4-H Los angeles county 4-H youth development program

# September 2016

If you have any questions or suggestions about the Clover Notes, please call Roy Hillstock at (626) 586-1972 or email at <u>rlhillstock@ucanr.edu</u> We welcome submissions, especially for Club News. Please submit articles by the 15th of the month to be posted in the following months' edition.

Contact the Los Angeles 4-H Youth Development Office or (626) 586-1972. For upcoming dates, please visit the <u>4-H Calendar</u>. We look forward to continuing to serve you and your 4-H needs.

## POLICY

While the program year officially started July 1, many of you will begin hosting your community club and project meetings this month. As we greet new members and families to 4-H as well as welcome back returning families, we are reminded of the significant role that 4-H plays in the lives of youth and their families. In a lot of cases, 4-H is situated as the central out of school/after school extra-curricular activity for youth. This gives us a unique opportunity to enhance their lives in meaningful and engaging ways. One way to do this is to be sure that we understand and are committed to the 4-H Essential Elements. The elements are guideposts to help us gauge the effectiveness of our programs and projects. They remind us that youth do not join 4-H, they Belong to 4-H; they have a chance to Master relevant skills; they become connected to the larger community through Generosity; they learn to make choices by practicing Independence. Every project and project meeting, all 4-H events and experiences should provide every youth access to any or all of the 4-H elements.

I refer you the 4-H Policy Handbook to get more information on the 4-H Essential Elements. I would also encourage you to ask yourself these questions when planning the next 4-H experience (i.e., club meeting, project meeting, All-Star meeting):

- 1. Do youth have an opportunity to build skills toward mastery?
- 2. Are youth involved in the planning and execution of the meeting or experience?
- 3. Will this experience be remembered?
- 4. Will the youth have a chance to practice and to apply their learning?

They are defined more clearly in Chapter 4 of the 4-H Policy Handbook. Check in the documents section:

http://www.national4-hheadquarters.gov/about/4h\_elements.htm

## CLUB

#### 4-H Kids Are Heading to the Fair

Megan Kitcko, Canyon Coyotes 4-H Club, Reporter

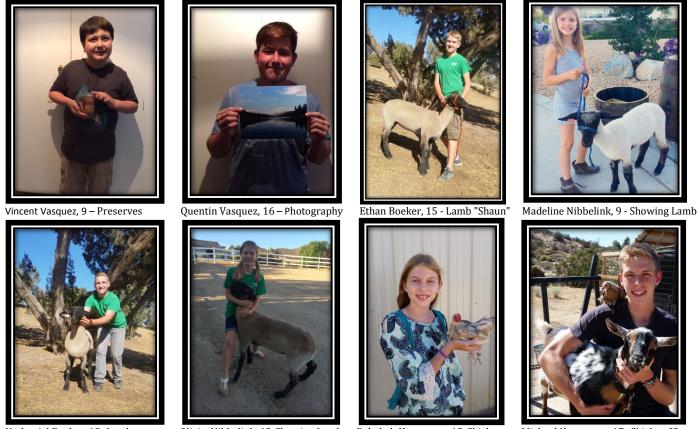
The kids from the local 4-H club, Canyon Coyotes, are ready for the AV Fair. We've fattened up our pigs, beefed up the steers, baked some goodies, printed prints and whitened our whites. The Antelope Valley Fair is one of our biggest events for 4-H and for the whole Antelope Valley. All of the animals we have been raising during the year and working hard preparing each entry is coming up in one week. All of these exhibits are judged throughout the week. Members look forward to see how all their hard work and efforts have paid off.

Kids in the livestock program train their animals to walk with them as they are judged on how well they can perform this task. The animals can be very tricky, you have to weigh and feed appropriately so they don't weigh too much or too little, which they are also judged on for market. So that the animals don't overheat, we must check on them and cool them down with water often during the day. We also groom all of our animals including steers. As you see there is a lot of work that goes into getting ready for the fair.

