

# GLENN COUNTY 4-H News Flash



March 18, 2020



## COVID-19 Response & Rules for 4-H

You've probably already heard that we have implemented COVID-19 guidance from public health officials and the UC Office of the President. This status will be in effect through **Tuesday, April 7, 2020** and may be extended. This means that in-person 4-H activities are not allowed until the University lifts the restrictions. We recognize that this is challenging, but we are committed to helping our members continue their progress with their projects and are sharing resources in this communication. We appreciate your understanding and support to keep our community safe!

### ZOOMING FOR 4-H MEETINGS

zoom



Want to hold a “virtual” project meeting via Zoom during these unprecedented times?? We can help you! Email [lijeddy@ucanr.edu](mailto:lijeddy@ucanr.edu) or [ckampmann@ucanr.edu](mailto:ckampmann@ucanr.edu) and include information on project, date, time and meeting duration and they will send you connection information for your meeting. A device with internet and webcam is the most effective way to participate in a Zoom meeting. Audio can be accessed by phone or microphone. Participants can join with “audio only” if they do not have access to a device connected to the internet. We will be holding a “how-to” session for using Zoom this **Thursday, March 19, 2020 at 7:00 p.m.** <https://ucanr.zoom.us/j/986509051>. Clicking this link takes you directly to the “meeting room.” To log in with your existing Zoom account, use Meeting ID: 986 509 051. To join by phone: One tap mobile +16699006833,,986509051# US (San Jose) or 1 669 900 6833 US (San Jose), Meeting ID: 986 509 051.

### POSTPONED EVENTS!

**The Livestock Challenge will be postponed until further notice.** We are working on putting together resources for 4-H members to keep practicing their livestock skills.

**The Fashion Revue & Quilt Show will be postponed as well.** We are monitoring the State Fashion Revue May deadline closely and we are working on an alternative option so members can still participate at the State level.



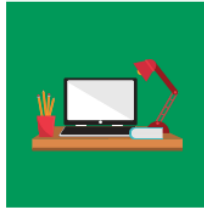
### MARCH COUNCIL MEETING UPDATE!



The 4-H Council meeting will be held on **Monday, March 23, 2020** and will be held via Zoom at 7:00 p.m. Please go to <https://ucanr.zoom.us/j/117819198> to join or dial +16699006833,,117819198# US.

The agenda and the minutes can be found online at: [http://ceglenn.ucanr.edu/Glenn\\_County\\_4-H\\_Program\\_286/4-H\\_Council/Monthly\\_Agendas\\_and\\_Minutes/](http://ceglenn.ucanr.edu/Glenn_County_4-H_Program_286/4-H_Council/Monthly_Agendas_and_Minutes/).





# FAR NORCAL 4-H

*Virtual Office Hours*

3/18/2020 | 3/25/2020 | 4/1/2020

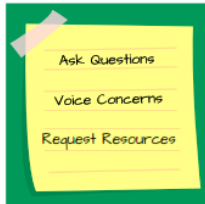
Questions about 4-H while in-person meetings and activities are on hold?

Need resources for continuing 4-H programming remotely?

We can help!

Join 4-H staff and academics from Siskiyou, Modoc, Trinity, Shasta, Lassen, Tehama, Plumas-Sierra, Glenn and Butte to get what you need for your club or project.

Contact Nate Caeton, 4-H Youth Development Advisor at [nwcaeton@ucanr.edu](mailto:nwcaeton@ucanr.edu) for more info.



**WEDNESDAYS 6-7 PM**

**DROP IN ANY TIME**

**MEETING ID 809 099 811**

**JOIN THE MEETING**

By Phone: (669) 900-6833  
By Computer or Mobile Device:  
<https://ucanr.zoom.us/j/809099811>



It is the policy of the University of California (UC) and the UC Division of Agriculture & Natural Resources not to engage in discrimination against or harassment of any person in any of its programs or activities (Complete nondiscrimination policy statement can be found at <http://ucanr.edu/sites/anrstaff/files/215244.pdf>). Inquiries regarding ANR's nondiscrimination policies may be directed to UCANR, Affirmative Action Compliance & Title IX Office, University of California, Agriculture and Natural Resources, 2801 Second Street, Davis, CA 95618, (530) 750-1397.

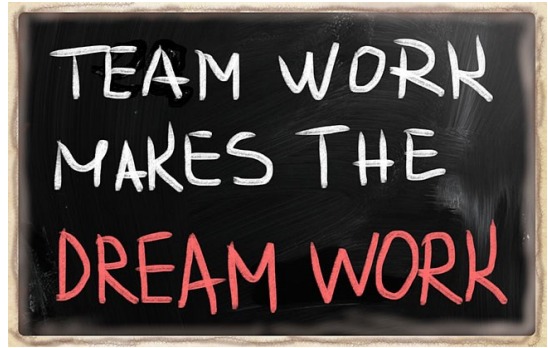
## A FEW RESOURCES TO CHECK-OUT

### Far Norcal 4-H Virtual Office Hours

Do you have questions about 4-H while in-person meetings and activities are on hold?

