided by the State 4-H office. Chartered 4-H clubs/units can apply for funding (up to \$1,000) to support service-learning projects related to either club or project activities. An on-line application is available at: <http://ucanr.org/join/>. The next application deadline is **January 15. If you can't submit by January 15, 2012, applications will also be accepted for a third submission round until April 15, 2012.** For more information check out the web site at: <http://www.ca4h.org/Support/RofR/> or contact Pat English at: penglish@ucdavis.edu.

4-H All Stars:

Alex Kasperovich, Palos Verdes Peninsula 4-H Club
 Amanda Ho, Palos Verdes Peninsula 4-H Club
 Wesley Ho, Palos Verdes Peninsula 4-H Club
 Candace Corrales, Palos Verdes Peninsula 4-H Club

Jr. All-Stars:

Kristy Okamoto, Pomona Valley 4-H Club
 Madison Cumby, Palos Verdes Peninsula 4-H Club
 Rachel Klose, Palos Verdes Peninsula 4-H Club
 Sallie De Young, San Fernando Valley 4-H Club
 Veronica Cubillos, Palos Verdes Peninsula 4-H Club

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