



University of California

Agriculture and Natural Resources ■ 4-H Youth Development Program



## October 2019

6-12	National 4-H Week	
*9	After Fair Meeting - 6:00pm	Teresa Andrews cknjock@yahoo.com
*22	Field Day Planning Meeting - 6:00pm	Teresa Andrews cknjock@yahoo.com
*22	Horse Leader Meeting - 6:00pm	Becky Davis 661-342-6346
*22	Leader Council Meeting - 7:00pm	Jeanne Walford 661-831-1639
26	Horse Play Date (Tentative)	Becky Davis 661-342-6346
30-31	Safe Halloween - Kern County Museum	Amy Andrews 661-348-6305
31	Hi 4-H Enrollment Closes	Amy Andrews 661-348-6305

### HIGHLIGHTS IN THIS ISSUE

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## November 2019

11	Veteran's Day Holiday - UCCE Office Closed	
15	Field Day Set Up at Kern County Fairgrounds - 4:00pm	Teresa Andrews cknjock@yahoo.com
16	Field Day at Kern County Fairgrounds - 8:00am	Jeanne Walford 661-831-1639
*26	Horse Leader Meeting - 6:00pm	Becky Davis 661-342-6346
*26	Leader Council Meeting - 7:00pm	Jeanne Walford 661-831-1639
28-29	Thanksgiving Holiday - UCCE Office Closed	

Kern County 4-H  
 1031 S. Mt. Vernon Avenue  
 Bakersfield CA 93307-2851  
 Phone: 661-868-6200  
 Fax: 661-868-6208  
 or [cekern@ucdavis.edu](mailto:cekern@ucdavis.edu)



*\*Meeting is at the UC Extension Office, 1031 S. Mt. Vernon Avenue, Bakersfield, CA - Wheelchair accessible. Please contact UCCE Kern at 661-868-6200 if any special accommodations. Individuals who need to request an ADA accommodation in order to participate in 4-H sponsored events and activities can contact your local 4-H Office to complete a 4-H ADA Accommodation Request Form: <http://4h.ucanr.edu/>*



**CHECK YOUR STATUS IN 4-H online  
BE AN ACTIVE MEMBER**

The 2019-2020 program year registration started July 1st

**Did you re-register yet?  
Are you in 'pending' status?  
Did you pay your membership fees?  
Did you complete all leader training and background info?**

**CALL OUR OFFICE OR COME BY!  
PLEASE LET US HELP YOU BE AN ACTIVE MEMBER!  
THE TIME IS NOW!**

**Don't let the current membership year go by  
being inactive - BE ACTIVE!**

**MARK YOUR CALENDARS/SAVE THE DATE!**

**4-H FIELD DAY**

**NOVEMBER 16, 2019**

**KERN COUNTY FAIRGROUNDS**

**MORE INFORMATION TO COME**



# **HELP WANTED!**

**Club to run the Food  
Booth at 4-H Field Day  
on November 16**

Requires hard work, good cookin', countin'  
money and the ability to have fun doing it.  
In the event that more than one club volunteers,  
a lottery will be held to determine the winner.  
Please contact Sue at [lsmckinney@ucanr.edu](mailto:lsmckinney@ucanr.edu)

**REWARD**  
**PROFITS FOR YOUR CLUB**



# Kern County



## 4-H Youth Development Program

University of California | Agriculture and Natural Resources

# 4-H Field Day

Join us for a fun filled day showcasing the many elements of the 4-H program! That's right, 4-H isn't just all animals! This is FREE event open to everyone! Come find out what 4-H is all about!



- Various ongoing project demonstrations
- Special activity booth for Cloverbud aged youth (ages 5-9)
- Bake Day judging contest (for 4-H members, must pre-register)
- Project Level Testing (for 4-H members)
- Judging! Members can bring arts & crafts, sewing, photography, preserved foods, or anything else they've made in their projects to be judged! (for 4-H members, no pre-registration required)
- 4-H Informational Booth

**Saturday, November 16, 2019 - 9 a.m. - 2 p.m.**

(registration/check-in for items being judged starts at 8 a.m.)