4-H also offers a Dog Project where you can learn to train your dog to be obedient to your commands. There is also Dog Showmanship like you see on TV. We are still waiting for the agility to come to our fair..

You do not need to raise animals to go to fair. 4-H offers other projects too. Some of our members enter their photographs that they take while on vacation. Others enter their favorite family secret recipes in the "Foods" category. The sewing project is a fun way to show off your 'needling' skills. You can find these exhibits inside the Pavilions.

Please stop by the Antelope Valley Fair that will be going on Aug. 19-28 and check out all of the exhibits. If you do happen to go, you are welcome to stop by and say "hi" to the 4-H'ers working the 4-H Food Booth.



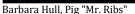
Nathaniel Boeker, 13- Lamb "Legolas"

Olivia Nibbelink, 12-Showing Lamb

Rebekah Kasperson, 12-Chicken "Bubbles"

Michael Kasperson, 17- Chicken "Squeaks" &.Goat "Latte"







Mark Kasperson, 14 - Rabbit "Cooper"



Carter Boeker, 11 - Pig "Hamlet"



Left to right - Ashley Carson, Megan Kitcko, Hannah Wineland and Kyle Carson helping, Brandon Carson, Emma Wineland and Jim Carson

• Dennis DeYoung, San Fernando Valley 4-H & Summer Camp Volunteer Dawn Fuller, LA County 4-H Program Manager

Long time 4-H volunteer Dennis DeYoung of the SFV 4-H Club and Summer Camp Kitchen Staff has been nominated by LA County 4-H for the prestigious *Fernando Award* presented by the San Fernando Valley community. On Saturday, September 24, at the Globe Theater, award recipients will be announced. We are proud of you Dennis and we hope you win. You are a winner in our eyes already.

#### • 2016 LA County 4-H Pet & Science Symposium

Dawn Fuller, LA County 4-H Program Manager

The 2016 LA County 4-H Pet & Science Symposium will be held on Saturday, October 22, 2016, 10 a.m. to 2 p.m. at Belvedere Park, 4914 East Cesar E. Chavez Ave., LA, 90022. This FREE event is for both 4-H members and the general public. The day includes speakers and displays on a variety of pet-related topics.

Please help us promote the LA County 4-H Pet & Science Symposium on your social media outlets and anywhere else you can think of. Just email Dawn at <u>dafuller@ucanr.edu</u> to get a PDF version of the invitation to share.

During the Pet Symposium, Dr. Keith Nathaniel will be leading youth in the 2016 National Youth Science Day Experiment – Drone Discovery. The experiment is limited to 20 youth who are 11 years and older. Youth must sign-up to participate by October 1 with Dawn at <u>dafuller@ucanr.edu</u>.

County Awards Day will follow the Pet & Science Symposium at 2:30 p.m. (same location). County Awards Day is where we recognize those who submitted record books and officer books, along with Senior Awards of Excellence and Junior/Teen Leadership.

#### • Youth Leadership

Noel Keller, LA County 4-H Leaders' Council Vice-President

The 4-H Program promotes and offers opportunities for our youth to develop and expand their leadership skills. Members should look for these opportunities and volunteer to get involved. Don't wait to be asked, VOLUNTEER. If a member would like to part of the planning of an event, contact those in charge, indicate your interest and volunteer to help. This year we want to encourage our youth to step up to the leadership challenge. Let the youth voice be heard. Let the youth skills be developed and shown. Along with this, we want to offer some training for adults and youth on youth/adult partnerships. Together we can plan a great 4-H Program for Los Angeles County.

Senior youth can be officers on the council. Volunteer for a position on the council. A position could be shared with an adult. If you would like an opportunity to be a council officer, you could try to find an adult that you would be comfortable working with and ask them to volunteer with you for the office. You could also volunteer to be on a committee of the council. If you have any questions about this, contact Noel Keller (nkeller91711@gmail.com).

