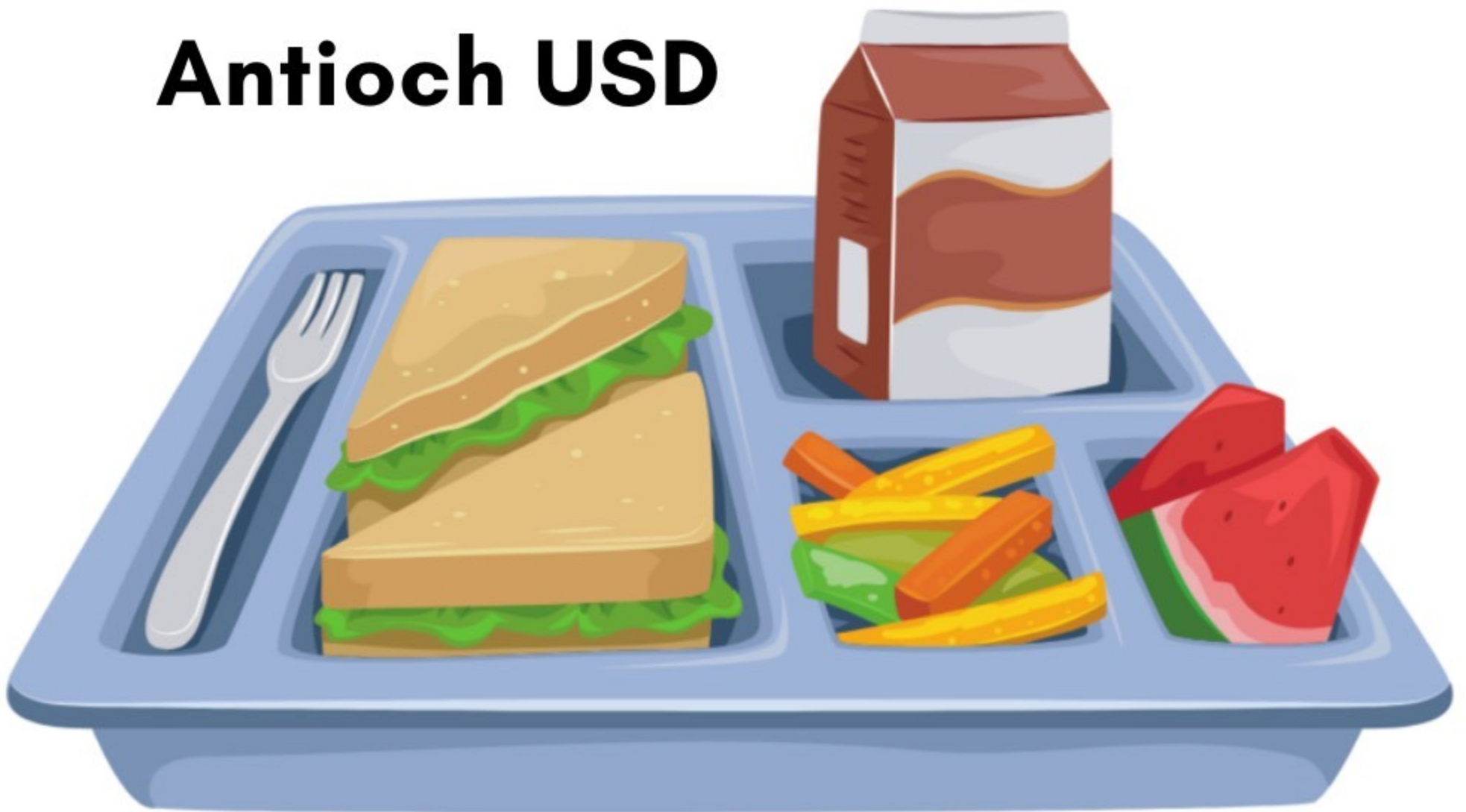


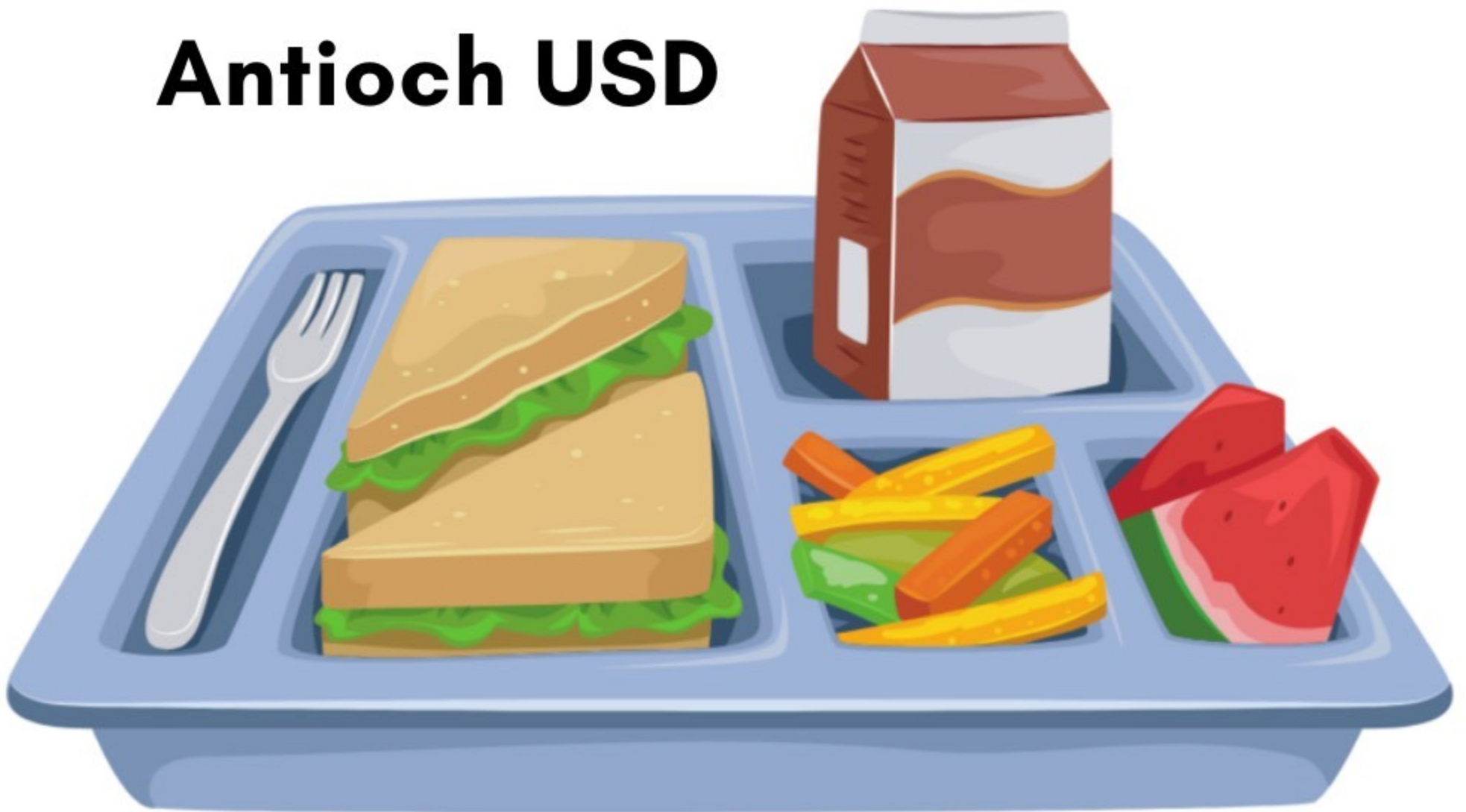
Antioch USD



During the March 16th through March 27th closure of schools students who receive free and reduced lunch can get meals Monday through Friday at any of the following locations and at the following times (meals will be 'grab and go':

- Belshaw Elementary: 8:00-8:30 am, 12:00-12:30 pm
- Fremont Elementary: 8:00-8:30 am, 12:00-12:30 pm
- Lone Tree Elementary: 11:30-12:30 pm
- Marsh Elementary: 8:00-8:30 am, 12:00-12:30 pm
- Muir Elementary: 8:00-8:30 am, 12:00-12:30 pm
- Park Middle School: 8:00-8:30 am, 12:15-1:00 pm
- Turner Elementary: 11:30 am -12:30 pm

Antioch USD



Durante el cierre del 16 al 27 de marzo de las escuelas, los estudiantes que reciben almuerzo gratis oa precio reducido pueden recibir comidas de lunes a viernes en cualquiera de los siguientes lugares y en los siguientes horarios (las comidas serán "agarrar y llevar"):

- Primaria Belshaw: 8: 00-8: 30 am, 12: 00-12: 30 pm
- Primaria Fremont: 8: 00-8: 30 am, 12: 00-12: 30 pm
- Primaria Lone Tree: 11: 30-12: 30 pm
- Marsh Elementary: 8: 00-8: 30 am, 12: 00-12: 30 pm
- Primaria Muir: 8: 00-8: 30 am, 12: 00-12: 30 pm
- Escuela Intermedia Park: 8: 00-8: 30 am, 12: 15-1: 00 pm
- Turner Elementary: 11:30 am -12: 30 pm

Para la información más actual, incluyendo horarios para los días festivos visite foodbankccs.org/getfood

