

Mabs Famous Bean Salad

Betty Lyske, MG

Dressing

1/2 cup sugar

1-1/3 cups cider vinegar

2/3 cup olive oil

2 tsp. salt

Mix in a sauce pan and heat to a simmer.



Salad

2 cans kidney beans, drained

2 cans garbanzo beans, drained

1 red onion sliced into 1 inch slivers

1-2 red peppers, sliced into 1-inch slivers

1 pound fresh or frozen green beans, blanched and cut into 1 inch pieces.

Mix all vegetable in a small bowl. Pour warm dressing over and mix. Let salad sit until cool, tossing occasionally. Store in the refrigerator. This makes a large batch and keeps a long time in the refrigerator or plenty to give away.