

Spinach-Apple Toss

Sharon Seegmiller, MG

- 1 pound spinach
- 2 tart red apples
(Fuji are also good)
- 8 slices bacon, crisply
fried and crumbled
- 2/3 cup mayonnaise
- 1/3 cup frozen orange juice
concentrate (thawed)



1. Wash spinach; remove stems and tear leaves into bite-sized pieces; dry and chill.
2. Just before serving quarter, core and slice unpeeled apples into large salad bowl.
3. Add spinach and bacon; toss.
4. Mix mayonnaise and orange juice concentrate; serve separately to spoon over salad.

8 servings