



## January 2014

If you have any questions or suggestions about the Clover Notes, please don't hesitate to call Roy Hillstock at (626) 586-1972 or email at [rlhillstock@ucanr.edu](mailto:rlhillstock@ucanr.edu). We welcome submissions, especially for Club News. Please submit articles by the 15th of the month to be posted in the following months' edition.

Contact the [Los Angeles 4-H Youth Development Office](#) or 626-586-1972. For upcoming dates, please visit the [4-H Calendar](#). We look forward to continuing to serve you and your 4-H needs.

### POLICY

## 4-H Policy and Information Update January 2014

Happy New Year!! For some, the beginning of the year marks the renewal of ideas, commitments and goals that we've established for ourselves and our families. We also reflect on the contributions we make to the lives of the youth in our 4-H clubs. We reflect on the pathways that we create for youth and the opportunities that we lead them to. We think carefully about the activities we engage them in and the impact they might have on our members.

As we think through how we prepare and interact with our 4-H members, keep in mind that one of the primary goals of creating a positive 4-H experience for youth is to produce a *thriving* young person. We want to help youth connect, become competent, demonstrate confidence and caring, and make a contribution to something greater than themselves.

So, as the new year unfolds, continue to think strategically and purposefully about the ways we engage youth and ensure that the pathway they pursue is helping them to thrive.

- **PVP 4-H Club attended a CPR certifying class**  
**Kiran Ekanayake, Clover Notes Reporter, Palos Verdes Peninsula 4-H Club**

On November 16, Project Leaders of the PVP 4-H Club attended a CPR certifying class conducted by Dee Keese, the Club Leader. The Leaders were taught how to do this process correctly and practiced on rubber dummies. They were given a handout that described the guidelines of ECC (Emergency Cardiovascular Care). At the end, the Leaders received a certificate for completion. It was an interesting event where the Leaders learned skills that would be very useful in an emergency.



- **Palos Verdes Peninsula 4-H Club**  
**Dee Keese, Club Leader, Palos Verdes Peninsula 4-H**

Christmas caroling after a club meeting





- **LA County 4-H Judging Day**  
Dawn Fuller, 4-H Program Coordinator

LA County 4-H will be hosting its annual 4-H Judging Day Event on Saturday, February 22, 2014, at Mount San Antonio College in the General Agricultural Center on the East side of the college off of Temple (1100 N. Grand Avenue, Walnut, 91789).



There will be large livestock to judge. Check-in is at 8:30 a.m. For more information, contact Dee Keese at [swimdude64@earthlink.net](mailto:swimdude64@earthlink.net). Hope to see you there!

For new clubs or new club members, PVP 4-H Club will be hosting a Practice Judging Day Session following their club meeting on Wednesday, February 19, at 7 p.m., at the Rolling Hills City Hall (corner of Crenshaw and PV Dr. North). The address is 4045 PV Dr. North, Rolling Hills Estates, 90274. Please sign up in advance of the practice with club leader, Dee Keese, at [swimdude64@earthlink.net](mailto:swimdude64@earthlink.net).

Greenleaf 4-H Club has also invited you to attend a Practice Judging Day Session during their club meeting - in case you cannot attend the PVP meeting. On Tuesday, February 11, at 7 p.m., the session will be held at the Paramount High School-Senior Campus (in Mary's Home Ec Room), 14429 South Downey Avenue, Paramount, 90723. Please sign-up to attend with Marjorie Rodriguez at [kenward49@aol.com](mailto:kenward49@aol.com).

We need leaders and parents to volunteer in judging rooms the day of the event. In years past, we have been short room monitors and adults to tally points and correct judging cards. It would be great if every club had at least two representatives. To volunteer for Judging Day, please contact Dee Keese at [swimdude64@earthlink.net](mailto:swimdude64@earthlink.net).

- **Upcoming Events and Activities**  
Dawn Fuller, 4-H Program Coordinator

Here are a few dates to remember for the New Year...

Saturday, January 25: Livestock Symposium (AV Fairgrounds)  
 Saturday, February 1: Monte Farmers' Fair (Good Shepherd Lutheran School, Eagle Rock)  
 Saturday, February 22: County Judging Day (Mt. Sac Ag Center)  
 Saturday, March 22: County Field Day & Fashion Revue (Mt. SAC)  
 Saturday, March 29: County Food Faire

- **LA County 4-H Event Pass Competition Drawing Entry**

Dawn Fuller, 4-H Program Coordinator



LA County 4-H events are an important and valuable component of participating fully in the 4-H Program – Livestock Symposium, Judging Day, Field Day, Food Faire and Pet Symposium are all fantastic opportunities for learning - while having fun. This year, there will be a special **Event Pass Competition Drawing** for 4-H events attended and this is how it will work...

There are three upcoming 4-H events that will be included in the competition and they are:

Saturday, January 25: Livestock Symposium (AV Fairgrounds)

Saturday, February 22: County Judging Day (Mt. Sac Ag Center)

Saturday, March 22: County Field Day & Fashion Revue (Mt. SAC)

Youth who would like to enter the **Event Pass Giveaway** must attend 2 out of 3 LA County 4-H events and fill-out the online **Event Pass** by the deadline of **March 28, 2014**, here:

<http://ucanr.edu/survey/survey.cfm?surveynumber=11787>

Any 2 of the events may be selected to attend - it's up to you! By filling-out out the **Event Pass** online, you are entering into the drawing for one of the **4 Tablets** and **gift cards** from local merchants! Please make note of what activities you participated in at each event, as you will be asked to answer a series of questions outlining what your experience was like, and what you learned by participating. Winners will be announced at the **LA County 4-H Leaders' Luncheon** on **Saturday, April 5, 2014**, at the Odyssey Restaurant in Granada Hills (15600 Odyssey Drive, Granada Hills 91344) from Noon to 3 p.m.

We hope to see you at all 3 events, and we can't wait to see who wins one of the wonderful Tablets we will be giving away! Good Luck!

- **Macy 4-H Club Adopts Elder Park**

Adapted from *Macy Intermediate School Newsletter* by Mark Bayaua

Macy 4-H Club has chosen to participate in the City of Monterey Park's "Adopt-a-Park Program" by adopting **George Elder Park**, the park neighboring the north edge of the Macy Intermediate School Campus. The 4-H Club Members are focusing on community service as an aspect of their learning and growth, dedicating time and commitment to our community. The members are meeting



with the leaders of the park to make detailed plans of the extent at which they will be servicing the park in the next few weeks. Undoubtedly, the 4-Hers will be organizing teams to do trash pick-up and light maintenance around the park as well as increase the schools' presence there to ensure that George Elder Park harbors wholesome, safe experiences for the youth in the community.

- **Macy 4-H Club Recognized**

Adapted from *Macy Intermediate School Newsletter* by Mark Bayaua



Mayor Teresa Real Sebastian honored the members of the Macy 4-H Club and Community Club Leader, Mike Lopez, at the December 19, 2013 Chamber Meeting. Also recognized that night were: Niko Niko Sushi and Japanese Cuisine, Monterey Park Library Essay Contest Winners, and the Monterey Highlands 2013-2014 Mock Trial Team. Mayor Real Sebastian harked back to the grand opening of the school garden, remarking that what our students are doing is something very special.

- **New Leader Orientation**  
Dawn Fuller, 4-H Program Coordinator



The next **New Leader Orientation** will be on **Thursday, February 6**, at **5 p.m.**, at the LA County 4-H Office (700 W. Main Street, Alhambra, 91801). Contact Dawn Fuller to RSVP for the training by **February 3** at [dafuller@ucanr.edu](mailto:dafuller@ucanr.edu).

