



November 2014

If you have any questions or suggestions about the Clover Notes, please call Roy Hillstock at (626) 586-1972 or email at rhillstock@ucanr.edu. We welcome submissions, especially for Club News. Please submit articles by the 15th of the month to be posted in the following months' edition.

Contact the [Los Angeles 4-H Youth Development Office](#) or (626) 586-1972. For upcoming dates, please visit the [4-H Calendar](#). We look forward to continuing to serve you and your 4-H needs.

POLICY

4-H Policy and Information Update

The University of California 4-H Youth Development Program is open to any and all youth without regard to race, gender, religion or sexual orientation. The Affirmative Action policy outlines and guides our program efforts to be sure the program is open and accessible to all who want to participate. 4-H does not and has never endorsed quotas or programming based on a quota system. However, each club should reflect the community in which it is situated and mirror the families and people who live there. Clubs that do not reflect the community should at least demonstrate *All Reasonable Effort* (ARE) to show earnest and genuine attempts to reach youth and families not reflected in the club. According to the policy, ARE includes:

- Using all appropriate available mass media, including radio, newspaper, and television, to inform potential clientele of the program and of the opportunity to participate.
- Distributing announcements, flyers, and posters, as appropriate.
- Sending circulars and personal letters to individuals who are members of the underserved clientele group, including the dates and places of meetings or other planned activities, and inviting them to participate.
- Making personal visits to a representative number of the underserved potential clientele in a geographically defined area to encourage them to participate.
- While volunteer leaders may be asked to assist in these efforts, ultimate responsibility for compliance rests with 4-H YDP staff.

4-H is committed to diversity and that commitment is evidenced in the ongoing outreach efforts to extend the reach of the program to communities throughout Los Angeles County. For more information on the Affirmative Action policy or All Reasonable Effort please refer to the 4-H Policy handbook at:

<http://www.ca4h.org/policy/chapter3/index.asp#X>

CLUB

- Project Fair and South San Gabriel Achievement Night
Glenys Rich, PVP 4-H Club, Clover Notes Reporter**

On September 21, the PVP 4-H club hosted the annual Project Fair and SSG Achievement Night at Mrs. Keese's house, our club leader. There, teen and junior leaders make a board or a display to show to new members what their project is about. We also enjoyed a big potluck dinner where everyone brings a favorite dish. Club President, Ru Ekanayake, announced our club's graduating seniors, the new Board members and other business and at the end, the Junior All-Star's handed out the member's yearly pins and any special awards. We had a few other clubs, Greenleaf and Harbor Lights display their projects and hand out yearly pins as well. Some of the projects that displayed were Marine Biology, Computers & Electronics, Pets & Small Animals, Dog Care to name only a few as well the projects shown in the photos below (Clothing & Textiles, Pigeons, Rocketry, Pen Pals & Photography). It was a fun evening!



- **Rockets to the Rescue**

Alannah Byrne, Canyon Coyotes 4-H Club, Reporter

On October 4 the Canyon Coyotes, along with several other clubs from the Antelope Valley partnered with the Education Office at NASA Armstrong Flight Research Center, Palmdale, in the National Youth Science Day project Rockets to the Rescue program.

The hosts for the day were Shaun Smith, K-12 Formal Education Program Lead, who taught on the History of Rockets and Basic Rocket Design, and David Alexander, Digital Learning Network Education Specialist, who taught on Food in Space.

Youth were divided into teams and designed a mission patch and a paper rocket, which they later launched in a competition on Wednesday, October 8th. The rockets were attached by PVC pipe to a two liter bottle filled with air. When the youth were ready to launch their rockets, they jumped on the bottle.

One of the competitions was accuracy of the flight. They could adjust the direction of their rocket by movement of the PVC pipe. They learned to only change one variable at a time in order to determine if that was helpful. To test the accuracy of their flight, they were aiming at a “hula hoop island.” They were given two tries and the winner of this competition was the team of Rebekah Kasperson and Akzila Neidhart of the Canyon Coyotes and Arah from Eastside Antelopes.

The overall winner for accuracy of the flight, distance and overall design was the team of Rachel Kasperson, Mark Kasperson, Joshua Cheatham, and Nathaniel Boeker.

A big thank you to Mrs. Kasperson who attended a training session led by NASA and assisted with building the rockets and the launch

- **PVP 4H Booth at Local City Celebration**

Glenys Rich, PVP 4-H Club, Clover Notes Reporter

On September 20th, the PVP 4H club had a booth at the annual Rolling Hills Estates City Celebration. Members volunteered to help out at our booth and sell cotton candy, popcorn, and snow cones to help raise money for our club. The Leathercraft project displayed and sold small wares. It was a wonderful experience to also watch the horse show and visit other booths.