**Kern County Fair Grounds**

## The Power of

# YOUTH

**Contact Us! - 661-868-6200**

Various 4-H information can also be found at:

[http://cekern.ucanr.edu/Youth\\_Development/](http://cekern.ucanr.edu/Youth_Development/)

Or scan the code!



From ages 5-19 years!  
4-H has something for  
**EVERYONE!**



Visit us on  
**Facebook**

[www.facebook.com/kerncounty4h](http://www.facebook.com/kerncounty4h)



It is the policy of the University of California (UC) and the UC Division of Agriculture & Natural Resources not to engage in discrimination against or harassment of any person in any of its programs or activities (Complete nondiscrimination policy statement can be found at <http://ucanr.edu/sites/anrstaff/files/215244.pdf>) Inquiries regarding ANR's nondiscrimination policies may be directed to Linda Marie Manton, Affirmative Action Contact, University of California, Agriculture and Natural Resources, 2801 Second Street, Davis, CA 95618, (530) 750-1318.



Are your baked goods tasty enough for a blue ribbon?

# Bake Day

## At 4-H Field Day



Preheat your oven, fire up your competitive spirit, and enter your best recipes at the Field Day Baking contest.

November 16, 2019

Kern County Fairgrounds

# Bake Day Online Entry Form

The 2019 Bake Day Contest will be held November 16, 2019 at 4-H Field Day, at the Sale Barn at the Kern County Fair Grounds in Bakersfield.

**Check-in for entries will be from 8-8:45 a.m.**

## **Bake Day Rules:**

1. **MEMBERS CAN ENTER UP TO TWO ENTRIES IN DIFFERENT CATEGORIES, including the "Whole Grains" category.** Any 4-H member, **9 years and above** may enter in the regular judging part of the contest; Cloverbuds may enter but only in the Cloverbud category. (Youth are enrolled based on their chronological age by December 31<sup>st</sup> of the current program year. So, members who will be age nine by December 31, 2020 are considered to be Junior members and are eligible to enter the judging contest. Junior members are 9-10 years of age, Intermediate members are 11-13, and Senior members are 14-19.)
2. All cakes should be placed on a **non-returnable** carrier appropriate to the size of your entry.
3. Attach a removable identification label with **NAME, AGE and CATEGORY** to your entry. If a cake is covered with plastic wrap, please put the label on the outside.
4. **Attach the recipe or a list of ingredients**, for all baked entries. Packaged mixes are acceptable, **with the exception of the "Whole Wheat" category.** (Example of a recipe mix card: Chocolate cake mix, added cherries.) You do not need to include the brand name.
5. **NO entries will be transferred to another category.** Entries entered in the wrong category will be judged in the category entered but will be ineligible for awards. Late entries will not be judged for awards. Registration is from 8:00-8:45 a.m. the day of the event.
6. Decorated cakes **must be baked** by the member. The design should be applied by use of decorating tips or fondant. Some small purchased figures are permissible. Permanent portions of the decorated cake will be returned upon request immediately following the contest. **Originality is important!** Decorated cakes will be judged on outside appearance (30%), originality (20%), inside texture and moisture (20%), and workmanship and color combination (30%).
7. The "Chocolate", "White", or "Other Flavors" categories may be a sheet or layered cakes. These designations refer to the flavor of the cake only. Frosting may be any flavor.
8. For safety reasons, **NO** cream pies or frostings and fillings made with whipping cream, sour cream or other cream products will be accepted. If the entry requires refrigeration, it will **NOT** be accepted, so please make wise selections!
9. **Whole Grains:** Members entering the "Whole Grains" category are not limited regarding the type of item to make, with the exception of rule #8. **The "Whole Grains" item must be made from scratch,** with the ratio of flours or grains used being no less than 75% whole grains. Suggestions for this category include; but are not limited to, the use of whole wheat flour, potato, rye, and rolled oats. The use of white flour in this category must not exceed 25% of the total grains used.