Programa de Frutas y Verduras

Proveemos 15-20 libras de frutas y verduras frescas **GRATIS** a familias e individuos de bajos ingresos dos veces al mes. Por favor traiga dos bolsas con agarraderas. Escoja *UN SOLO* lugar:

- **Antioch Health Center**, 2335 Country Hills Dr, **Antioch**, 2.^{do} y 4.^{to} Lunes, 10:00-11:00am
- **Salvation Army-Antioch**, 620 E. Tregallas Rd, **Antioch**, 2.^{do} y 4.^{to} Miércoles, 12:00-1:00pm
- **Jubilee Christian Center**, 11 Texas St, **Antioch**, 2.^{do} y 4.^{to} Miércoles, 2:00-3:00pm
- **Mission Elementary**, 1711 Mission Dr, **Antioch**, 2.^{do} y 4.^{to} Miércoles, 4:00-5:00pm
- **Antioch Kinder Care**, 2300 Mahogany Way, **Antioch**, 2.^{do} y 4.^{to} Jueves, 4:00-5:00pm
- **CalFresh Office (EHSD)**, 4545 Delta Fair Blvd, **Antioch**, 1.^{er} y 3.^{er} Viernes, 11:00am-12:30pm
- **St. Ignatius Antioch**, 3351 Contra Loma Blvd, **Antioch**, 1.^{er} y 3.^{er} Viernes, 3:30-4:30pm
- **Holy Rosary**, 1313 A St, **Antioch**, 1.^{er} y 3.^{er} Viernes, 1:30-3:00pm
- **Antioch High School**, 700 W. 18th St, **Antioch**, 2.^{do} y 4.^{to} Sábado, 10:00-11:00pm
- **Carmen Dragon Elementary**, 4721 Vista Grande Dr, **Antioch**, 2.^{do} y 4.^{to} Sábado, 12:00-1:00pm
- **Marsh Elementary**, 2304 G St, **Antioch**, 2.^{do} y 4.^{to} Sábado, 2:00-3:00pm
- **West River Town Apartments**, 811 W. 4th St, **Antioch**, 2.^{do} y 4.^{to} Domingo, 2:30-3:30pm

Programa de Asistencia de Comida

Tenemos comida **GRATIS** una vez al mes para familias e individuos de bajos ingresos. Traiga cualquier tipo de identificación y comprobante de domicilio (Una factura de PG&E, por ejemplo), si lo tiene.

- **American Legion Hall**, 403 W. 6th Street, **Antioch**, 1.^{er} Miércoles, 10:00am-12:00pm

Comida Para Niños

Cajas de comida saludable **GRATIS** cada mes para niños de 4-6 años de edad. Traiga cualquier tipo de identificación y comprobante de domicilio (Una factura de PG&E, por ejemplo), y comprobante de la edad del niño.

- **American Legion Hall**, 403 W. 6th Street, **Antioch**, 1.^{er} Miércoles, 10:00am-12:00pm

Comida Para Adultos Mayores

Tenemos comida **GRATIS** dos veces al mes para individuos de bajos ingresos que tienen 55 años o más. Solo un adulto mayor por hogar puede recibir comida. Traiga cualquier tipo de identificación y comprobante de domicilio (Una factura de PG&E, por ejemplo).

- **Golden Hills Mission Outreach**, 525 East 18th Street, **Antioch**, 2.^{do} y 4.^{to} Jueves, 11:00am-12:00pm

Llame al Banco de Comida para aprender sobre otros recursos de comida.

- CalFresh (el Banco de Comida le puede ayudar a aplicar para este programa del gobierno)
- Nuestros almacenes y comedores
- WIC (para mujeres embarazadas y madres con niños de 0-5 años de edad)

For the most up-to-date information including holidays, income guidelines, and other resources visit foodbankccs.org/getfood or call 855-309-FOOD (3663).

Community Produce Program

We provide 15-20 pounds of **FREE** fresh produce to low-income families and individuals twice a month. Please bring two bags with handles. Choose *ONE* location:

- **Rio Vista Elementary**, 611 Pacifica Ave, **Bay Point**, 1st & 3rd Tuesday, 4:00-5:00pm
- **Ambrose Teen Center**, 3105 Willow Pass Rd, **Bay Point**, 1st & 3rd Thursday, 4:00-5:00pm

Food Assistance Program

FREE groceries once a month for low-income individuals and families. Bring a picture ID and proof of address (PG&E bill, for example), if you have it.

- **Ambrose Teen Center**, 3105 Willow Pass Rd, **Bay Point**, 4th Wednesday, 10:00am-12:00pm

Food for Children

Boxes of **FREE** healthy food every month for children ages 4-6 years old. Bring a picture ID and proof of address (PG&E bill, for example), as well as proof of child's birthday.

- **Ambrose Teen Center**, 3105 Willow Pass Rd, **Bay Point**, 4th Wednesday, 10:00am-12:00pm

Senior Food Program

FREE groceries twice a month to low-income individuals aged 55 or older. Only one senior per household can receive food. Bring a picture ID and proof of address (PG&E bill, for example).

- **First African Methodist Episcopal Church**, 2915 Willow Pass Rd, **Bay Point**, 2nd & 4th Thursday, 9:30-10:30am

Call the Food Bank to learn about other available food resources

- CalFresh (the Food Bank can help you apply for this government program)
- Our partner pantries and soup kitchens (for emergency food)
- WIC (for pregnant women and mothers with children 0-5 years old)

Para la información más actual, incluyendo horarios para los días festivos, guías de ingresos, y otros recursos, visite foodbankccs.org/getfood o llame al 855-309-3663.

Programa de Frutas y Verduras

Proveemos 15-20 libras de frutas y verduras frescas **GRATIS** a familias e individuos de bajos ingresos dos veces al mes. Por favor traiga dos bolsas con agarraderas. Escoja *UN SOLO* lugar:

- **Rio Vista Elementary**, 611 Pacifica Ave, **Bay Point**, 1.^{er} y 3.^{er} Martes, 4:00-5:00pm
- **Ambrose Teen Center**, 3105 Willow Pass Rd, **Bay Point**, 1.^{er} y 3.^{er} Jueves, 4:00-5:00pm

Programa de Asistencia de Comida

Tenemos comida **GRATIS** una vez al mes para familias e individuos de bajos ingresos. Traiga cualquier tipo de identificación y comprobante de domicilio (Una factura de PG&E, por ejemplo), si lo tiene.

- **Ambrose Teen Center**, 3105 Willow Pass Rd, **Bay Point**, 4.^{to} Miércoles, 10:00am-12:00pm

Comida Para Niños

Cajas de comida saludable **GRATIS** cada mes para niños de 4-6 años de edad. Traiga cualquier tipo de identificación y comprobante de domicilio (Una factura de PG&E, por ejemplo), y comprobante de la edad del niño.

- **Ambrose Teen Center**, 3105 Willow Pass Rd, **Bay Point**, 4.^{to} Miércoles, 10:00am-12:00pm

Comida Para Adultos Mayores

Tenemos comida **GRATIS** dos veces al mes para individuos de bajos ingresos que tienen 55 años o más. Solo un adulto mayor por hogar puede recibir comida. Traiga cualquier tipo de identificación y comprobante de domicilio (Una factura de PG&E, por ejemplo).

- **First African Methodist Episcopal Church**, 2915 Willow Pass Rd, **Bay Point**, 2.^{do} y 4.^{to} Jueves, 9:30-10:30am

Llame al Banco de Comida para aprender sobre otros recursos de comida.

- CalFresh (el Banco de Comida le puede ayudar a aplicar para este programe del gobierno)
- Nuestros almacenes y comedores
- WIC (para mujeres embarazadas y madres con niños de 0-5 años de edad)

Brentwood USD



Brentwood Unified School District will provide meals for families beginning March 17th until school is back in session. Children must be present in order for meals to be provided. Schools listed below will provide a breakfast and lunch. Meals will be served from 11am - 1pm Monday through Friday.

- Brentwood Elementary School (main parking lot)
- Pioneer Elementary School (bus loop)
- Edna Hill Middle School (bus loop near front office)

Brentwood USD



El Distrito Escolar Unificado de Brentwood proporcionará comidas a las familias a partir del 17 de marzo hasta que la escuela vuelva a la sesión. Los niños deben estar presentes para que se proporcionen las comidas. Las escuelas que figuran a continuación proporcionarán un desayuno y almuerzo. Las comidas se servirán de 11 a.m. a 1 p.m. de lunes a viernes.

- Brentwood Elementary School
- Pioneer Elementary School
- Edna Hill Middle School

For the most up-to-date information including holidays, income guidelines, and other resources visit foodbankccs.org/getfood or call 855-309-FOOD (3663).

Community Produce Program

We provide 15-20 pounds of **FREE** fresh produce to low-income families and individuals twice a month. Please bring two bags with handles. Choose *ONE* location:

- **Immaculate Heart of Mary**, 500 Fairview Ave, **Brentwood**, 2nd & 4th Tuesday, 12:00-1:00pm
- **The Commons**, 53 Carol Ln, **Oakley**, 2nd & 4th Tuesday, 2:00-3:00pm
- **Brentwood Community UMC**, 218 Pine St, **Brentwood**, 2nd & 4th Tuesday, 4:00-5:00pm
- **New Covenant Church**, 6080 Bethel Island Rd, **Bethel Island**, 1st & 3rd Sunday, 1:00-2:00pm
- **The Dwelling Place Church**, 90 Village Dr, **Brentwood**, 1st & 3rd Sunday, 3:00-4:00pm

Food Assistance Program

FREE groceries once a month for low-income individuals and families. Bring a picture ID and proof of address (PG&E bill, for example), if you have it.