Previous to attending this orientation, potential volunteers will need to complete the following:

- Fill-out online application: <https://ucce.ucdavis.edu/survey/survey.cfm?surveynumber=5149>
- Contact Dawn Fuller to RSVP for the training by **February 3** at [dafuller@ucanr.edu](mailto:dafuller@ucanr.edu).
- Enroll online at: <https://california.4honline.com/Login.aspx?40472F4547534E39717170733D>
- Following orientation, a fingerprinting packet with instructions will be provided.
- Get Fingerprinted.
- The club leader will be notified when the leader is accepted to volunteer for the club.

This is going to be a year of great growth for the 4-H Program and we are excited to welcome new leaders and youth to the program. Thank you in advance for your service

- **2013 State Record Book Judging**  
Noel Keller, LA County Incentives & Recognition Committee Chair

Ten Senior members indicated an interest in entering their 2012-2013 4-H records in the state record book competition this year. Eight of those completed the required online record book course to be eligible to enter their records in the state competition. Two of those, Ru Ekanayake and Rachel Kasperson, completed their records and submitted them to the state competition, which was held at the beginning of December. The judging at state this year was Danish judging. The results of the state judging will not be available until the end of January.

Noel Keller of Los Angeles County was selected to be on the state record book judging team. She was the only judge representing South Section. The judging was held in Davis December 6-8.

- **IMPORTANT - Record Book Manual 2011-2013 and Forms**  
Noel Keller, LA County Incentives and Recognition Committee Chair

Record Book Manual 2012-2013 is the only record manual and forms that should be used this year. It is available on the state 4-H website and on our county website. The online record book system uses the forms from this 2011-2013 manual. If you have questions contact a member of the county I&R Committee or Noel Keller ([nkeller91711@gmail.com](mailto:nkeller91711@gmail.com)).

- **2013-2014 County Record Book Competition and Awards Day**  
Noel Keller, LA County Incentives & Recognition Committee Chair

The forms and information for the 2014 LA County Record Book Competition will be available on the county website by the end of January. We have not been informed by the state about any changes for this year. We are assuming that on-line recordkeeping will be the same as last year. For the county competition the 4-H forms will need to be printed out and submitted as hard copy. The LA County Awards Program will be held Saturday, October 11th after the county 4-H Pet Symposium.

- **4-H Graduate Certificate and Pins**  
Noel Keller, LA County Incentives & Recognition Committee Chair

As 4-H members graduate out of the LA County 4-H program each year, they are recognized at their district Achievement Day programs with graduate certificates and pins. Please contact Charlene Moore if you have any questions about this or your 2013 4-H graduates have not received their graduate certificate and pin.

- **Junior and Teen Leadership Development Report (JTLDR)**  
Noel Keller, LA County Incentives & Recognition Committee Chair

The Junior and Teen Leadership Development Report should be filled out by Junior and Teen Leaders in your club. It should also be filled out by your Club Officers and Leadership Project members. The form is also to be used by county All Star Ambassadors, State Ambassadors, Camp Counselors and Exchange program participants. At the top of the form, you indicate for which leadership position the form is being completed. A member might actually fill out several of these forms during the planning at the start of the 4-H year.

- **2013-2014 Officer Book**  
Noel Keller, LA County Incentives & Recognition Committee Chair

The forms and information for the 2014 Officer Book Recognition program will be available on the county website at the end of January. All club and Hi-4H officers are encouraged to prepare their officer records for award consideration after the end of the program year. Officers should start working on this now. Officers are encouraged to make their office the best it can be and try for a Gold medal. The evaluation of the officer records is done with the Danish system of judging so all officers have a chance to earn a Gold medal for their officer work.

- **Senior Awards of Excellence**  
Noel Keller, LA County Incentives & Recognition Committee Chair

Plaques have been created for the LA County 4-H office where the names of the recipients of the Senior Awards of Excellence are added each year. This year there are five areas where a Senior member can be recognized for excellence: Leadership, Community Service, Achievement, Healthy Living and S.E.T. (Science, Engineering and Technology). Senior 4-H members are encouraged to work in these areas. A change this year will be that all Seniors who submit their record book in the county competition will be considered for these awards. A Senior can only be awarded a particular Senior Award of Excellence once. Along with their name appearing on the county plaque, the senior 4-H member is also given an individual plaque for the honor. This year the recipients of the 2014 Senior Awards of Excellence will be announced at the County Awards event on October 11, 2014.



- **Junior/Teen Leader Merit Awards**

Noel Keller, LA County Incentives & Recognition Committee Chair

As part of the county annual record judging, 4-H junior and teen members were invited to have their records evaluated for a Leader Merit Award. This award is to recognize outstanding leadership by Junior and Teen Leaders. A member may request on their ID form for the county record book judging form that their records be evaluated for a merit award. A member may only earn a Junior Leader Merit Award once and a Teen Merit Award once.

To be considered for a leader merit award, the 4-H member must be enrolled in a Leadership project and complete the Annual Project Report form for the Leadership project. The member must also complete a Junior and Teen Leadership Development Report for 2013-2014 to be considered for the award. Both forms are available on the County website under Record Book forms. Remember to complete both of these forms if you request to be considered for the award. Each year almost half of those who request to be considered for the award do not complete both of these forms. If you have any questions about this, please contact a member of the county I&R Committee.

- **Friends of 4-H**

Noel Keller, LA County Incentives & Recognition Committee Chair

Each program year the County Council considers honoring an individual and /or organizations that have been particularly helpful to the LA County 4-H program. Each district is encouraged to submit names to the County council at its next meeting in March for a Friend of 4-H award. Up to five such awards can be made for a year by the county council

- **State Records Competition**

Noel Keller, LA County Incentives & Recognition Committee Chair

Senior 4-H members are eligible to enter the state record book competition. State competition is focused on selecting 4-H members who have demonstrated outstanding achievement in their 4-H project work. Books are judged against standard criteria. Those books displaying the most outstanding 4-H work, life skills development, and leadership and citizenship development are selected as state medalists and/or state winners. Senior 4-H member (at least 14 years of age and no older than 19 years old by December 31 of the program year for which the book is being entered) are eligible to enter state competition.

Encourage your experienced Senior members to submit their records for the state competition. Only three additional pages are needed beyond what was submitted to the county competition. Accomplished senior members should be encouraged to start working on their sectional project application now for the 2013-14 competition. Set goals and plan ahead to have a great year in a project area so you can have a lot to report in your sectional project application. Consider having workshops on the application during the year. There is a lot of good project work being done in LA County, but it is not being entered in the state competitions.

- **District Representation on the County Incentives & Recognition Committee**

Noel Keller, LA County Incentives & Recognition Committee Chair

All districts should have two elected representatives on the county Incentives and Recognition Committee. The current county I&R Committee members are Noel Keller and Judylynn Pelling from NSG, Peter Michel from SSG and Carrie DeYoung from SFV. There are no representatives from AV. The next scheduled I & R committee meeting will be on Wednesday, January 22 at 7:30pm at Good Shepherd Lutheran Church in Los Angeles. Call your I & R district representatives with your I & R comments, suggestions and concerns. The committee will be discussing possible changes to the county record book judging.

