



Edible Landscaping

Betsy Allen & Judith Connor

With inspiration and help from Rosalind Creasy

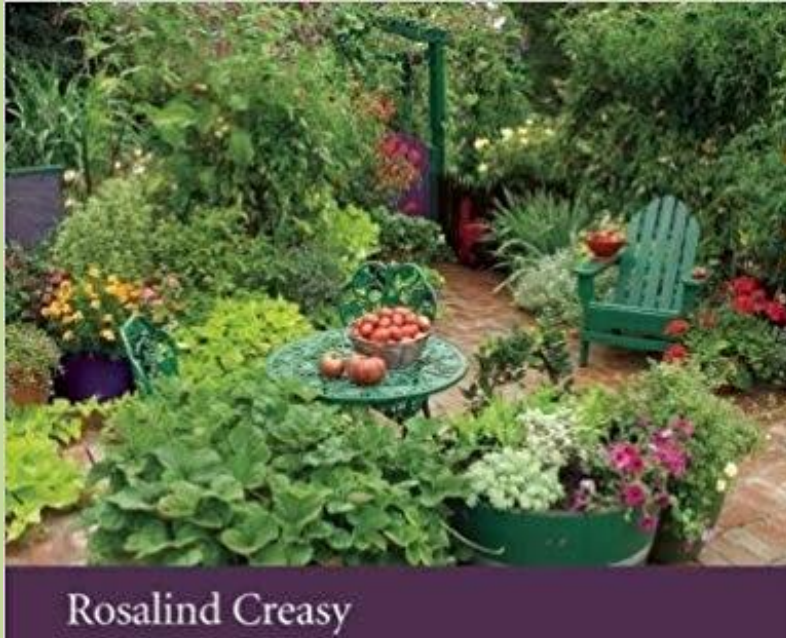
UC Master Gardeners of Monterey & Santa Cruz

February 2019



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Monterey and Santa Cruz Counties



We can grow our food and flowers in a variety of settings for pleasure, and good health.

- Containers on a porch, balcony or patio
- Small urban yard
- Multi-acre property

Edible Landscaping



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Reasons to grow edibles in your garden

- Tasty, nutritious food
- Aesthetics
- Recreation
- Sustainability
- Mental/ physical therapy

Inspire and make friends sharing your garden and its produce!



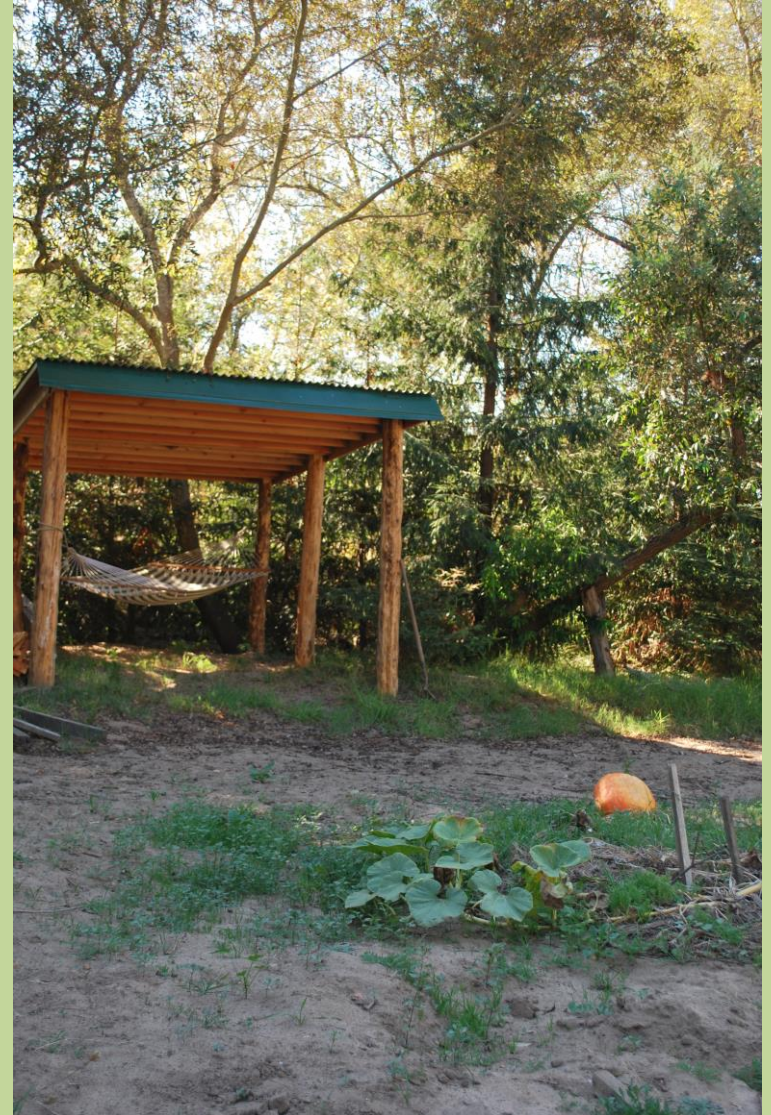
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Reasons not to plant edibles

- Surplus crops
- More water
- More fertilizer
- Pest management
- More work
- More time



Consider your personal garden budget and goals

Budget (time, money and space)

Grow food you like

Save money

Impress your friends

Enhance beauty

Provide privacy

Attract wildlife

Discourage pests



Getting started

**Choose your pace to fit your interests, skills
and resources**



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Choose your pace:

- *Grow one or a few edibles in containers*



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Choose your pace:

- *Add edibles to your flower bed*

(You can start with **one** vegetable you love!)



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Choose your pace:

- *Introduce edibles into your existing landscape.*



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Choose your pace:

- *Take the plunge and add perennials*



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Choose your pace:

- *Plan a complete landscape design for your entire property*

But that's a
future
workshop!