- **Brentwood Community UMC**, 218 Pine St, **Brentwood**, Monday & Wednesday, 9:00am-12:00pm

Food for Children

Boxes of **FREE** healthy food every month for children ages 4-6 years old. Bring a picture ID and proof of address (PG&E bill, for example), as well as proof of child's birthday.

- **Brentwood Community UMC**, 218 Pine St, **Brentwood**, Monday & Wednesday, 9:00am-12:00pm

Senior Food Program

FREE groceries twice a month to low-income individuals aged 55 or older. Only one senior per household can receive food. Bring a picture ID and proof of address (PG&E bill, for example).

- **St. Anthony's Church**, 971 O'Hara Ave, **Oakley**, 2nd & 4th Thursday, 9:30-10:30am
- **Brentwood Senior Center**, 193 Griffith Ln, **Brentwood**, 2nd & 4th Thursday, 10:00-11:00am

Call the Food Bank to learn about other available food resources

- CalFresh (the Food Bank can help you apply for this government program)
- Our partner pantries and soup kitchens (for emergency food)
- WIC (for pregnant women and mothers with children 0-5 years old)

Para la información más actual, incluyendo horarios para los días festivos, guías de ingresos, y otros recursos, visite foodbankccs.org/getfood o llame al 855-309-3663.

Programa de Frutas y Verduras

Proveemos 15-20 libras de frutas y verduras frescas **GRATIS** a familias e individuos de bajos ingresos dos veces al mes. Por favor traiga dos bolsas con agarraderas. Escoja *UN SOLO* lugar:

- **Immaculate Heart of Mary**, 500 Fairview Ave, **Brentwood**, 2.^{do} y 4.^{to} Martes, 12:00-1:00pm
- **The Commons**, 53 Carol Lane, **Oakley**, 2.^{do} y 4.^{to} Martes, 2:00-3:00pm
- **Brentwood Community UMC**, 218 Pine St, **Brentwood**, 2.^{do} y 4.^{to} Martes, 4:00-5:00pm
- **New Covenant Church**, 6080 Bethel Island Rd, **Bethel Island**, 1.^{er} y 3.^{er} Domingo, 1:00-2:00pm
- **The Dwelling Place Church**, 90 Village Dr, **Brentwood**, 1.^{er} y 3.^{er} Domingo, 3:00-4:00pm

Programa de Asistencia de Comida

Tenemos comida **GRATIS** una vez al mes para familias e individuos de bajos ingresos. Traiga cualquier tipo de identificación y comprobante de domicilio (Una factura de PG&E, por ejemplo), si lo tiene.

- **Brentwood Community UMC**, 218 Pine St, **Brentwood**, Lunes y Miércoles, 9:00am-12:00pm

Comida Para Niños

Cajas de comida saludable **GRATIS** cada mes para niños de 4-6 años de edad. Traiga cualquier tipo de identificación y comprobante de domicilio (Una factura de PG&E, por ejemplo), y comprobante de la edad del niño.

- **Brentwood Community UMC**, 218 Pine St, **Brentwood**, Lunes y Miércoles, 9:00am-12:00pm

Comida Para Adultos Mayores

Tenemos comida **GRATIS** dos veces al mes para individuos de bajos ingresos que tienen 55 años o más. Solo un adulto mayor por hogar puede recibir comida. Traiga cualquier tipo de identificación y comprobante de domicilio (Una factura de PG&E, por ejemplo).

- **St. Anthony's Church**, 971 O'Hara Ave, **Oakley**, 2.^{do} y 4.^{to} Jueves, 9:30-10:30am
- **Brentwood Senior Center**, 193 Griffith Ln, **Brentwood**, 2.^{do} y 4.^{to} Jueves, 10:00-11:00am

Llame al Banco de Comida para aprender sobre otros recursos de comida.

- CalFresh (el Banco de Comida le puede ayudar a aplicar para este programe del gobierno)
- Nuestros almacenes y comedores
- WIC (para mujeres embarazadas y madres con niños de 0-5 años de edad)

Central/East County Food Information Due To COVID-19

Martinez Unified School District

Breakfast and lunch will be handed out during the weekdays. **Martinez Junior High School gymnasium, 11:00 to 12:30.**

Mount Diablo Unified School District

Breakfast and lunch will be handed out during the weekdays. Sorry but service times could not be determined, please call the school district for further information – 925.682.8000. (Starting tomorrow 3/17/20).

- Cambridge Elementary
- Meadow Homes Elementary
- El Dorado Middle
- Foothill Middle
- Riverview Middle
- College Park High
- Mt. Diablo High
- Ygnacio Valley High

Pittsburg Unified School District

Breakfast and lunch 7:30 – 9:30, Monday – Friday.

- Foothill ES (1200 Jensen Dr.)
- Heights ES (40 Seeno St.)
- Highlands ES (4141 Harbor St.)
- Los Medanos ES (610 Crowley Ave.)
- Marina Vista ES (50 East 8th St.)
- Parkside ES (985 West 17th St.)
- Stoneman ES (2929 Loveridge Rd.)
- Willow Cove ES (1880 Hanlon Way)
- Martin Luther King Junior JHS (2012 Carion Court)
- Pittsburg High School (1750 Harbor St.)

Antioch Unified School District

- Belshaw Elementary: 8:00-8:30 am, 12:00-12:30 pm
- Fremont Elementary: 8:00-8:30 am, 12:00-12:30 pm
- Lone Tree Elementary: **11:30-12:30** pm
- Marsh Elementary: 8:00-8:30 am, 12:00-12:30 pm
- Muir Elementary: 8:00-8:30 am, 12:00-12:30 pm
- Park Middle School: 8:00-8:30 am, **12:15-1:00** pm

- Turner Elementary: **11:30 am -12:30 pm**

Brentwood Union School District

Will provide lunch and the next day's breakfast. Meals can be picked up between 11:00 – 1:00 pm, Monday – Friday.

Please stay in your car. Meals will be passed to as many children that are in the car.

- Brentwood Elementary 200 Griffith Lane (main parking lot)
- Pioneer Elementary 2010 Shady Willow Lane (bus loop)
- Edna Hill Middle School 140 Birch Street (bus loop near front office)

Community Food & Nutrition Resources

East Contra Costa County

Loaves and Fish of Contra Costa

Website: <https://www.loavesfishescc.org/>

Phone: (925) 293-4792

Address: 835 Ferry St., Martinez

Hours: Monday-Friday, 11am-12:45pm

East County Boys and Girls Club

Website: <http://bgcec.org>

Phone: (925) 439-5933

Address: 1001 Stoneman Ave., Pittsburg

Hours: Monday-Friday, 7am-6pm

Monument Crisis Center

Phone: (925) 825-7751

Address: 1990 Market St., Concord

Pittsburg Emergency Food Pantry

Phone: (925) 439-1199

Address: 585 West 10th St., Pittsburg

Hours: Monday-Friday, 9am-5pm

Food Bank of Contra Costa and Solano County

Website: <https://www.foodbankccs.org/> Phone: (925) 676-7543

Address: 4010 Nelson Ave., Concord

Hours: Monday-Friday, 8am – 4:30pm

Grace Bible Fellowship Church

Phone: (925) 522-2017

Address: 3109 Lone Tree Way, Antioch

For the most up-to-date information including holidays, income guidelines, and other resources visit foodbankccs.org/getfood or call 855-309-FOOD (3663).

Community Produce Program

We provide 15-20 pounds of **FREE** fresh produce to low-income families and individuals twice a month. Please bring two bags with handles. Choose *ONE* location:

- **Monument Crisis Center**, 1990 Market St, **Concord**, 2nd & 4th Monday, 2:00-3:00pm
- **Church of the Nazarene**, 1650 Ashbury Dr, **Concord**, 1st & 3rd Wednesday, 12:00-1:00pm
- **WIC Concord**, 2355 Stanwell Cir, **Concord**, 1st & 3rd Wednesday, 2:00-3:00pm
- **St. Bonaventure's Church**, 5562 Clayton Rd, **Concord**, 1st & 3rd Wednesday, 4:00-5:00pm
- **Pleasant Hill Seventh Day Adventist**, 800 Grayson Rd, **Pleasant Hill**, 2nd & 4th Friday, 2:00-3:00pm
- **La Clinica de la Raza**, 2000 Sierra Rd, **Concord**, 1st & 3rd Saturday, 10:00-11:00am
- **Cambridge Elementary**, 1135 Lacey Ln, **Concord**, 1st & 3rd Saturday, 12:00-1:00pm
- **Mt. Diablo High School**, 2611 East St, **Concord**, 1st & 3rd Saturday, 2:00-3:00pm

Food Assistance Program

FREE groceries once a month for low-income individuals and families. Bring a picture ID and proof of address (PG&E bill, for example), if you have it.