**PLEASE REGISTER ONLINE AT: <http://ucanr.edu/bakedayentry2019>**

**ENTRY DEADLINE IS 5 PM, NOVEMBER 6, 2019**

**Age Division:**

- Cloverbud (For participation ONLY, will not be judged)
- Junior (9-10 years)
- Intermediate (11-13 years)
- Senior (14-19 years)

**Category: (Members may only select up to TWO different categories)**

- Decorated
- Chocolate (layered or sheet)
- White/Yellow (layered or sheet)
- Other Flavor (layered or sheet)
- Bundt/Loaf/Chiffon/Angel Food
- Yeast Bread
- Quick Bread
- Nut Pie
- Fruit Pie (No cream pies)
- Whole Grain

## Insurance and the 4-H Volunteer

As we begin a new 4-H program year, it is important that 4-H volunteer leaders understand the different types of insurance regarding the University of California (UC) Agriculture and Natural Resources (ANR) Department and the 4-H program. The areas of insurance regarding the 4-H program that we often receive questions about include accident, liability, driving and property.

### **Accident**

4-H members and adult volunteers are provided limited accident coverage from the Hartford Insurance Company when taking part in or attending an approved, regularly supervised 4-H activity. They are also covered while traveling to and from a 4-H club or county activity, and while traveling directly between home and a 4-H meeting place for a scheduled activity. However, in the event of an auto accident and there is other medical payments coverage available, the Hartford Policy will not provide coverage until the other insurance is exhausted. The links below provide more information about the accident insurance policies.

*University of California ANR Risk Services Website*

[https://ucanr.edu/sites/risk/Insurance/Hartford\\_Volunteer\\_Insurance/](https://ucanr.edu/sites/risk/Insurance/Hartford_Volunteer_Insurance/)

*Accident/Sickness Insurance for Volunteers and Youth: Frequently Asked Questions*

<https://ucanr.edu/sites/risk/files/23976.pdf>

*California UC 4-H Accident/Sickness Insurance Program*

<http://www.ca4h.org/files/20012.pdf>

### **General Liability**

Volunteers acting within the course and scope of their volunteer duties are protected by UC's general liability insurance program in the event of a claim or lawsuit against the volunteer and/or UC. This coverage does not relate to injuries to the volunteer or the volunteer's property, but covers the volunteer's liability for the supervision of people and general supervision of ANR sponsored programmatic activity. There are some exceptions and limitations, which are determined on a case-by-case basis through investigation. For further information, please review

*General Liability and Automobile Insurance: Frequently Asked Questions at*

<https://ucanr.edu/sites/risk/files/23978.pdf>

### **Vehicle Usage as a Volunteer**

The University insurance program provides secondary automobile liability coverage while driving during the course and scope of official ANR business activities. An individual's personal automobile insurance is primary. For secondary coverage, volunteers must maintain primary liability insurance as required under University policy. Currently, primary liability coverage of \$50,000 per accident claim, \$100,000 in aggregate, and \$50,000 for property damage should be maintained to qualify for secondary coverage by the University. If the vehicle driven by the volunteer is involved in an accident, secondary coverage applies. This secondary accident coverage is provided only after the limits of the vehicles' primary liability insurance policy have been reached.

### **Personal Property Insurance**

The insurance program does not provide coverage for any personal or real property not within the University's care, custody and control. As an example, no coverage is provided for ownership of and use of an animal in a project. Additionally, no property-related liability coverage is provided while using one's home, ranch, garden or arena for a program activity. Volunteers should check with their insurance carriers and review their personal insurance coverage before assuming the risks involved in using their personal property for ANR programs.

The ANR *Insurance Coverage* pamphlet provides an overall view of the coverage provided by the UC.

It is available at: <https://ucanr.edu/sites/risk/files/23991.pdf>



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## **Small-scale/ Backyard Livestock and Poultry Survey**

Alda Pires is a researcher at UC Davis whose work focuses on food safety and small-scale poultry and livestock production. In 2018, in conjunction with the California Department of Food and Agriculture, she conducted a series of educational workshops covering topics related to backyard poultry and livestock production and food safety. As a follow-up to those workshops, she is distributing a survey to gain a better understanding of health-related concerns and antimicrobial use (antibiotics) in small-scale herds and flocks. The information provided will be used to guide future research and outreach to better serve small-scale livestock and poultry producers. She is hoping to get information from 4-H families as well.