- **Need more information about record keeping and awards?**  
Noel Keller, LA County Incentives & Recognition Committee Chair

For more information about LA County 4-H record keeping and awards, consult the county website, the state website, the California 4-H Record Book Manual 2011-2013, Clover Notes newsletter, the county office and/or members of the County Incentives and Recognition (I&R) Committee (Noel Keller, Judylynn Pelling, Carrie DeYoung and Peter Michel).

- **LA County Leaders' Council meeting – January 4, 2014**  
Noel Keller, LA County 4-H Leaders' Council President

The LA County 4-H Leaders' Council met on Saturday, January 4 at Good Shepherd Lutheran Church/School in Los Angeles. The meeting was hosted by NSG district. All four county districts were represented. Thank you to all who attended and participated in this planning meeting. Adult Debbie Treadwell and youth Katherine Cao as a youth and adult partnership were elected as Science Co-Chairs for the council. Vice-President Noel Keller was elected as council President and Dee Keese was elected as the new council Vice-President. Information and forms will be appearing on the county 4-H website as details for county events are available. For information about this county planning meeting, see the meeting minutes which will be posted on the council page of the county 4-H website.

- **LA County 4-H Science Fair – canceled for January 4, 2014**  
Noel Keller, LA County 4-H Leaders' Council, President

Due to very low responses for registration, entries and assistance for the LA County 4-H Science Fair to be held on Saturday, January 4<sup>th</sup>, the event was canceled for that day. We will be looking into providing some science activities later this spring. Watch for announcements for these activities.

- **Workplace CPR Training**  
Noel Keller, LA County 4-H Leaders' Council, President

As her All Star project, All Star Ru Ekanayake is making Workplace CPR training available to leaders and interested adults. A training was held on Saturday, January 4 after the county council meeting at Good Shepherd Lutheran Church. In an encouraging environment, ten adults learned the latest techniques for CPR and the use of an AED unit. The training was given by Red Cross trainer Dee Keese with the assistance of Rick Herbert. Watch for more announcements about available training this spring. Contact Ru for more information. The training is free and gives you a valuable skill to help others in need.

- **Get some great ideas from South Section Leaders – January 11, 2014**  
Noel Keller, South Section 4-H Leaders' Council President

The South Section 4-H Leaders Council will meet on Saturday, January 11th at Good Shepherd Lutheran School/Church (6338 N. Figueroa, Los Angeles, 90042). Come and find out what is happening in southern California and state 4-H. Our youth representative to the council Sallie DeYoung will be reporting on our Los Angeles County 4-H events. There are so many interesting 4-H events happening in southern California. Some are open to members from other counties. Some events we could try setting up in LA County. For more information on the South Section Council, go to the council website at <http://4h.ucanr.edu/Resources/Volunteers/Councils/Sectional/South/> for meeting dates, agendas, minutes and sectional event details. For additional information about south section information, contact Noel Keller ([nkeller91711@gmail.com](mailto:nkeller91711@gmail.com)).

- **Teen Involvement Conference – January 17-19, 2014**  
Noel Keller, South Section 4-H Leaders' Council President

Attention LA County Senior members – you can still attend TIC (Teen Involvement Conference) in this month. Listen to motivational speakers, attend educational sessions, have fun at the dance, play sports and more. The South Section 4-H Teen Council is planning the event and details are available on their teen council webpage. Late registration is \$160. This is a great opportunity to get involved in 4-H above the county level and meet other Southern California 4-Hers. For more information contact Amanda Penicks at: [pksbackyardfarms@aol.com](mailto:pksbackyardfarms@aol.com) or John Trammell at [techdude4h@gmail.com](mailto:techdude4h@gmail.com).

- **State Fashion Revue and Field Day – May 31, 2014 Fashion Show Program Cover Design Contest – entries due Jan. 15**  
Noel Keller, LA County 4-H Leaders' Council, President

The five entry categories for the 2014 State Fashion Revue were announced as Traditional, Consumer Science Purchased, Upcycled, Denim Challenge and Apron Challenge. State Fashion Revue is coordinating two service projects: drawstring bags for foster children and walker bags for seniors. Information and examples for the entry categories, and patterns and instructions for the service projects are on the state website.

Attention Artists! The State Fashion Revue committee is seeking entries for a cover design for the fashion show program. Any 4-H member can enter a design in the contest. Entries are due by January 15.

- **State Fashion Revue – May 31, 2014**  
Noel Keller, South Section 4-H Leaders' Council President

The State Fashion Revue will be held on Saturday, May 31, 2014 in Davis. Note that this year the event will not be held on the Memorial Day weekend. Information about this event with its categories and clothing challenges is available on the State 4-H website. The State Fashion Revue will be held again with the State Field Day.

- **State Leadership Conference – August 14-17, 2014**  
The SLC 2014 will be held at UC Santa Cruz on August 14-17. "Raiders of the Lost Leadership" is the theme. This 4-H State Leadership Conference brings together high school youth from across California in a four-day leadership training, networking and learning experience. The conference is held at a UC campus and the participants stay in the college dorms. Mark your calendar now for this exciting event.

- **District Responsibilities for County Events**  
According to our district rotation chart and our county calendar, districts should be planning county events this year as follows:

County Judging Day – Saturday, Feb. 22 – SSG

County Field Day – Saturday, March 22 – NSG

Leaders' Appreciation event with the county office – Saturday, April 5 – SFV

Lunches for county record book judging – Sept. 20 and Sept. 27, 2014 – AV

- **Don't sit back - STEP UP!!**  
4-H has so much to offer youth. There are great sources of information, chances for career exploration, opportunities to work with the latest technology, chances to learn and practice leadership, opportunities to help others and make a difference. All this will not happen if you just sit back and do not become really involved. You have to take ACTION. You have to STEP UP and DO IT! If something is not happening as you had hoped for, perhaps someone needs your help to make it happen or you are not doing your part. With everyone working together, 4-H can really be GREAT! Remember TO MAKE THE BEST BETTER!

- **Hi 4-H**

Each district can have a Hi 4-H program. 4-H members who will be at least 14 years old by January 1, 2014 or who will be in 9th grade and above are eligible for Hi 4-H activities (ROPES, Snow Camp, T.I.C. conference, state leadership conference, etc.). You don't have to attend Hi 4-H meetings to attend the special Hi 4-H events. This year 13 year olds are again invited to attend Hi 4-H activities as guests.

The sectional level Hi 4-H is called the Sectional Teen Council. It meets before sectional 4-H Leaders' Council meetings at Mt. SAC. The Teen Council plans social and educational events, plus runs the T.I.C. conference in January and a food booth at sectional field day in May. Our senior members can be part of the Teen Council. Our senior members can attend their events. Consider being more active on the sectional level. The county level Hi 4-H program will only exist if there is sufficient interest this year. Contact Roy Hillstock at (626) 586-1972 if you are interested in participating in a county level Hi 4-H program.

- **Junior/Teen Leader**

Junior Leaders are 4-H members in the 7<sup>th</sup> and 8<sup>th</sup> grade who help lead a 4-H project. Teen Leaders are 4-H members in 9<sup>th</sup>, 10<sup>th</sup>, 11<sup>th</sup>, 12<sup>th</sup> and above grades who lead a 4-H project. To be a Junior/Teen Leader, the member needs to be enrolled in their club's Leadership Project. They fill out the goals and plans of the first two sections of the Leadership Plan and Report Form, and have the form signed by their Leadership Project Leader and the leader of the project for which they will be a youth leader. While they are a Junior or Teen Leader, they can wear the Junior or Teen Leader patch on their 4-H hat. At the end of the year, they will need to complete the Leadership Plan and Report and have it signed by their Leadership Project Leader and their project leader. They should also complete an Annual Project Report for the Leadership Project.

