

July 2014

If you have any questions or suggestions about the Clover Notes, please call Roy Hillstock at (626) 586-1972 or email at <u>rlhillstock@ucanr.edu</u> We welcome submissions, especially for Club News. Please submit articles by the 15th of the month to be posted in the following months' edition.

Contact the <u>Los Angeles 4-H Youth Development Office</u> or (626) 586-1972. For upcoming dates, please visit the <u>4-H Calendar</u>. We look forward to continuing to serve you and your 4-H needs.

POLICY

4-H Policy and Information Update

Each July 1, the 4-H Youth Development Program transitions to another year of positive youth development opportunities for youth. Youth and volunteers also have a chance to reflect on the past year's challenges and triumphs; projects and events; record books and reports. I want to highlight a few very important considerations as you begin the program year. First, make sure that all youth and adults are enrolled in the program for the current program year before beginning any 4-H activities or participating in any events as a 4-H member (i.e., fairs and exhibitions). It is important because of liability issues. To enroll in the 4-H program in Los Angeles County, please visit

https://california.4honline.com/

Second, be sure that the activities you are participating in are a part of your club's program plan and include a citizenship component, teaches a life skill and/or offers a leadership opportunity for the member. Having these key components are critical to ensuring that youth who participate in 4-H have a positive youth development experience.

Third, if you have not already, please prepare all of your club's financial records and be ready to submit the Treasurers' Book for auditing in September. The Youth Treasurer – along with the Adult Treasurer - should have all receipts, cancelled checks and invoices and has reconciled the club checking/saving account so that all expenses and income are accounted for. Remember, that money raised in the name of 4-H should be used to support the positive youth develop activities of the youth member so very little if any, should be rolled over to the next program year unless it's a part of a larger budgetary goal (i.e., raising funds for State Leadership Conference, raising funds to purchase a piece of livestock equipment).

All of these considerations can be found in the 4-H policy manual.

If you have any questions, contact me at (626) 586-1970 or kcnathaniel@ucanr.edu

• Sectional Field Day

Nicole Arena, Pomona Valley 4-H Club

There were many things at Sectional Field Day. We were able to look a bugs, listen to presentations, and judge. There was even music and a play at the end. I was able to be a room supervisor for presentations. I was able to judge two things and I just watched some interesting plays. There were two plays and some musical items. It was interesting to look at all the talent 4-H has.

• The Job of a Room Host!

Katherine Cao, Pomona Valley 4-H Club

I was a Room Host at Sectional Field Day. I really enjoyed this experience. I was both the MC and the Room Supervisor. This experience was new because it was the first year that the MC and Room Supervisor jobs were combined. The only complaint I would have is that I worked the room by myself and I was unable to do my Impromptu Speaking. Even though I had difficulties, it was a memorable experience.

• My 4-H Subject Reflections

Marina Treadwell, Pomona Valley 4-H Club

The 4-H subject that reflects me is art. My favorite 4-H art project was the sand art. It was complicated and I wanted to give up, but it was fun. It's almost like me because I am both of them. The sand also sparkles like me, too!

• Camp Song Leader

Julius Treadwell, Pomona Valley 4-H Club

I am looking forward to being the Summer Camp Song Leader. I would like to teach the song "Jaws to Do, Re, Mi" which we learned at Sectional Field Day. Camp should be fun!

• My 4-H year

Kairi Jimenez, Pomona Valley 4-H Club

All of 4-H was fun this year! We went to many places! One of my favorite times this year was when we had photography. Most of my best friends that are from my school are in 4-H. Every one acts funny here.

• Fun in 4-H

Cristian Jimenez, Pomona Valley 4-H Club

This year 2013-2014 was my second year in the Pomona Valley 4-H Club. The years were fun, boring, and fun (yes fun X 2). I am looking forward to one week at 4-H summer camp.