- **Canyon Coyotes Goes to the Dogs**

Alannah Byrne, Canyon Coyotes 4-H Club, Reporter

At the October 6 general meeting of the Canyon Coyotes 4-H, dog leader Mrs. Jacobsen, and two project members gave demonstrations on what is involved with showing your dog at the AV Fair.

Megan Kitcko and her dog, Samson, Therese Benz and Allie, and Mrs. Jacobsen and Kaia, a white German Shepherd, demonstrated things that the members work on preparing for fair. There are four classes in which members can participate at fair: showmanship, obedience, tricks and costume. Last year's fair theme was Poultry in Motion so Therese dressed her dog as a peacock and Megan dressed her dog as a chicken.

In showmanship you are asked questions about dog anatomy, your dog's breed and general informational questions about dogs. In showmanship the class is lined up largest to smallest and you walk your dog. In obedience, they are looking to see how well your dog listens to your commands. Two of the commands are the "sit/stay" and "down/stay". Based on how long you have been in the project (sub-novice, novice, etc.) determines whether or not your dog is on or off leash. In the down/stay the dogs have to lay for three minutes without getting up. Everything is very quiet and Mrs. Jacobsen said that can seem like the longest three minutes of your life.

Dogs in the project must like other dogs and people. Since this is a year-round project, it gives you a special bonding time with your dog. The fair is going to try to add an agility class this year, which will give the dogs some fun play time as well.

- **Meet Our 4-H Communications Committee**

Jayce Gomez, Macy 4-H Club

This year, Macy Intermediate School started a Communications Committee to inform students and others about different activities going on in 4-H. This committee is comprised of 5 students from sixth through eighth grade. This group will be responsible for writing articles about the progress of 4-H. They will also be creating bulletin boards to display the activities throughout the year. We know that the dedication and commitment that these students have will make us proud!



Hello there! My name is Haig Amloyan. I was born March 31, 2003, at Whittier Hospital. My family consists of my 42 year old dad, Thomas, my 37 year old mother, Diana, and my two very "nice" brothers, Nicholas and Michael. Some of my hobbies are fishing and playing soccer. At Macy Intermediate, I am part of the Macy 4-H Communication Committee and Student Council. In the evenings, I swim for the Monterey Park Swim Team and am the captain of my AYSO Region 1065 Soccer Team.



Hi! My name is Emily Law and I am 12 years old. My interests include watching Anime, playing “League of Legends” and drawing. I enjoy gardening in my backyard and helping out at our school garden. Gardening is my favorite outdoor hobby because I love plants. I joined 4-H so I could learn more about gardening and plants. After joining 4-H, I met new people and learned the proper way to use gardening tools. There are many competitions in 4-H, but I didn’t get to participate last year. This year, I hope to compete and possibly win some pins!



Hello! My name is Kaylin Kwan and I am 12 years old. I attend Macy Intermediate School where I am currently a 7th grader. I was first introduced to Macy 4-H through my older sister, Nicole. I’ve been a member of 4-H for one year and have attended three Field Day competitions. During the Field Day competitions, I competed in the Educational Display category where I got to practice my public speaking skills. I also attended Judging Day last year. At Macy, I am part of the 4-H GreenSpace, 4-H Photography, and 4-H Communication Committee. As part of 4-H GreenSpace, I have learned how to weed, turn the soil, and handle gardening tools. I’ve also learned how to seed and move plants from one place to another.



Hello! My name is Royce Tyrese Jones and I am 13 years old. My hobbies are swimming and playing video games. At Macy Intermediate, I enjoy science and math. Science makes me think about the world around me and without math, there wouldn’t be science. When I grow up, I want to become a scientist, a dentist, or a doctor. I want to become one of these because I want to help people and change the world. This year, I am participating in Student Council, 4-H GreenSpace and the 4-H Communication Committee. So far, I’ve learned how to weed and properly use gardening tools. This year, I am looking forward to working with different groups of diverse students.



Hello, my name is Jayce Daniel Gomez. Currently, I am an eighth grader at Jack F. Macy Intermediate. I have always been involved in school by joining many different clubs. The clubs that I am currently active in are Macy 4-H Greenspace, Macy 4-H Photography, 4-H Communications Committee, Macy Knight Lights, and Chew's Crew. I have enjoyed my experience with 4-H because it has strengthened my leadership skills. Being part of all these activities has also made me more responsible, as a result it has made me a better leader. My goal is to one day become a Technology Engineer. I want to one day have my own company and create technology that will help others.



