



March 2017

If you have any questions or suggestions about the Clover Notes, please call Roy Hillstock at (626) 586-1972 or email at rhillstock@ucanr.edu. We welcome submissions, especially for Club News. Please submit articles by the 15th of the month to be posted in the following months' edition.

Contact the [Los Angeles 4-H Youth Development Office](#) or (626) 586-1980. For upcoming dates, please visit the [4-H Calendar](#). We look forward to continuing to serve you and your 4-H needs.

POLICY

4-H Policy and Information Update March 2017

The 4-H Youth Development Program in Los Angeles County is made up of people who play various roles. I want to briefly highlight the various roles within the program.

First, our youth: They make up the foundation of the program and centerpiece of our program. They are the reason 4-H exists. All of the programmatic and policy efforts are derived with a keen understanding and awareness of youth needs and our knowledge of positive youth development. Youth provide the passion, interests, skills, wisdom and foresight and represent the beacon of the program.

Second, our volunteer leaders: Volunteers are the heart and soul of the 4-H program and are essential to facilitating the healthy development of 4-H members. They provide the direct contact and meaningful engagement to members and are the face of the program in the local communities where 4-H is present. In our system, volunteers are governed by University of California policies, a constitution and by-laws. Volunteers plan local events, facilitate project meetings, work with parents, engage with the community and advocate for the overall 4-H program experience. They help to build the reputation of the program with these amazing efforts.

Finally, our 4-H staff: The staff provides the guidance, vision and direction for the program. The staff ensures that programmatic policies are followed, verify that positive youth development experiences are provided in all 4-H project meetings, events and other learning opportunities and monitor all efforts to protect the integrity of the program. In addition, the staff conducts applied research (i.e., an examination of social capital in the 4-H program) as a way to continue to enhance the 4-H experience for youth. Staff, conducts periodic risk assessments, programmatic audits, needs assessments and a host of other strategies to be sure the integrity and wholeness of the program remain intact.

Each of us has an awesome role to play. Each role is important and necessary. Each role needs the other to be successful and we all need to pull in the same direction to make it work.

- **Composting in the Garden**

Macy 4-H Club, Communications Committee

Macy 4-H uses three different types of composting to help the garden grow. Compost is organic matter that has been decomposed and used as fertilizer. Macy 4-H uses trench composting, vermiculture, and bin composting. Trench composting is part of a schoolwide project where students indirectly help make fertilizer. Vermiculture involves feeding worms vegetables and paper. The last method is bin composting, which is letting matter decompose in a bin.

At lunchtime, Macy students sort out their trash into one of the following bins: landfill, compost, liquids, and recyclables. In the landfill bin, people throw out breads, meats, potato chip bags, vegetables with any kind of dressing, and any other item that cannot be recycled. However, before a bag is disposed into the landfill bin, it must pass the “crinkle test.” If the bag crinkles, it goes in the landfill bin. Clean fruits and vegetables go inside the compost bucket. All types of liquids, except milk, go into the liquid bucket. Plastic bottles and aluminum cans are recycled.

At the end of the school day, 4-H members collect the compost bins and take it to the garden. There, they grab the “chopper” and square shovel to start cutting the compost. Before chopping the vegetables and fruits, the students make sure that the produce is out of their bag. In order for the greens to be put into a trench, the pieces have to be cut up to make it easier to decompose. After the 4-H members put the compost in the trench they cover it up and water it. This method of composting is called trench composting.

Another form of composting we use is vermiculture. Vermiculture is the use of worms to convert organic matter into compost. Macy 4-H uses leaves, paper, fruits, and vegetables to feed the worms. After the worms eat, it produces waste in the form of fertilizer for soil and worm tea. The worm tea is drained out of the worm bin by releasing the spigot. Then the tea is stored in jars to either be used in the garden or sold at the farmers market.

The final composting method we use in 4-H is bin composting. The 6th graders rake up leaves that fall from the tree in front of the cafeteria. The leaves are put into a wheelbarrow and carted off into the compost area. There, the leaves are divided into the three bins. The students mix the soil with the leaves to neutralize the odor.

Macy 4-H uses three types of composting methods in the garden: trench composting, vermiculture, and bin composting. They use trench composting by collecting compost bins from the lunch area and changing it into fertilizer. Macy 4-H also utilizes vermiculture when the 6th graders feed the worms. Bin composting is composting inside of a container. These three ways of making fertilizer and the abundance of rain this year has resulted in a garden that is thriving!