- **All-Star Program**

Noel Keller, LA County Incentives & Recognition Committee Chair

LA County 4-H All-Star is the highest county rank a member can earn. The applications for 2014-15 LA County 4-H All-Star will be due March 3, 2014. The application form will be available on the county 4-H website by the end of January. The announcement of the new 2014-15 LA County 4-H All-Stars will be made at County Field Day on March 22. This new timing will allow the new All-Stars time to plan their program for 2014-15 before the program year starts on July 1, 2014. Watch for more information about the All-Star program for next year. For more information go to Cooperative Extension's website at:

[http://celosangeles.ucanr.edu/4H Youth Development Programs/Applications/](http://celosangeles.ucanr.edu/4H_Youth_Development_Programs/Applications/)

- **Emerald Star Program**

Noel Keller, LA County Incentives & Recognition Committee Chair

The Emerald Star program offers an advanced leadership opportunity to 4-H members. Look for more information on the county website. An Emerald Star project can be started at any time during the program year and can extend into the next year. For more information go to the [Los Angeles County, Cooperative Extension's website](#). For more Emerald Star Program information, call the 4-H office at (626) 586-1972.

- **Leadership Merit Award**

Start planning now to earn a Junior or Teen Leadership award. Think of something to make your leadership special this year. Try something new to bring more interest and enjoyment to your project. Try to expand your leadership beyond the club. For this award, you need to be in the Leadership Project in your club. If your club does not have a Leadership Project, talk with your club leader about starting one. If she has questions about this, have your club leader contact Noel Keller (909-621-2373) or someone on the I&R Committee. You will need to fill out a annual project report for your Leadership Project. You will also need to complete a leadership plan report.

- **Share your 4-H Experiences** - 4-H'ers, share your 4-H experiences by submitting articles to be published in Clover Notes. Articles may include club news, photos, community service projects, and/or anything you or your club would like to share. Submit your articles by the 15<sup>th</sup> of the month to be published in the following month's edition of Clover Notes to Roy Hillstock, [rlhillstock@ucdavis.edu](mailto:rlhillstock@ucdavis.edu).

- **HAPPY HOLIDAYS!!!** - From the LA County 4-H Leaders' Council
- **Dates To Remember in**

**January:**

- 10th- 1<sup>st</sup> AV 4-H Horse Bowl Quiz
- 11th- Competition Shoot #1  
Camp Staff Training  
Section Council & Teen Council mtg.
- 16th- SSG District mtg.  
SGV Fair mtg.
- 17th- Teen Involvement Conference (TIC 1/17-19)
- 20th- Martin Luther King Jr. Holiday
- 22nd- Incentives & Recognition mtg.
- 25th- Livestock Symposium
- 27th- AV District mtg.

**February:**

- 1st- Monte Farmers Fair
- 5th- NSG District mtg.
- 7th- 2<sup>nd</sup> AV 4-H Horse Bowl Quiz
- 8th- Competition Shoot #2
- 14th- Valentine's Day
- 17th- Presidents Day
- 20th- SSG District mtg.  
SGV Fair mtg.
- 22nd- County Judging Day
- 24th- AV District mtg.
- 26th- Incentives & Recognition mtg.

## STATE

### FUNDING UPDATES

- **NSF Releases FY2014 Advancing Informal STEM Learning Solicitation Proposals due January 14, 2014 and November 14, 2014**

The solicitation seeks to advance new approaches to and evidence-based understanding of the design and development of STEM learning in informal environments; provide multiple pathways for broadening access to and engagement in STEM learning experiences; advance innovative research on and assessment of STEM learning in informal environments; and develop understandings of deeper learning by participants. The AISL program supports five kinds of projects: 1) Pathways, 2) Research in Service to Practice, 3) Innovations in Development, 4) Broad Implementation, and 5) Conferences, Symposia, and Workshops. More info: <http://informalscience.org/nsf-aisl>

- **2014 Muhammad Ali Center Peace Garden Grants**

**Deadline: January 17**

This is an award designed to engage youth on the topics of nutrition, peace studies, social development, and environmental stewardship, using gardening as a catalyst. Non-profits, schools, and youth programs with 15 or more participants ages 3-18 are welcome to apply. A total of 50 programs will be awarded. Grant winners will receive a \$500 gardening package including; \$400 in supplies from the Gardening With Kids Catalog and a \$100 in funding for soil, plants, and other locally sourced supplies. More info: <http://bit.ly/1kgO4RU>

- **Sodexo Foundation Youth Grants**

**Deadline: January 31**

Do you know where your next meal is coming from? One in five children in America don't. But this is a problem that can be solved, and kids are a part of the solution. Funding of up to \$500 is available for youth that live in the U.S. to lead projects focused on ending childhood hunger in their communities. Find out how you can help end childhood hunger: [www.YSA.org/grants/sodexoyouth](http://www.YSA.org/grants/sodexoyouth)

*Please note: University policy requires an Advisor or County Director to submit all grant applications and fulfill the requirements of UC ANR Contracts & Grants. If you plan to apply for any of the following opportunities, please notify the California 4-H Foundation ([aleeland@ucanr.edu](mailto:aleeland@ucanr.edu)) who will review your application prior to submission to ensure that it is as strong as possible.*

## SCHOLARSHIPS & AWARDS

- **2014 Presidential Environmental Youth Awards**

**Due December 31, 2013**

<http://www2.epa.gov/education/presidents-environmental-youth-award>

The Presidential Environmental Youth Awards (PEYA), formally established in 1990, allows young individuals, public K-12 schools, summer camps, and youth organizations nationwide to submit proposals for consideration to the Environmental Protection Agency. Thousands of young people from across the country and US territories have applied in the past, and projects have covered a wide range of subject areas including recycling programs in schools and communities, construction of nature preserves, major tree planting programs, videos, skits, and newsletters focused on environmental issues, and environmental science projects. One outstanding project from each region will be selected for national recognition.

- **Youth in Action Award**

**Deadline: January 10**

This award recognizes an outstanding young person from the 4-H program who is realizing 4-H's vision for youth driving positive change in their communities. Applicants should have led a project, service, or event that: identified a problem in their community, included 4-H as part of the solution, and made an impact in resolving the issue. Read full guidelines here:

<http://n4h.convio.net/site/DocServer/2014 Youth in Action Award Guidelines.pdf?docID=2241>

- **2014 C-SPAN StudentCam Competition**

**Deadline: January 20**

StudentCam is an annual national video documentary competition that encourages students to think critically about issues that affect our communities and our nation, sponsored by C-SPAN. StudentCam's theme for 2014 is: "A Message to the U.S. Congress: What's the most important issue the U.S. Congress should consider in 2014?" Maximum award: \$5,000, plus \$750 to spend on digital video equipment for his/her school. Eligibility: students grades 6-12, individually or in teams. More info: <http://cs.pn/wo603b>

- **2014 4-H Honey Bee Essay Contest**

**Deadline: February 15**

Each year the Foundation sponsors an essay writing contest for active (fees paid) members of 4-H clubs across the country. There are cash prizes for the national winners: 1st Place - \$750.00; 2nd Place - \$500.00; 3rd Place - \$250.00. National and state winners receive a book about honey bees, beekeeping, or honey. All essays must be submitted electronically to Eric Mussen, [ecmussen@ucdavis.edu](mailto:ecmussen@ucdavis.edu), and are due on or before February 15, 2014. More info and rules: <http://4h.ucanr.edu/files/176473.pdf>

- **Everyday Young Hero Award**

**Deadline: Rolling**

The Everyday Young Hero program highlights one outstanding youth a week that is making extraordinary contributions and commitments to service. Nominations must come from a parent, teacher, or other adult mentor. The Everyday Young Hero award is open to those between the ages of 5-25. Winners receive an announcement in Youth Service America's (YSA) weekly National Serving e-Briefing, a certificate and letter from YSA's President and CEO, a customized press release, and publicity on the YSA's website, Twitter and Facebook accounts. More info: [www.YSA.org/awards/hero](http://www.YSA.org/awards/hero)

## DATES & DEADLINES

- **4-H Shooting Sports Workshop - Pistol Discipline**

Saturday, January 4, 2014 – 8:00 a.m. – 4:00 p.m.

