



## January 2017

If you have any questions or suggestions about the Clover Notes, please call Roy Hillstock at (626) 586-1972 or email at [rhillstock@ucanr.edu](mailto:rhillstock@ucanr.edu). We welcome submissions, especially for Club News. Please submit articles by the 15th of the month to be posted in the following months' edition.

Contact the [Los Angeles 4-H Youth Development Office](#) or (626) 586-1972. For upcoming dates, please visit the [4-H Calendar](#). We look forward to continuing to serve you and your 4-H needs.

### POLICY

As we approach the new year and reflect on the current year's accomplishments let us remember the value of the 4-H program has to the lives of 4-H members all throughout Los Angeles County. Through the 4-H program leaders have given amazing gifts to youth. They have given friendship, guidance, support, wisdom and yes, love. Taken together, these gifts represent providing a sense of belonging (one of the 4-H Essential Elements).

Researchers have determined that youth learn best when given the supports and opportunities to learn in a safe place and space. That is, the emotional and physical environment has to be a place where the well-being of youth matters and is validated by caring adults (belonging). The language used, the arrangement of the physical space and the activities offered validate youth (belonging). Belonging suggests that youth feel welcomed and that they are a part of something meaningful, supportive and safe. Belonging gives youth a sense of mutual commitment to an ideal of community that 4-H fosters.

Think about Belonging each time you engage a 4-H member in a project activity, help a youth prepare a speech or demonstration or welcome a new family to the program. Going forward into the new year, give special consideration to the essential element of belonging. Continue to make belonging an important part of the 4-H experience and give youth that sense of connection to something greater than themselves

# CLUB

- Quartz Hill 4-H Club Activities**  
**Noelani Duldulao, Quartz Hill 4-H Club**

Hi, my name is Noelani Duldulao, a member of the Quartz Hill 4-H Club. I wanted to share what my club and I did these past two months. I am always looking for more ways to help the community and promote 4-H. During November and December, I had the opportunity to help the Antelope Valley Hospital. In November, my club leader came to me with big news. She talked to the head of Pediatrics, and the head asked for donations of pajamas. I set out to work right away when my club leader chose me to lead the event. With the help of my club leaders, I planned the pajama drive. I made donation boxes and decorated them. We placed the boxes in businesses around town. We also made handouts and posters to advertise the drive. Our goal was to collect 100 pajamas to help the Pediatrics, Emergency Unit, and Forensic Studies Unit at the AV Hospital. At those units, patients come in hurt by accidents and abused by parents and caregivers, so the hospital wanted pajamas to make the patients feel comfortable and feel loved. Some patients come to the units with no possessions, and we wanted to give the pajamas to give them something of their own. I, also personally talked to business owners around Quartz Hill and Lancaster handing out flyers and advertising Quartz Hill 4-H's pajama drive. I, along with members of my club, attended two events to collect pajamas. We attended the Magical Boulevard Christmas and there we collected 84 pairs of pajamas. We also attended CDC's Red, White, and Blue's holiday event. Our club collected over 200 pairs of pajamas, doubling our goal! A few members and I dropped off the pajamas at the Antelope Valley Hospital, and we personally handed out the pajamas to the children in the Pediatric Unit. The experience just made us all feel so happy. The happy faces on the hurt patients warmed our hearts, and the gratitude on the nurses faces made all the hard work over the months worth it. Overall, the pajama drive was a success and I plan on continuing the drive for many years to come!



- **Pets Symposium**  
**Macy 4-H Club, Communications Committee**

On October 22, 2016, Macy 4-H attended the annual 4-H Pets Symposium at Belvedere Park in East Los Angeles. The event was sponsored by 4-H, but was planned for the community. At the event, there were live farm animals, free demonstrations, and informational booths. Several veterinarians and technicians from the County of Los Angeles even volunteered their time.

At the Pets Symposium, there were booths run by volunteers. The volunteers showed the community how service dogs could be used to sniff out different types of food. There were farm animals and domestic animals for people to see, such as ducks, rats, rabbits, and goats. For fun, citizens were able to play a rubber ducky racing game and adopt a pet rock. A veterinarian offered free vaccinations to pets that came to the event. Someone even demonstrated how to shear sheep!

After the Pets Symposium ended, a representative from State 4-H invited all the 4-H members to an Awards Ceremony. Macy Intermediate was given the honor of presenting the colors. The six color guard members conducted the flag ceremony by walking the American flag and the 4-H flag to the center of the room, while the bugler was sounding off. Then, the junior all-stars gave out the awards for record books. Some Macy 4-H members that had outstanding record books were: Evan Lam, Victoria Morales, Enrique Morales, and Kaylin Kwan. At the end, the Macy 4-H Color Guard dismissed the colors.

Macy 4-H has attended the annual Pets Symposium for several years now. 4-H members from different parts of California came to volunteer at this community event. The Macy 4-H Service Team helped at all the booths and cleaned up the area. The Macy Color Guard Team presented the colors and other members were presented certificates and pins for their excellent work. The Pets Symposium ended up being a fun and educational experience for everyone that attended.