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Select for taste, yield, color, texture

Mix with non-edibles for diversity

- Herbs (thyme, rosemary, basil)
- Edible flowers (violets, nasturtiums)
- Alliums (onions, garlic, leeks)
- Greens (kale, chard, broccoli, beets)
- Peppers (sweet, hot)
- Asparagus, lettuce, beans
- Tomatoes
- Cucurbits (cucumbers, squashes)



Consider Integrated Pest Management

- Choose edibles resistant to deer, gophers, disease
- Integrate planting to attract beneficials
- Access for your appropriate site maintenance (cultural practices)
- Deter slugs and snails
- Consider human invaders



Grow edibles in containers

- Good option when space, mobility, resources, or courage are limited
- Just about any annual can successfully grow
- Many perennials as well with proper care
- Greater control over sunlight and pests
- Consider compact vegetables and dwarf trees, e.g., lettuce, tomatoes, peppers, citrus, figs



Grow edibles in containers

Choosing your container:

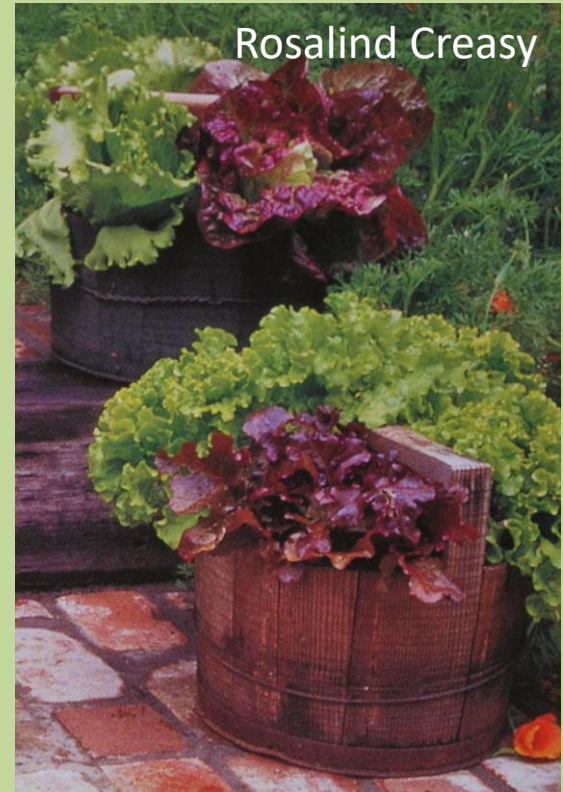
- Soil in containers can heat up sooner and cool down faster than garden soil.
- Container's material affects evaporation and heat retention.
- Black plastic can add ten degrees to soil temperature.
- Think mobility: Wet pots are heavy!



Grow edibles in containers

Prepare the container:

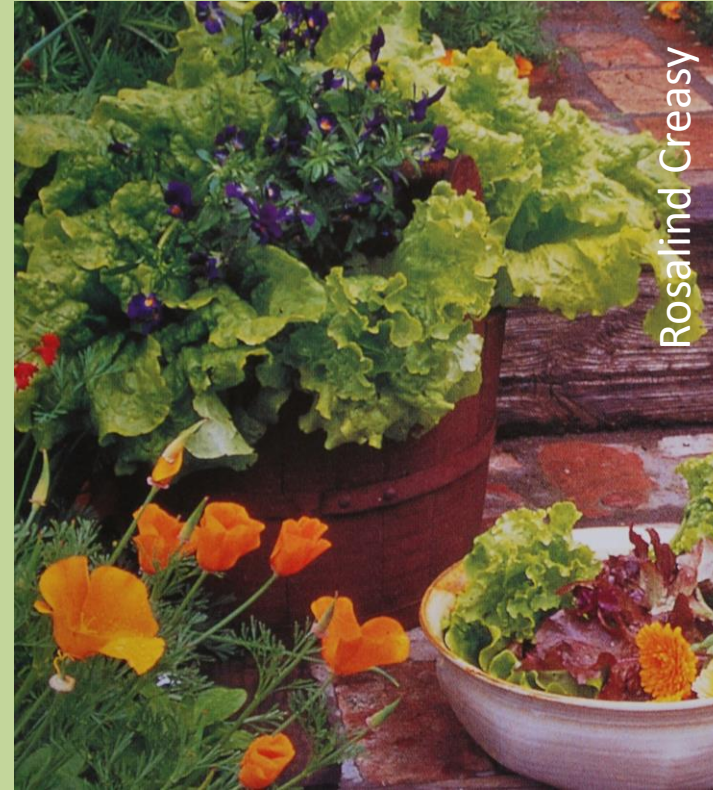
- Make sure container fits the plant:
 - 24" deep (~10 gallon) for most tomatoes and squash
 - 18" deep (5-gallon) for peppers, eggplants, small tomatoes
 - 12 – 16" pots are fine for herbs, carrots, beets, lettuce
- Clean used containers with 10% bleach
- And keep the drainage holes open



Grow edibles in containers

Soil for container gardens

- Good drainage and air circulation
- Some potting soils retain water with amendments; mycorrhizal fungi enhance nutrient uptake
- Compost can increase water retention, but too much reduces air and drainage
- Garden soil is heavy and may have weeds, pests, pathogens



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Grow edibles in containers



I ran out of room in the yard, so I decided to try container fruit trees.