- **The Chris Carroll Award**

Megan Kitcko, Canyon Coyotes 4-H Club, Reporter

During the January meeting of the Canyon Coyotes 4-H Club, the members cast a vote for whom they thought should receive the Chris Carroll Memorial Award. The Chris Carroll Award became part of the Canyon Coyotes annual routine 4 years ago. Chris Carroll was a member of Canyon Coyotes and was very involved in the club. His last year was 2000. Chris was quiet but it didn't stop him from being helpful to other members. Becoming the President of the club and raising livestock was what he liked to do. Because he was such an honored member it is a privilege to receive this award. This year Michael Kasperson had the honor of receiving the award.



Michael Kasperson is 17 years old and this is his 6th year in 4-H. His projects have included drama, poultry, leadership, dairy goat, swine, bee, and communication. Michael is graduating high school this year and is planning on getting a degree in business. He says "In 4-H, I hope to grow more in public speaking. 4-H has helped me grow immensely in this area already." He continues, saying "I have also learned reporting and interviewing skills from being the club reporter. Lastly, being the club treasurer has taught me so much about budgeting, and I can use that to help me in finances while saving money, buying a car, a house, or basically anything." When voting members wrote in the reasons that he is a very good leader and someone to look up to. Congratulations Michael!

COUNTY

- **Los Angeles County [Field Day & Fashion Revue](#) - March 11, 2017**

The LA County 4-H Field Day and Fashion Revue will be held on Saturday, March 11 at Mt. San Antonio College (Mt. SAC) in Walnut, CA.

Field Day participants will display their speaking skills through demonstrations, speeches, interpretive readings, mock interviews, impromptu speaking, extemporaneous speaking, educational display talks, cultural arts acts, skits and much more. **Entry forms for Field Day are due from club leaders TODAY.** If you plan on participating in County Field Day and have not turned in your Field Day Entry Form to your club leader, please contact your club leader TODAY. Late entries will not be accepted. Club leaders', please email [Noel Keller](#) with any last minute entries.

Fashion Revue members who have earned Blue Ribbons at their district fashion revues have the opportunity to compete at the county level modeling the garments they have made or purchased. Please email (Kasperson7@gmail.com) with the name, age and category for those who qualify for the county fashion revue (plus evaluator (judge) name and contact information) by March 6th. Please bring your County Fashion Revue forms to the event on March 11th.

Both events need help for judging (evaluating) and room monitoring. Please contact Noel Keller (nkeller91711@gmail.com) for Field Day and Melinda Kasperson (Kasperson7@gmail.com) to volunteer to help at Fashion Revue this day. Both adults and senior 4-H are encouraged to help and be part of this fun event. You don't need to have an entry to come and enjoy these events.

- **[Southern Area Field Day - April 1, 2107](#)**

The Southern Area (formerly called South Sectional) 4-H Field Day and Fashion Revue will be held at Mt. SAC on Saturday, April 1st. Everyone is invited to attend this event. You do not need to have competed at or attended County Field Day to attend. Here is your chance to attend a sectional event in our own county. You can watch the competitions, participate in the judging contests, try impromptu speaking, enter an educational display, participate in an interview contest for a job and/or watch the fashion revue and the share the fun performances.

To register for Southern Area Field Day click [here](#). Registration must be completed by March 20, 2017 in the categories in which you plan to participate. You do not need to be a county winner to register in advance for Impromptu Speaking or Extemporaneous Speaking.

- **[Help Needed At Area Field Day- April 1, 2017](#)**

LA County will need to provide an appropriate number of evaluators (judges) and room hosts in order for our 4-H members to compete at Area Field Day. The judges need to have previous judging experience (county level ok). If you are available to judge or room host on Saturday, April 1st at Mt. SAC in Walnut, please contact [Noel Keller](#) as soon as possible. Those available can [register online](#) by March 20.

- **[Friends Of 4-H Nominations - Due March 25](#)**

Each program year the Los Angeles County Council considers honoring an individual and/or organization that have been particularly helpful to the LA County 4-H Youth Development Program. Each District Council is encouraged to submit names for the Friend of 4-H award by March 25. The Council will vote for up to five awards to be presented this program year.