4-H Communications Committee

First Row: Royce Jones, Haig Amloyan, Jayce Gomez, Emily Law, and Kaylin Kwan

Top Row: Ms. Wong and Mr. Lopez

- **Pumpkin Bread**

Julius Treadwell, Pomona Valley 4-H Club

We went to the LA County Fair in September. I made pumpkin bread with a lemon glaze. My brother Conner made chocolate zucchini bread. We took it to the bread contest. I won first place and sweepstakes. Conner won second place. It was fun.

Yes, there are two chocolates in that sentence above. It was very chocolate zucchini bread.

- **Pumpkin Patch**

Joanna Cao, Pomona Valley 4-H Club

We went to the Cal Poly Pumpkin Festival. I wanted to go to the tippy top of the hill and get a pumpkin. I got the biggest pumpkin that was there in the patch. After the pumpkin patch, we went to the corn maze and some of us got lost and found at the end. It was fun.

- **Summer Camp**

Jill Okamoto, Pomona Valley 4-H Club

This year at summer camp, it was funner than usual. We made boats out of cardboard and other team work games and items. I made new friends, learned new things and more.

- **The exciting Pet Symposium**

Katherine Cao, Pomona Valley 4-H Club

This year at the Pet Symposium we had many animal friends and visitors during the event. At the event, we had many event and information booths. We also had face painting and rocket launches. Children visited many of the information booths and learned about various types of animals and animal care.

COUNTY

- **2014 County Awards Day Results**

Noel Keller, LA County 4-H Incentives and Recognition Committee Chair

The County Awards Day program for 2013-2014 was held on Saturday, October 11 after the County Pet Symposium at Belvedere Park in Los Angeles. For the event, SSG district provided the publicity, NSG district provided the refreshments, AV district provided the program and SFV provided the decorations. Our county 4-H All Star Holly Whipple was the program MC's and was assisted by members of the Junior All Stars county project. We thank all those who helped make this a special occasion. Congratulations to the following for their accomplishments.