Sunday, January 5, 2014 – 8:00 a.m. – 12:00 p.m.

Fresno County Peace Officer Range

7633 N. Weber, Fresno, Ca.

A 4-H shooting sports workshop for the pistol discipline will be held at the Fresno County Peace Officer Range, 7633 N. Weber, Fresno, CA. Participants must attend both days of training to receive certification. Upon successful completion of the course, the participant will be certified as a level 1 pistol instructor and can lead a pistol project. The cost for this course is \$30.00 to cover the instruction binder each participant will receive. Participants will need to bring their own eye and ear protection and are encouraged to bring their own .22 rim fire pistol and/or own air pistols if they have them. To register for the course or receive more information, contact Sammy Ashworth at [sdashworth@gmail.com](mailto:sdashworth@gmail.com) or (559) 707-0755. (This course is not open to 4-H adult volunteers from Santa Cruz County). Please fill out and bring this form: <http://4h.ucanr.edu/files/2123.pdf>

[Connect on Facebook:](#)

<https://www.facebook.com/pages/California-4-H-Shooting-Sports/359716147438695>

- **State 4-H Horse Classic Planning Team**

**Application deadline: January 15**

Want to help plan the 2014 State 4-H Horse Classic?

Apply here: <http://ucanr.edu/classic-planning-team>

All applications are due by January 15th and the planning team will be determined by 4-H staff and will be announced the first week of February.

- **LCORT: Leadership Conference of Regional Teens**  
**January 24-26, 2014**

LCORT is the South Central Section's Leadership Conference for members in grades 7-9. The heart of the conference is a series of workshops presented by high school-age members from the leadership teams in the 12 member counties. This year's event will be held on January 24-26, 2014 at Wonder Valley Conference Center in Sanger (Fresno County), CA. Workshop application materials have been sent to county staff and are available on the LCORT web page of the CA 4-H website. Registration packets, LCORT 2015 Youth Chair applications, and other materials are also available on the web. Please direct questions or comments to LCORT Coordinator Pauline Smoke at [lcort.coordinator@yahoo.com](mailto:lcort.coordinator@yahoo.com).

- **Thrive Contest**  
**Deadline: January 6**

4-H Members: We want to know what Thrive means to you! The State 4-H Office is having a contest to find our favorite pictures of what iThrive means to our young people. You can send a drawing, painting, photograph, sculpture of any of the thriving concepts: Sparks, Mindset, Goal Management, the 6 Cs, Thriving, or Well-being. We will pick our 5 favorites: 1 for sparks, 1 for mindset, 1 for GPS, 1 for the 6 Cs (thriving) and 1 for well-being. Each winner will get a **\$25 gift card!** The deadline is Jan. 6, 2014. Send art entries to:

iThrive  
University of California, Agriculture & Natural Resources  
California State 4-H Office  
2801 Second Street  
Davis, CA 95618

- **Online Record Book Survey Awards**  
**Deadline: January 31, 2014**

We would like as many 4-H members as possible to complete surveys in the Online Record Book. It is our way to find out about you and how 4-H is doing overall. If you have previously completed the required Spark Score Questions for any time period ending before January 31, 2013, you will be eligible to win a **\$25 gift card** in the spring if you complete all the required Spark Score Questions in your ORB by January 31, 2014. Also, all youth who complete all the required Spark Score Questions in ORB before January 31, 2014 and all the required Spark Score Questions that are available between May 1, 2014 and August 31, 2014 will receive a **\$50 gift card** in the fall of 2014.

*A new way to win!*

All youth who complete the required Spark Score Questions in ORB by January 31, 2014, but haven't completed any Spark Score Questions at a previous time, can still win a **\$10 gift card!** So be sure to log in and do all the required Spark Score Questions in your ORB.

*Are you leading a Thrive project?*

If so, you have a chance to win a **\$50 gift card!** Send in all 8 postcards following your Thrive project meeting and you will receive a gift card at the end of the program year.



- **4-H Archery Leader Certification**

February 1, 2014 – 9am-5pm

February 2, 2014 – 9am-12pm

33 Browns Valley Road Corralitos, CA

Registration due Friday, January 17th

If you have an interest in sharing your archery skills with youth, how about becoming a 4-H Archery adult volunteer or teen leader. There will be a 4-H archery leader certification training held February 1st & 2nd in Corralitos, CA (near Watsonville). The class will be offered Saturday, February 1st, 9 AM – 5 PM, and Sunday, February 2nd, 9 AM- 12 noon, at the Corralitos Community Center, 33 Browns Valley Road, Corralitos, in Santa Cruz County. This class is being hosted by Santa Cruz County 4-H. You must become a 4-H adult volunteer or member and attend both days to receive certification to teach archery at the project, club, and camp levels. The course will include a PowerPoint lecture, review of equipment, practice shooting and teaching, and a written test. The cost is \$35 per person to include a resource binder, and Saturday breakfast & lunch and Sunday breakfast. Junior and teen leaders are invited but must attend with an adult. If you are already a certified volunteer archery leader and would like to become a trainer, contact Jeanne at 530-524-7278 or email [mtlassenlover@gmail.com](mailto:mtlassenlover@gmail.com) to discuss options.

To register, please complete and mail the “CA 4-H Shooting Sports Training Request and Registration Form” available at <http://4h.ucanr.edu/files/2123.pdf> and an adult or youth 4-H medical release form and a \$35 check payable to “Santa Cruz County 4-H Council” and mail to UCCE, 1432 Freedom Blvd., Watsonville, CA 95076. Registration is due Friday, January 17th and space is limited. For more information call Stephanie at 831-763-8015 (Mondays & Wednesdays only) or email her at [sfontana@ucanr.edu](mailto:sfontana@ucanr.edu) or contact Jeanne at the contact information above.

- **World Ag Expo**

**Feb 12, 2014**

UCCE is celebrating 100 years this year!

4-H is joining the party and hosting an interactive display with UCCE at the World Ag Expo on Feb 12th from 9am-5:00pm. The Smoothie bike will be in tow along with other interactive activities. If you would like to participate or give a presentation or demonstration contact Sarah Watkins, [spwatkins@ucanr.edu](mailto:spwatkins@ucanr.edu).

- **Save the Date:**

**37<sup>th</sup> Annual Agricultural and Environmental Sciences Field Day**

This year’s event will take place on March 7<sup>th</sup> and 8<sup>th</sup>. 4-H can participate in all 24 different contests!

Registration must be completed online at: <http://calaged.csuchico.edu/registration/>.