- **[LA County 4-H Leaders' Council Meeting – March 25th](#)**

The next meeting of the LA County 4-H Leaders' Council will be on Saturday, March 25th from 10:00am until noon at Galpin Ford (15505 Roscoe Blvd., North Hills, 91343). 4-H volunteers and senior members are encouraged to attend. We will be discussing plans for the 2017-2018 program year. Districts are asked to bring their Friends of 4-H nominations, district dates for 2017-2018 4-H Calendar, nominations for 2017-2018 LA County Council Offices and suggestions to make an awesome 2017-2018 4-H year. **Please have your club represented at this important planning meeting.**

- **[Southern Area Leaders' Retreat – Big Bear, CA \(April 7-9\)](#)**

Looking for some new ideas for 4-H activities? Want to meet leaders from all over Southern California? Here is an opportunity for 4-H volunteers to expand their skills thorough educational workshops, guest speakers, networking and more. The retreat will be held at The Lodge at Big Bear Lake in the San Bernardino Mountains on the weekend of **April 7-9, 2017**. Julie Kelley of San Bernardino County is the event chair. Contact Julie if you want to give a workshop at the event. For more information see the event page on the state website. Don't miss this opportunity to network with other 4-H Leaders, learn new skills and share your 4-H experiences in the beautiful setting of Big Bear Lake. Registration is now open.

- **[Cal Focus – June 16-20, 2017](#)**

Get involved in your community. The 2017 California Focus will be held June 16-20, 2017 at the Holiday Inn Capitol Plaza in Sacramento. At Cal Focus youth ages 14-19 will experience California's legislative, political, and judicial processes in action. Check out the [California Focus](#) webpage for more information.

- **[State Leadership Conference – July 20-23, 2017](#)**

Seniors, mark your calendar for the State Leadership Conference to be held on July 20-23, 2017. Early bird registration starts February 7th. For more information see the SLC event page on the [California State 4-H website](#).

- **2017 County Judging Day Results**

Los Angeles County 2017 4-H Judging Day was held Saturday, February 25 at Palmdale High School in Palmdale. 96 4-H members representing 13 clubs participated in the event. We thank Charlene Moore and the Antelope Valley 4-H district for organizing and running the event. We thank the LA County All-Star Ambassadors and the county Junior All-Stars project members for all their help, including providing a program for the Primary Members and presenting awards in the awards ceremony. We thank all the leaders, parents, friends, youth and staff who also helped make the event a big success.

Participation certificates were given to all 4-H members who attended. Medals were given to the top three judging scores in each category for each age level. Special certificates were given to those who placed in the top 20% below the medalists.

Congratulations to the following members for their medal accomplishments!

For the listings below, the following abbreviations are used:

PVP = Palos Verdes Peninsula 4-H Club
Racketteers = Leona Valley Racketteers 4-H Club
Red Racers = Rosamond Red Racers 4-H Club

SFV = San Fernando Valley 4-H Club
Eastside = Eastside Antelopes 4H Club

Large Livestock

Jr. – Gold Medal – Vincent Vasquez, Canyon Coyotes
Jr. – Silver Medal – Conner Lum, Macy
Jr. – Bronze Medal – Ashley Witty, Quartz Hill
Int. – Gold Medal – Landon Green, Racketteers
Int. – Silver Medal – Kayla Shaughnessy, Westside
Int. – Bronze Medal – Sophie Loewner, PVP
Sr. – Gold Medal – Evalynn Israel, Eastside
Sr. – Silver Medal – Jonathan Larsen, Quartz Hill
Sr. – Bronze Medal – Isobel Cook, Canyon Coyotes

Horses

Jr. – Gold Medal – Makayla Maston, Quartz Hill
Jr. – Silver Medal – Lucas Larsen, Quartz Hill
Jr. – Bronze Medal – Ashley Witty, Quartz Hill
Int. – Gold Medal – Avery Gordon, Quartz Hill
Int. – Silver Medal – Makenna Long, Canyon Coyotes
Int. – Bronze Medal – Zoey Hart-Poteat, Eastside
Sr. – Gold Medal – Katherine Shannon, Quartz Hill
Sr. – Silver Medal – Isobel Cook, Canyon Coyotes
Sr. – Bronze Medal – Alexa Sutter, PVP

Small Livestock

Jr. – Gold Medal – Madison Duldulao, Quartz Hill
Jr. – Silver Medal – Dylan Kenny, Racketteers
Jr. – Bronze Medal – Vincent Vasquez, Canyon Coyotes
Int. – Gold Medal – Alexander Nunley, Canyon Coyotes
Int. – Silver Medal – Saskia-Shahia Reed, Eastside
Int. – Bronze Medal – Kayla Shaughnessy, Westside
Sr. – Gold Medal – Katherine Shannon, Quartz Hill
Sr. – Silver Medal – Anika Whipple, Westside
Sr. – Bronze Medal – Evalynn Isreal, Eastside