#### • Important LA County Leaders' Council Meeting - September 10

Noel Keller, LA County 4-H Leaders' Council Vice-President

The next LA County 4-H Leaders' Council meeting is Saturday, September 10, to be held in the AV district. All 4-H volunteers, leaders and senior members are welcome to attend. We need the ideas, suggestions and comments from everyone to make our 4-H program great and effective for our youth.

This will be a very important meeting for planning the LA County 4-H Program for this year. The approved 4-H LA County calendar for 2016-2017 will be reviewed. The remaining council officers for 2016-2017 will be elected. Don't miss this opportunity to be part of the planning of our LA County 4-H program. The agenda for this meeting will be sent out and will be available on the county council page on the LA County 4-H website.

The meeting will be held on Saturday, September 10 at 10am in the AV district at the Acton Community Center (3748 Nickels Ave., Acton, CA 93510). If you are unable to attend this meeting, but have comments or suggestions that you want shared at this meeting please contact Noel Keller (nkeller91711@gmail.com) or Dee Keese (swimdude64@earthlink.net).

• Kiran Ekanayake - Youth Voice Of The LA County 4-H Leaders' Council

Noel Keller, LA County 4-H Leaders' Council Vice-President

Senior 4-H members are all welcome to attend the LA County 4-H Leaders' Council meetings during the year. There are only four such meetings and they occur in September/October, January, March and June. Let your opinions and suggestions be heard. The Council wants to hear from LA County youth about our LA 4-H program and opportunities. Please try to come to one of our meetings. We are also encouraging youth to apply for officer positions on the Council. A youth/adult team could be created to fill a position. Please contact Noel Keller (nkeller91711@gmail.com) if you have any questions about any of this.

Senior 4-H member and the one of the new LA County 4-H All Star Ambassadors Kiran Ekanayake of PVP 4-H Club was elected as the 2016-2017 2nd Vice-President (Youth Voice) of the LA County 4-H Leaders' Council. Kiran will be attending the council meetings and presenting the youth opinions, suggestions, concerns and ideas to the council. If you are unable to attend the council meeting yourself, let Kiran be your youth voice at the council meetings. Contact him with your concerns, suggestions, ideas and opinions.

#### • 2016 LA County Record Book Competition

Noel Keller, LA County 4-H Incentives and Recognition Committee Chair

The LA County Record Book Competition will be run much like last year. Members should plan to submit their records on the forms from the new Record Book Manual 2015-2016. The 4-H program year ended June 30. Your current record books should contain your records up to that time.

When entering their record book, members should complete the Record Book ID form indicating their choices for project recognition and request for leadership recognition. All senior books will be evaluated for Senior Awards of Excellence in Leadership, Community Service, Achievement, Project Work, S.E.T. and Healthy Living. Good record keeping is a life skill. Take time to complete your 4-H records in a way that you will enjoy looking at in years to come. Your 4-H record book can be a reference for future college and job applications.

The completed record books should be turned into the 4-H office by 4pm on Sept. 13 or to a member of the county I&R committee (Noel Keller, Judylynn Pelling, Dee Keese, Peter Michel or Carrie DeYoung) by 9pm on Sept. 14. Record book judging will occur Saturday, Sept. 17 and 24. The results of the evaluating (judging) will be announced at the County Awards program on Oct. 22 at Belvedere Park around 2:30pm, after the county Pet Symposium.

Contact Noel Keller (<u>nkeller91711@gmail.com</u>) if you have questions about record books.

#### • Club Representatives For County Record Book Evaluating (Judging)

Noel Keller, LA County 4-H Incentives and Recognition Committee Chair

REMINDER – If a club submits record books to the county Record Book competition, then the club needs to provide an evaluator (judge) for one of the Record Book evaluating (judging) days, September 17 or September 24. The evaluating again this year will be held at Good Shepherd Lutheran School/Church (6338 N. Figueroa St., LA, 90042). Evaluating record books is a good way to learn about record books for your club. No experience in evaluating (judging) is required. There is an orientation for evaluating at the start of each evaluation (judging) day. A club can only have up to three club representatives for evaluating. Evaluators do not evaluate record books from their own club. Evaluators should plan to stay from 9am until about 5pm, with a lunch and snacks provided. Contact Noel Keller (nkeller91711@gmail.com) with the names of evaluators (judges) by Thursday, September 15.