The survey is now open to all owners and small-scale producers of livestock and poultry in California regardless of workshop attendance. The survey takes about 20 minutes and can be accessed at:

[https://ucdavis.co1.qualtrics.com/jfe/form/SV\\_8jMboTtv9LyabAx](https://ucdavis.co1.qualtrics.com/jfe/form/SV_8jMboTtv9LyabAx)

Questions regarding the survey can be sent to Alda at: [apires@ucdavis.edu](mailto:apires@ucdavis.edu)

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## **Get the Latest Updates on 4-H Shooting Sports**

If you want the latest updates sent to you directly regarding 4-H shooting sports, you can enter your name and email address in the list serve below. You will be notified directly regarding upcoming classes, competitions, and state and national meetings and events. The list serve link is:

<https://ucanr.edu/maillists/joinlist.cfm?listnum=1926>

If you facebook, you can like the State 4-H Shooting Sports facebook site and see information posted there. It can be accessed at:

<https://www.facebook.com/California-4-H-Shooting-Sports-359716147438695/>

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## **4-H Shooting Sports Workshop**

### **Rifle Discipline**

**Bakersfield, CA**

**Saturday, November 2, 2019 – 8:00 a.m. – 6:00 p.m.**

**Sunday, November 3, 2019 – 8:00 a.m. – 4:00 p.m.**

A 4-H shooting sports workshop for the rifle discipline will be held at the UC Cooperative Extension Office, 1031 S. Mt. Vernon Avenue in Bakersfield. Participants must attend both days of training to receive certification. Upon successful completion of the course, the participant will be certified as a rifle trainer and can lead a rifle project at the club level or serve as county trainer to certify other leaders. There is no cost for the course. To register for the course or receive more information, contact John Borba at: [jaborba@ucanr.edu](mailto:jaborba@ucanr.edu)

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## **Shooting Sports Leader Trainings in Merced County**

Listed below is the schedule for 4-H trainer and project leader certification classes this fall in Merced County. Please share with anyone who may be interested. All training will be held at the River Oaks Range, 11584 N. Shaffer Road in Winton, CA ([www.safetyfirstshooting.net](http://www.safetyfirstshooting.net) for directions and map). Camping is available on site, no hookups. You can only be certified in one discipline per each weekend training.

### **October**

12 & 13 Pistol Certification

### **November**

9 & 10 Archery Certification

9 & 10 Shotgun Certification

9 & 10 Rifle Certification

### **December**

14 & 15 Western Heritage Certification

**For more information please contact Dave Givens at (209) 614-1718 or email [dave@hammerstryke.com](mailto:dave@hammerstryke.com)**

# 2019-2020 eXtension Required Courses

Statewide Webinar Version Schedule

Start Time:	New Volunteer Course Course Time: 2 Hrs. 15 Min.	Returning Volunteer Course Course Time: 30 Minutes
<b>JULY 2019</b>		
6:30 PM		July 16, 2019 <a href="https://ucanr.zoom.us/webinar/register/WN_8iMi_cxQJqG2QEebWiEg">https://ucanr.zoom.us/webinar/register/WN_8iMi_cxQJqG2QEebWiEg</a>
6:30 PM	July 17, 2019 <a href="https://ucanr.zoom.us/webinar/register/WN_d9WJooSAQ2C34oQ4lv6hrg">https://ucanr.zoom.us/webinar/register/WN_d9WJooSAQ2C34oQ4lv6hrg</a>	
<b>AUGUST 2019</b>		
9:00 AM		August 24, 2019 <a href="https://ucanr.zoom.us/webinar/register/WN_qQ_ntN_hQ-qEk9oE2Vae7Q">https://ucanr.zoom.us/webinar/register/WN_qQ_ntN_hQ-qEk9oE2Vae7Q</a>
10:00 AM	August 24, 2019 <a href="https://ucanr.zoom.us/webinar/register/WN_ayh-PI2nRxCN358ML7ptZw">https://ucanr.zoom.us/webinar/register/WN_ayh-PI2nRxCN358ML7ptZw</a>	
<b>SEPTEMBER 2019</b>		
6 PM	September 9, 2019 <a href="https://ucanr.zoom.us/webinar/register/WN_7qqopDqHSXONbBfX331E-g">https://ucanr.zoom.us/webinar/register/WN_7qqopDqHSXONbBfX331E-g</a>	
6 PM		September 16, 2019 <a href="https://ucanr.zoom.us/webinar/register/WN_q_dRFSYEQ2eiG36oxFQMvQ">https://ucanr.zoom.us/webinar/register/WN_q_dRFSYEQ2eiG36oxFQMvQ</a>
<b>OCTOBER 2019</b>		
9 AM		October 5, 2019 <a href="https://ucanr.zoom.us/webinar/register/WN_gY6IwA88QFyeym5dl6v0tw">https://ucanr.zoom.us/webinar/register/WN_gY6IwA88QFyeym5dl6v0tw</a>
10 AM	October 5, 2019 <a href="https://ucanr.zoom.us/webinar/register/WN_MktfgOWCSFuU0JcD_zK3hQ">https://ucanr.zoom.us/webinar/register/WN_MktfgOWCSFuU0JcD_zK3hQ</a>	October 24, 2018
<b>DECEMBER 2019</b>		
6 PM		December 9, 2019 <a href="https://ucanr.zoom.us/webinar/register/WN_8bLAUD7VTDS3ET9LISKUIQ">https://ucanr.zoom.us/webinar/register/WN_8bLAUD7VTDS3ET9LISKUIQ</a>
6 PM	December 16, 2019 <a href="https://ucanr.zoom.us/webinar/register/WN_IG6o09mXSd-vVpFz93Ivdw">https://ucanr.zoom.us/webinar/register/WN_IG6o09mXSd-vVpFz93Ivdw</a>	