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Introduce edibles into your existing landscape

Planning a small garden



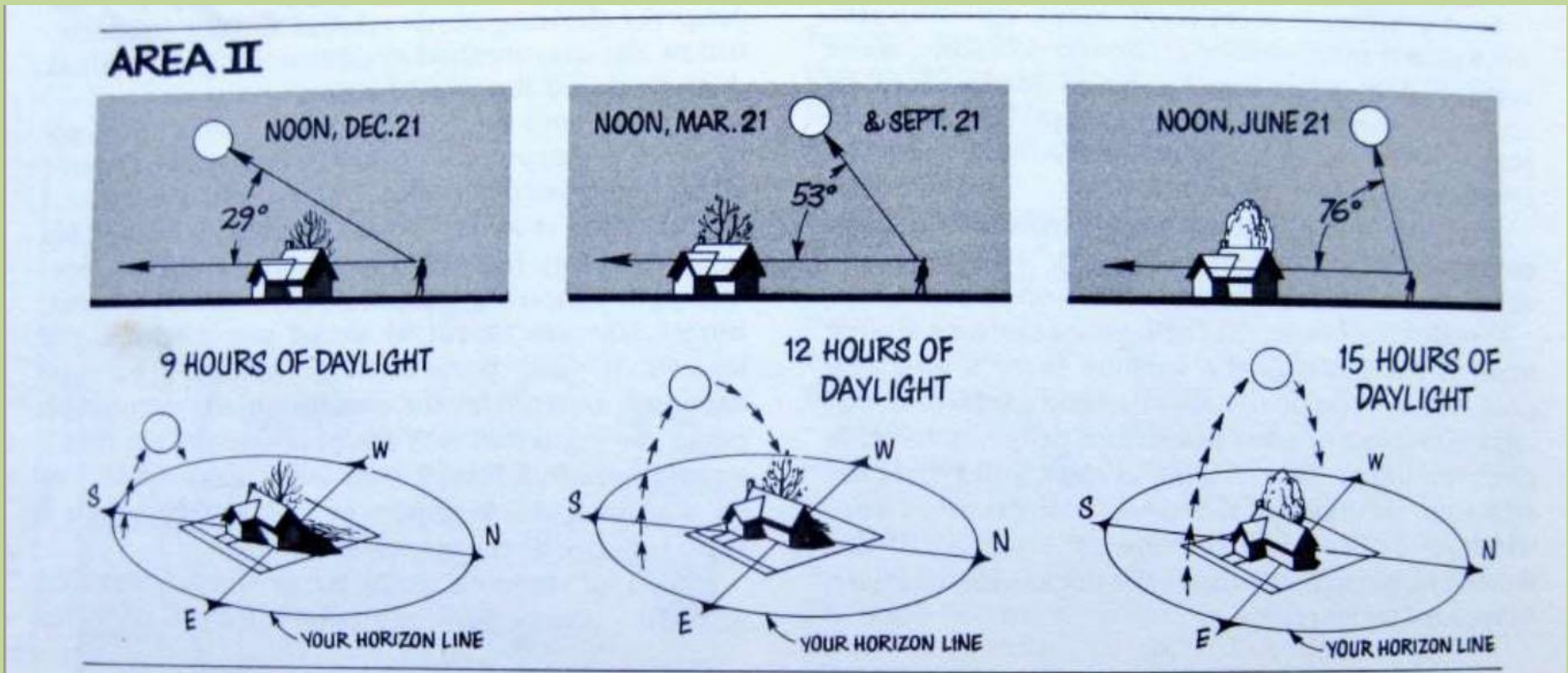
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Planning a small garden

Consider your site:

- Orientation: sun and shade



Planning a small garden

Consider your site:

- Orientation: sun and shade
- Microclimates, slopes, wind
- Water availability
- Soil properties
- Drainage
- Hardscape
- Known pests and foot traffic
- Neighbors
- Compatibility with landscape



Hardiness



USDA Zone

<https://planthardiness.ars.usda.gov/PHZMWeb/>

First and last frost by zip

<https://morningchores.com/frost-dates/>

Ben Lomond 95005 – last frost Dec 17

Salinas – 93906 last frost Jan 26

Santa Cruz – 95062 last frost Feb 7



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Companion planting

- Helper plants
- Wind breaks
- Attract beneficial insects
- Smell confusion
- Add plant diversity



COMPANION PLANTING

IN NATURAL ECOSYSTEMS, PLANTS PERFORM FUNCTIONS THAT CAN EITHER HELP OR PREVENT OTHER PLANTS TO GROW. THE SAME IS TRUE IN OUR GARDENS. CERTAIN PLANTS GIVE NUTRIENTS BACK TO THE SOIL, WHILE OTHERS NEED TO TAKE UP NUTRIENTS. PLANT AROMAS AND FLOWERS CAN ATTRACT POLLINATORS OR DETER PESTS. BELOW IS A CHART TO HELP YOU UNDERSTAND WHICH PLANTS GROW WELL TOGETHER AND WHICH TO PLANT FAR APART!