- **St. Paul's Episcopal Church**, 1924 Trinity Ave, **Walnut Creek**, 4th Monday, 10:00-11:30am
- **Church of the Nazarene**, 1650 Ashbury Dr, **Concord**, 4th Monday, 10:00am-12:00pm

Food for Children

Boxes of **FREE** healthy food every month for children ages 4-6 years old. Bring a picture ID and proof of address (PG&E bill, for example), as well as proof of child's birthday.

- **Church of the Nazarene**, 1650 Ashbury Dr, **Concord**, 4th Monday, 10:00am-12:00pm

Senior Food Program

FREE groceries twice a month to low-income individuals aged 55 or older. Only one senior per household can receive food. Bring a picture ID and proof of address (PG&E bill, for example).

- **Good Shepherd Lutheran Church**, 4000 Clayton Road, **Concord**, 1st & 3rd Thursday, 10:00am-11:00am
- **Monument Crisis Center**, 1990 Market Street, **Concord**, Friday after the 1st & 3rd Thursday, 9:45-11:30am
- **Rainbow Community Center**, 2118 Willow Pass Road #500, **Concord**, 1st & 3rd Thursday, 10:00am-12:00pm
- **Walnut Creek United Methodist Church**, 1543 Sunnyvale Ave, **Walnut Creek**, 1st & 3rd Thursday, 10:00am-11:00am

Call the Food Bank to learn about other available food resources

- CalFresh (the Food Bank can help you apply for this government program)
- Our partner pantries and soup kitchens (for emergency food)
- WIC (for pregnant women and mothers with children 0-5 years old)

Para la información más actual, incluyendo horarios para los días festivos, guías de ingresos, y otros recursos, visite foodbankccs.org/getfood o llame al 855-309-3663.

Programa de Frutas y Verduras

Proveemos 15-20 libras de frutas y verduras frescas **GRATIS** a familias e individuos de bajos ingresos dos veces al mes. Por favor traiga dos bolsas con agarraderas. Escoja *UN SOLO* lugar:

- **Monument Crisis Center**, 1990 Market St, **Concord**, 2.^{do} y 4.^{to} Lunes, 2:00-3:00pm
- **Church of the Nazarene**, 1650 Ashbury Dr, **Concord**, 1.^{er} y 3.^{er} Miércoles, 12:00-1:00pm
- **WIC Concord**, 2355 Stanwell Cir, **Concord**, 1.^{er} y 3.^{er} Miércoles, 2:00-3:00pm
- **St. Bonaventure's Church**, 5562 Clayton Rd, **Concord**, 1.^{er} y 3.^{er} Miércoles, 4:00-5:00pm
- **Pleasant Hill Seventh Day Adventist**, 800 Grayson Rd, **Pleasant Hill**, 2.^{do} y 4.^{to} Viernes, 2:00-3:00pm
- **La Clínica de la Raza**, 2000 Sierra Rd, **Concord**, 1.^{er} y 3.^{er} Sábado, 10:00-11:00am
- **Cambridge Elementary**, 1135 Lacey Ln, **Concord**, 1.^{er} y 3.^{er} Sábado, 12:00-1:00pm
- **Mt. Diablo High School**, 2311 East St, **Concord**, 1.^{er} y 3.^{er} Sábado, 2:00-3:00pm

Programa de Asistencia de Comida

Tenemos comida **GRATIS** una vez al mes para familias e individuos de bajos ingresos. Traiga cualquier tipo de identificación y comprobante de domicilio (Una factura de PG&E, por ejemplo), si lo tiene.

- **St. Paul's Episcopal Church**, 1924 Trinity Ave, **Walnut Creek**, 4.^{to} Lunes, 10:00-11:30am
- **Church of the Nazarene**, 1650 Ashbury Dr, **Concord**, 4.^{to} Lunes, 10:00am-12:00pm

Comida Para Niños

Cajas de comida saludable **GRATIS** cada mes para niños de 4-6 años de edad. Traiga cualquier tipo de identificación y comprobante de domicilio (Una factura de PG&E, por ejemplo), y comprobante de la edad del niño.

- **Church of the Nazarene**, 1650 Ashbury Dr, **Concord**, 4.^{to} Lunes, 10:00am-12:00pm.

Comida Para Adultos Mayores

Tenemos comida **GRATIS** dos veces al mes para individuos de bajos ingresos que tienen 55 años o más. Solo un adulto mayor por hogar puede recibir comida. Traiga cualquier tipo de identificación y comprobante de domicilio (Una factura de PG&E, por ejemplo).

- **Good Shepherd Lutheran Church**, 4000 Clayton Rd, **Concord**, 1.^{er} y 3.^{er} Jueves, 10:00am-11:00am
- **Monument Crisis Center**, 1990 Market St, **Concord**, Viernes después del 1.^{er} y 3.^{er} Jueves, 9:45-11:30am
- **Rainbow Community Center**, 2118 Willow Pass Rd, Suite #500, **Concord**, 1.^{er} y 3.^{er} Jueves, 10:00am-12:00pm
- **Walnut Creek United Methodist Church**, 1543 Sunnyvale Ave, **Walnut Creek**, 1.^{er} y 3.^{er} Jueves, 10:00am-11:00am

Llame al Banco de Comida para aprender sobre otros recursos de comida.

- CalFresh (el Banco de Comida le puede ayudar a aplicar para este programe del gobierno)
- Nuestros almacenes y comedores
- WIC (para mujeres embarazadas y madres con niños de 0-5 años de edad)

EMERGENCY FOOD DISTRIBUTION COVID-19 (in light of new, health and safety shelter in place restrictions for Contra Costa County) – Updated March 17, 2020 1pm

Farmer's Markets have been named an essential business and expect to remain open. [Here is a list of the farmer's markets](#) by county, that accept and/or offer Market Match or double your WIC and/or EBT \$.

Prime Time Nutrition in Richmond will be remaining open. They are low right now but expect to have milk and produce restocked tomorrow and be fully stocked by Friday. They are only selling to WIC recipients until Friday at least. They are limiting purchases to one item per customer, even with WIC.

EMERGENCY FOOD DISTRIBUTION COVID-19 (in light of new, health and safety shelter in place restrictions for Contra Costa County) – Updated March 17, 2020 1pm

Fresh Approach's Mobile Farmers' Market will also continue to offer service as an essential food resource in the community. Market routes will be adapted to serve one site per city, for a longer period of time at those sites.

For the most updated schedules visit <https://www.freshapproach.org/mobilemarket/#schedule>. This week we are operating our Wednesday Richmond and Friday San Pablo routes at the following locations:

- Wednesday, Richmond: 1 stop only — 10:00am – 2:00pm, Richmond Civic Center, at 440 Civic Center Plaza, between Barrett Ave & Nevin Way, Richmond
- Friday, San Pablo: 1 stop only — 10:00am – 2:00pm, San Pablo City Hall, at 13831 San Pablo Ave, San Pablo

The Mobile Farmers' Market offers fresh, local produce with a 50% discount for all residents who receive CalFresh, WIC, SSI/SSDI, Medi-Cal, food pantry services, or are identified as food-insecure via a short survey.

Also, West Contra Costa Unified is offering meal pick-up daily at several locations in Richmond, San Pablo, and Pinole. <https://www.wccusd.net/Page/13823>

STUDENT MEAL PICK UP LOCATIONS:

- **WHEN:** Monday through Friday
TIME: 11 a.m. to 1 p.m.
WHO: FREE for Children 18 years or younger
LOCATIONS:
 - DE ANZA HIGH SCHOOL
 - [5000 Valley View Rd, Richmond](#)
 - KENNEDY HIGH SCHOOL
 - [4300 Cutting Blvd, Richmond](#)
 - PINOLE VALLEY
 - [2900 Pinole Valley Rd, Pinole](#)
 - RICHMOND HIGH SCHOOL
 - [1250 23rd St., Richmond](#)
 - DEJEAN MIDDLE SCHOOL
 - [3400 Macdonald Ave, Richmond](#)
 - HELMS MIDDLE SCHOOL
 - [2500 Rd 20, San Pablo](#)
 - NYSTROM ELEMENTARY
 - [230 Harbour Way S, Richmond](#)
 - MONTALVIN
 - [300 Christine Dr, Richmond](#)
 - RIVERSIDE
 - [1300 Amador St, San Pablo](#)

For the most up-to-date information including holidays, income guidelines, and other resources visit foodbankccs.org/getfood or call 855-309-FOOD (3663).

Community Produce Program

We provide 15-20 pounds of **FREE** fresh produce to low-income families and individuals twice a month. Please bring two bags with handles. Choose *ONE* location:

- **Hercules Senior Center**, 111 Civic Dr, **Hercules**, 1st & 3rd Tuesday, 11:00am-12:00pm
- **Davis Park**, 1651 Folsom Ave, **San Pablo**, 2nd & 4th Friday, 12:00-1:00pm
- **West County Health Center**, 13601 San Pablo Ave, **San Pablo** 2nd & 4th Saturday, 2:00-3:00pm

Food Assistance Program

FREE groceries once a month for low-income individuals and families. Bring a picture ID and proof of address (PG&E bill, for example), if you have it.

- **Moose Lodge #550**, 4660 Appian Way, **El Sobrante**, 2nd Monday, 10:00-11:30am
- **Montara Bay Community Center**, 2250 Tara Hills Dr, **San Pablo**, 2nd Monday, 10:00-11:30am
- **Bayo Vista Child Care Center**, 2 California St, **Rodeo**, 2nd Tuesday, 10:00am-12:00pm

Food for Children

Boxes of **FREE** healthy food every month for children ages 4-6 years old. Bring a picture ID and proof of address (PG&E bill, for example), as well as proof of child's birthday.