## COUNTY

- **Important Changes To The Current LA County 4-H 2016-2017 Calendar**

Dates posted on the LA County 4-H Calendar have changed. Please note the changes:

**LA County Leaders' Council meeting changed from April 1 to March 25, 2017**

**Southern Area Field Day and Fashion Revue changed from May 20 to April 1, 2017**

**Southern Area Leaders' Retreat is now April 7-9, 2017**

- **Southern Area 4-H Healthy Living Summit – January 14, 2107**

Join us for the second Healthy Living Summit, where participants will get a hands-on learning experience in different ways to promote a healthier lifestyle and incorporating healthy living into their 4-H projects, clubs and events. This free event will be held at the Presbyterian Church of the Covenant, 2850 Fairview Road, Costa Mesa, CA 92626. All 4-H members, volunteers, staff and their families are welcome to participate. To RSVP, please contact Christian Redman at [c.c.redman@gmail.com](mailto:c.c.redman@gmail.com) or 949-514-1105. This happens to be the same day as our LA County Junior Leadership Conference. You could attend the Junior Leadership Conference in the morning and then head over to the Healthy Living Summit. Just let Christian know that you will be coming late.

- **Junior Leadership Conference – Jan. 14, 2017**

Junior Leadership Conference is scheduled for Saturday, January 14 at the Cabrillo Youth Center (3000 Shoshonian Drive, San Pedro). LA County 4-H All Star Ambassadors Kiran Ekanayake and Katherine Shannon are planning this event. Keep a look out for more information to come.

- **[LA County Leaders' Council Meeting – January 14, 2017](#)**

- **LA County Leaders' Council meeting – January 14, 2017**

The LA County 4-H Leaders' Council is meeting Saturday, January 14 at 10am. The meeting will be held at Cabrillo Youth Center (3000 Shoshonian Drive, San Pedro). This meeting will plan the LA County 4-H events for the remainder of the year. All 4-H volunteers, leaders and senior members are encouraged to attend. Please come and share your ideas, suggestions and comments to keep our 4-H program engaging for all youth.

If you have ideas, suggestions or comments but unable to attend the meeting, please send you comments to Dee Keese ([swimdude64@earthlink.net](mailto:swimdude64@earthlink.net)). (This meeting is being held the same day, time and at location as the Junior Leadership Conference 2017.)

- **[Teen Involvement Conference – January 20-22, 2017](#)**

Attention LA County Senior members –TIC (Teen Involvement Conference) is a three day youth leadership conference offers opportunities for 4-H youth to grow through a series of educational workshops, team building activities, motivational speakers, section level youth leadership possibilities, community service and more. The conference will be held at Pathfinder Ranch in San Bernardino County. This is a great opportunity to get involved in 4-H above the county level and meet other Southern California 4-Hers. TIC was selected as a 2014 Golden Award Winner for Special Events and Activities. **DON'T MISS THE FUN!!!** For additional information visit the [T.I.C. information webpage](#).

- **[Los Angeles County 4-H Livestock Symposium](#)**

LA County 4-H Livestock Symposium will be held on January 28, 2017 at the Antelope Valley Fairgrounds ([2551 W. Avenue H, Lancaster, CA](#)). There will be various livestock speakers providing on-hand demonstrations and answering questions. Additional information will be updated on the [LA County 4-H website](#).

- **Food Faire – Open to All – January 28, 2017**

Food Faire is a multi-county event that will be held January 28, 2017 at Wood Ranch Elementary School (455 Circle Knoll, Simi Valley, CA 93065) in the Multi-Purpose Room. Food Faire has many different categories. 4 Hers can participate even if not enrolled in a food related project. Traditional categories: cake decorating, main dish, side dish, baked and non-baked desserts, bread, appetizers/dips, etc. Other categories: Photo and poster contest, tea tray competition, impromptu cupcake decorating competition, vegetable/food judging, educational workshops, demonstrations, guest speakers, speakers' corner, and more. For more information please contact [Noel Keller](#).

- **[LA County 4-H All Star Ambassador Applications Due February 17](#)**

LA County 4-H All-Star Ambassador is the highest county honor member can achieve! Applications for the 2017-18 LA County 4-H All-Star Ambassador are due February 17, 2017. The application is available on the LA County 4-H website. Announcement of the new LA County All-Star Ambassadors will be made at County Field Day on March 11, 2017.

- **[2016-2017 World of 7 Billion Student Video Contest](#)**

Students will create a short video (up to 60 seconds) about human population growth that highlights one of the following global challenges: Climate Change, Ocean Health, Rapid Urbanization. The contest is open to all high school and middle school students (6<sup>th</sup> – 12<sup>th</sup> grade) worldwide. The submission deadline is **February 23, 2017**. For more information see: <https://www.worldof7billion.org/student-video-contest/>.

- **[LA County Field Day & Fashion Revue – Saturday, Mar. 11](#)**

LA County 4-H Field Day and Fashion Revue will convene Saturday, March 11, 2017 at Mt. San Antonio College in Walnut, CA. Field Day & Fashion revue has been changed from March 25 to March 11 due to the Southern Area Field Day and Fashion Revue being moved. County Field Day is being planned by the NSG district. If you have any questions, please contact Noel Keller. County Fashion Revue is being planned by Melinda Kasperson. If you have any Fashion Revue questions, please contact Melinda.