No webinar will be offered in November 2019 due to preparation and attendance at [The Volunteer Retreat](#) in Pacific Grove, CA



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## Save 15% at JOANN and support 4-H at the same time!

JOANN is supporting 4-H with a rewards "card" that gives holders 15% off their total in-store and online purchases!

A minimum of **2.5% of every eligible transaction is donated to 4-H.**

Two ways to sign up:

1. Sign up online at <http://www.joann.com/4-H/>
2. Download the free JOANN app on your mobile device. Go to "More" and select "Loyalty Programs".

<http://4h.uca> Save 15% at JOANN and support 4-H at the same time!



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## Shop 4-H for California!

Thanks to the [California 4-H Foundation](#), we are now signed up for an affiliate program with Shop 4-H, the National 4-H shopping site. Items include t-shirts, curriculum, incentive items and more.

**When you purchase anything using [our link](#), 5% of your purchase will be returned to California 4-H!**

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## Avian Science Notes

Dr. Francine Bradley, UC Poultry Specialist, has a new website on which you can find the latest, as well as back issues, of Avian Science Notes. Her publications are no longer mailed so you have to access them online from: <https://avian.ucdavis.edu/> Check the website for disease updates, Avian Bowl information, etc. Please pass this on to other people interested in poultry.

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### Mindfulness Retreat

**4-H Healthy Living Program for youth age 13-19**

**November 1-3, 2019**

**Camp Ocean Pines, Cambria, CA**

**\*\* Fees \$275 plus chaperone fees**

Chaperone fees are estimated to be \$25-\$30 per youth attending the retreat. Fees will be billed after the close of registration.

\*\*Price includes conference registration fees, lodging and conference meals.

**Payments are due October 1, 2019**

Registration for the 2019 Mindfulness Retreat is open: <https://ucanr.edu/survey/survey.cfm?surveynumber=28011>

For more information, contact Anne Iaccopucci [amiaccopucci@ucdavis.edu](mailto:amiaccopucci@ucdavis.edu)

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### Online 4-H Treasurer Training Course

We are pleased to announce the launch of the new California 4-H Treasurer's Training in eXtension. This course was developed by a sub-committee of the State 4-H Policy Advisory Committee and is designed to walk 4-H Club Treasurers through their important role. Access to the course and its unique enrollment keys (different from the required training enrollment keys) can be accessed directly by youth members and volunteers at

<http://4h.ucanr.edu/Resources/Learning-Development>

The course has already been added to each county's eXtension portal as well.