- **WIC San Pablo**, 501 Gateway Ave, **San Pablo**, Last Friday, 10:00am-12:00pm

Senior Food Program

FREE groceries twice a month to low-income individuals aged 55 or older. Only one senior per household can receive food. Bring a picture ID and proof of address (PG&E bill, for example).

- **Maple Hall**, 13831 San Pablo Ave, **San Pablo**, 1st & 3rd Friday, 10:30-11:30am
- **Moose Lodge #550**, 4660 Appian Way, **El Sobrante**, 1st & 3rd Friday, 11:00am-12:00pm
- **Rodeo Senior Center**, 199 Parker Ave, **Rodeo**, 2nd & 4th Friday, 9:00-10:00am

Call the Food Bank to learn about other available food resources

- CalFresh (the Food Bank can help you apply for this government program)
- Our partner pantries and soup kitchens (for emergency food)
- WIC (for pregnant women and mothers with children 0-5 years old)

Para la información más actual, incluyendo horarios para los días festivos, guías de ingresos, y otros recursos, visite foodbankccs.org/getfood o llame al 855-309-3663.

Programa de Frutas y Verduras

Proveemos 15-20 libras de frutas y verduras frescas **GRATIS** a familias e individuos de bajos ingresos dos veces al mes. Por favor traiga dos bolsas con agarraderas. Escoja *UN SOLO* lugar:

- **Hercules Senior Center**, 111 Civic Dr, **Hercules**, 1.^{er} y 3.^{er} Martes, 11:00am-12:00pm
- **Davis Park**, 1651 Folsom Ave, **San Pablo**, 2.^{do} y 4.^{to} Viernes, 12:00-1:00pm
- **West County Health Center**, 13601 San Pablo Ave, **San Pablo** 2.^{do} y 4.^{to} Sábado, 2:00-3:00pm

Programa de Asistencia de Comida

Tenemos comida **GRATIS** una vez al mes para familias e individuos de bajos ingresos. Traiga cualquier tipo de identificación y comprobante de domicilio (Una factura de PG&E, por ejemplo), si lo tiene.

- **Moose Lodge**, 4660 Appian Way, **El Sobrante**, 2.^{do} Lunes, 10:00-11:30am
- **Montara Bay Community Center**, 2250 Tara Hills Dr, **San Pablo**, 2.^{do} Lunes, 10:00-11:30am
- **Bayo Vista Child Care Center**, 2 California St, **Rodeo**, 2.^{do} Martes, 10:00am-12:00pm

Comida Para Niños

Cajas de comida saludable **GRATIS** cada mes para niños de 4-6 años de edad. Traiga cualquier tipo de identificación y comprobante de domicilio (Una factura de PG&E, por ejemplo), y comprobante de la edad del niño.

- **WIC San Pablo**, 501 Gateway Ave, **San Pablo**, Último Viernes, 10:00am-12:00pm

Comida Para Adultos Mayores

Tenemos comida **GRATIS** dos veces al mes para individuos de bajos ingresos que tienen 55 años o más. Solo un adulto mayor por hogar puede recibir comida. Traiga cualquier tipo de identificación y comprobante de domicilio (Una factura de PG&E, por ejemplo).

- **Maple Hall**, 13831 San Pablo Ave, **San Pablo**, 1.^{er} y 3.^{er} Viernes, 10:30-11:30am
- **Moose Lodge**, 4660 Appian Way, **El Sobrante**, 1.^{er} y 3.^{er} Viernes, 11:00am-12:00pm
- **Rodeo Senior Center**, 199 Parker Ave, **Rodeo**, 2.^{do} y 4.^{to} Viernes, 9:00-10:00am

Llame al Banco de Comida para aprender sobre otros recursos de comida.

- CalFresh (el Banco de Comida le puede ayudar a aplicar para este programe del gobierno)
- Nuestros almacenes y comedores
- WIC (para mujeres embarazadas y madres con niños de 0-5 años de edad)

For the most up-to-date information including holidays, income guidelines, and other resources visit foodbankccs.org/getfood or call 855-309-FOOD (3663).

Community Produce Program

We provide 15-20 pounds of **FREE** fresh produce to low-income families and individuals twice a month. Please bring two bags with handles. Choose *ONE* location.

- **Martinez Health Center**, 2500 Alhambra Blvd, **Martinez**, 2nd & 4th Monday, 12:00-1:00pm
- **Boys & Girls Club Martinez**, 1301 Alhambra Ave, **Martinez**, 2nd & 4th Friday, 12:00-1:00pm
- **Pleasant Hill Seventh Day Adventist**, 800 Grayson Rd, **Pleasant Hill**, 2nd & 4th Friday, 2:00-3:00pm
- **Las Juntas Elementary**, 4105 Pacheco Blvd, **Martinez**, 2nd & 4th Friday, 4:00-5:00pm

Food Assistance Program

FREE groceries once a month for low-income individuals and families. Bring a picture ID and proof of address (PG&E bill, for example), if you have it.

- **Boys & Girls Club Martinez**, 1301 Alhambra Ave, **Martinez**, 1st Monday, 10:00am-12:00pm

Food for Children

Boxes of **FREE** healthy food every month for children ages 4-6 years old. Bring a picture ID and proof of address (PG&E bill, for example), as well as proof of child's birthday.

- **Church of the Nazarene**, 1650 Ashbury Dr, **Concord**, 4th Monday, 10:00am-12:00pm

Senior Food Program

FREE groceries twice a month to low-income individuals aged 55 or older. Only one senior per household can receive food. Bring a picture ID and proof of address (PG&E bill, for example).

- **Teamsters Local 315 Hall**, 2727 Alhambra Ave, **Martinez**, 1st & 3rd Thursday, 9:00-10:00am

Call the Food Bank to learn about other available food resources

- CalFresh (the Food Bank can help you apply for this government program)
- Our partner pantries and soup kitchens (for emergency food)
- WIC (for pregnant women and mothers with children 0-5 years old)

Para la información más actual, incluyendo horarios para los días festivos, guías de ingresos, y otros recursos, visite foodbankccs.org/getfood o llame al 855-309-3663.

Programa de Frutas y Verduras

Proveemos 15-20 libras de frutas y verduras frescas **GRATIS** a familias e individuos de bajos ingresos dos veces al mes. Por favor traiga dos bolsas con agarraderas. Escoja *UN SOLO* lugar:

- **Martinez Health Center**, 2500 Alhambra Blvd, **Martinez**, 2.^{do} y 4.^{to} Lunes, 12:00-1:00pm
- **Boys & Girls Club Martinez**, 1301 Alhambra Ave, **Martinez**, 2.^{do} y 4.^{to} Viernes, 12:00-1:00pm
- **Pleasant Hill Seventh Day Adventist**, 800 Grayson Rd, **Pleasant Hill**, 2.^{do} y 4.^{to} Viernes, 2:00-3:00pm
- **Las Juntas Elementary**, 4105 Pacheco Blvd, **Martinez**, 2.^{do} y 4.^{to} Viernes, 4:00-5:00pm

Programa de Asistencia de Comida

Tenemos comida **GRATIS** una vez al mes para familias e individuos de bajos ingresos. Traiga cualquier tipo de identificación y comprobante de domicilio (Una factura de PG&E, por ejemplo), si lo tiene.

- **Boys & Girls Club Martinez**, 1301 Alhambra Ave, **Martinez**, 1.^{er} Lunes, 10:00am-12:00pm

Comida Para Niños

Cajas de comida saludable **GRATIS** cada mes para niños de 4-6 años de edad. Traiga cualquier tipo de identificación y comprobante de domicilio (Una factura de PG&E, por ejemplo), y comprobante de la edad del niño.

- **Church of the Nazarene**, 1650 Ashbury Dr, **Concord**, 4.^{to} Lunes, 10:00am-12:00pm

Comida Para Adultos Mayores

Tenemos comida **GRATIS** dos veces al mes para individuos de bajos ingresos que tienen 55 años o más. Solo un adulto mayor por hogar puede recibir comida. Traiga cualquier tipo de identificación y comprobante de domicilio (Una factura de PG&E, por ejemplo).

- **Teamsters Local 315 Hall**, 2727 Alhambra Ave, **Martinez**, 1.^{er} y 3.^{er} Jueves, 9:00-10:00am

Llame al Banco de Comida para aprender sobre otros recursos de comida.