PLANT	GOOD COMPANIONS	BAD COMPANIONS
BEANS 	MAIZE, SUNFLOWERS, LAVENDER, CABBAGE, CUCUMBER, STRAWBERRIES, BRINJAL 	ONION, GARLIC, FENNEL 
BEETROOT 	BEANS, ONIONS, GARLIC, LETTUCE, CABBAGE 	
BRINJAL 	CALENDULA, MARIGOLDS, MINT, PEAS 	
BROCCOLI, CABBAGE, CAULIFLOWER, KALE 	AROMATIC PLANTS, DILL, SAGE, ROSEMARY, POTATOES, BEETROOT, CELERY, GARLIC, ONIONS, GERANIUM 	TOMATOES, POLE & RUNNER BEANS, PEPPERS 
CARROTS 	LETTUCE, CHIVES, LEEKS, ROSEMARY, SAGE, PEAS, WOODWOOD 	STRAWBERRIES, FENNEL, CABBAGE 
LETTUCE 	CARROTS, RADISH, STRAWBERRIES, CUCUMBER, BEANS 	CELERY, PARSLEY 
MAIZE 	SUNFLOWERS, AMARANTH, BEANS, PEAS, & OTHER LEGUMES, PUMPKIN, SQUASH, CUCUMBER, MELONS, & OTHER CUCURBITS, PARSLEY 	CABBAGE, TOMATO, CELERY 
ONION/ GARLIC 	CARROTS, BEETROOT, STRAWBERRIES, TOMATOES, LETTUCE, CABBAGE 	PEAS, BEANS, PARSLEY, LEEKS 
PEAS 	LAVENDER, CARROT, TURNIP, RADISH, CUCUMBER, MAIZE, BEANS, GROWS WELL WITH MOST VEGETABLES & HERBS 	ONION, GARLIC 
PEPPERS 	TOMATOES, GERANIUM, BASIL, CARROT, ONION 	BEANS, KALE, CABBAGE FAMILY 
POTATOES 	CORIANDER, MARIGOLD, BEANS, MAIZE, CABBAGE FAMILY, BRINJAL 	PUMPKIN, CUCUMBER, SQUASH, MELONS, SUNFLOWERS, TOMATOES 
SPINACH 	STRAWBERRIES, BROAD BEANS, PEAS 	
TOMATOES 	BASIL, OREGANO, PARSLEY, CHIVES, NASTURTIUM, ONIONS, CARROTS, CELERY, CALENDULA, GERANIUM, BORAGE 	POTATOES, FENNEL, CABBAGE FAMILY 
CALENDULA 	TOMATOES - REPELS TOMATO WORM! 	GENERAL PEST DETERRANT, PLANT THROUGHOUT GARDEN 
COMFREY 	FAST-GROWING NUTRIENT ACCUMULATOR. PLANT ALONG EDGES & USE LEAVES FOR MULCH 	COMPOST ACTIVATOR. USE LEAVES TO MAKE COMFREY TEA FERTILIZER! 
CHILE PEPPER 	CABBAGE, MAIZE 	REPELS CABBAGE MOTH. PLANT ON BORDERS TO KEEP FLYING PESTS AWAY! 
MARIGOLD 	PLANT FREELY THROUGHOUT THE GARDEN - REPELS SOIL NEMATODES, APHIDS, BEAN BEETLES & MANY MORE. 	USE MARIGOLD LEAVES TO MAKE AN ORGANIC GENERAL INSECTICIDE SPRAY! 
NASTURTIUM 	TOMATOES - IMPROVES FLAVOR! 	REPELS WHITE FLIES & SPIDER MITES 
THYME 	CABBAGE 	DETERS CABBAGE WORM 
ROSEMARY 	CARROTS, CABBAGE, SAGE, BEANS 	DETERS CABBAGE MOTH, BEAN BEETLES & CARROT FLY! 
WORMWOOD/ ARTEMESIA 	AROUND GARDEN EDGES 	KEEPS ANIMALS OUT! ALSO REPELS WHITE FLY 
YARROW 	PLANT FREELY THROUGHOUT THE GARDEN. REPELS SOIL NEMATODES, APHIDS, BEAN BEETLES, AND MANY MORE! 	PLANT NEAR AROMATIC HERBS TO ENHANCE ESSENTIAL OIL PRODUCTION 

A DIVERSE GARDEN IS AN ABUNDANT GARDEN. HAPPY PLANTING!



For more info on PERMACULTURE contact Afristar Foundation @ P.O.Box 68562, Bryanston, Johannesburg, 2021 * 011 706 56 14 * FAX: 086 605 3333 * email: afristar@telkomsa.net







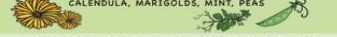














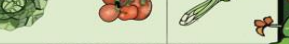







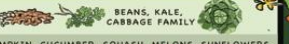


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COMPANION PLANTING

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<http://survivalgardener.com/2014/12/what-is-companion-planting/>

http://marinmg.ucanr.edu/Marin_Master_Gardener_Help_Desk/Leaflet/Companion_planting_in_the_vegetable_garden/



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Planning a small garden

Irrigation considerations:

- Crops not in uniform rows
- Hydrozoning and scheduled irrigation for plant needs
- Drip irrigation conserves water
- Higher plant density -> greater water requirements
- Soil amendments and mulch help retain water



Planning a small garden

Pests!

- Observe your garden often
- Encourage beneficials
- Add companion plants
- Restrict pest access to the site
- Use Master Gardeners hotline for help

<http://mbmg.ucanr.edu/hotline/>



Adult pocket gopher



Citrus psyllid



Break Time



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Planning a small garden

Personal considerations:

- Aesthetics
- Microclimate
- Food produced –
 what will you eat?
- Access
- Compatibility



Rosalind Creasy's 100 sq. ft. experiment

20 x 5 ft plot in front yard

8 hours soil preparation

- Remove weeds and turf
- Dig or rototill
- Amend w/30% compost
6 -24 inches deep

Acquire seeds, compost,
fertilizer, maybe soil

Build planter boxes and cages



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Rosalind Creasy's 100 sq. ft. experiment

20 x 5 ft plot in front yard

Seeds and plants:

2 tomato plants

6 bell peppers

4 zucchinis

4 basils

18 lettuces



\$63 (seeds, plants, compost)



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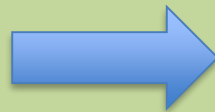
From her 100 square foot garden

April through September
20 x 5 ft plot produced

- 77.5 # tomatoes
- 15.5 # bell peppers
- 14.3 # lettuce
- 2.5 # basil
- 126 # zucchini

worth \$746.52

minus \$63



\$683.43 organic produce



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Betsy's 100 sq. ft. garden plan

40 X 2.5 ft. sidewalk border



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Betsy's 100 sq. ft. garden plan

