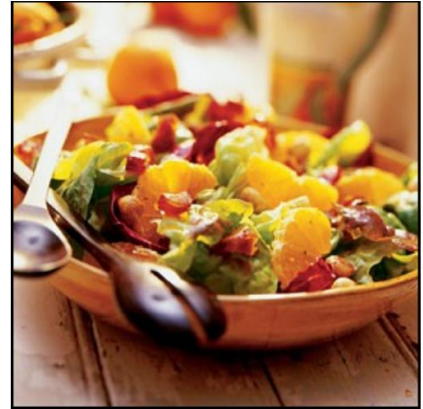


## **Mom's Winter Salad**

Laurie Berg, MG

- 1 head butter lettuce
- 3 finely chopped green onion stalks
- 1 cubed avocado
- 2 oranges cut in 1 inch pieces or 5 tangerines in segments
- 1/4 cup blue cheese crumbled



Toss the salad and add 3 parts canola oil to 1 part rice vinegar, salt and pepper to lightly coat and toss again.

Growing up in a temperate area of California, my family enjoyed the benefits of a year-round garden. The summer months were by far the more bountiful with lots of tomatoes and zucchini. The winter months, however, produced the perfect ingredients for a tasty winter salad. This salad is one my family enjoys to this day