After you register, we request that you submit a printed copy of your online registration along with your payment. Checks should be made payable to “UC Regents” and mailed to:

Attn: Courtney Rhodes  
College of Agricultural & Environmental Sciences  
One Shields Avenue  
Davis, CA 95616

Deadlines:

December 2: Online Registration opens

February 7: Agriscience Fair and Job Interview materials due and online Registration closed

February 14: Payments must be postmarked – A \$25 late fee for payments postmarked after this date will be enforced.

Please register as soon as possible to ensure space for your teams. For more information contact: [fieldday@caes.ucdavis.edu](mailto:fieldday@caes.ucdavis.edu), or visit: <http://caes.ucdavis.edu/fieldday>

- **4-H Shooting Sports Workshop – Rifle Discipline**

Saturday, March 15, 2014 – 8:00 a.m. – 4:00 p.m.

Sunday, March 16, 2014 – 8:00 a.m. – 12:00 p.m.

Auburn, CA

A 4-H shooting sports workshop for the rifle discipline will be held near Auburn, CA, official location TBD. Participants must attend both days of training to receive certification. Upon successful completion of the course, the participant will be certified as a volunteer and can lead a rifle project at the club level. The cost for this course is \$30.00 to cover the instruction binder that each participant will receive as well as lunch on Saturday. Teen leaders are invited but must attend with an adult. Participants should bring their own eye and ear protection. To register for the course or receive more information, contact Eric Vander Linden at [evl@cebridge.net](mailto:evl@cebridge.net) or 916 257-4796 (This course is not open to 4-H adult volunteers from Santa Cruz County). Please fill out and bring the documents listed below. The training request form will need to be signed by your county staff prior to participating in the training.

Documents:

<http://4h.ucanr.edu/files/2123.pdf>

<http://4h.ucanr.edu/files/4758.pdf>

<http://4h.ucanr.edu/files/4726.pdf>

Registration is due Friday, February 22nd and space is limited.

- **Save the Date: 2014 Ag Day**

We will be celebrating on the Capitol lawn on Wednesday, March 19th, 2014!

More information about participating is to come in February!

- **2014 California Camping Conference**

**March 21 – 23, 2014**

**Boulder Creek, CA**

The California Camping Conference inspires ideas and innovation and helps camp administrators create fun, safe, and rich learning experiences for both campers and camp staff. Sponsored by the University of California 4-H Youth Development Program, the weekend offers staff, volunteers, and youth opportunities to develop their capacity as leaders in their local camp programs.

You will...

Add new, fun, educational activities to your program

Better understand how to work with campers, teen staff, and adult volunteers

Learn how to market and recruit campers and teen staff

Network with others who share your passion for camp

Come away with practical tools to increase the safety, fun and growth for campers, and staff

Conference workshops include:

Understanding and dealing with difficult behaviors

New science, engineering and technology (SET) activities for camp: shelter building, first aid and safety, creating cookouts, and overnight adventures

Working with chaperones and other adult volunteers

Project Learning Tree and more “green” ideas

Our campers Thrive activities

Important steps for camp health and safety compliance

Archery certification

And more!

Registration fee by February 1st is \$140 per person (\$150 by March 7th) and includes meals, lodging, and

all conference materials. The conference begins at 7:00 p.m. Friday, ending just before lunch on Sunday. Suggested participants include camp directors, youth leadership team, camp volunteers, and 4-H staff members. Archery Certification is an additional \$35 and the 12-hour course and precludes other workshop sessions. For a copy of the brochure or to register online, visit:

<http://4h.ucanr.edu/Programs/Camps/Conference/>

FOLLOW US ON FACEBOOK & TWITTER!

[www.facebook.com/CA4HCamping](http://www.facebook.com/CA4HCamping)

[www.twitter.com/CA4HCamping](http://www.twitter.com/CA4HCamping)

- **Western Region Leaders' Forum**  
**March 27-30 at the Crowne Plaza located in downtown Billings, MT.**

Join Montana 4-H as they welcome the Western Region Leaders' Forum to Billings in March 2014. Agents, staff, and volunteers are hard at work planning a conference that will help you to "Discover the Past. Present. Possibilities of 4-H". Participants will enjoy a first class conference facility and hotel accommodations, national speakers, local entertainment, and over 60 informational workshops.

WRLF is an exciting time to network with peers from across the region sharing ideas and building relationships to carry 4-H into the future. More info: <http://4h.ucanr.edu/files/175016.pdf>  
Registration is now open! <http://wrlf2014.com/registration>

- **2<sup>nd</sup> Annual State 4-H Shooting Sports Archery Match**

The 2<sup>nd</sup> Annual State 4-H Shooting Sports Archery Match Rules and Entry Form is now available on the State 4-H Shooting Sports website. Entry due date is April 1, 2014. Targets and scorecards will be mailed upon receipt. Individuals may enter traditional and/or compound and three shooting distances. The age categories are junior, intermediate and senior. Completed scorecards must be returned by June 16, 2014. If you have questions, contact Linda Edgington at 707-463-4495 or email [lgedgington@ucanr.edu](mailto:lgedgington@ucanr.edu).

- **Hosting a Qualifying show?**  
**Register your show here: <http://ucanr.edu/qualifying-shows> for it to be considered a qualifying show for the 2014 California Horse Classic.**

Criteria for a Qualifying Show:

Show verified by county

Up to 3 shows per county

Each horse show must be registered

The Horse Show must offer the same classes that are offered at the State 4-H Classic (they may offer more if they choose too)

Show must be before June 3rd, 2014

Management of each show is required to send show results to Sarah Watkins at the State 4-H Office. Results can be sent via email to [spwatkins@ucanr.edu](mailto:spwatkins@ucanr.edu).

Looking for a Qualifying Horse show for the 2014 California 4-H Horse Classic?

Visit [http://4h.ucanr.edu/Programs/Events/Horse\\_Classic/Equine\\_Qualifier\\_Events/](http://4h.ucanr.edu/Programs/Events/Horse_Classic/Equine_Qualifier_Events/) to find a Horse Show near you!

- **Save the Date - State Field Day**

**May 31, 2014**

8:00am-6:00pm

UC Davis Campus-Wellman Hall

**Participation opportunities:**

MyPlate Challenge- <http://ucanr.edu/myplate> (MyPlate last day to register May 15)

State Field Day exhibit applications due May 4<sup>th</sup>

**New this year: 4-H Engineering and Technology Showcase**

Have a 4-H Engineering or Technology project you will like to showcase or demonstrate? Apply here [http://ucanr.edu/exhibit/display\\_application](http://ucanr.edu/exhibit/display_application)! Funding for supplies, materials or handouts is available, contact Steven Worker for more information, [sworker@ucanr.edu](mailto:sworker@ucanr.edu).

Find more information here: <http://ucanr.edu/4hstatefieldday>.

- **2014 State Fashion Revue**

**May 31, 2014**

**Theme:** California Grown, California Sewn

SFR logo contest open to all 4-H members: **Entries due January 15** to <http://ucanr.edu/sfrcovercontest>.

Categories: Traditional, CS Purchased, Upcycled, Denim and Apron Challenge

See the [website](#) for all the rules and category requirements.

SFR is open to members qualifying at their County Fashion Revue.

**Entry deadline is May 17**, so schedule your county event in time.

SFR website: <http://4h.ucanr.edu/Programs/Events/SFD/SFR/>.