#### • LA County 4-H Officer Book Gold Medal

Noel Keller, LA County 4-H Incentives and Recognition Committee Chair

Did you do a great job as a club officer last year? If so, be sure to submit a 2015-2016 Officer Book for the officer book recognition program. The information and forms for the 2016 Officer Book Recognition Program are on the county website under APPLICATIONS/AWARDS. The evaluation of the officer records is done with the Danish system of evaluating so all officers have a chance to earn a Gold medal for their officer work. 2015-2016 Officer books are due at the same time as 2015-2016 record books, September 13 to the 4-H Office or by September 14 to an Incentives and Recognition Committee member (Noel Keller, Judylynn Pelling, Carrie DeYoung, Dee Keese or Peter Michel).

#### • LA County 4-H Leaders' Council's Open Positions – Youth And Adults

Noel Keller, LA County 4-H Leaders' Council Vice-President

Now is the time to get involved in planning a fun, educational 4-H program. Join the county leaders' council as an officer. Experience is not necessary, just an interest in having an enriched program of 4-H activities for our youth. The council only meets four times a year and the meeting locations vary around the county. You are not required to attend all the meetings. You can send in your report, if necessary. **Most council positions can be held by youth/adult partnerships.** 

At this time, we have the following open council positions: Reporter/Historian Agriculture Committee Chair Parliamentarian/Policy Secretary Civics Committee Chair Home Economics Committee Chair

Please contact Noel Keller (nkeller91711@gmail.com) if you are interested in any of the above vacant offices on the council. We need all the districts represented on the county council. The AV district does not have a volunteer or youth on the council at this time. Remember that senior youth can hold offices on the council. An adult and a senior youth could share a council office.

#### • District Representation on County Incentives & Recognition Committee

Noel Keller, Chair of the County Incentives and Recognition Committee

Districts are now electing the remainder of their officers and committee representatives for this 4-H program year. All districts should have two elected representatives on the county Incentives and Recognition Committee. The current county I&R Committee members are Noel Keller and Judylynn Pelling from NSG, Dee Keese and Peter Michel from SSG and Carrie DeYoung from SFV. There are no representatives from AV. Please notify Noel Keller (nkeller91711@gmail.com) with the names of newly elected I&R district representatives. Our next meeting will be on Thursday, Sept. 15 at Good Shepherd Lutheran Church/School in LA.

NOTE – When it is time to turn in record books for the county competition, books can be turned into the 4-H Office on Tuesday, September 13 by 4pm or by 9pm on Wednesday, September 14 to an I&R Committee representative. If a district does not have an I&R representative, record books will need to be turned in on Tuesday, unless they are delivered to an I&R committee member in another district.

#### • 2016-2017 District Responsibilities For LA County 4-H Events

According to our district rotation chart and our county calendar, districts should be planning county events this year as follows: Lunches for county record book judging – Sept. 17 and Sept. 24, 2016 – SSG

County Judging Day – Saturday, Feb. 25, 2017 – AV County Field Day – Saturday, March 25, 2017 – AV County Field Day – Saturday, March 25, 2017 – NSG Leaders' Appreciation event – Saturday, April 29, 2017 – SSG Lunches for county record book judging – Sept. 16 and Sept. 23, 2017 – SFV County Council meetings: Sept. 10 – AV

Jan. 14 – SSG April 1 – SFV May 13 - NSG

#### • 4-H Graduate Certificates And Pins

Noel Keller, LA County 4-H Incentives and Recognition Committee Chair

As 4-H members graduate out of the LA County 4-H program each year, they are recognized at their district Achievement Day programs. Club leaders should notify Charlene Moore in the AV 4-H Office with the names and years of 4-H experience of their 4-H graduate so that certificates and pins can be prepared in time for their district achievement events. Please contact Charlene if you have any questions about this.

