## **Clover Safe**

## **ENVIRONMENTAL HEALTH AND SAFETY**



Clover Safe notes are intended primarily for 4-H volunteers and members nine years and older

4-H Youth Development Program

## **COMPUTER ERGONOMICS AWARENESS SAFETY QUIZ**

| 1. | The mouse should be located adjacent to the on a. Monitor. b. Printer. c. Computer. d. Keyboard. e. All of the above.                 | the same surface.                 |  |
|----|---|-----------------------------------|--|
| 2. | Position the computer monitor so it is at a distance of at a. 24 meters. b. 12 inches. c. 24 inches. d. 12 centimeters. e. 12 meters. | oout from the user.               |  |
| 3. | While typing, should be relaxed. a. Hands. b. Shoulders. c. Wrists. d. Fingers. e. All of the above.                                  |                                   |  |
| 4. | The bottom of the user's elbows should be at the same a. Distance. b. Proportion. c. Proximity. d. Interval. e. Height.               | as the keyboard.                  |  |
| 5. | Sit straight with the lower back supported agains a. Snugly. b. Firmly. c. Purposefully. d. Securely. e. Gratefully.                  | mly.<br>rposefully.<br>curely.    |  |
|    |   | Answers: 1.d, 2.c, 3.e, 4.e, 5.b. |  |