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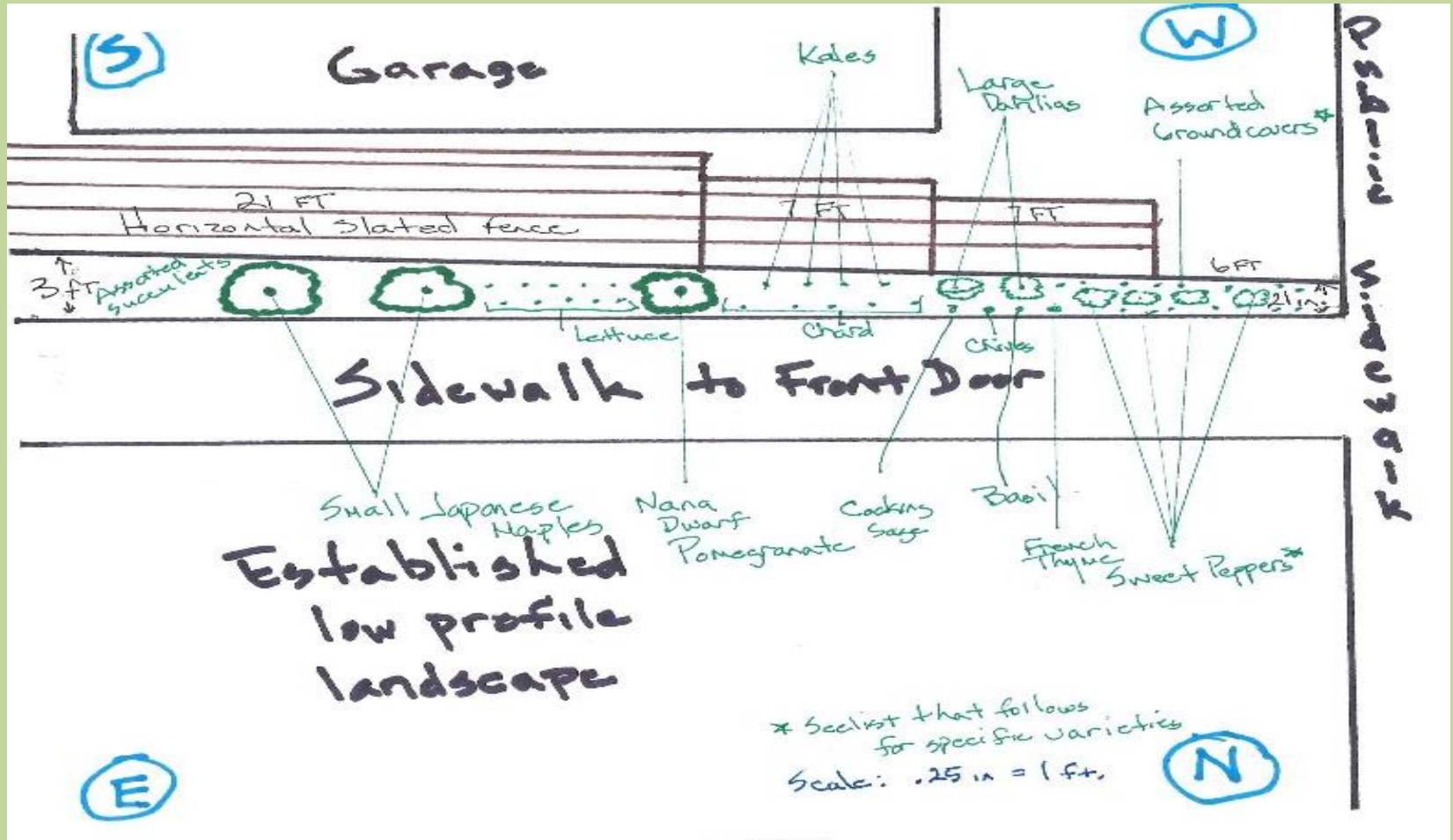
Design Considerations:

1. Aesthetics – it's the entry to my home
2. Food produced – what will we/others eat
3. Sun – how light will change with the seasons
4. Pests – deer, aphids, mildew
5. Access – for harvesting food
6. Compatibility – will everyone get along



Betsy's 100 sq. ft. garden plan

Site design



Betsy's 100 sq. ft. garden plan

Sweet Peppers



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Betsy's 100 sq. ft. garden plan

Sweet Pepper Plants

Red Bull Horn



Jimmy Nardello



Yummy Bells



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Betsy's 100 sq. ft. garden plan

Site Plant List

Sweet Peppers:

- Jimmy Nardello – 2' X 2'
- Yummy Bells – 30" x 24"
- Red Bull Horn – Italian heirloom, mild, 1.5-2' tall

Problems: Aphids, thrips, cutworms, sun scald



Betsy's 100 sq. ft. garden plan

Kales



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Betsy's 100 sq. ft. garden plan

Site Plant List

Kales:

- Dazzling Blue
 - Red Ursa
 - Red Russian
-
- Problems: Aphids, mildew



Betsy's 100 sq. ft. garden plan

Chard



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Betsy's 100 sq. ft. garden plan

Site Plant List

Chards:

- Rainbow
 - Red
-
- Problems: Beet leaf miner



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Betsy's 100 sq. ft. garden plan

Lettuce



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Betsy's 100 sq. ft. garden plan

Herbs



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Betsy's 100 sq. ft. garden plan

Site Plant List

Herbs:

- Cooking sage – repel deer, deter aphids (thru beneficials?), cabbage moth, carrot fly
- Basil – repel deer, flies, mosquitoes, white flies, asparagus beetle, tomato hornworm
- French Thyme – cabbage looper, whiteflies, cabbage moths
- Chives – deters aphids, spider mites, slugs, Japanese beetle
- Cilantro- repels aphids, spider mites and potato beetles – grows well here



Betsy's 100 sq. ft. garden plan

Groundcovers



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Betsy's 100 sq. ft. garden plan

Site Plant List

Groundcovers:

- Sweet Alyssum – attracts beneficials: hoverflies – eat aphids, mealybugs; parasitic mini-wasps
- Marigolds (lemon gem)– attracts beneficials (lacewings, lady beetles, hoverflies, parasitic mini wasps, pirate bugs, damselbugs and big eyed bugs – eat thrips, aphids, leafhoppers, mites +), repel nematodes and aphids



Connor's 100 sq. ft. garden plan

two boxes above pool deck

Design Considerations

1. Aesthetics – near pool and entertainment area
2. Sun – how shade from trees changes seasonally
3. Food produced – what do we like to eat?
4. Pests – gophers, gophers, gophers!
5. Access – plant, weed, harvest with less bending
6. Compatibility – will all (plants *and* us) get along?
7. Fun



Connor's 100 sq. ft. garden plans boxes above pool deck

- Vegetables
- Fruits
- Flowers
- Garden art



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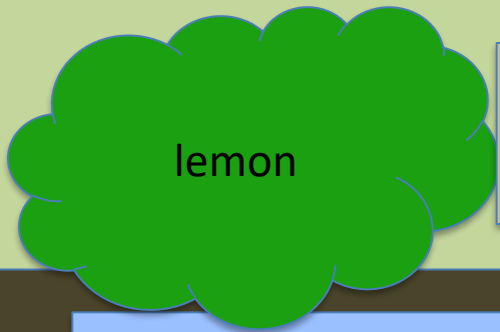
Connor's 100 sq. ft. garden plan site design