RECORD BOOK AWARDS

Junior

Arts & Crafts

County Winner – Christian Cook, Canyon Coyotes

Silver Medalist – Joanna Cao, Pomona Valley

Beginning 4-H

County Winner – Sophia Smalley, Pomona Valley

Silver Medalist – Shanel Tolliver, ERHP

Silver Medalist – Zavien Gonzalez, ERHP

Clothing & Textiles

County Winner - Rebekah Kasperson, Canyon Coyotes

Dog Care

County Winner – Tom Zuanic, PVP

Electronics

County Winner - Alexander Nunley, PVP

Foods and Nutrition

County Winner – Jill Okamoto, Pomona Valley

Heritage Arts

County Winner – Andrew Nunley, PVP

Silver Medalist – Erin Murdoch, PVP

Horse

County Winner – Therese Benz, Canyon Coyotes

Public Speaking

County Winner – Conner Treadwell, Pomona Valley

Pygmy Goats

Silver Medalist – Julie Brown, PVP

Rabbits

County Winner – Arah Snodgrass, Eastside Antelopes

Shooting Sports

County Winner – Christopher Green, Neenach

Wildlife

County Winner – Nicole Arena, Pomona Valley

Intermediate**Archery**

County Winner – Erin O'Connor, PVP

Arts and Crafts

County Winner – Nathanael Neidhart, Canyon Coyotes

Baking and Breadmaking

Silver Medalist – Madeline Copeland, LV Racketteers

Birds – Poultry

County Winner – Amber Stricklen, LA Racketteers

Cake Decorating

County Winner – Dakotah Gordon, Quartz Hill

Clothing and Textiles

County Winner – Sara Conlon, PVP

Silver Medalist – Akzila Neidhart, Canyon Coyotes

Computers

County Winner – Kiran Ekanayake, PVP

Dog Care

Silver Medalist – Isobel Cook, Canyon Coyotes

Foods and Nutrition

Silver Medalist – Kathleen Hsu, PVP

Goats – Pygmy

County Winner – Mark Kasperson, Canyon Coyotes

Guide Dogs

County Winner – Lucia Brown, PVP

Heritage Arts

County Winner – Catherine Nunley, PVP

Horses and Ponies

County Winner – Megan Kitcko, Canyon Coyotes

Silver Medalist – Alexa Sutter, PVP

Leathercraft

County Winner – Michelle Sylvest, PVP

Ornamental Horticulture

Silver Medalist – Evelyne Copeland, LV Racketteers

Photography

County Winner – Zella Roth, PVP

Rabbits

County Winner – Katherine Shannon, Canyon Coyotes

Rocketry

County Winner – Glenys Rich, PVP

Shooting Sports

County Winner – Becca Carter, LV Racketteers

Silver Medalist – Forrest Green, Neenach

Sports

County Winner – Katie O'Daniel, PVP

Silver Medalist – Georgia Pike, PVP

Swine

County Winner – Karleen Hults, LV Racketteers

Certificate of Achievement – Jackson Bennett, LV Racketteers

Wildlife

County Winner – Giovanna Arena, Pomona Valley

Senior

Aerospace and Rocketry

County Winner – Wesley Rich, PVP

Arts and Crafts

County Winner – Charmine McClain, Pomona Valley

Beef

County Winner – Justin Miller, LV Racketteers

Certificate of Achievement – Coby Tyler, Neenach

Certificate of Achievement – Eric Tyler, Neenach

Clothing and Textiles

County Winner – Rachel Kasperson, Canyon Coyotes

Computers

County Winner – Ru Ekanayake, PVP

Dairy Goats

Silver Medalist – Janae Conrad, Quartz Hill

Dog Care

County Winner – Nathan McPhaul, PVP

Drama

County Winner – Michael Kasperson, Canyon Coyotes

Food Preservation

County Winner – Alannah Byrne, Canyon Coyotes

Silver Medalist – Nicole Alger, Neenach

Silver Medalist – Julius Treadwell, Pomona Valley

Foods and Nutrition

County Winner – Katherine Cao, Pomona Valley

Silver Medalist – Thomas DelPonti, PVP

Silver Medalist – Trudy DelPonti, PVP

Silver Medalist – Megan Okamoto, Pomona Valley

Horses and Ponies

County Winner – Elizabeth Benz, Canyon Coyotes

Leathercraft

County Winner – Julie Sylvest, PVP

Meat Goats

County Winner – Baylea Hults, LV Racketteers

Sheep

County Winner – Anna Weilbacher, LV Racketteers

Silver Medalist – Demitri Hull, LV Racketteers

Shooting Sports

County Winner – Meg Carter, LV Racketteers

Silver Medalist – Hunter Green, Neenach

Shooting Sports – Rifle

Silver Medalist – Liliana Brown, PVP

Swine

County Winner – Kayla Rohaley, LV Racketteers

Certificate of Achievement – Morgan Bennett, LV Racketteers

Wildlife

County Winner – Meghan Tahbaz, PVP

CLUB OFFICER BOOKS AWARDS

President

Paige Jacobsen, Canyon Coyotes – Gold Medal

Vice-President

Ethan Boeker, Canyon Coyotes – Gold Medal

Secretary

Rachel Kasperson, Canyon Coyotes – Gold Medal

Treasurer

Alannah Byrne, Canyon Coyotes – Gold Medal

Sumiko Ridosky, ERHP – Gold Medal

Reporter

Michael Kasperson, Canyon Coyotes – Gold Medal

Kiran Ekanayake, PVP – Green Seal

Historian

Isobel Cook and Megan Kitcko, Canyon Coyotes - Gold Medal

Glenys Rich, PVP – Gold Medal

Other

Ru Ekanayake, PVP, Programs Chair – Blue Seal

Mark Kasperson and Nathanael Neidhart, Canyon Coyotes, Recreation – Gold Medal

Julie Sylvest, PVP, Parent Participation Chair – Gold Medal

Meghan Tahbaz, Events Officer – Gold Medal

JUNIOR AND TEEN LEADERSHIP MERIT AWARDS**Junior Leader**

Megan Kitcko, Canyon Coyotes

Becca Carter, LV Racketteers

Katherine Shannon, Canyon Coyotes

Teen Leader

Meg Carter, LV Racketteers

Ru Ekanayake, PVP

Nathan McPhaul, PVP

Wesley Rich, PVP

Meghan Tahbaz, PVP

SENIOR AWARDS OF EXCELLENCE**Senior Award of Excellence in Healthy Living –**

Ru Ekanayake, Palos Verdes Peninsula

Senior Award of Excellence in Science, Engineering and Technology (S.E.T.)