Need resources for continuing for 4-H programming remotely? Join 4-H Staff from surrounding counties via zoom meeting at: <http://ucanr.zoom.us/j/809099811> or by phone (669) 900-6833. The meeting I.D. is 809099811.

The meetings will be held on Wednesdays from 6:00—7:00 p.m. on **March 18, March 25 and April 1, 2020.**



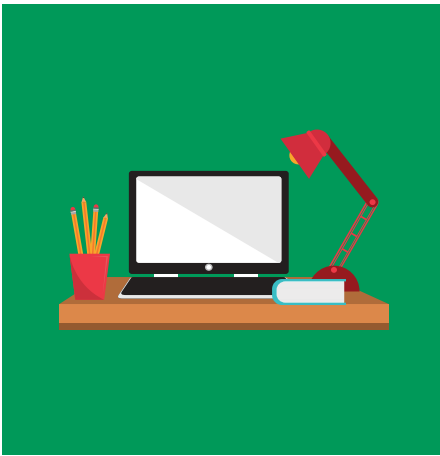
# COVID-19 4-H Resources

- **NEW** We are hoping use a new resource for project meetings, interviews and additional communications. Check out our “How Do I Join a Zoom Meeting?” Guide if you are a new user! You can view it online at: <https://ucanr.edu/sites/glenn/files/322018.pdf> .
- The State 4-H Director, Lynn Schmitt-McQuitty has prepared a letter for all 4-H families and volunteers with information on our current status and how the 4-H program is working to accommodate during the COVID-19 issue. You can preview her letter by visiting <https://ucanr.edu/sites/glenn/files/322015.pdf> .

P.O. Box 697 (821 E. South Street) - Orland, CA 95963—530/865-1107 FAX: 530/865-1109  
UNIVERSITY OF CALIFORNIA—COOPERATIVE EXTENSION—GLENN COUNTY

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March 17, 2020

Dear California 4-H members, families and volunteers,

I hope this post finds you well and managing the new realities of life amid COVID-19. Please know the University of California 4-H Youth Development Program is working at the state and local level to provide you with resources to support your health, wellbeing, and on-going learning and development.

To ensure 4-H members successfully complete their goals and objectives for the 4-H year, 4-H academic and program staff have begun collecting educational resources to support project leaders in the continuation of member learning opportunities. Families and members can expect to be connected to virtual and self-directed resources for completing 4-H projects shortly. I have also been in contact with CDFA to ensure we will be notified of any changes relative to the up-coming fair season.

Presently, all in-person 4-H activities are either cancelled, postponed, or being moved to a virtual platform until April 7. This applies to all 4-H audiences (youth and adults) in all delivery modes (clubs, SPIN, in-school, after-school and camp). As we are living in a very fluid environment right now, please connect with your local University of California Cooperative Extension Office for the most up to date information about local event status, and the California State 4-H website: <http://4h.ucanr.edu/index.cfm> for up to date information about state supported 4-H events and related activities.

Lastly, please keep in mind these everyday preventative actions to minimize the risk of COVID-19:

- Wash your hands often with soap and water for at least 20 seconds.
- Use an alcohol-based hand sanitizer that contains at least 60% alcohol if soap and water are not available.
- Avoid touching your eyes, nose, and mouth with unwashed hands.
- Avoid close contact with people who are sick.
- Stay home when you are sick.
- Cover your cough or sneeze with a tissue, then throw the tissue in the trash.
- Clean and disinfect frequently touched objects and surfaces.
- Practice **social distancing** if COVID-19 is spreading in your community.
- Older people and people with severe chronic conditions should take special precautions because they are at higher risk of developing serious COVID-19 illness. CDPH further recommends that individuals over 65

years of age, those who have serious chronic medical conditions, or those who have compromised immune systems stay at home and self-isolate.

- CDC does not currently recommend the use of facemasks or respirators by the general public to help prevent COVID-19. Facemasks should be used by people who show symptoms of COVID-19 to help prevent the spread of the disease to others. The use of facemasks is also crucial for health workers and people who are taking care of someone in close settings (at home or in a health care facility).

Link [here](#) for additional actions you can take to protect you and your family

Wishing you all health and wellness,

A handwritten signature in blue ink that reads "L. Schmitt-McQuitty".