Bean tipi 

O	G	Z	Z	Z	Z	Z	Z	G	O			
O	cp	H	K	T	C	T	C	T	K	H	cp	O
G	H	SF	SF	SF	Z	SF	SF	SF	H	G		

 11 x 3 ft
Blueberry bushes



poppies					poppies				
asparagus and more asparagus									
leeks	rosemary	leeks	rosemary	leeks					

retaining wall  16 x 4 ft



https://www.gardeners.com/kitchen-garden-planner/preplanned-gardens

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Home / Kitchen Garden Planner / Pre-Planned Gardens

Kitchen Garden Planner

- Pre-Planned
- Design Your Own
- Planting & Care
- Encyclopedia

Planning Tools


- Kitchen Garden Planner
- Pest and Disease Directory
- Rainfall Calculator
- Zone Finder
- Vegetable Encyclopedia
- Soil Calculator
- Plant to Plate

Expert Advice

- Vegetable Gardening 120
- Flower Gardening 114
- Composting 15
- Backyard Habitat 20
- Pests and Diseases 27
- Indoor Gardening 44
- Landscape and Lawn 51
- Harvest-Keeping 22
- Recipes 41
- DIY Projects 9
- About Us 18
- Good Works 20

Pre-Planned Gardens

Simply choose a plan to match your planting area and types of plants you want to grow. Each square represents 1 sq. ft. and shows the number of plants, depending on the crop. The plans are designed to fit various sizes of our raised beds and elevated gardens but they can be planted in-ground as well. Continue scrolling for planting information for each crop.



Cook's Choice

Creative cooks will have fun with these flavorful herbs and garden-fresh veggies. Friends and family will appreciate dining on colorful salads, savory sauces and healthful greens.

[BUY THE SEEDS >](#)

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Kitchen Garden Planner

- [Pre-Planned](#)
- [Design Your Own](#)
- [Planting & Care](#)
- [Encyclopedia](#)

Planning Tools

- [Kitchen Garden Planner](#)
- [Pest and Disease Directory](#)
- [Rainfall Calculator](#)
- [Zone Finder](#)
- [Vegetable Encyclopedia](#)

[Soil Calculator](#)

[Plant to Plate](#)

Expert Advice

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- [Flower Gardening 114](#)
- [Composting 15](#)
- [Backyard Habitat 20](#)
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- [Harvest-Keeping 22](#)
- [Recipes 41](#)
- [DIY Projects 9](#)
- [About Us 18](#)
- [Good Works 20](#)



Design Your Row or Bed

Design Your Site Plan

Cook's Choice

-  Save
-  Print
-  Load
-  Edit Plan
-  Start Over
-  Email

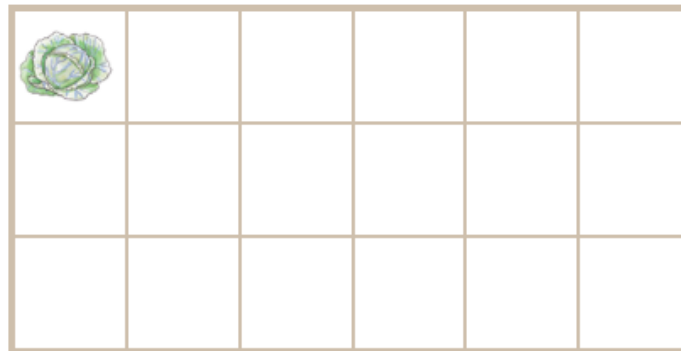
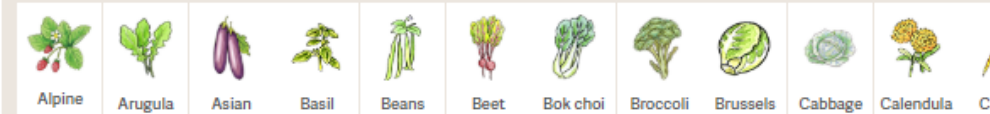
1. Select your size:

Width: Length:

[PREVIOUS](#) [NEXT](#)

Design your own!

2. Drag and drop item onto bed



Planting Guide:



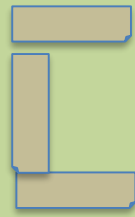
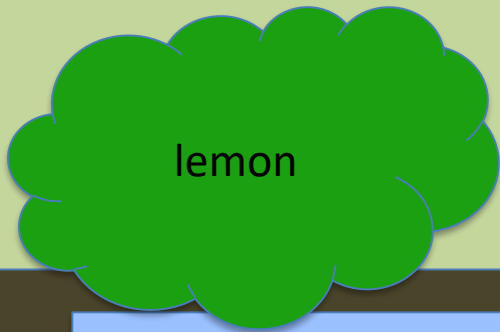
Cabbage

- Sow seeds indoors 1/4' deep eight weeks before last frost or outdoors four weeks before last frost.
- Transplant seedlings into garden four weeks before last spring frost
- Spacing: one per sq. ft.