Wesley Rich, Palos Verdes Peninsula

Senior Award of Excellence in Community Service –

Not awarded this year

Senior Award of Excellence in Leadership –

Megan Tahbaz, Palos Verdes Peninsula

Senior Award of Excellence in Achievement –

Julius Treadwell, Pomona Valley

- **2014 LA County 4-H Senior Awards of Excellence**
Judylynn Pelling, LA County 4-H Leaders' Council Secretary

Senior Award of Excellence for Healthy Living winner
Ru Ekanayake, PVP 4-H Club

Ru wrote about her future plans of pursuing medical journalism or working with the World Health Organization, traveling around the world to provide health care to areas that cannot afford it.

It is important to do an All Star Project that is meaningful and healthy, so Ru arranged CPR training for 4-H leaders and community leaders for free. She was also a member of the 2013-2014 Healthy Living Leadership Team for the state of California. Wanting to do more, she applied and has been accepted as a member of the National Healthy Living Leadership team. She attended the National healthy living conference this summer in Maryland. Now she has lots of healthy living ideas to share with our whole county as our county's Healthy Living officer. Congratulations to our Senior Award of Excellence winner for Healthy Living, Ru Ekanayake from PVP.

Senior Award of Excellence for S.E.T. (Science, Engineering and Technology)
Wesley Rich, PVP 4-H Club

Wesley has been in the Aerospace and Rocketry project for 6 years, a Jr. leader in it for 3 years, and teen leader in it for one year. For 2 years Wesley has been team captain of his club's rocketry project TARC team, which stands for Team America Rocketry Challenge. With his team he spent over 100 hours working on rockets, perfecting launch, flight, and landing. Last year his team placed in to top 100, out of 750 teams. In the competition they placed 25th in the nation. This year they again placed in the top 100 out of 750 teams. Again they traveled to the finals in Washington, D.C.

This year the challenge was to launch 2 eggs, 850 feet into the air, and bring them down safely in 2 parachutes within 48-50 seconds. The team placed 14th in the whole United States. Congratulations to the 4-H TARC Team leader, our Senior Award of Excellence winner for SET, Wesley Rich from PVP.

Senior Award of Excellence Award for Leadership
Meghan Tahbaz, PVP 4-H Club

A 5 year 4-H member, Meghan wasted no time becoming a leader in her 4-H club. In her 2nd year, she was Jr. Leader for the wildlife project. Four-H was helped make Meghan into a stronger leader as she took on officer roles with in the club, and she started to get involved with the San Gabriel Valley 4-H Fair.

At the county level this member helped in the primary room at county judging day, and timed at County Field Day. Now this member serves as a Jr. All-Star and her club's 2nd vice president. Her leadership skills were tested and continued to grow as she took on the roll of Executive director of the San Gabriel Valley 4-H Fair, no small task as she coordinated the communications and planning of the fair between all the adult and youth directors. Her leadership goals continue to be to "make the best better". Congratulations to our Senior Award of Excellence Award winner for Leadership, Meghan Tahbaz from PVP.

Senior Award of Excellence for Achievement
Julius Treadwell, Pomona Valley 4-H Club

Julius Treadwell joined 4-H at 5 years of age in the primary project. Like many 4-Her's, his favorite project at the age of 9 was foods. Julius began entering fairs and other contests; winning with rocketry, food and wildlife projects. As the he grew in 4-H, he worked on over 100 community service projects and represented 4-H at many public events. Julius also was on junior staff and then host on staff at 4-H summer camp. Working as part of the kitchen area was a great addition to his continued love of cooking. As a teen Leader, Julius taught many cooking skills to younger members. He also served as a Jr. All Star and helped to emcee many events. Over the past 14 years, Julius has attended and helped at just about every event in Los

Angeles County and much of the South section, over 150 events in all. Besides his love of 4-H this member loves to dance! Congratulations to this year's Senior Award of Excellence winner for Achievement, Julius Treadwell from Pomona Valley.

- **LA County Food Fair – Postponed**

Noel Keller, LA County 4-H Leaders' Council President

The LA County Food Fair scheduled for Saturday, November 8th has been canceled due to lack of leadership for the activity. Hopefully, it can be rescheduled during the winter or spring. The person who was going to organize this event is not able to plan it now. Please contact Noel Keller (nkeller91711@gmail.com) if you are interested in organizing or helping with a county food fair. This could be an opportunity for an Emerald Star Project or for a Foods and Nutrition project group.