SFR is coordinating 2 service activities. Get a group together and join in the fun by making something to benefit others. The walker/wheelchair bags are for seniors, both men and women. Suggested patterns are Simplicity #2382 and 2882, or a free online pattern (see the link on the [SFR website](#)). If you would like to contribute tote bags, please go to the [SFR website](#) for instructions. Tote bags will be used for Foster children. You may bring completed walker bags or tote bags to State Fashion Revue or contact Courtney at [cjam11219@gmail.com](mailto:cjam11219@gmail.com) or Araceli at [carrillosonia@yahoo.com](mailto:carrillosonia@yahoo.com) for mailing information.

- **Save the Date: 2014 State Fair 4-H Throwdown**

July 22<sup>nd</sup> and 24<sup>th</sup>, three teams compete each round with a secret ingredient in each round! A panel of judges, yet to be named, will judge the 3 course creations!

Registration opens in March!

The daily schedule: Round One: 11am-1pm, Round Two: 1:30pm-3pm, Champion Round: 3:30pm-5pm

Start prepping now for the State Fair 4-H Throwdown!

- **Save the date! SLF 2014 - Nov. 14 – 16, 2014** at the Crowne Plaza Sacramento. Look for 'Innovative Project Idea Sharing' coming soon to the [SLF website](#). Chair: Cindy Dixon [cin\\_mom@sbcglobal.net](mailto:cin_mom@sbcglobal.net)

### **POSITIVE YOUTH DEVELOPMENT**

- **iThrive Leadership Project Curriculum has a SET Focus for the 2013-14 Program Year**

Are you looking for ways to continue to develop 4-H members ages 12 and up in effective leadership skills? iThrive takes the principles of positive youth development and organizes them in a fun and engaging way to develop the leadership skills of our 4-H youth. Each module of this year's curriculum links one or more scientific and engineering practices to a Thrive concept. These eight essential practices are those used every day by scientists and engineers in their work.

The accompanying iChampion Adult Volunteer Leader Guide provides an easy to follow resource to make project leaders successful in using this curriculum. Using the experiential learning cycle, iThrive provides opportunities for youth to realize their true and full potential and shows them how they can help their peers do the same. The curriculum is free and available to any project leader of a leadership project. To find out more about Thrive, check out the state website at <http://4h.ucanr.edu/About/Thrive/>. **If you are interested in bringing Thrive into your leadership project for the 2013-2014 program year, contact your county office to find out how you can get started.**

- **4-H Online Record Book (ORB) Opportunities**

Have you checked out the 4-H Online Record Book lately? Did you know that there are over 6000 users across the state using ORB to complete their record books? Did you know that 4-H members in EVERY county are using ORB? To find out what is fact and what is fiction about ORB, check out the ORB MythBusters on our website at <http://4h.ucanr.edu/files/176241.pdf>

- **ORB Internet Café**

The ORB Internet Café is provided to give staff and volunteers both individualized and group instruction on using California 4-H's Online Record Book System. The café is designed as a 3-hour workshop that combines presentation, hands-on practice, and group discussion. Participants will need to bring a laptop or tablet with them to the café. The following topics will be covered:\*

- Overview of the Features & Functions in the Online Record Book (Record Book, Social Media, Evaluation)
- Navigating the forms in the Online Record Book (PDR, APR, 4-H Story)
- Project & Club Leader Functions and Approving Forms
- Myth busters—unravelling some of the myths concerning ORB and its use

To bring this training to your county, please fill out the following request form.

<http://ucce.ucdavis.edu/survey/survey.cfm?surveynumber=9591>. Counties are responsible for covering the travel and lodging cost of the trainer for this event.

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\*Logging into the Online Record Book will not be covered in this training, please work with your county office prior to the training to secure your login information for the Online Record Book if you currently have not accessed the system.

### **HEALTHY LIVING**

- **National Youth Summit on Healthy Living**

Congratulations to Glenda Marshall (Ventura County) and Audrey von Raesfeld (Sonoma County)! Both 4-H members have been selected to attend the National Youth Summit on Healthy Living. Youth attending this summit will gain knowledge and skills to address issues surrounding nutrition, physical fitness, and emotional well-being. Upon returning Glenda and Audrey will share what they learned at the Summit.

- **#4hwaterwed**

Start the New Year with a pledge to drink more water! Each Wednesday take a picture of yourself drinking water and post it to Facebook, Twitter, and Instagram. Be sure to #4hwaterwed to show your commitment to healthy living. For more information on the importance of hydration and ideas for your club visit: [http://4h.ucanr.edu/Projects/HealthyLiving/Water\\_For\\_Better\\_Living/](http://4h.ucanr.edu/Projects/HealthyLiving/Water_For_Better_Living/)

- **New 4-H curriculum: *Steps to a Healthy Teen***

*Steps to a Healthy Teen* helps youth develop skills and knowledge in physical education and nutrition. For a curriculum overview please visit:

<https://nationalfourhcouncil.adobeconnect.com/a701077731/p3z93c5muzd/?launcher=false&fcsContent=true&pbMode=normal>

- **Skillastics** is a series of oversized board games that develop children's fitness and sports skills. Each game engages up to 100 children at one time in an organized manner. Skillastics nutrition cards, aligned with MyPlate, are a perfect, fun, and innovative solution for integrating nutrition with fitness! To see an overview on Skillastics and the nutrition cards, click on the following links:



- Skillastics Overview: <http://www.youtube.com/watch?v=upJFWGC6P8g&feature=youtu.be>
- Nutritional Cards: [http://www.skillastics.com/skillastics\\_nutritional\\_cards.html](http://www.skillastics.com/skillastics_nutritional_cards.html)
- Website: [www.skillastics.com](http://www.skillastics.com)

To learn more, contact Jess Wadleigh at; (310) 431-8205 or [jwadleigh@skillastics.com](mailto:jwadleigh@skillastics.com)

- **FREE Pin For Newly Elected Healthy Living Officers!**

Congratulations! California has nearly 50 newly elected Healthy Living Officers! The Healthy Living officer will serve as the club's ambassador for health! By choosing to elect a Healthy Living officer your club is taking an active role in promoting healthy lifestyles. The Healthy Living officer will be the leadership for all health activities including: providing ideas on how to incorporate physical activities and healthy eating into each club meeting, writing Healthy Living articles for the club newsletter, and adopting and promoting a club Wellness Plan. Please help ensure that the health "H" of 4-H is at the forefront of all our meetings, consider electing a Healthy Living officer!

The Choose Health Officer Guide developed by Cornell University Extension can be found at: <http://www.ca4h.org/Resources/Publications/>

\*To receive your FREE Healthy Living Officer pin please email the name of your officer and club to Anne Iaccopucci at [amiaccopucci@ucanr.edu](mailto:amiaccopucci@ucanr.edu)

## **CITIZENSHIP/LEADERSHIP**

- **Save the date! California Focus is June 13-17, 2014**

California Focus is a unique citizenship educational experience that combines hands-on participation in workshops, debates and simulations with speakers, tours, fun activities and new friends from across California.

- **Citizenship Washington Focus**

**June 22-28, 2014**

Citizenship Washington Focus (CWF) is a week-long 4-H citizenship program for youth ages 14-19 that takes place at the [National 4-H Youth Conference Center](#), just 1 mile from the Washington, DC border. Every summer, thousands of young people participate in the program, which provides opportunities for them to:

- Strengthen their communication, leadership, and citizenship skills on a national level
- Understand the importance of civic and social responsibilities as they relate to the development of better citizens and leaders
- Exchange ideas, practice respect, and form friendships with other youth from diverse backgrounds
- Experience hands-on learning using the historical backdrop of Washington, DC.