• 4-H Sectional Field Day

Jill Okamoto, Pomona Valley 4-H Club

I had fun doing an educational display at sectional field day. You can get gold to go to state field day. There are so many opportunities. Also you learn from your mistakes.

• Thanks

Conner Treadwell, Pomona Valley 4-H Club

Thanks for a good year in 4-H. My favorite was the movie event for 4-H and sectional field day. I liked getting a gold medal for my mock interview.

• LA Youth on National Healthy Living Management Team

Noel Keller, South Section 4-H Leaders' Council President

Ru Ekanayake from the Palos Verdes Peninsula 4-H Club was selected to be one of the five Youth Ambassadors for the National Healthy Living Management Team and will be attending a conference in Maryland this summer. Ru will work with the National 4-H Healthy Regional Coordinators to help plan and support 4-H Healthy Living programs. She will inform 4-H youth, 4-H volunteers, University faculty and other interested persons about 4-H Healthy Living opportunities, resources and program ideas that will help strengthen and expand 4-H Healthy Living programs.

Last year Ru was on the California State Healthy Living Leadership Team, which is a State Advisory Committee.

• "Raiders of the Lost Leadership" - August 14-17, 2014

"Raiders of the Lost Leadership" is the theme of the 2014 State 4-H Leadership Conference to be held August 14-17 on the UC Santa Cruz campus. 4-H members ages 13-19 are eligible to attend. The 4-H State Leadership Conference brings together high school youth from across the state in a four day leadership training, networking and learning experience. Don't miss out on one of the most fun and educational events California 4-H has to offer! Registration is due July 25, 2014. For more information and registration go to: http://4h.ucanr.edu/Programs/Conferences/SLC/.

• 2014-2015 LA County 4-H Plans

Noel Keller, LA County 4-H Leaders' Council President

The LA County 4-H Leaders' Council met on Saturday, May 10. We discussed and finalized plans for the 2014-2015 program year including the budget, calendar and council officers. Please view the county council webpage on the county 4-H website for details of the approved LA County 4-H 2014-2015 calendar and new council officers. Please forward additional information, dates and nominations to Noel Keller (nkeller91711@gmail.com). It was voted that a youth alternate sectional representative can fill in for an adult representative who cannot attend a sectional council meeting.

• Sectional Leaders' Council meeting

Noel Keller, South Section 4-H Leaders' Council President

The South Section 4-H Leaders' Council met on Saturday, June 14th. LA County was represented at this meeting by Noel Keller, Carrie DeYoung and Sallie DeYoung. We thank Carrie and Sallie for arranging for the refreshments for the meeting. Consult the South Section Leaders' Council website for the minutes for this meeting. This summer there will be a special planning meeting for Sectional Field Day 2015, which will be coordinated by San Diego County. There will also be a special meeting in San Diego this summer for the 2015 SLF planning committee. Contact Noel for further details about these meetings.

• 2013-2014 4-H Program Year has Ended

Noel Keller, Chair of the county I&R Committee

The 2013-2014 4-H program year ended June 30, 2014. All 4-H work, activities and accomplishments done from July 1, 2013 to June 30, 2014 should be included in your 2013-2014 Record Book for that program year. Activities done this summer, after June 30, 1014, should not be included with your 2013-2014 4-H records.

• BE SURE TO USE - Record Book Manual 2011-2013 and Forms

Noel Keller, Chair of the county I&R Committee

Record Book Manual 2011-2013 is the only record manual and forms that should be used this year. It is available on the state 4-H website and on our county website. The online record book system uses the forms from this 2011-2013 manual. If you have questions contact a member of the county I&R Committee or Noel Keller (nkeller91711@gmail.com).

NOTE - Record Book Manual 2011-2014

Noel Keller, Chair of the county I&R Committee

A new Record Book Manual 2011-2014 now exits on the state website. This manual is just a copy of the prior 2011-2013 Record Book Manual with a date change and the removal of the blue print which indicated the changes from the prior 2011 Manaul. The 2011-2014 forms are the same as the 2011-2013 forms. You can use either for your 2013-2014 record book.