- CalFresh (el Banco de Comida le puede ayudar a aplicar para este programe del gobierno)
- Nuestros almacenes y comedores
- WIC (para mujeres embarazadas y madres con niños de 0-5 años de edad)



Mount Diablo Unified School District
announces

Free Community Meals

- “Grab N Go” curbside meals •
- Serving all children 18 years and younger •
- No identification required •

| Sites | Addresses | Cities |
|----------------------------|------------------------|---------------|
| Cambridge Elem | 1135 Lacey Lane | Concord |
| Meadow Homes Elem | 1371 Detroit Ave. | Concord |
| El Dorado Middle | 1750 West Street | Concord |
| Foothill Middle | 2775 <u>Cedro Lane</u> | Walnut Creek |
| Riverview Middle | 205 Pacifica Ave. | Bay Point |
| Valley View Middle | 181 Viking Drive | Pleasant Hill |
| Mt. Diablo High | 2450 Grant St. | Concord |
| <u>Ygnacio Valley High</u> | 755 Oak Grove Rd. | Concord |



Starting Wednesday, March 18
Monday through Friday
11:00AM – 12:30PM

proudly presented by
our Food and Nutrition Department staff



Mount Diablo Unified School District
anuncia

Comidas Comunitarias Gratuitas

- Comidas para llevar •
- Servir a todos los niños de 18 años o menos •
- No se requiere identificación •

| Sites | Addresses | Cities |
|---------------------|-------------------|---------------|
| Cambridge Elem | 1135 Lacey Lane | Concord |
| Meadow Homes Elem | 1371 Detroit Ave. | Concord |
| El Dorado Middle | 1750 West Street | Concord |
| Foothill Middle | 2775 Cedro Lane | Walnut Creek |
| Riverview Middle | 205 Pacifica Ave. | Bay Point |
| Valley View Middle | 181 Viking Drive | Pleasant Hill |
| Mt. Diablo High | 2450 Grant St. | Concord |
| Ygnacio Valley High | 755 Oak Grove Rd. | Concord |



A partir el 18 de marzo
lunes a viernes
11:00AM – 12:30PM

presentado con orgullo por
el departamento de Food and Nutrition

EMERGENCY FOOD DISTRIBUTION COVID-19 (in light of new, health and safety shelter in place restrictions for Contra Costa County) – Updated March 17, 2020 1pm

Here is the latest update from **MONUMENT CRISIS CENTER** that I hope you can share with all our partners, residents, businesses and community leaders. Thank you all for reaching out to one another and being so responsive to our community's needs and the dire situation that many, some who never faced this kind of need before, will now be facing with those who struggle daily.

Monument Crisis Center, a *family resource center*, located in and serving Concord and Contra Costa County, is going to provide groceries on a week-by-week Emergency Food Distribution Schedule.

Monument Crisis Center will be distributing emergency groceries for anyone in need of emergency food for themselves and their families on the following dates:

| | |
|-------------------------|-------------|
| Friday, March 20, 2020 | 9am -12noon |
| Monday, March 23, 2020 | 9am -12noon |
| Tuesday, March 24, 2020 | 9am -12noon |

1 bag per each adult

Additional info:

- Next dates will be posted after re-evaluation of services and the current health & safety situation.
- Food & monetary donations will gladly be accepted at those times or please “text to donate” TEXT MCC to 41444
- or donate online at our website through Mobile Cause or PayPal. www.monumentcrisiscenter.org

For the most up-to-date information including holidays, income guidelines, and other resources visit foodbankccs.org/getfood or call 855-309-FOOD (3663).

Community Produce Program

We provide 15-20 pounds of **FREE** fresh produce to low-income families and individuals twice a month. Please bring two bags with handles. Choose *ONE* location:

- **Buchanan Park**, 4150 Harbor St, **Pittsburg**, 1st & 3rd Tuesday, 12:00-1:00pm
- **Pittsburg City Park**, 167 N. Parkside Dr (near the baseball fields), **Pittsburg**, 1st & 3rd Tuesday, 2:00-3:00pm
- **First Baptist Family Life Center**, 224 Linda Vista, **Pittsburg**, 1st & 3rd Thursday, 11:30am-12:30pm
- **WIC Pittsburg**, 2311 Loveridge Rd, **Pittsburg**, 1st & 3rd Thursday, 1:30-3:00pm
- **The Pentecostals**, 310 Central Ave, **Pittsburg**, 2nd & 4th Thursday, 12:00-1:00pm
- **Solomon Temple**, 655 California Ave, **Pittsburg**, 2nd & 4th Thursday, 2:00-3:00pm
- **El Pueblo Housing Development**, 875 El Pueblo Ave, **Pittsburg**, 2nd & 4th Sunday, 12:30-1:30pm

Food Assistance Program

FREE groceries once a month for low-income individuals and families. Bring a picture ID and proof of address (PG&E bill, for example), if you have it.

- **Solomon Temple**, 655 California Ave, **Pittsburg**, 1st Tuesday, 10:00am-12:00pm.
- **First Baptist Church**, 224 Linda Vista, **Pittsburg**, 1st & 3rd Thursday, 10:30am-12:30pm

Food for Children

Boxes of **FREE** healthy food every month for children ages 4-6 years old. Bring a picture ID and proof of address (PG&E bill, for example), as well as proof of child's birthday.

- **Solomon Temple**, 655 California Ave, **Pittsburg**, 1st Tuesday, 10:00am-12:00pm

Senior Food Program

FREE groceries twice a month to low-income individuals aged 55 or older. Only one senior per household can receive food. Bring a picture ID and proof of address (PG&E bill, for example).

- **Church of the Good Shepherd**, 3200 Harbor St, **Pittsburg**, 2nd & 4th Thursday, 10:00am-11:00am,
Serves people living south of Highway 4
- **Diane Avenue Church of Christ**, 283 Diane Ave, **Pittsburg**, 2nd & 4th Thursday, 10:00am-11:30am,
Serves people living north of Highway 4

Call the Food Bank to learn about other available food resources

- CalFresh (the Food Bank can help you apply for this government program)
- Our partner pantries and soup kitchens (for emergency food)
- WIC (for pregnant women and mothers with children 0-5 years old)

Para la información más actual, incluyendo horarios para los días festivos, guías de ingresos, y otros recursos, visite foodbankccs.org/getfood o llame al 855-309-3663.

Programa de Frutas y Verduras

Proveemos 15-20 libras de frutas y verduras frescas **GRATIS** a familias e individuos de bajos ingresos dos veces al mes. Por favor traiga dos bolsas con agarraderas. Escoja *UN SOLO* lugar:

- **Buchanan Park**, 4150 Harbor St, **Pittsburg**, 1.^{er} y 3.^{er} Martes, 12:00-1:00pm
- **Pittsburg City Park**, 167 N. Parkside Dr (Cerca de la cancha de beisbol), **Pittsburg**, 1.^{er} y 3.^{er} Martes, 2:00-3:00pm
- **First Baptist Family Life Center**, 224 Linda Vista, **Pittsburg**, 1.^{er} y 3.^{er} Jueves, 11:30am-12:30pm
- **WIC Pittsburg**, 2311 Loveridge Rd, **Pittsburg**, 1.^{er} y 3.^{er} Jueves, 1:30-3:00
- **The Pentecostals**, 310 Central Avenue, **Pittsburg**, 2.^{do} y 4.^{to} Jueves, 12:00-1:00pm
- **Solomon Temple**, 655 California Ave, **Pittsburg**, 2.^{do} y 4.^{to} Jueves, 2:00-3:00pm
- **El Pueblo Housing Development**, 875 El Pueblo Ave, **Pittsburg**, 2.^{do} y 4.^{to} Domingo, 12:30-1:30pm

Programa de Asistencia de Comida

Tenemos comida **GRATIS** una vez al mes para familias e individuos de bajos ingresos. Traiga cualquier tipo de identificación y comprobante de domicilio (Una factura de PG&E, por ejemplo), si lo tiene.

- **Solomon Temple**, 655 California Ave, **Pittsburg**, 1.^{er} Martes, 10:00am-12:00pm
- **First Baptist Church**, 224 Linda Vista, **Pittsburg**, 1.^{er} y 3.^{er} Jueves, 10:30am-12:30pm

Comida Para Niños

Cajas de comida saludable **GRATIS** cada mes para niños de 4-6 años de edad. Traiga cualquier tipo de identificación y comprobante de domicilio (Una factura de PG&E, por ejemplo), y comprobante de la edad del niño.

- **Solomon Temple**, 655 California Ave, **Pittsburg**, 1.^{er} Martes, 10:00am-12:00pm

Comida Para Adultos Mayores

Tenemos comida **GRATIS** dos veces al mes para individuos de bajos ingresos que tienen 55 años o más. Solo un adulto mayor por hogar puede recibir comida. Traiga cualquier tipo de identificación y comprobante de domicilio (Una factura de PG&E, por ejemplo).

- **Church of the Good Shepherd**, 3200 Harbor St, **Pittsburg**, 2.^{do} y 4.^{to} Jueves, 10:00am-11:00am, Sirven gente viviendo al sur de la carretera 4
- **Diane Avenue Church of Christ**, 283 Diane Ave, **Pittsburg**, 2.^{do} y 4.^{to} Jueves, 10:00am-11:30am, Sirven gente viviendo al norte de la carretera 4

Llame al Banco de Comida para aprender sobre otros recursos de comida.

- CalFresh (el Banco de Comida le puede ayudar a aplicar para este programe del gobierno)
- Nuestros almacenes y comedores
- WIC (para mujeres embarazadas y madres con niños de 0-5 años de edad)

For the most up-to-date information including holidays, income guidelines, and other resources visit foodbankccs.org/getfood or call 855-309-FOOD (3663).

