# Increasing Participant Engagement



# Why Increase Participant Engagement?

Having participants engaged improves learning and creates stronger working relationships, processes and results, and helps your work be more effective.

# What drives engagement? Motivation!

- Motivation is a process that directs our energy to accomplish a goal. It binds emotion to action.
- When we see the value in what we are doing and its' relevance to our values and perspectives, our motivation increases.

Greater engagement leads to greater learning and commitment.

### Characteristics and skills of a motivational facilitator

- **Expertise** Having subject knowledge and/or process tools to share and utilize. We can help! Or we know how and when to ask for help!
- **Empathy** Knowing the goals and expectations of the participant, keeping things realistic what can or cannot be done, active listening, inclusion, respect and adapting the situation to meet the participant's needs.
- **Enthusiasm** Value and support the process! Acknowledge that boredom, stress, lack of success, and loss of purpose can occur. Use facilitation tools to refocus.
- **Clarity** Seek understanding of content, support various ways of thinking and learning so everyone can participate fully, and have clear goals and objectives.

## **Tools for increasing participant engagement:**

- Start with introductions the foundation of relationship building!
- Provide opportunities for sharing, networking, and discussion.
- Build cooperative and collaborative engagement we are all in this together, united around a common goal! Share resources and responsibilities.
- Provide time for group processing and reflection what is working? What isn't working? What can we change?
- Help participants realize they are responsible for what they learn and for the success of the collaboration.



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