



Produce Safety After Urban Wildfire

Citizen Science Initiative -- UC Cooperative Extension Sonoma

**Julia Van Soelen Kim, Rob Bennaton
& Mimi Enright, UCCE
with Vanessa Raditz & Suzi Grady**

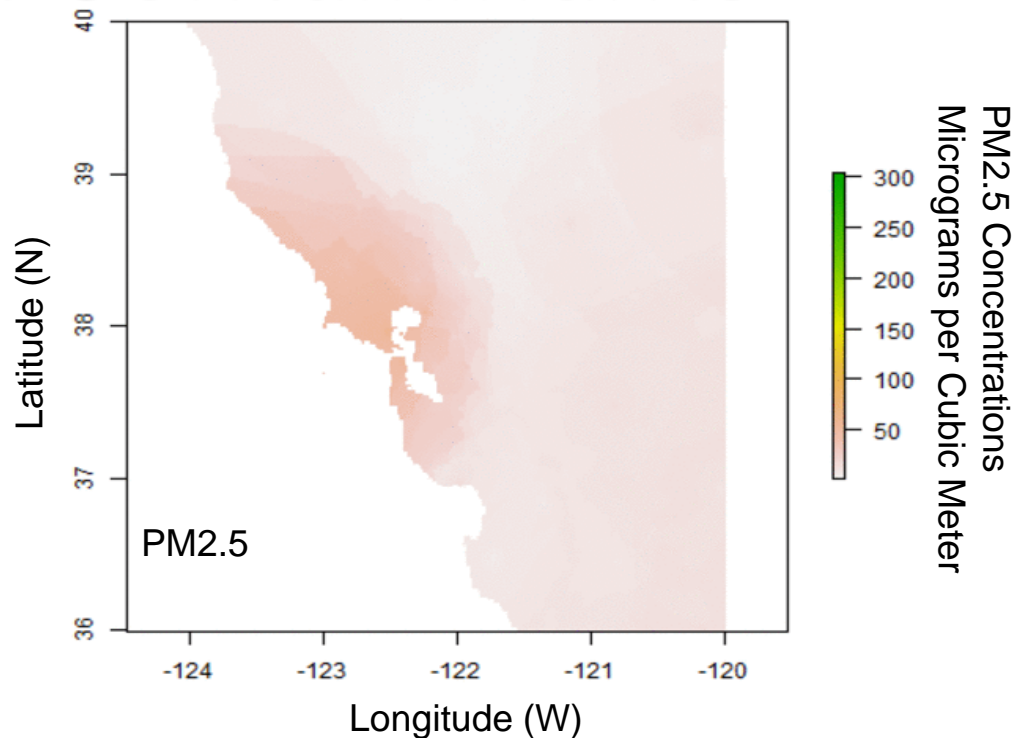
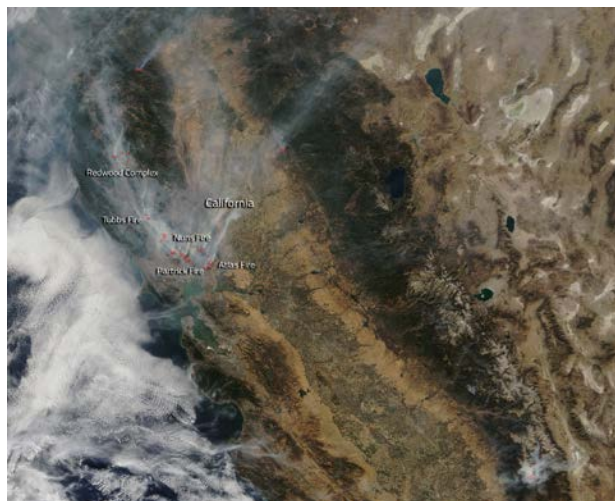


BAY AREA
AIR QUALITY
MANAGEMENT
DISTRICT

1/4 of Sonoma County
residents surveyed in 2018
(n > 2000) were concerned about
the produce - safety due to fire

Smoke Can Carry Chemical Contaminants

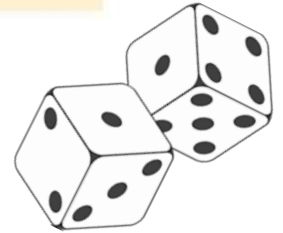
“Smoke” Measured as Particulate Matter
(PM) Carries Other Chemicals



What is “Unsafe?”

