

A BRIEF LIST OF ASIAN VEGETABLES

BEANS: soy beans, snow pea, yard long bean, adzuki beans

GREENS: amaranthus, Chinese broccoli, baby bokchoy, Chinese mustard, chrysanthemum greens

MELONS: bitter melon, chayote squash, Chinese cucumber, winter squash, luffa, winter melon

HERBS: cilantro, lemon grass, perilla