- **State Leaders' Forum 2014 – "101 Ways 4-H Thrives" – Nov. 14-16**

Noel Keller, South Section 4-H Leaders' Council President

Registration is still open for the State 4-H Leaders' Forum to be held in Sacramento at the Crowne Plaza Hotel on November 14, 15 and 16, 2014. The theme this year is "101 Ways 4-H Thrives". The 2014 California State Leaders' Forum aims to rekindle our capacity for inspiration and innovation. 4-H volunteers and staff from throughout the state, involved in all parts of 4-H, are invited to be inspired and strengthen our vision for the future of 4-H. State Leaders' Forum is a networking opportunity and a fun weekend too. Join us to refresh your 4-H commitment! Along with meeting leaders from all over the state, participating in informative workshops, networking with other leaders in your project areas and getting recharged with that 4-H spirit, you will learn more about our plans for the future. Go to the State 4-H Leaders' Forum website to get more information about registration, lodging, sessions and all the special events. Plan to go. You will receive ideas for at least 101 project activities.

The LA County council has some scholarships to help leaders attend the State Leaders' Forum, especially if they are attending the Forum for the first time.

- **LA 4-H 2014-2015 Calendar**

Noel Keller, LA County 4-H Leaders' Council President

Consult the county website for the current LA County 4-H 2014-2015 calendar. The 4-H office is now not planning to print out a hard copy of the calendar and send it out to club leaders. If you want a hard copy of the calendar, please print it from the county website.

- **Event Swap**

Noel Keller, LA County 4-H Leaders' Council President

The LA County 4-H Judging Day scheduled for Feb. 28 will be organized and run by the AV district this year. As usual, all clubs are encouraged to help with some part of Judging Day. If you would like to organize one of the judging rooms, please contact Charlene Moore in the AV 4-H office.

SFV district will now be planning the Leaders' Appreciation Luncheon this year..

- **Officer Books For County Recognition**

Noel Keller, County Incentives and Recognition Committee Chair

Information for the county 2014-2015 Officer Book Recognition Program will soon be up on the county website. Now is the time for your club officers to be planning to create an officer book for their 2014-2015 club officer work. Officer books are evaluated for President, Vice-President, Secretary, Treasurer, Historian/Memory Book, Reporter and Other Officer (all other club officers, such as Facilities Officer, Supplies Officer and Host/Hostess). All the club officers have a chance to earn a gold Officer Book medal for their club officer work. Look for the information about this recognition program on the county 4-H website under APPLICATIONS.

- **Plan Ahead and Start Your Records NOW**

Noel Keller, County Incentives and Recognition Committee Chair

The 2014-2015 4-H year is moving forward. Decide what your goals are in 4-H for this year. Use the Member Planning Sheet found under FORMS on the county website to record your plan for the year. During the year, look at your plan and see how you are doing.

Record your 4-H activities as the year goes along. Don't wait until July to record what you did in 4-H. If you wait, you will probably forget some of your accomplishments. The 2014-2015 Record Book ID form and guidelines are now on the county website under APPLICATIONS. It is much like what was done last year. If you have any questions, please contact a member of the county I&R Committee or Noel Keller (nkeller91711@gmail.com).

- **LA County 4-H Leaders' Council Open Positions – Youth And Adults**

Noel Keller, LA County 4-H Leaders' Council President

Now is the time to get involved in planning a fun, educational LA County 4-H program. Join the county leaders' council as an officer. Experience is not necessary, just an interest in having an enriched program of 4-H activities for our youth. The council only meets four times a year and the meeting locations vary around the county. You are not required to attend all the meetings. You can send in your report, if necessary. **Most council positions can be held by youth/adult partnerships.**

At this time, we have the following open council positions:

| | |
|--|------------------------------------|
| Parliamentarian/Policy Secretary | Agriculture Committee Chair |
| Leader Support Committee Chair | Reporter/Historian |
| Shooting Sports Committee Chair | Technology Committee Chair |
| Alternate Rep. to the Sectional Leaders' Council (2 adults and 2 youth) | |

Please contact Noel Keller (nkeller91711@gmail.com) if you are interested in any of the above vacant offices on the council. We need all the districts represented on the county council. The AV district does not have a volunteer or youth on the council at this time. Remember that senior youth can hold offices on the council. An adult and a senior youth could share a council office. We need you. How would you like to help? There are only three county council meetings left this 4-H year.