You can direct any questions or report any issues with the course through our ticketing system at

<https://ucanr.edu/survey/survey.cfm?surveynumber=27435>



**e4: The Volunteer Retreat**  
Engage. Energize. Equip. Empower.



**November 8-10, 2019**  
**Asilomar Hotel & Conference Grounds**  
**Pacific Grove, CA**

The Volunteer Retreat is a volunteer development conference for volunteers and staff who work with youth. Adult volunteers, staff, and youth volunteers ages 15 and older are encouraged to attend. This first annual conference is for volunteers who work with youth to:

1. **ENGAGE** – connect with each other to share knowledge and skills
2. **ENERGIZE** – strengthen your volunteer work with youth
3. **EQUIP** – resources from booth exhibits and a Project Skills Showcase
4. **EMPOWER** – skill-building workshops and guest speakers

**REGISTER EARLY TO SAVE \$\$**



**EARLY BIRD PLUS**  
Apr 15 - MAY 12  
**\$249/person**



**EARLY BIRD**  
MAY 13 – JUN 30  
**\$279/person**



**REGULAR**  
JUL 1 – SEP 9  
**\$299/person**



**LATE BIRD**  
SEP 10 – OCT 7  
**\$349/person**

**PLUS LODGING AT ASILOMAR**  
Add \$150 day use fee per day if not staying at Asilomar

[Go to the Volunteer Retreat event site](#) for more information and to register!

<p><b>ATTEND</b> A PRE-RETREAT EXTENDED WORKSHOPS &amp; CERTIFICATIONS</p>	<p><b>REGISTER</b> AND INVITE A FRIEND TO JOIN YOU!</p>	<p><b>SHARE</b> YOUR KNOWLEDGE Lead a workshop Host a booth Participate in the Project Skills Showcase</p>
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**UNIVERSITY OF CALIFORNIA**  
Agriculture and Natural Resources | 4-H Youth Development Program

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### **Updated Leader Orientation**

**For New Leaders, please visit the link below**

[New 4-H Volunteer Leaders](#)

**For Returning Leaders, please visit the link below**

[Returning 4-H Volunteer Leaders](#)

### **LINKS YOU CAN USE!**

**4-H uniform page**

<http://4h.ucanr.edu/About/Uniform/>

**California 4-H Uniform Guidelines**

<http://4h.ucanr.edu/files/216262.pdf>

**Leslie Carman 4-H Supplies**

<http://www.4hsupplies.com/>

**California 4-H Branding Toolkit**

[http://4h.ucanr.edu/Resources/Branding\\_Toolkit/](http://4h.ucanr.edu/Resources/Branding_Toolkit/)

**California 4-H Dress Guidelines**

<http://4h.ucanr.edu/files/210170.pdf>

### **Handbook For New Families NEW!**

This guide was developed to help new families understand the 4-H program. Please share a copy of this with new families in your club. If you have feedback for updates to this guide, please submit them to Sue McKinney at [lsmckinney@ucdavis.edu](mailto:lsmckinney@ucdavis.edu) or call 661-868-6235. <http://4h.ucanr.edu/files/271860.pdf>

### **Food Safety Training Available ONLINE!**

The State 4-H Office requires that every club have at least one 4-H leader trained in Food Safety. The more leaders in your club that are certified, the more convenient it is for your club. It is required that a certified volunteer is to be present at all bake sales/food booths to make sure proper food safety guidelines are handled. Food Safety trainings are available anytime online! Please visit the website below, and use the provided sign-in/user information:

Website: <http://ucanr.edu/sites/MISKIS/>



### **4-H WEBSITES**

[http://cekern.ucdavis.edu/Youth\\_Development/](http://cekern.ucdavis.edu/Youth_Development/)

<http://www.areyouintoit.com>

<http://www.fourhcouncil.edu>

<http://www.4-h.org/fourweb>

<http://www.ca4h.org>

### **4-H ENROLLMENT WEBSITE**

<https://california.4honline.com>

### **4-H VOLUNTEER WEBSITE**

<http://ucanr.org/4-hvolunteers/>

### **KERN COUNTY 4-H IS ON FACEBOOK!**

Kern County 4-H is on Facebook! You can search for us: Kern County 4-H and 'like' us! We will post updates, important event reminders, announcements—all sorts of important things! It's the best way to keep up-to-date!