For more Information <http://www.4hcenter.org/youth-conference-center-overview/educational-programs/citizenship-washington-focus/about/>

**Additional optional travel dates:**

**June 29-July 2, 2014 –Destinations to include Historical Gettysburg, PA, Philadelphia, PA and more! Registration will be open December 1, 2013.**

- **New for 2014- Leadership Washington Focus**

**July 15-19, 2014**

Leadership Washington Focus (LWF) is a 4-H leadership program for youth entering grades 7 through 9. The program will take place at the National 4-H Youth Conference Center, just 1 mile from the Washington, D.C. border. For more than 50 years, thousands of 4-H'ers have participated in our high school program, Citizenship Washington Focus and now we are happy to introduce its precursor for middle school 4-H'ers. For more information visit <http://www.4hcenter.org/youth-conference-center-overview/educational-programs/leadership-washington-focus/about/>. If your county has members interested in participating contact Jenna Colburn at [jcolburn@ucanr.edu](mailto:jcolburn@ucanr.edu).

- **State Leadership Conference August 14-17, 2014** U.C. Santa Cruz

*"Raiders of the Lost Leadership"*

The 4-H State Leadership Conference brings together high school youth from across California in a four-day leadership training, networking, and learning experience. **Check our website, Facebook, Twitter & Instagram for updates and exciting announcements!**

- **California 4-H \$1,000 for 1,000 Service Learning Projects**

<http://4h.ucanr.edu/Support/RofR/>

2013-2014 Revolution of Responsibility Application Deadlines:

January 15, 2014

March 15, 2014

May 15, 2014

July 15, 2014

September 15, 2014

November 15, 2014

## **SCIENCE, ENGINEERING, and TECHNOLOGY (SET)**

- **4-H Engineering and Technology Showcase (a special 2014 theme)**

May 31, 2014 at UC Davis, part of the State 4-H Field Day

Proposals due by May 4, 2014 at <https://ucanr.edu/survey/survey.cfm?surveynumber=11856>

At the State 4-H Field Day, 4-H clubs, projects, and other groups are invited to setup displays to share information, conduct hands-on activities, and engage people in new topics. In 2014, a special theme will feature engineering and technology in 4-H, which could include robotics, woodworking, rocketry, gis/gps, engines, computers, automotive, farm machinery, and more. 4-H members part of an engineering/technology display are eligible for a "4-H engineering" pin (please include names in the comments box below). Limited funding is available for groups to exhibit, please contact Steven Worker at [smworker@ucanr.edu](mailto:smworker@ucanr.edu) to inquire.

- **2014 USA Science and Engineering Festival**

**April 26 & 27, 2014**

<http://www.usasciencefestival.org/>

Our mission is to re-invigorate the interest of our nation's youth in science, technology, engineering, and math (STEM) by producing and presenting the most compelling, exciting, educational, and entertaining science festival in the U.S.

- **Film Festivals**

**Save the Date: California 4-H Film Festival**

**May 31, 2013** at UC Davis, part of the State 4-H Field Day

**Films due May 5, 2014**

The 2014 theme will be announced in January at [http://4h.ucanr.edu/Programs/Events/SFD/State\\_4-H\\_Film\\_Festival/](http://4h.ucanr.edu/Programs/Events/SFD/State_4-H_Film_Festival/)

**National 4-H Film Festival in 2014**

**August 3-6, 2014** in Missouri; films welcome from 4-H members across the U.S.

<http://4h.missouri.edu/filmfest>. The National 4-H Film Festival will invite youth produced videos/films to be submitted for viewing and judging.

**White House Student Film Festival**

**Films due January 29, 2014**

[http://www.whitehouse.gov/filmfestival?utm\\_source=email&utm\\_medium=email&utm\\_content=email265-text1&utm\\_campaign=filmfest](http://www.whitehouse.gov/filmfestival?utm_source=email&utm_medium=email&utm_content=email265-text1&utm_campaign=filmfest)

The White House is launching the first-ever White House Student Film Festival. K-12 students from around the country are invited to create and submit one- to three-minute short web videos. Finalists could have their videos screened at 1600 Pennsylvania Ave, and posted on the White House website. The topic: Highlighting the importance of technology in the classroom -- and imagining how technology will change the educational experience for kids in the future.

**Kavli Foundation "Science in Fiction" video contest**

**Films due March 21, 2014**

<http://www.usasciencefestival.org/2014-festival/2014-contests/kavli-video-contest-2013-2014.html>

The Kavli "Science in Fiction" video contest challenges students to examine the science in video games, movies, and television shows. The competition is now open to Grades 6-12 students. Winning videos will be shown at the USA Science and Engineering Festival in Washington next April.



- **The Art of Tinkering, a workshop at the Exploratorium**

**January 21-23, 2014**

<http://4h.ucanr.edu/files/177852.pdf>

Join us for a hands---on workshop about how tinkering and making experiences support fundamental STEM thinking and learning, designed for educators from all backgrounds, settings, and experience levels. This three day workshop will explore tinkering and making activities that have emerged as new standards for blending science and art explorations, exemplify best practices for critical thinking, and incorporate (and creative) ways for becoming active participants in the process of learning.

- **eGFI Teachers' Newsletter**

<http://www.egfi-k12.org/>

Delivered each month to your email inbox, our newsletter is packed with lesson plans and activities, resources, feature stories, and the latest developments in K-12 engineering education. eGFI is part of the American Society for Engineering Education (ASEE), a non-profit organization committed to enhancing efforts to improve STEM and engineering education.

- **Seven outstanding science-based websites you may not know**

<http://seekoutlearning.blogspot.com/2013/11/7-outstanding-science-based-websites.html>

- **California STEM Summit 2014**

**February 4, 2014** in Santa Clara

<http://www.castemsummit.com/>

The California STEM Summit is the state's foremost gathering of leaders from PK-12 formal and informal education, higher education, business and industry, government, and science-rich education institutions focused on STEM education. The Summit brings together these stakeholders to advance a common agenda for increasing quality, equity, and innovation in STEM education throughout California.

- **San Francisco Bay Area 4th Annual STEAM Colloquium**

**February 7, 2014** in San Ramon

<http://www.eventbrite.com/e/san-francisco-bay-area-4th-annual-steam-colloquium-registration-8497569459>

The STEAM (science, technology, engineering, arts, math) Colloquium will: address critical issues in implementing STEAM education; showcase best practices in STEAM education; build leadership capacity for educators; provide opportunities to develop learning communities throughout the region.

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**4-H All Stars:**

***Ru Ekanayake, PVP 4-H Club***  
***Sallie DeYoung, San Fernando Valley 4-H Club***

**Jr. All-Stars:**

***Katherine Cao, Pomona Valley 4-H Club***  
***Kiran Ekanayake, PVP 4-H Club***  
***Daniel Espinosa, Harbor Lights 4-H Club***  
***Jessica Fint, SFV 4-H Club***  
***Rachel Klose, PVP 4-H Club***  
***Ivory MacCracken, PVP 4-H Club***  
***Megan Okamoto, Pomona Valley 4-H Club***  
***Zella Roth, PVP 4-H Club***  
***Wesley Rich, PVP 4-H Club***  
***Alexa Sutter, PVP 4-H Club***  
***Megan Tahbaz, PVP 4-H Club***  
***Julius Treadwell, Pomona Valley 4-H Club***  
***Dryden Unszusz, PVP 4-H Club***  
***Shannon Chen, PVP 4-H Club***  
***Julie Sylvest, PVP 4-H Club***  
***Michelle Sylvest, PVP 4-H Club***  
***Charmine McClain, Pomona Valley 4-H Club***

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