Community Produce Program

We provide 15-20 pounds of **FREE** fresh produce to low-income families and individuals twice a month. Please bring two bags with handles. Choose *ONE* location:

- **Richmond Annex Senior Center**, 5801 Huntington Ave, **Richmond**, 1st & 3rd Monday, 10:00-11:00am
- **Richmond Veteran's Memorial Hall**, 968 23rd St, **Richmond**, 1st & 3rd Monday, 12:00-1:00pm
- **Nevin Community Center**, 598 Nevin Ave, **Richmond**, 2nd & 4th Tuesday, 10:00-11:00am
- **North Richmond Missionary Baptist**, 1427 Fred Jackson Way, **Richmond**, 1st & 3rd Thursday, 12:00-1:00pm
- **West County Courthouse**, 39th Street & Bissell Ave, **Richmond**, 1st & 3rd Thursday, 2:00-3:00pm
- **Living Hope Neighborhood Church**, 2800 Rheem Ave, **Richmond**, 1st & 3rd Saturday, 10:00-11:00am
- **Sojourner Truth**, 2621 Shane Dr, **Richmond**, 1st & 3rd Saturday, 12:00-1:00pm
- **Kennedy High School**, 4300 Cutting Blvd, **Richmond**, 1st & 3rd Saturday, 2:00-3:00pm
- **Booker T. Anderson**, 960 South 47th St, **Richmond**, 2nd & 4th Saturday, 12:00-1:00pm

Food Assistance Program

FREE groceries once a month for low-income individuals and families. Bring a picture ID and proof of address (PG&E bill, for example), if you have it.

- **North Richmond Missionary Baptist**, 1427 Fred Jackson Way, **Richmond**, 3rd Tuesday, 10:00am-12:00pm
- **Southside Church of Christ**, 1501 Florida Ave, **Richmond**, 4th Tuesday, 10:00am-12:00pm

Food for Children

Boxes of **FREE** healthy food every month for children ages 4-6 years old. Bring a picture ID and proof of address (PG&E bill, for example), as well as proof of child's birthday.

- **WIC San Pablo**, 501 Gateway Ave, **San Pablo**, Last Friday, 10:00am-12:00pm

Senior Food Program

FREE groceries twice a month to low-income individuals aged 55 or older. Only one senior per household can receive food. Bring a picture ID and proof of address (PG&E bill, for example).

- **Independent Community Church**, 605 S. 16th St, **Richmond**, 1st & 3rd Friday, 10:30-11:30am
- **Moose Lodge #550**, 4660 Appian Way, **El Sobrante**, 1st & 3rd Friday, 11:00am-12:00pm
- **Booker T. Anderson**, 960 South 47th St, **Richmond**, 2nd & 4th Friday, 9:30-11:00am
- **Multicultural Senior Center**, 515 Silver Avenue, **North Richmond**, 2nd and 4th Friday, 10:30-11:30am

Call the Food Bank to learn about other available food resources

- CalFresh (the Food Bank can help you apply for this government program)
- Our partner pantries and soup kitchens (for emergency food)
- WIC (for pregnant women and mothers with children 0-5 years old)

Para la información más actual, incluyendo horarios para los días festivos, guías de ingresos, y otros recursos, visite foodbankccs.org/getfood o llame al 855-309-3663.

Programa de Frutas y Verduras

Proveemos 15-20 libras de frutas y verduras frescas **GRATIS** a familias e individuos de bajos ingresos dos veces al mes. Por favor traiga dos bolsas con agarraderas. Escoja UN SOLO lugar:

- **Richmond Annex Senior Center**, 5801 Huntington Ave, **Richmond**, 1.^{er} y 3.^{er} Lunes, 10:00-11:00am
- **Richmond Veteran's Memorial Hall**, 968 23rd St, **Richmond**, 1.^{er} y 3.^{er} Lunes, 12:00-1:00pm
- **Nevin Community Center**, 598 Nevin Ave, **Richmond**, 2.^{do} y 4.^{to} Martes, 10:00-11:00am
- **North Richmond Missionary Baptist**, 1427 Fred Jackson Way, **Richmond**, 1.^{er} y 3.^{er} Jueves, 12:00-1:00pm
- **West County Courthouse**, 39th Street & Bissell Ave, **Richmond**, 1.^{er} y 3.^{er} Jueves, 2:00-3:00pm
- **Living Hope Neighborhood Church**, 2800 Rheem Ave, **Richmond**, 1.^{er} y 3.^{er} Sábado, 10:00-11:00am
- **Sojourner Truth**, 2621 Shane Dr, **Richmond**, 1.^{er} y 3.^{er} Sábado, 12:00-1:00pm
- **Kennedy High School**, 4300 Cutting Blvd, **Richmond**, 1.^{er} y 3.^{er} o Sábado, 2:00-3:00pm
- **Booker T. Anderson**, 960 South 47th St, **Richmond**, 2.^{do} y 4.^{to} Sábado, 12:00-1:00pm

Programa de Asistencia de Comida

Tenemos comida **GRATIS** una vez al mes para familias e individuos de bajos ingresos. Traiga cualquier tipo de identificación y comprobante de domicilio (Una factura de PG&E, por ejemplo), si lo tiene.

- **North Richmond Missionary Baptist**, 1427 Fred Jackson Way, **Richmond**, 3.^{er} Martes, 10:00am-12:00pm
- **Southside Church of Christ**, 1501 Florida Ave, **Richmond**, 4.^{to} Martes, 10:00am-12:00pm

Comida Para Niños

Cajas de comida saludable **GRATIS** cada mes para niños de 4-6 años de edad. Traiga cualquier tipo de identificación y comprobante de domicilio (Una factura de PG&E, por ejemplo), y comprobante de la edad del niño.

- **WIC San Pablo**, 501 Gateway Ave, **San Pablo**, Último Viernes, 10:00am-12:00pm

Comida Para Adultos Mayores

Tenemos comida **GRATIS** dos veces al mes para individuos de bajos ingresos que tienen 55 años o más. Solo un adulto mayor por hogar puede recibir comida. Traiga cualquier tipo de identificación y comprobante de domicilio (Una factura de PG&E, por ejemplo).

- **Independent Community Church**, 605 South 16th St, **Richmond**, 1.^{er} y 3.^{er} Viernes, 10:30-11:30am
- **Moose Lodge**, 4660 Appian Way, **El Sobrante**, 1.^{er} y 3.^{er} Viernes, 11:00am-12:00pm
- **Booker T. Anderson**, 960 South 47th St, **Richmond**, 2.^{do} y 4.^{to} Viernes, 9:30-11:00am
- **Multicultural Senior Center**, 515 Silver Avenue, **North Richmond**, 2.^{do} y 4.^{to} Viernes, 10:30-11:30am

Llame al Banco de Comida para aprender sobre otros recursos de comida.

- CalFresh (el Banco de Comida le puede ayudar a aplicar para este programe del gobierno)
- Nuestros almacenes y comedores
- WIC (para mujeres embarazadas y madres con niños de 0-5 años de edad)

For the most up-to-date information including holidays, income guidelines, and other resources visit foodbankccs.org/getfood or call 855-309-FOOD (3663).

Community Produce Program

We provide 15-20 pounds of **FREE** fresh produce to low-income families and individuals twice a month. Please bring two bags with handles. Choose *ONE* location:

- **Bayo Vista Child Care Center**, 2 California St, **Rodeo**, 2nd & 4th Thursday, 4:00-5:00pm

Food Assistance Program

FREE groceries once a month for low-income individuals and families. Bring a picture ID and proof of address (PG&E bill, for example), if you have it.

- **Bayo Vista Child Care Center**, 2 California St, **Rodeo**, 2nd Tuesday, 10:00am-12:00pm

Food for Children

Boxes of **FREE** healthy food every month for children ages 4-6 years old. Bring a picture ID and proof of address (PG&E bill, for example), as well as proof of child's birthday.

- **WIC San Pablo**, 501 Gateway Ave, **San Pablo**, Last Friday, 10:00am-12:00pm

Senior Food Program

FREE groceries twice a month to low-income individuals aged 55 or older. Only one senior per household can receive food. Bring a picture ID and proof of address (PG&E bill, for example).

- **Rodeo Senior Center**, 199 Parker Ave, **Rodeo**, 2nd & 4th Friday, 9:00-10:00am

Call the Food Bank to learn about other available food resources

- CalFresh (the Food Bank can help you apply for this government program)
- Our partner pantries and soup kitchens (for emergency food)
- WIC (for pregnant women and mothers with children 0-5 years old)

Para la información más actual, incluyendo horarios para los días festivos, guías de ingresos, y otros recursos, visite foodbankccs.org/getfood o llame al 855-309-3663.

Programa de Frutas y Verduras

Proveemos 15-20 libras de frutas y verduras frescas **GRATIS** a familias e individuos de bajos ingresos dos veces al mes. Por favor traiga dos bolsas con agarraderas. Escoja *UN SOLO* lugar:

- **Bayo Vista Child Care Center**, 2 California Street, **Rodeo**, 2.^{do} y 4.^{to} Jueves, 4:00-5:00pm

Programa de Asistencia de Comida

Tenemos comida **GRATIS** una vez al mes para familias e individuos de bajos ingresos. Traiga cualquier tipo de identificación y comprobante de domicilio (Una factura de PG&E, por ejemplo) si lo tiene.

- **Bayo Vista Child Care Center**, 2 California Street, **Rodeo**, 2.^{do} Martes, 10:00am-12:00pm

Comida Para Niños

Cajas de comida saludable **GRATIS** cada mes para niños de 4-6 años de edad. Traiga cualquier tipo de identificación y comprobante de domicilio (Una factura de PG&E, por ejemplo), y comprobante de la edad del niño.