• 2013-2014 County Record Book ID Form & Information

Noel Keller, LA County Incentives and Recognition Committee Chair

The forms and information for the 2014 LA County Record Book Competition are available on the county 4-H website under APPLICATIONS. The on-line recordkeeping will be the same as last year. For the county competition the 4-H forms will need to be printed out and submitted as hard copy. 2013-2014 record books are due September 9 to the 4-H Office or by September 10 to an Incentives and Recognition Committee member (Noel Keller, Judylynn Pelling, Carrie DeYoung, Peter Michel, Dee Keese).

The LA County Awards Program will be held Saturday, October 11th after the county 4-H Pet Symposium.

• LA County 4-H Officer Book Gold Medal

Noel Keller, LA County 4-H Incentives and Recognition Committee Chair

Did you do a great job as a club officer last year? If so, be sure to submit a 2013-2014 Officer Book for the officer book recognition program. The information and forms for the 2014 Officer Book Recognition Program are on the county website under APPLICATIONS. The evaluation of the officer records is done with the Danish system of judging so all officers have a chance to earn a Gold medal for their officer work. 2013-2014 Officer books are due at the same time as 2013-2014 record books, September 9 to the 4-H Office or by September 10 to an Incentives and Recognition Committee member (Noel Keller, Judylynn Pelling, Carrie DeYoung, Peter Michel, Dee Keese).

• 2014 LA County Results at Sectional Field Day

South Section 2014 4-H Field Day was held Saturday, May 17 at Mount San Antonio College in Walnut. We thank Orange County 4-H for organizing and running the event with the help of six of the other south section counties. We thank all the leaders, youth and staff who also helped make the event a big success. This was a fun, educational day at Mt. SAC!

Award certificates were given to all 4-H members who participated. Gold medals were given to the Sectional Winners. Gold medal winners were eligible to enter the State Field Day, held on May 31 in Davis. Congratulations to the following LA County 4-H members for their accomplishments at Sectional Field Day!

For the listings below, the following abbreviations are used: PVP = Palos Verdes Peninsula 4-H Club SFV = San Fernando Valley 4-H Club

Intermediate Presentations Mark Kasperson – Canyon Coyotes – GOLD medal

Intermediate Public Speaking

Xavier Cruz – Macy – Blue seal

Senior Public Speaking Jessica Fint – SFV – Blue seal Rachel Klose – PVP – GOLD medal

Junior Prepared Reading Cassidy Dalva – SFV – GOLD medal

Intermediate Prepared Reading Rebecca Klose – PVP – GOLD medal

Senior Prepared Reading Jessica Fint – SFV – GOLD medal Rachel Klose – PVP – GOLD medal Julius Treadwell – Pomona Valley – Blue seal

Junior Mock Interviews

Victoria Morales – Macy – GOLD medal Conner Treadwell – Pomona Valley – GOLD medal

Intermediate Mock Interviews Kiran Ekanayake – PVP – GOLD medal Nicole Kwan – Macy – GOLD medal

Senior Mock Interviews

Connor Gowland – Harbor Lights – GOLD medal Dryden Unszusz – PVP – GOLD medal Rachel Klose – PVP – GOLD medal

Junior Impromptu Speaking

Victoria Morales – Macy – Blue seal Cassidy Dalva – SFV – GOLD medal

Intermediate Impromptu Speaking

Kiran Ekanayake – PVP – Blue seal Jayce Gomez – Macy – Blue seal Kaylin Kwan – Macy – Blue seal Rebecca Klose – PVP – Blue seal Katherine Shannon – Canyon Coyotes – GOLD medal Mark Kasperson – Canyon Coyotes – Blue seal

Senior Impromptu Speaking

Dyrden Unszusz – PVP – Blue seal Rachel Klose – PVP – GOLD medal Julius Treadwell – Pomona Valley – Blue seal Charmaine McClain – Pomona Valley – Green seal