Plant Science

Jr. – Gold Medal – Tanner Rockey, Quartz Hill
Jr. – Silver Medal – Kaitlyn Hanlon-Scardina, Pomona Valley
Jr. – Bronze Medal – Dylan Kenny, Racketteers
Int. – Gold Medal – Saskia-Shania Reed, Eastside
Int. – Silver Medal – Jazmin Chavez, Macy
Int. – Bronze Medal – Christian Cook, Canyon Coyotes
Sr. – Gold Medal – Katherine Shannon, Quartz Hill
Sr. – Silver Medal – Cody Dykehouse, Westside
Sr. – Bronze Medal – Hannah Clark, Racketteers

Dog Care and Obedience/Service Dogs and Animal

Jr. – Gold Medal – Makayla Maston, Quartz Hill
Jr. – Silver Medal – Gavin Litchfield, Quartz Hill
Jr. – Bronze Medal – Tanner Rockey, Quartz Hill
Int. – Gold Medal – Avery Gordon, Quartz Hill
Int. – Silver Medal – Christian Cook, Canyon Coyotes
Int. – Bronze Medal – Kayla Shaughnessy, Westside
Sr. – Gold Medal – Shelby Silman, Neenach
Sr. – Silver Medal – Viviane-Lee Reed, Eastside
Sr. – Bronze Medal – Nicole Kwan, Macy

Clothing & Textiles

Jr. – Gold Medal – Anika-Finja Reed, Eastside
Jr. – Silver Medal – Sanne Sirmenis, SFV
Jr. – Bronze Medal – Steven Reed, Quartz Hill
Int. – Gold Medal – Kayla Shaughnessy, Westside
Int. – Silver Medal – Andrew Nunley, PVP
Int. – Bronze Medal – Jazmin Chavez, Macy
Sr. – Gold Medal – Viviane-Lee Reed, Eastside
Sr. – Silver Medal – Nicole Kwan, Macy
Sr. – Bronze Medal – Katherine Shannon, Quartz Hill

Creative Arts

Jr. – Gold Medal – Sanne Sirmenis, SFV
Jr. – Silver Medal – Jackson Marcy, Red Racers
Jr. – Bronze Medal – Ashley Witty, Quartz Hill
Int. – Gold Medal – Rekekah Kasperson, Canyon Coyotes
Int. – Gold Medal – Victoria Gomez, Macy
Int. – Silver Medal – Arek Terjimanian, Macy
Int. – Bronze Medal – Christian Cook, Canyon Coyotes
Sr. – Gold Medal – Michael Kasperson, Canyon Coyotes
Sr. – Silver Medal – Cameron Long, Canyon Coyotes
Sr. – Bronze Medal – Holly Whipple, Westside

Natural Science

Jr. – Gold Medal – Tyler Lam, Macy
Jr. – Silver Medal – Benjamin Geary, Roadrunners
Jr. – Bronze Medal – Owen Stewart, Racketteers
Int. – Gold Medal – Evan Lam, Macy
Int. – Silver Medal – Hannah Larsen, Quartz Hill
Int. – Bronze Medal – Arek Terjimanian, Macy
Sr. – Gold Medal – Nicole Kwan, Macy
Sr. – Silver Medal – Katherine Shannon, Quartz Hill
Sr. – Bronze Medal – Cameron Long, Canyon Coyotes

Mechanical Science

Jr. – Gold Medal – Gavin Litchfield, Quartz Hill
Jr. – Silver Medal – Jackson Marcy, Red Racers
Jr. – Bronze Medal – Billy Silman, Neenach
Int. – Gold Medal – Kali McCormick, Quartz Hill
Int. – Silver Medal – Crash Kenny, Racketteers
Int. – Bronze Medal – Victoria Gomez, Macy
Sr. – Gold Medal – Michael Kasperson, Canyon Coyotes
Sr. – Silver Medal – Becca Carter, Racketteers
Sr. – Bronze Medal – Kaitlynn Shaughnessy, Quartz Hill

Family and Consumer Science

Jr. – Gold Medal – Makayla Maston, Quartz Hill
Jr. – Silver Medal – Anika-Finja Reed, Eastside
Jr. – Bronze Medal – Tanner Rockey, Quartz Hill
Int. – Gold Medal – Sophie Loewner, PVP
Int. – Silver Medal – Victoria Gomez, Macy
Int. – Bronze Medal – Andrew Rivas, Macy
Sr. – Gold Medal – Katherine Shannon, Quartz Hill
Sr. – Silver Medal – Isobel Cook, Canyon Coyotes
Sr. – Bronze Medal – Kaitlynn Shaughnessy, Quartz Hill