LIKELIHOOD OF HEALTH OUTCOMES

Chemical Toxicity (Type, [])
Chemical Persistence in Body
Chemical Exposure-Duration in Environs
Individual Condition(s) / Personal State of Health

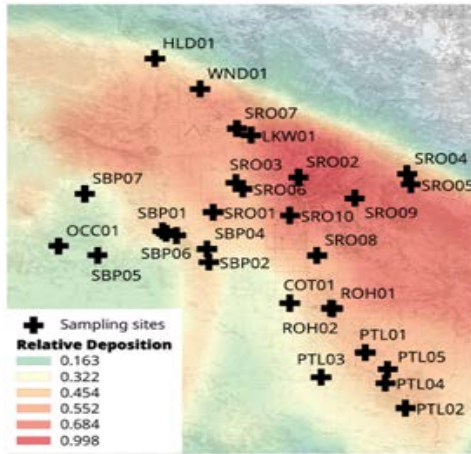


Summary

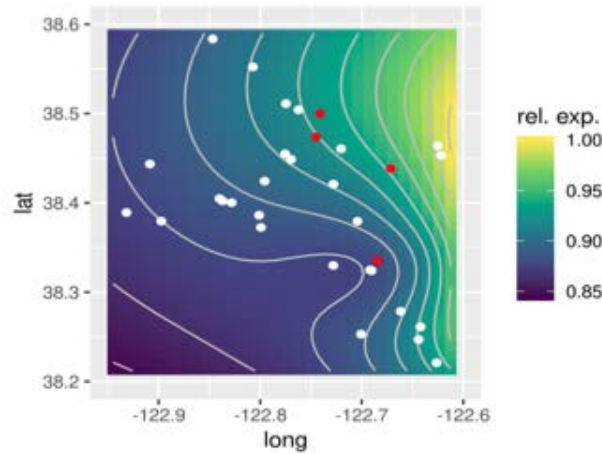
- **Study sought to determine whether produce safety was impacted after wildfire smoke deposited ash on soil and produce.**
- **Results: Produce safety was not significantly affected by the fire (in limited term).**
- **Cumulative analysis suggests eating trace contaminants on produce does not provide a significant increase in chemical exposure during a single urban wildfire event. More testing is needed.**
- **Common-sense best practices can reduce exposure (short & long term).**
- **Community workshops started April, 2019.**

Analysis & Testing

1. Meteorological Deposition Models



2. CARB Air Pollution Monitors



3. Proximal Fire-Distance



Background & Methods

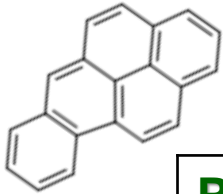
IN JUST A MONTH - DURING ONGOING FIRES



15+ Volunteers - 25+ Sites (5 Tested) - 200+ Samples

5 Sites / 3 Sets of Composite Samples (Only 2 Tested)

Chemical Groups Analyzed

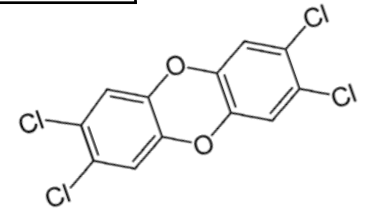
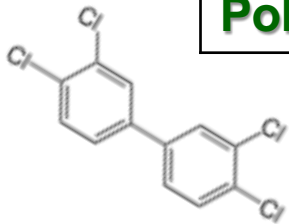


**Polycyclic Aromatic
HydroCarbons (PAHs)**

Heavy Metals

Polychlorinated Biphenyls (PCBs)

Dioxins & Furans



What is “Unsafe?”