Senior Extemporaneous Speaking

Dryden Unszusz – PVP – GOLD medal Rachel Klose – PVP – Blue seal

Intermediate State Format Impromptu Speaking

Amalia Jimenez – Macy – Blue seal Enrique Morales – Macy – GOLD medal Nicole Kwan – Macy – Blue seal Xavier Cruz – Macy – GOLD medal

Junior Entomology Judging (only GOLD medals reported)

Cassidy Dalva - SFV - GOLD medal

Senior Entomology Judging (only GOLD medals reported) Rachel Klose – PVP – GOLD medal

Educational Exhibit

Dryden Unszusz – PVP – GOLD medal Kaylin Kwan and Nicole Kwan – Macy – GOLD medal Jill Okamoto – Pomona Valley – Blue seal Daniel Espinosa – Harbor Lights – Blue seal

Primary Clinic

Aigneas Gowland – Harbor Lights Kaitlyn Hanlon – Pomona Valley Nicole Martin – Pomona Valley

Cultural Arts - Individual

Rachel Klose - PVP - harp solo - GOLD medal - Sectional Winner

Share the Fun Skit

Canyon Coyotes - "4-H Dawn" - GOLD seal - Sectional Winner First Alternate

Ethan Boeker	Rachel Kasperson
Nathaniel Boeker	Michael Kasperson
Kaylah Brown	Mark Kasperson
Alannah Byrne	Rebekah Kasperson
Isobel Cook	Chloe Phillips
Jadelyn Cristalinas	Katherine Shannon

• 2014 LA County Results at Sectional Fashion Revue

South Section 2014 4-H Fashion Revue was held Saturday, May 17 at Mount San Antonio College in Walnut. Congratulations to the following LA County 4-H members for their accomplishments at Sectional Fashion Revue this year!

Junior – Traditional Mark Kasperson – Canyon Coyotes - GOLD medal

Intermediate - Traditional

Katherine Shannon – Canyon Coyotes – Blue seal

Senior – Traditional

Dryden Unszusz - Palos Verdes Peninsula - GOLD medal

Senior - Purchased

Jessica Fint - San Fernando Valley - GOLD medal

• Melted-Crayon Flowers Dawn Fuller, 4-H Program Coordinator



Summer is a fun time of year to spend at the beach, swimming, playing with friends, keeping cool and making your very own summer flowers!

To make Melted Crayon Flowers, you will need:

- White construction paper
- Black crayon, marker or chalk
- Crayon shavings in various bright colors (use your old crayons)
- Heat from the sun

Instructions:

- Draw an outline of a flower shape with the black crayon on a piece of construction paper.
- Place the crayon shavings within the lines of the flower shape to make a colorful design.
- Carefully place the picture outside in the sun. Place a rock, or some other heavy object, on the corner of the paper to keep it on the ground. Allow the crayon shavings to melt.
- If possible, leave the picture outside overnight to allow melted crayon to harden.
- Give as a present to someone special in your community. Think about friends who may not be feeling well, or adults who may be in a senior center or convalescent home, that you think would be happy to have your Melted Crayon Flower!

More Ideas:

- Summertime flowers are bright and beautiful, but you may wish to experiment to see what other types of designs you can create with melted crayon shavings.
- Shave your crayons with a vegetable peeler or cheese grater (with your Mom or Dad's permission).
- Make melted-crayon designs on poster board frames for your creations, as well as any other artwork. Ask your friends to guess how you created this masterpiece!

• Who is Uncle Sam?

Dawn Fuller, 4-H Program Coordinator



Each 4th of July, and many times throughout the year, we may hear people talking about our country, and mentioning someone named "Uncle Sam." Who is Uncle Sam? Uncle Sam was actually a cartoon character featured in the newspaper from the early 19th century, who represents the United States government. Uncle Sam was patterned after Samuel Wilson, an army meat supplier during the War of 1812. Wilson would mark his meat products with "U.S.," which stood for Uncle Sam, but has since come to stand for United States. Uncle Sam's image has been transformed over the years into a tall, thin bearded man with a hat, blue tailcoat and red and white striped pants.