- **State Fashion Revue – May 30, 2015**

Noel Keller, South Section 4-H Leaders' Council President

The State Fashion Revue will be held on Saturday, May 30, 2015 in Davis. Note that this year the event will not be held on the Memorial Day weekend. This year there will be categories of traditional, jacket challenge, upcycled, costume challenge and Consumer Science-Purchased with \$40 limit, plus service projects Fashion It Pillowcases and Hats for Hospital. Information about this event with its categories and challenges is now available on the State 4-H website. The State Fashion Revue will be held again with the State Field Day.

- **Teen Involvement Conference – January 16-18, 2015**

Noel Keller, South Section 4-H Leaders' Council President

Attention LA County Senior members – start planning to attend TIC (Teen Involvement Conference) in January at Pathfinder Ranch in San Bernardino County. This three day youth leadership conference offers opportunities for 4-H youth to grow through a series of educational workshops, team building activities, motivational speakers, section level youth leadership possibilities, community service and more. The theme this year is "Finding the Power Within". Amanda Penicks is the Youth Conference Director and John Trammell is the Adult Conference Director.. The South Section 4-H Teen Council is planning the event and details are now available on their teen council webpage. This is a great opportunity to get involved in 4-H above the county level and meet other Southern California 4-Hers. 4-H teens from all the sections in the state are welcome to attend. TIC was selected as a 2014 Golden Award Winner for Special Events and Activities. Plan to come in January. Mark your calendar.

- **State Leaders Council Meeting – October 25**
Noel Keller, South Section 4-H Leaders' Council President

The State 4-H Leaders' Council met in Davis on Saturday, October 25. Attendees from LA County included Noel Keller, Sallie DeYoung and Peter Michel (online). Plans are moving ahead for the State Leaders Forum to be held in Sacramento November 14-16. There is still time to register for this state event for leaders. State Record Book judging will occur Nov. 7-9. Louise Silacci from Kings County was elected as the new state council President and Stephanie Barrett from Riverside County was elected as the new state council Secretary. The state council is still considering some new council offices for Healthy Living, PR and Technology. A committee was formed to discuss the positions and draft job descriptions for consideration at our next council meeting. Information about State Field Day and State Fashion Revue are now up on the state website. Discussion Meet will be a new category at State Field Day. A Manual has been created for the category. Everyone was reminded that there are new Links for information on the state 4-H website so please delete your old Links and reset for the new Links. There was no new information about the follow up to the State FTF Committee or the 4-H uniform review. For more information about the state leaders' council meeting, look at the minutes of the October 25, 2014 meeting on the state 4-H website.

The next state council meeting will be Saturday, April 25, 2015 in southern California. It is a great opportunity to learn what is happening in the state 4-H program.

- **New category for Field Day – 4-H Discussion Meet**
Noel Keller, LA County 4-H Leaders' Council President

This year there will be new category for Seniors at State Field Day called 4-H Discussion Meet. The goals of this new category are to educate Seniors on good, effective discussion skills to reach consensus and solve current 4-H member issues and promote self-esteem through individual expression and leadership. To enter this category you need to be a 4-H member 16 to 19 years of age as of January 1, 2015. Discussion Meet questions will center around Healthy Living, SET, Citizenship and 4-H Membership. Each Sectional Field Day will be allowed to send 4 sectional winners in this category to the State Field Day competition. We will be hearing more information about this category at the county and sectional levels. For a Manual and Project Guide log onto <http://4hdiscussionmeet.weebly.com/>. To see this category in action, consider a field trip to one of the following:

Dec. 7th at the Hyatt Regency, Garden Grove
Jan. 10th at San Diego Convention Center
Feb. 28th at Double Tree Hotel, Sacramento

- **The Perks of Being a Walker**
Meghan Tahbaz, Healthy Living Chair

With Daylight Savings Time coming to an end on November 2, take some time out of your schedule and pencil in a quick walk around the neighborhood while it's still light outside. Even if you've already spent part of your day playing a sport or in P.E., walking--even for just fifteen minutes--is a great way to refresh your mind and body. Walking increases the amount of energy you have by boosting your circulation, which supplies a larger amount of oxygen to your cells. According to studies, students who walk can be more creative, productive, and better equipped to handle stress.

So put down your pre-dinner snack and take the time to go on a short walk. You'll find that you'll be more energized to take on the world...or just your homework.



Although the brain makes up only 2% of the body's weight, it uses around 20% of its energy. Take a walk to provide the energy that your brain requires!