**Proposition 65 and Soil Screening Levels
(Soil Screening Levels from OEHHA & EPA):**

**Both Methods Result in
Over-Estimates of Risk**

Results

PRODUCE SUMMARY: *Low Concern, More Testing Needed*

- No detectable PAHs or PCBs.
- No detectable Dioxins and Furans in 12 of 13 samples.
Sample w/ Detectable Levels: [Dioxins] @
 < CA Prop 65 “No Significant Risk Level.”(NSRL)
- No detectable Prop 65-regulated heavy metals in 12 / 13 samples.
- One sample w/ Ni @ [] > Prop 65 NSRL.
- No detectable levels of lead, arsenic, mercury, or chromium.

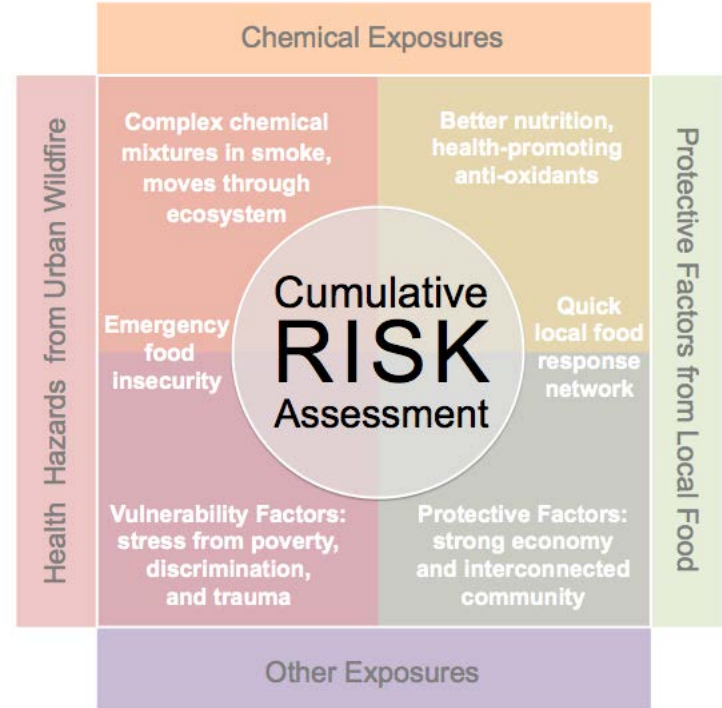
Results

SOIL SUMMARY: *Low Concern, More Testing Needed*

- [Heavy Metal] Soil < Sonoma's post-fire clean-up goals.
- No Detectable PCBs.
- Site closest to Santa Rosa fires Had Highest [Dioxins],
at > EPA and OEHHA soil screening levels.
- We Cannot Verify Pre-Fire Contaminant Concentrations.

Cumulative Risk Assessment

Cumulative Risk Assessments interpret risk as per **exposure**, **vulnerability** and **protective factors**.



So, is it safe to eat the produce?!

**Of all Post-Fire Concerns,
Produce Safety can be a Low Concern.**

**Knowledge ~ Risk-Assessment
and decisions for considering:
Family Proximity to Fire and Any Vulnerabilities
(e.g. pregnant, kids and elders, disabled)**

Reduce Risk Via
Best Practices for Reducing
Probability of Exposure

**Test
Your
Soils**

**Contain &
Amend Your
Soils/Other
Practices**

**Wash/Rinse
Your
Produce**

Why are soil contaminants a concern in urban areas?

Contaminants Can Be Spread through Dust Particles in the Air:

Why are soil contaminants a concern in urban areas?

Contaminants Can:

- Inhibit Plant Growth**
- Affect Human Health!**
- Persist in Soils Long Term**
- Persist without Us Knowing**

Plant/Crop-Contaminant Exposure Pathways

Through Plants Roots → Plant Root Uptake
(In Plants=Lab tests) (Plant-Internal/Now what?)