#### • California 4-H Management Board Meeting – August 14

Noel Keller, LA County 4-H Council Vice-President

The new California 4-H Management Board (MB) met in Davis on Sunday, August 14. Noel Keller from LA County attended the meeting. The Management Board Constitution and Bylaws and 2016-2017 Board budget were discussed. More work will be done on these items before they are approved. Plans are moving ahead for the State Leaders Forum to be held in Santa Rosa November 11-13. There is still time to register for this state event for leaders. State Record Book judging will occur electronically from Oct. 28 – Nov.14. For more information about the Management Board (MB) meeting, listen to the recording of the August 14th meeting on the state 4-H website.

Noel Keller is the adult LA County representative to the MB's Southern Area Program Development Committee. Xavier Cruz from Macy 4-H Club is the youth representative to the Committee. The first meeting of the Southern Area Program Development Committee will be Sunday, Sept. 18.

#### • Share your 4-H Experiences

Roy Hillstock, 4-H Staff

4-H'ers, share your 4-H experiences by submitting articles to be published in Clover Notes. Articles may include club news, photos, community service projects, and/or anything you or your club would like to share. Submit your articles by the 15th of the month to be published in the following month's edition of Clover Notes to Roy Hillstock, <u>rlhillstock@ucanr.edu</u>.

#### • 4-H Dates and Deadlines are available on the Los Angeles County, 4-H Calendar.

### • Southern Area 4-H Small Animal Field Day – Sept. 24, 2106

Noel Keller, South Section 4-H Council Past President

Southern Area 4-H is offering a Small Animal Field Day on Saturday, September 24<sup>th</sup> from 8am until 2pm at Mount San Antonio College, Agricultural Sciences Department, Building 80 (parking lot F) in Walnut. LA County 4-H members are invited to attend this fun filled day of awesome learning experiences. Come learn about rabbits, poultry, dogs, goats, cavies, fish, and even reptiles! Breakfast and lunch will be available for purchase. Registration will begin at 8am; program begins promptly at 9am. Parking permits (costing \$4.00) required. Contact Barbara Crane (<u>bcrane@mtsac.edu</u>) or Noel Keller (<u>nkeller91711@gmail.com</u>) for more information or to volunteer to help. This is a great area-level leadership opportunity for senior members. **The planning committee is looking for additional help.** 

You do not have to be a member of a 4-H small animal project to enter the Small Animal Photo Contest or the Small Animal Poster Contest. Primary Members and Individuals thinks about a Small Animal project are encouraged to attend.

#### • Teen Involvement Conference (TIC) – January 20-22, 2017 Noel Keller, South Section 4-H Council Past President

T.I.C. is being planned by a Southern Area event committee of the new California 4-H Management Board. Kelly Dowlan is the adult TIC Director and Camille Norczyk is one of the youth TIC Co-Directors. Applications are now being taken for the TIC planning committee. Consult the TIC website for details and an application, or Kelly or Camille. The applications are due by July 31, 2016,



### **DATES & DEADLINES**

**Statewide 4-H Calendar Updates** 

#### Date / Event Name

September 16 - September 18, 2016 September 17 - September 18, 2016 September 17 - September 18, 2016 **September 22, 2016 September 24, 2016 September 24, 2016 October 1, 2016 October 5. 2016 October 7 - October 9, 2016 October 8, 2016 October 8, 2016 October 8 - October 9, 2016** October 8 - October 9, 2016 **October 9 - October 13, 2016 October 15, 2016** October 29 - October 30, 2016 November 4 - November 6, 2016 November 5 - November 6, 2016 November 5 - November 6, 2016