Start seeds for fall crop in early summer

Connor's 100 sq. ft. garden plan

site design



11 x 3 ft

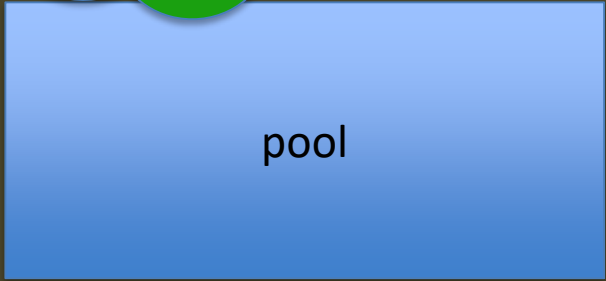
Blueberry bushes



16 x 4 ft

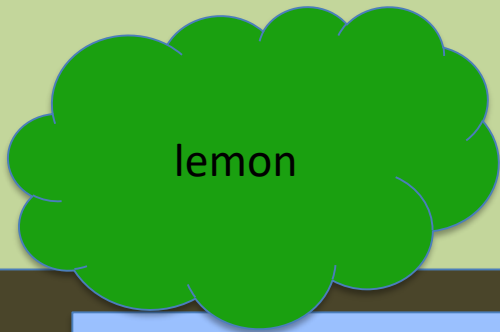
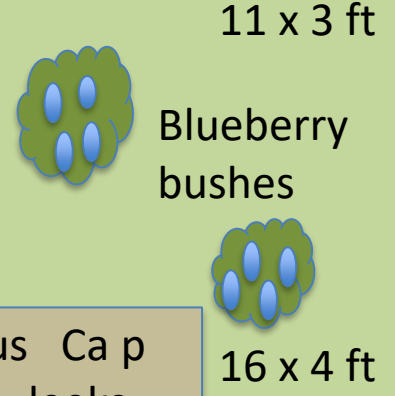
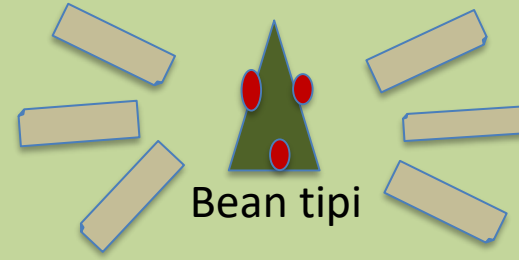
Ca p leeks asparagus and more asparagus leeks rosemary leeks rosemary leeks Ca p leeks

retaining wall



Connor's 100 sq. ft. garden plan

site design



Ca p leeks asparagus and more asparagus Ca p leeks
leeks rosemary leeks rosemary leeks

retaining wall



Connor's 100 sq. ft. garden plans boxes above pool deck

- Sunflowers
- Kale
- Chard
- Asparagus
- Blueberries
- Rosemary



Connor's 100 sq. ft. garden plans

boxes above pool deck

- Heritage tomatoes
- Red hot chili peppers
- Beets
- Zinnias
- Onions, garlic, leeks
- Herbs
- Scarlet runner beans



Edible Flowers

Anise hyssop	Daylily	Passion flower
Apple	Dianthus	Pineapple guava
Arugula	Dill	Redbud
Basil	Elderberry	Rose
Bee Balm	Hibiscus	Rosemary
Borage	Hollyhock	Sage
Broccoli	Johnny-jump-up	Scented geranium
Calendula	Lavender	Scarlet runner bean
Chamomile	Lemon verbena	Squash
Chervil	Lilac	Sunflower
Chicory	Marigold	Sweet woodruff
Chives	Mint	Thyme
Chrysanthemum	Nasturtium	Tulip
Citrus	Okra	Violet
		Zinnia

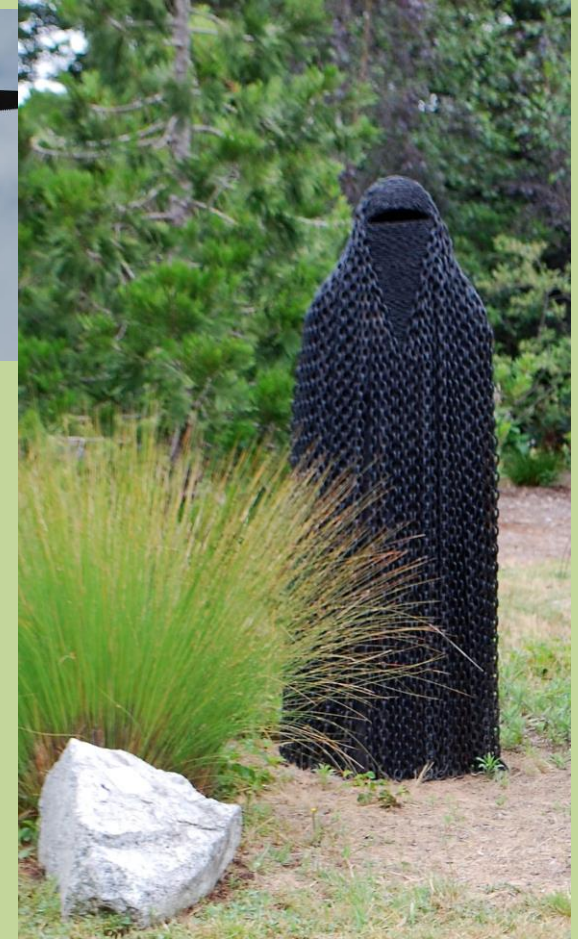


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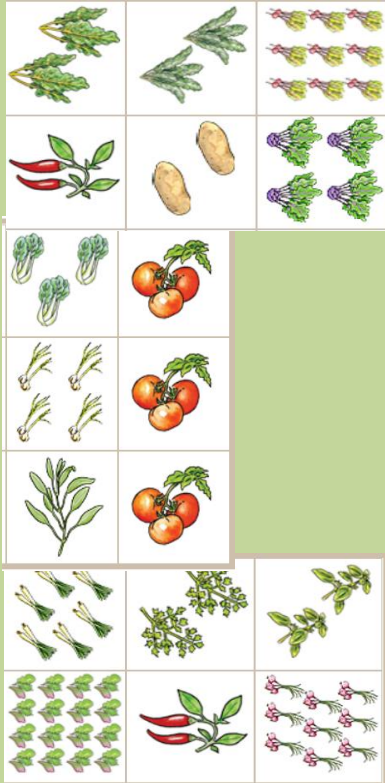
Connor's 100 sq. ft. garden plans boxes above pool deck