Lynn Schmitt-McQuitty  
Statewide 4-H Director  
University of California, Agriculture & Natural Resources  
4-H Youth Development Program  
California State 4-H Office  
2801 Second Street  
Davis, CA 95618-7774  
(530) 750-1334 | Fax (530) 756-1148  
lschmittmcquitty@ucanr.edu  
<http://4h.ucanr.edu>

# How Do I Join a Zoom Meeting?



University of California  
Agriculture and Natural Resources

There are a number of ways to join a meeting.

## 1. “Just Click the link”

You can just click the link provided in your email to join the call. The One Tap Mobile number will enter the meeting ID for you and connect you right away or click the “Join Zoom Meeting” link on your computer and phones.

## 2. From the Desktop App

Launch the desktop app

Click Join

Enter the Meeting ID number and input your name. The Host will provide you with the Meeting ID. Also select if you would like to connect audio and/or video and select *Join*.

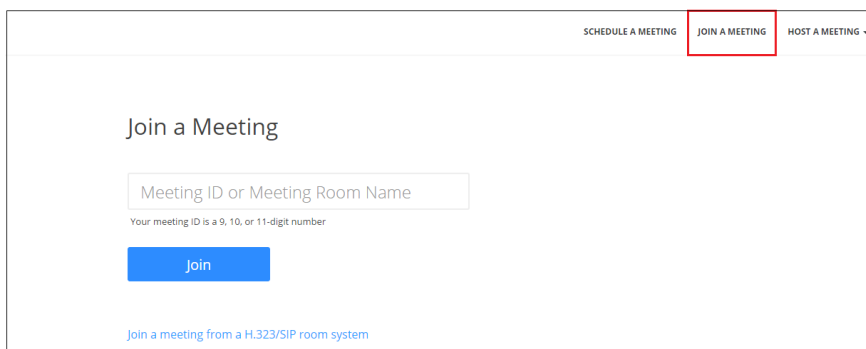


## 3. From Zoom Website

Log into Zoom <https://ucanr.zoom.us/>

Click on Join Meeting

Enter the Meeting ID or Meeting Room Name. The Host will provide you with the Meeting ID.



## 4. Join By Telephone?

You can join a Zoom meeting via teleconferencing/audio conferencing (using a traditional telephone). This is useful in occasions where:

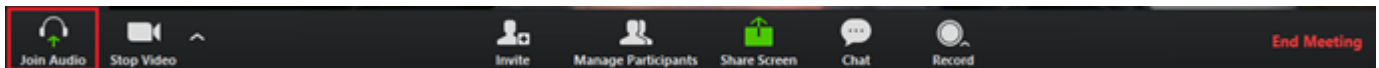
- you do not have a microphone or speaker on your PC/Mac
- you do not have a smartphone (iOS or Android) while on the road, or
- you could not connect to a network for video and VoIP/computer audio.

## 5. Join by Teleconferencing:

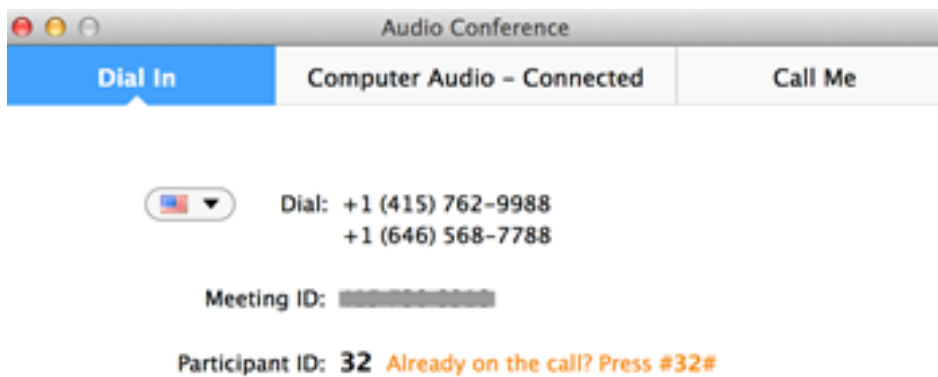
Option A: **Join by computer (for video) and telephone (for audio)**

[Join a Zoom meeting](#)

Once you are in the meeting, select the **Join Audio** in the menu bar



Follow instructions on the dialog box to *Dial In*



Option B: **Join by telephone only**

Dial either:

+1 408 638 0968

or

+1 646 558 8656

You will be prompted to enter the meeting ID - the nine (9) or ten (10) digit ID provided to you by the host

You will be prompted to enter your unique participant ID - Press # to skip

**Note:** If you decided to **Join via telephone** after **Joining via computer**, please select **Audio Options** and **Leave Computer Audio**. Then enter **#Participant ID#**. Otherwise you may hear [audio feedback or echo](#) in the meeting.