4-H Citizenship Weekend
Rifle Leader Training
Shotgun Leader Training
Yoga for Kids Leader Training- Davis
Southern Area Small Animal Field Day
Yoga for Kids Leader Training- San Luis Obispo
Yoga For Kids Leader Training- Quincy
4-H National Youth Science Day
WHY (We Help Youth) Conference
Yoga For Kids Leader Training -Ukiah
Yoga For Kids Leader Training - Moreno Valley
Archery Leader Training
Pistol Leader Training
National Association of Extension 4-H Agents Conference
2016 California State Livestock Ouiz Bowl
Muzzle Loading Leader Training
4-H Mindfulness Retreat
Archery Leader Training
Rifle Leader Training

November 11 - November 13, 2016 November 19 - November 20, 2016 November 19 - November 20, 2016 December 10 - December 11, 2016 January 27 - January 29, 2017 March 21, 2017 March 25 - March 30, 2017 June 16 - June 20, 2017 June 24 - July 1, 2017 July 16 - July 20, 2017

#### **Deadlines**

State Leader's Forum Shotgun Leader Training Pistol Leader Training Muzzle Loading Leader Training LCORT (Leadership Conference of Regional Teens) Legacy Awards in Washington- D.C. National 4-H Conference California Focus Citizenship Washington Focus #4HCWF Leadership Washington Focus 2017 #4HLWF

September 9, 2016	<u>Rifle Leader Training Registration for 9/17-9/18</u>
September 9, 2016	Shotgun Leader Training Registration for 9/17-9/18
September 16, 2016	2017 National Horse Classic Coaches- Application
September 22, 2016	SLC Planning Committee- Applications
September 23, 2016	Salute to Excellence Volunteer Recognition Awards - Nominations Due
September 30, 2016	Archery Leader Training Registration for 10/8-10/9
September 30, 2016	Pistol Leader Training Registration for 10/8-10/9
October 1, 2016	State Leaders' Forum - Registration
October 1, 2016	2017 4-H Shooting Sports National Championships
October 3, 2016	WHY (We Help Youth) Conference - Late Registration
October 7, 2016	2016 California State Livestock Quiz Bowl- Registration
October 21, 2016	Muzzle Loading Leader Training Registration for 10/29-10/30
October 24, 2016	2017 4-H Youth in Action Awards - Applications
October 28, 2016	<u>Rifle Leader Training Registration for 11/5-11/6</u>
October 28, 2016	Archery Leader Training Registration for 11/5-11/6
November 2, 2016	National 4-H Conference - Application
November 11, 2016	Pistol Leader Training Registration for 11/19-11/20
November 11, 2016	Shotgun Leader Training Registration for 11/19-11/20
December 2, 2016	Muzzle Loading Leader Training Registration for 12/10-12/11

Additional State Updates can be found at: <u>http://4h.ucanr.edu/News/Calendar</u>

4-H All-Stars: Holly Whipple, Westside 4-H Club Camille Norczyk, Greenleaf 4-H Club Jessica Fint, SFV 4-H Club Abigail Wright, Greenleaf 4-H Club Katherine Shannon, Quartz Hill 4-H Club Kiran Ekanayake, PVP 4-H Club

Jr. All-Stars: Katherine Cao, Pomona Vallev 4-H Club Rebecca Klose, PVP 4-H Club Megan Okamoto, Pomona Valley 4-H Club Wesley Rich, PVP 4-H Club Alexa Sutter, PVP 4-H Club Julius Treadwell, Pomona Valley 4-H Club Shannon Chen, PVP 4-H Club Michelle Sylvest, PVP 4-H Club Rebecca Klose, PVP 4H Club Sara Conlon. PVP 4H Club Catherine Nunley, PVP 4H Club Lilliana Brown, PVP 4H Club Ashlyn Spaziano, Greenleaf 4-H Club Elizabeth Wright, Greenleaf 4-H Club Katie Hsu, PVP 4-H Club Leila Nuryen, PVP 4H Club Sarah Yeck, PVP 4H Club Ryan Hamm, PVP 4H Club Enrique Morales, Macy 4H Club Kaylin Kwan, Macy 4H Club

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