On Plants' Parts/Leaves → Topical
(ALL Plant/Leaf Surfaces (Plant-External/Wash Dust)
(=Lab Tests/Not Visible to Naked Eye)

If contamination found, how manage soils?

Use Best management practices based on case.

Where to start?

Understand/Interpret:

- Site History
- Soil Test

Map Your Sample Sites in Advance of Sending to Lab!!!!

- Remediation versus Best Management Practices



Best Practices: Recognize Potential for Contamination → Know Risks

- **Research Site History**
- **Test Soils: Dont Guess! Research! Investigate! Do Soil Tests!!**
- **Buy Organic Materials Review Institute (OMRI)**
- **Wear Gloves & Practice Good Hygiene/Boots**

Best Practices:

**Raise
Beds**



Import Clean Soils/Make Raise Beds

**Amend
Compost/OM**



**To Bind Soil Contaminants With
with P & Dilute Contaminants**

Mulch



**To Prevent Airborne Soil Dust
& Prevent Up-splash**

**Sub-
Surface
Irrigate**



**To Prevent Up-splash/Spreading
Particles**

Best Practices:

Adjust pH



**Neutral pH → Optimal pH
Growth/Nutrition**

**Promote
Good
Drainage**



**Soil Contaminants Concentrate
@Slopes-Bottoms/Allow H₂O
Infiltration**

**Post-Harvest →
Produce**

**Soak in Vinegar/Wash
& Peel Root Crops**

DURING A WILDFIRE

SAFETY TIPS FOR LOCAL FOOD GROWERS

PROTECT YOUR LUNGS



Inhaling smoke has
very severe health risks

WASH PRODUCE WITH RUNNING WATER



Remove outer leaves
or peel if you see ash

NUTRITION BUILDS RESILIENCE



Low risk of harm from
produce exposed to smoke

TAKE EXTRA PRECAUTIONS



Children – Elders – People with
Respiratory and Heart Disease

Resources

Website with resources and reports:

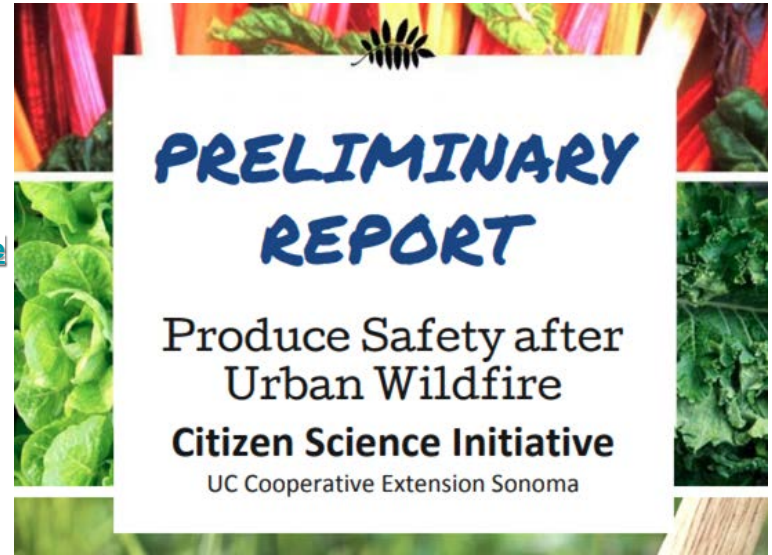
http://cesonoma.ucanr.edu/Produce_Safety_after_Urban_Wildfire/

Join GoogleGroup for Updates:

<https://groups.google.com/forum/#!forum/produce-safety-after-urban-wildfire>

Recent article on our work:

<https://psmag.com/environment/is-it-safe-to-eat-local-produce-after-a-wildfire>



Thank You!

Thank you to ANR for the Opportunity Grant – Seed \$.

Through ANR Grant, we Leveraged the
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