- Garden art
- Seating



Connor's 100 sq ft garden plan

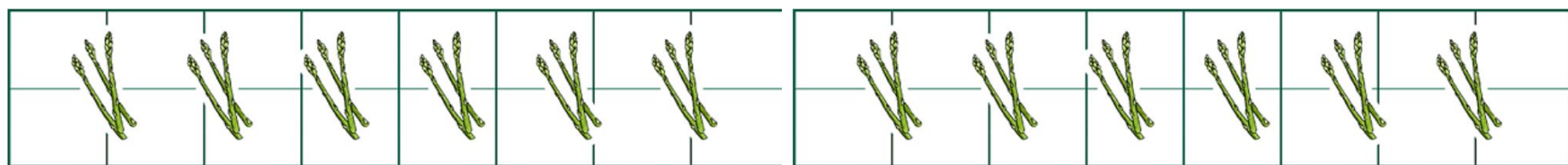
- Sage
- Kale
- Cilantro
- Chard
- Chili
- Flowers
- Shallots
- Mint
- Chard
- Tomatoes
- Tomatoes
- Flowers
- Sage
- Kale
- Cilantro
- Chard
- Chili
- flowers



CA poppies

asparagus and more asparagus

CA poppies



rosemary

retaining wall

rosemary

Plan to enjoy your garden time

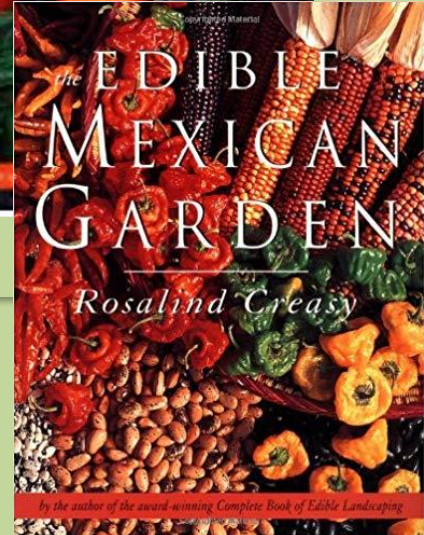
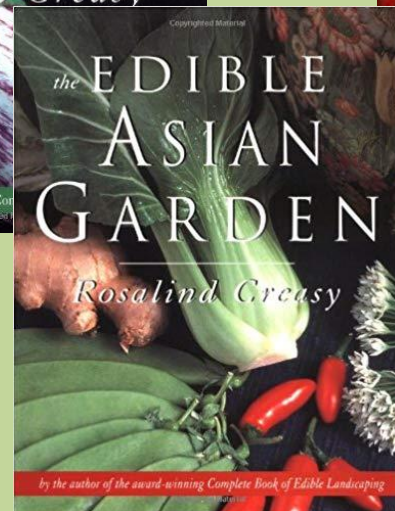
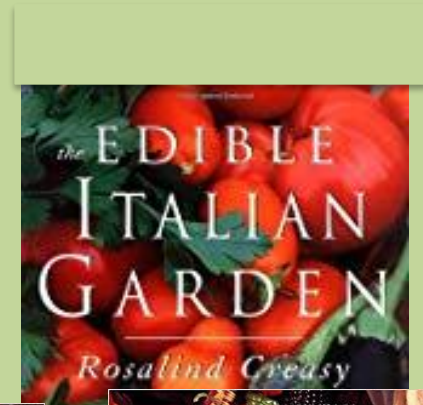
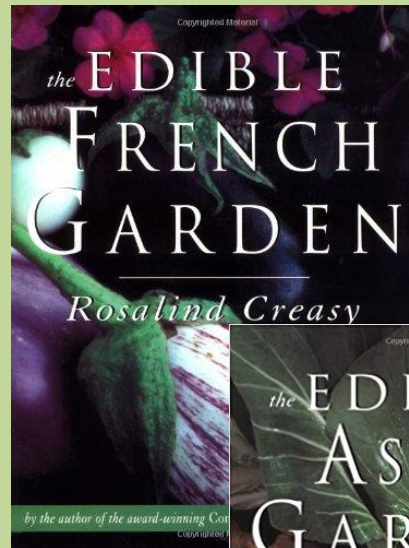
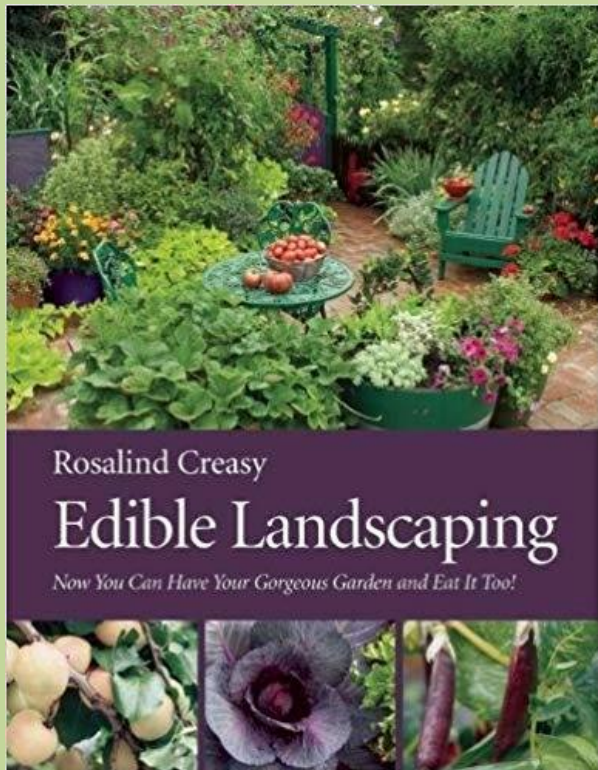
- read, visit gardens, take classes
- select crops, harvest, maintain garden
- prepare beds, amend, plant
- replant annual crops
- prune perennials, fertilize
- pest management
- purchase seeds or seedlings
- amend soil, mulch
- fertilize: types, frequency of application
- water: volume, application methods



References

Master Gardeners hotline

<http://mbmg.ucanr.edu/hotline/>



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Imagine the possibilities!



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Help us improve!

A follow-up survey provides the tools we need to improve the quality of our programs.

Please respond to the short survey you will receive in a few weeks.

And thank you for participating in this Master Gardener program ***Introduction to Edible Landscaping.***



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Questions?



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