Why not try making *Uncle Sam's Fruitful Sundae* for your family and friends, or even show your fellow club members how to make this tasty 4th of July treat?

Uncle Sam's Fruitful Sundae

(4-6 Servings)

Three cheers for the red, white and blue! This bright berry sauce is quite a sight when drizzled over a bowl of wonderful honey or maple-sweetened vanilla ice cream. It will create many smiles on a summer night.

Ingredients:

½ cup natural strawberry preserves
½ cup natural berry juice (choose the brightest red bottle on the shelf)
1 pint natural vanilla ice cream
½ cup fresh blueberries (washed)
½ cup sliced strawberries (washed and sliced)

In a small bowl, mix preserves and juice until well combined. Divide ice cream among serving bowls. Pour on berry sauce. Add blueberries and strawberries. Salute your sundae before it disappears!

• Dates To Remember in

July

July		
	1st-	Start of 2014-2015 4-H Program Year (don't forget to <u>re-enroll</u>)
	4th-	Independence Day
	11th-	California State Fair
	28th-	AV District Council mtg.
August		
0	3rd-	AV Horse Awards Banquet
	5th-	Club Audits do to Charlene Moore (AV Office)
	14th-	State Leadership Conference (8/14-17)
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- 15th- Start of Antelope Valley Fair (8/15-24)
- 25th- AV District mtg.
- 29th- Los Angeles County Fair (8/29-9/28)



Happy 4th of July from the LA County 4-H Staff--

Keith, Charlene, Roy & Dawn

SCHOLARSHIPS & AWARDS

- Summer of Service Awards Deadline: July 31 More <u>info.</u>
- **Global Youth Service Day 2015 Lead Agency Program** Deadline: July 31 More <u>info.</u>
- Dollar General Afterschool Literacy Award from Afterschool Alliance Deadline: August 15 More <u>info.</u>
- The Home Depot Foundation Community Impact Grants Deadline: August 15 More <u>info.</u>

DATES & DEADLINES

July

7/11/2014 2014 CA State Fair July 11-27-2014 7/22/2014 2014 State Fair 4-H Throwdown

August

8/3/2014 <u>4-H Film Fest 2014</u> 8/14/2014 <u>State Leadership Conference</u>

September

9/13/2014 South Section Meeting

October

10/1/2014 <u>Deadline: CA 4-H Quick Start Record Book Course</u> 10/4/2014 <u>North Section Meeting</u> 10/4/2014 <u>Shooting Sports Archery Certification Workshop</u> 10/18/2014 <u>Shooting Sports Leaders Meeting</u>

November

11/3/2014 <u>Deadline: Records Books for State Competition</u> 11/14/2014 <u>Save the date: 2014 State 4-H Leaders' Forum</u>

4-H All Stars: Ru Ekanayake, PVP 4-H Club Sallie DeYoung, San Fernando Valley 4-H Club

Jr. All-Stars:

Katherine Cao. Pomona Vallev 4-H Club Kiran Ekanayake, PVP 4-H Club Daniel Espinosa, Harbor Lights 4-H Club **Jessica Fint, SFV 4-H Club** Rachel Klose, PVP 4-H Club Ivory MacCracken, PVP 4-H Club Megan Okamoto, Pomona Valley 4-H Club Zella Roth, PVP 4-H Club Wesley Rich, PVP 4-H Club Alexa Sutter, PVP 4-H Club Megan Tahbaz, PVP 4-H Club **Julius Treadwell, Pomona Valley 4-H Club** Dryden Unszusz, PVP 4-H Club Shannon Chen, PVP 4-H Club Julie Sylvest, PVP 4-H Club Michelle Sylvest, PVP 4-H Club Charmine McClain, Pomona Valley 4-H Club

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