Be sure to reference the new 2016 Presentation Manual (version Oct. 2016).

- Entry by Video to LA County Field Day**  
 Southern Area Field Day and Fashion Revue will convene April 1, 2017. Due to the change, LA County Field Day and Fashion Revue will convene **March 11**. Due to these event date changes, for 2017 we are considering expanding the LA County Field Day category of Entry by Video to include such categories as Informative Prepared Speech, Persuasive Prepared Speech, Demonstration, Illustrated Talk, Scientific Demonstration, Interpretative Reading, Educational Display, Share the 4-H Fun skit and cultural arts. If you are unable to attend County Field Day on March 11, you may be able to submit your entry by **Entry By Video** for the above categories. The entry would be viewed by the evaluators once and then scored. Any ENTRY BY VIDEO earning a Gold Medal at County Field Day would be eligible to go on in-person (live) to compete at Southern Area Field Day on Saturday, April 1. If you attend County Field Day on March 11th, the ENTRY BY VIDEO option is not available to you. Watch for more details to come out about this possible option.
- [Southern Area Leaders' Retreat 2017](#)**  
 Looking for some new ideas for 4-H activities? Want to meet leaders from all over Southern California? Here is an opportunity for 4-H volunteers to expand their skills thorough educational workshops, guest speakers, networking and more. The retreat will be held at The Lodge at Big Bear Lake in the San Bernardino Mountains on the weekend of **April 7-9, 2017**. Julie Kelley of San Bernardino County is the event chair. For more information see the event page on the state website.
- [Cal Focus - June 16-20, 2017](#)**  
 Get involved in your community. The 2017 California Focus will be held June 16-20, 2017 at the Holiday Inn Capitol Plaza in Sacramento. At Cal Focus youth ages 14-19 will experience California's legislative, political, and judicial processes in action. Check out the [California Focus](#) webpage for more information.
- [State Leadership Conference - July 20-23, 2017](#)**  
 Seniors, mark your calendar for the State Leadership Conference to be held on July 20-23, 2017. Early bird registration starts February 7<sup>th</sup>. For more information see the SLC event page on the [California State 4-H website](#).
- [Be Sure To Use The 2016-2017 Record Keeping Forms](#)**  
 4-H members should be recording their 4-H activities on the forms from the new 2016-2017 Record Book Manual or using online 4-H record keeping. Be sure not to use old forms and instructions from previous years. Check that printed forms have **2016-2017** across the top of the form. Don't wait until July to start your 4-H record keeping for this year.
- If you are planning to participate in Field Days this year, be sure to check out the guidelines in this new version of the 4-H Presentation Manual.
- Share Your 4-H Experiences**  
 4-H'ers, share your 4-H experiences by submitting articles to be published in Clover Notes. Articles may include club news, photos, community service projects, and/or anything you or your club would like to share. Submit your articles by the 15th of the month to be published in the following month's edition of Clover Notes to Roy Hillstock, [rhillstock@ucanr.edu](mailto:rhillstock@ucanr.edu).
- 4-H Dates and Deadlines are available on the [Los Angeles County, 4-H Calendar](#).**
- California State 4-H Updates can be found at: <http://4h.ucanr.edu/News/Calendar>**

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**4-H All-Stars:**

**Abigail Wright, Greenleaf 4-H Club**  
**Camille Norczyk, Greenleaf 4-H Club**  
**Holly Whipple, Westside 4-H Club**  
**Katherine Shannon, Quartz Hill 4-H Club**  
**Kiran Ekanayake, PVP 4-H Club**

**Jr. All-Stars:**

**Ada Hsu, Macy 4-H Club**  
**Alexa Sutter, PVP 4-H Club**  
**Alexander Nunley, PVP 4-H Club**  
**Andrew Nunley, PVP 4-H Club**  
**Ashlyn Spaziano, Greenleaf 4-H Club**  
**Catherine Nunley, PVP 4-H Club**  
**Jayce Gomez, Macy 4-H Club**  
**Leilani Hung, Macy 4-H Club**  
**Julius Treadwell, Pomona Valley 4-H Club**  
**Katherine Cao, Pomona Valley 4-H Club**  
**Katie Hsu, PVP 4-H Club**  
**Leila Nuryen, PVP 4-H Club**  
**Sarah Yeck, PVP 4-H Club**  
**Ryan Hamm, PVP 4-H Club**  
**Enrique Morales, Macy 4-H Club**  
**Kaylin Kwan, Macy 4-H Club**  
**Lilliana Brown, PVP 4-H Club**  
**Megan Okamoto, Pomona Valley 4-H Club**  
**Michelle Sylvest, PVP 4-H Club**  
**Nicole Kwan, Macy 4-H Club**  
**Rebecca Klose, PVP 4-H Club**  
**Sara Conlon, PVP 4-H Club**  
**Victoria Morales, Macy 4-H Club**  
**Wesley Rich, PVP 4-H Club**

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