

# TEENAGERS - AS - TEACHERS

A Statewide Collaborative Project Between UC 4 - H, UC CalFresh, and EFNEP

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## Introduction

The Teens-as-Teacher (TAT) model provides many programmatic benefits. Teens are empowered through an opportunity to learn, grow and serve their communities, while program recipients receive high quality programming through a youth-adult partnership. Utilizing a TAT model helps county programs expand their current efforts, reaching new youth that they may not otherwise have the opportunity to serve. To support this expansion effort, UC 4-H, UC CalFresh, and EFNEP have teamed up to engage in collaborative nutrition education programming across the state. Program integration supports cross-disciplinary activities to increase program capacity, build on programmatic strengths, reduce duplication of services and identify new funding opportunities.



Young Adult Leader

*"I learned how to balance teaching children with facilitating fun. I think it's hard to balance the educational and play aspects of teaching, and I*

*learned how to do that through my experience."*

## Statewide Programs

3

*UC 4-H, UC Cal Fresh, EFNEP*

## Participating Counties

6

*Kern, San Mateo / SF, Santa Clara  
Sutter - Yuba, Yolo*

## Youth Served

465

*Elementary Youth and Teen Leaders*