Foods and Nutrition

Jr. – Gold Medal – Owen Stewart, Racketteers
Jr. – Gold Medal – Sanne Sirmenis, SFV
Jr. – Silver Medal – Lucas Larsen, Quartz Hill
Jr. – Bronze Medal – Steven Reed, Quartz Hill
Jr. – Bronze Medal – Anika-Finja Reed, Eastside
Int. – Gold Medal – Landon Green, Racketteers
Int. – Silver Medal – Ava Stewart, Racketteers
Int. – Silver Medal – Audrey Sparks, Macy
Int. – Silver Medal – Makenna Long, Canyon Coyotes
Int. – Bronze Medal – Hannah Larsen, Quartz Hill
Sr. – Gold Medal – Vivane-Lee Reed, Eastside
Sr. – Gold Medal – Heidi Kolkovich, SFV
Sr. – Silver Medal – Noelani Duldulao, Quartz Hill
Sr. – Bronze Medal – Becca Carter, Racketteers
Sr. – Bronze Medal – Mathew Dern, SFV

Leisure Education

Jr. – Gold Medal – Owen Stewart, Racketteers
Jr. – Silver Medal – Benjamin Geary, Roadrunners
Jr. – Bronze Medal – Tanner Rockey, Quartz Hill
Int. – Gold Medal – Alexander Nunley, PVP
Int. – Silver Medal – Landon Green, Racketteers
Int. – Bronze Medal – Arek Terjimanian, Macy
Int. – Bronze Medal – Nicholas Martz, Quartz Hill
Sr. – Gold Medal – Holly Whipple, Westside
Sr. – Silver Medal – Kayla Larsen, Quartz Hill
Sr. – Bronze Medal – Katherine Shannon, Quartz Hill

Oral Reasons

Int. – Gold Medal – Hannah Larsen, Quartz Hill
Int. – Silver Medal – Alexander Nunley, PVP
Int. – Bronze Medal – Kali McCormick, Quartz Hill
Sr. – Gold Medal – Jonathan Larsen, Quartz Hill
Sr. – Silver Medal – Dakotah Gordon, Quartz Hill
Sr. – Bronze Medal – Michael Kasperon, Canyon Coyotes

- **4-H Dates and Deadlines are available on the [Los Angeles County, 4-H Calendar](#).**
- **California State 4-H Updates can be found at: <http://4h.ucanr.edu/News/Calendar>**
- **Share Your 4-H Experiences**
4-H'ers, share your 4-H experiences by submitting articles to be published in Clover Notes. Articles may include club news, photos, community service projects, and/or anything you or your club would like to share. Submit your articles by the 15th of the month to be published in the following month's edition of Clover Notes to Roy Hillstock, rlhillstock@ucanr.edu.

4-H All-Stars:

Abigail Wright, Greenleaf 4-H Club
Camille Norczyk, Greenleaf 4-H Club
Holly Whipple, Westside 4-H Club
Katherine Shannon, Quartz Hill 4-H Club
Kiran Ekanayake, PVP 4-H Club

Jr. All-Stars:

Ada Hsu, Macy 4-H Club
Alexa Sutter, PVP 4-H Club
Alexander Nunley, PVP 4-H Club
Andrew Nunley, PVP 4-H Club
Ashlyn Spaziano, Greenleaf 4-H Club
Catherine Nunley, PVP 4-H Club
Jayce Gomez, Macy 4-H Club
Leilani Hung, Macy 4-H Club
Julius Treadwell, Pomona Valley 4-H Club
Katherine Cao, Pomona Valley 4-H Club
Katie Hsu, PVP 4-H Club
Leila Nuryen, PVP 4-H Club
Sarah Yeck, PVP 4-H Club
Ryan Hamm, PVP 4-H Club
Enrique Morales, Macy 4-H Club
Kaylin Kwan, Macy 4-H Club
Lilliana Brown, PVP 4-H Club
Megan Okamoto, Pomona Valley 4-H Club
Michelle Sylvest, PVP 4-H Club
Nicole Kwan, Macy 4-H Club
Rebecca Klose, PVP 4-H Club
Sara Conlon, PVP 4-H Club
Victoria Morales, Macy 4-H Club
Wesley Rich, PVP 4-H Club

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