- **2015-2016 All-Star Application** (Due March 3, 2015)
Roy Hillstock, 4-H Staff

All-Star is the highest rank that a 4-H member can achieve at the county level. The All-Star award affords 4-H members the opportunity to further develop their leadership skills on a county-wide basis. Each year Los Angeles County selects several 4-H members who have applied and are deserving of this rank to become All-Stars. The Los Angeles County 4-H Program expects its All-Stars to contribute to the 4-H program during the next program year.

- **Emerald Star Program**
Roy Hillstock, 4-H Staff

The Emerald Star Program is designed for intermediate and Senior 4-H members. In general, the Emerald Star project's purpose includes:

- Providing an opportunity for 4-H members to develop projects in their community or in 4-H beyond the club level
- Improving, creating, and expanding 4-H programs
- Helping individual 4-H members grow and improve in the areas of organization, leadership, and project planning

This program is designed to help youth learn about project planning, organization, and presentation. Typically, youth develop an action plan for some type of multi-county event. They then organize and facilitate this event. After completion and presentation of their project, they are awarded with the Emerald Star ranking

- **Dates To Remember in**

November:

- 8th- LA County Food Fair – Location TBD
AV Turkey Shoot
- 9th- NSG Achievement Event
- 14th- State Leaders Forum (11/14-16)
- 27th- Thanksgiving Day

STATE

SCHOLARSHIPS & AWARDS

- **Prudential Spirit of Community Awards**
Deadline: November 4
For more info click [here](#).
Send certification pages to ca4h@ucanr.edu.
- **NYLC Service-Learning Practitioner Leadership Award**
Deadline: November 7
For more information click [here](#).
- **NYLC Youth Leadership for Service-Learning Excellence Award**
Deadline: November 7
For more information click [here](#).

- **America's Farmers Grant Opportunity**
Deadline: November 30
For more information click [here](#)
- **Sports-For-All Clinic Grants**
Deadline: Rolling
For more information click [here](#).
- **VolunTEEN Nation International Service Project Grants**
NEW
Deadline: Rolling
For more information click [here](#).
- Check out more grant & award opportunities on the Youth Services America website:
<http://www.ysa.org>

DATES & DEADLINES

November

- 11/3/2014 [Records Books for State Competition](#) DUE
- 11/3/2014 [National 4-H Conference](#) - Applications DUE
- 11/7-9/2014 [North Section - WHY Conference](#)
- 11/8/2014 [North Central Sectional Skills Day](#)
- 11/14/2014 [Save The Date: 2014 State 4-H Leaders' Forum](#)

December

- 12/6/2014 [Shooting Sports Workshop - Rifle Discipline](#)
- 12/21/2014 [4-H Day at the Oakland Raiders](#)

January

- 1/5/2015 [2015 State 4-H Horse Classic Planning Team](#) - Applications DUE
 - 1/15/2015 [WRLF Registration](#) DUE
 - 1/16-18/2015 [South Section - TIC Conference](#)
 - 1/23-25/2015 [North Central Section - CAL Conference](#)
 - 1/23-25/2015 [South Central Section - LCORT Conference](#)
 - 1/27/2015 [WRLF 2015 Session 1](#)
 - 1/31/2015 [Spark Score Survey Closed](#)
 - 1/31/2015 [Master Trainer Incentive Deadline](#)
-

4-H All Stars:

Holly Whipple, Westside 4-H Club
Ru Ekanayake, PVP 4-H Club
Sallie DeYoung, San Fernando Valley 4-H Club

Jr. All-Stars:

Katherine Cao, Pomona Valley 4-H Club
Kiran Ekanayake, PVP 4-H Club
Daniel Espinosa, Harbor Lights 4-H Club
Jessica Fint, SFV 4-H Club
Rachel Klose, PVP 4-H Club
Megan Okamoto, Pomona Valley 4-H Club
Zella Roth, PVP 4-H Club
Wesley Rich, PVP 4-H Club
Alexa Sutter, PVP 4-H Club
Meghan Tahbaz, PVP 4-H Club
Julius Treadwell, Pomona Valley 4-H Club
Shannon Chen, PVP 4-H Club
Julie Sylvest, PVP 4-H Club
Michelle Sylvest, PVP 4-H Club
Charmine McClain, Pomona Valley 4-H Club
Connor Gowland, PVP 4H Club
Rebecca Klose, PVP 4H Club
Sara Conlon, PVP 4H Club
Catherine Nunley, PVP 4H Club
Lilliana Brown, PVP 4H Club
Sean Pickman, PVP 4H Club
Nathan McPhaul, PVP 4H Club
Ashlyn Spaziano, Greenleaf 4-H Club
Camille Norczyk, Greenleaf 4-H Club

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