Fresh Vegetable Soup by Alton Brown

Leslie Warmke, MG

1/4 cup olive oil
2 cups leeks, chopped
2 Tbs. garlic, chopped
Pinch salt
2 cups carrots, chopped
2 cups green beans
2 cups potatoes, diced
2 quarts chicken stock
2 ears corn, kernels removed
2 tsp. thyme
1/2 tsp. pepper
4 cups tomatoes or 2 14-oz. cans
1/4 cup parsley
1to 2 tsp. lemon juice



- 1. Sauté leeks and garlic on medium low until softened 7-8 minutes.
- 2. Add carrots, beans and potatoes. Cook 4-5 minutes.
- 3. Add stock and bring to a simmer; then add tomatoes, corn, pepper and thyme. Cover and cook 25-30 minutes.
- 4. Remove from heat and add parsley and lemon juice.