Chinese BBQ Pork

Leslie Warmke, MG

1 lb. pork fillet
2 garlic cloves, crushed
3 garlic cloves, crushed
1 Tbs. honey
1 tsp. salt
1 Tbs. wine

1/2 tsp. grated ginger 1 tsp. Chinese 5 Spice

Preheat oven to 450°.

- 1. Remove the silvery rind along the side of the pork. Cut into 1-inch widths the length of the pork.
- 2. Crush garlic and combine with the rest of the ingredients.
- 3. Marinate 15 or more minutes.
- 4. Fill a roasting pan 1/2 with water. Place a wire rack over the pan. Lay the strips of pork across the rack.
- 5. Cook for 30 minutes, turn and continue cooking for 15 minutes more.
- 6. Let rest, then slice crosswise to serve. Serve with Chinese mustard or sauce of your choice.