- **WIC San Pablo**, 501 Gateway Ave, **San Pablo**, Último Viernes, 10:00am-12:00pm

Comida Para Adultos Mayores

Tenemos comida **GRATIS** dos veces al mes para individuos de bajos ingresos que tienen 55 años o más. Solo un adulto mayor por hogar puede recibir comida. Traiga cualquier tipo de identificación y comprobante de domicilio (Una factura de PG&E, por ejemplo).

- **Rodeo Senior Center**, 199 Parker Avenue, **Rodeo**, 2.^{do} y 4.^{to} Viernes, 9:00-10:00am

Llame al Banco de Comida para aprender sobre otros recursos de comida.

- CalFresh (el Banco de Comida le puede ayudar a aplicar para este programe del gobierno)
- Nuestros almacenes y comedores
- WIC (para mujeres embarazadas y madres con niños de 0-5 años de edad)

For the most up-to-date information including holidays, income guidelines, and other resources visit foodbankccs.org/getfood or call 855-309-FOOD (3663).

Community Produce Program

We provide 15-20 pounds of **FREE** fresh produce to low-income families and individuals twice a month. Please bring two bags with handles. Choose *ONE* location:

- **Contra Costa College**, 2600 Mission Bell Dr, San Pablo, 1st & 3rd Monday, 2:00-3:00pm
- **Davis Park**, 1651 Folsom Ave, **San Pablo**, 2nd & 4th Friday, 12:00-1:00pm
- **West County Health Center**, 13601 San Pablo Ave, **San Pablo**, 2nd & 4th Saturday, 2:00-3:00pm

Food Assistance Program

FREE groceries once a month for low-income individuals and families. Bring a picture ID and proof of address (PG&E bill, for example), if you have it.

- **Davis Park**, 1651 Folsom Ave, **San Pablo**, 3rd Monday, 10:00am-12:00pm
- **Montara Bay Community Center**, 2250 Tara Hills Dr, **San Pablo**, 2nd Monday, 10:00-11:30am

Food for Children

Boxes of **FREE** healthy food every month for children ages 4-6 years old. Bring a picture ID and proof of address (PG&E bill, for example), as well as proof of child's birthday.

- **WIC San Pablo**, 501 Gateway Ave, **San Pablo**, Last Friday, 10:00am-12:00pm

Senior Food Program

FREE groceries twice a month to low-income individuals aged 55 or older. Only one senior per household can receive food. Bring a picture ID and proof of address (PG&E bill, for example).

- **Maple Hall**, 13831 San Pablo Ave, **San Pablo**, 1st & 3rd Friday, 10:00-11:00am

Call the Food Bank to learn about other available food resources

- CalFresh (the Food Bank can help you apply for this government program)
- Our partner pantries and soup kitchens (for emergency food)
- WIC (for pregnant women and mothers with children 0-5 years old)

Para la información más actual, incluyendo horarios para los días festivos, guías de ingresos, y otros recursos, visite foodbankccs.org/getfood o llame al 855-309-3663.

Programa de Frutas y Verduras

Proveemos 15-20 libras de frutas y verduras frescas **GRATIS** a familias e individuos de bajos ingresos dos veces al mes. Por favor traiga dos bolsas con agarraderas. Escoja *UN SOLO* lugar:

- **Contra Costa College**, 2600 Mission Bell Dr, San Pablo, 1.^{er} y 3.^{er} Lunes, 2:00-3:00pm
- **Davis Park**, 1651 Folsom Ave, **San Pablo**, 2.^{do} y 4.^{to} Viernes, 12:00-1:00pm
- **West County Health Center**, 13601 San Pablo Ave, **San Pablo**, 2.^{do} y 4.^{to} Sábado, 2:00-3:00pm

Programa de Asistencia de Comida

Cajas de comida saludable **GRATIS** cada mes para niños de 4-6 años de edad. Traiga cualquier tipo de identificación y comprobante de domicilio (Una factura de PG&E, por ejemplo), si lo tiene.

- **Davis Park**, 1651 Folsom Ave, **San Pablo**, 3.^{er} Lunes, 10:00am-12:00pm
- **Montara Bay Community Center**, 2250 Tara Hills Dr, **San Pablo**, 2.^{do} Lunes, 10:00-11:30am

Comida Para Niños

Cajas de comida saludable **GRATIS** cada mes para niños de 4-6 años de edad. Traiga cualquier tipo de identificación y comprobante de domicilio (Una factura de PG&E, por ejemplo), y comprobante de la edad del niño.

- **WIC San Pablo**, 501 Gateway Ave, **San Pablo**, Último Viernes, 10:00am-12:00pm

Comida Para Adultos Mayores

Tenemos comida **GRATIS** dos veces al mes para individuos de bajos ingresos que tienen 55 años o más. Solo un adulto mayor por hogar puede recibir comida. Traiga cualquier tipo de identificación y comprobante de domicilio (Una factura de PG&E, por ejemplo).

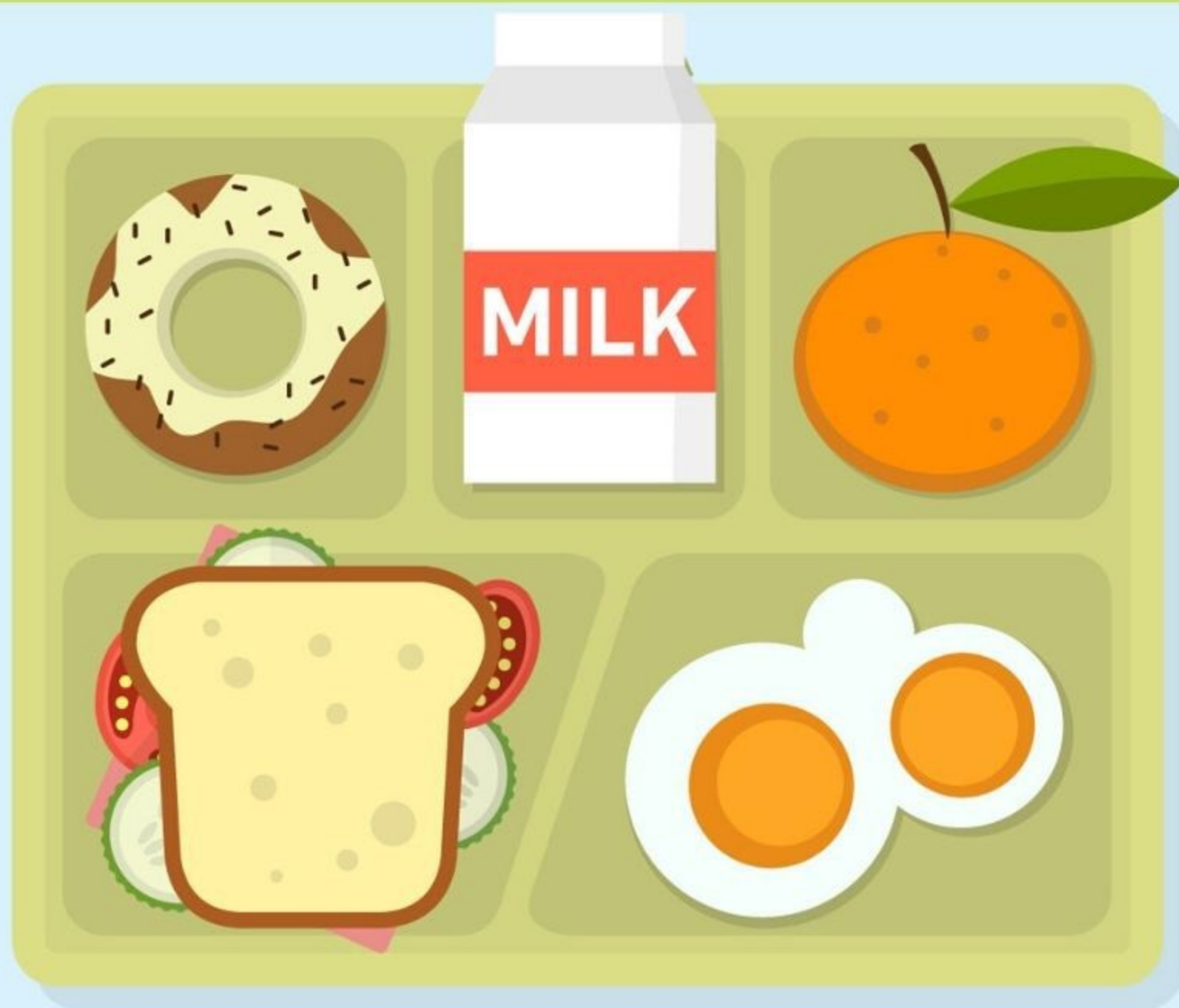
- **Maple Hall**, 13831 San Pablo Ave, **San Pablo**, 1.^{er} y 3.^{er} Viernes, 10:00-11:00am

Llame al Banco de Comida para aprender sobre otros recursos de comida.

- CalFresh (el Banco de Comida le puede ayudar a aplicar para este programe del gobierno)
- Nuestros almacenes y comedores
- WIC (para mujeres embarazadas y madres con niños de 0-5 años de edad)

WCCUSD will be offering meals to all children at several schools during the closure (3/16 - 4/3)

The meals will be available between 11 a.m. and 1 p.m.



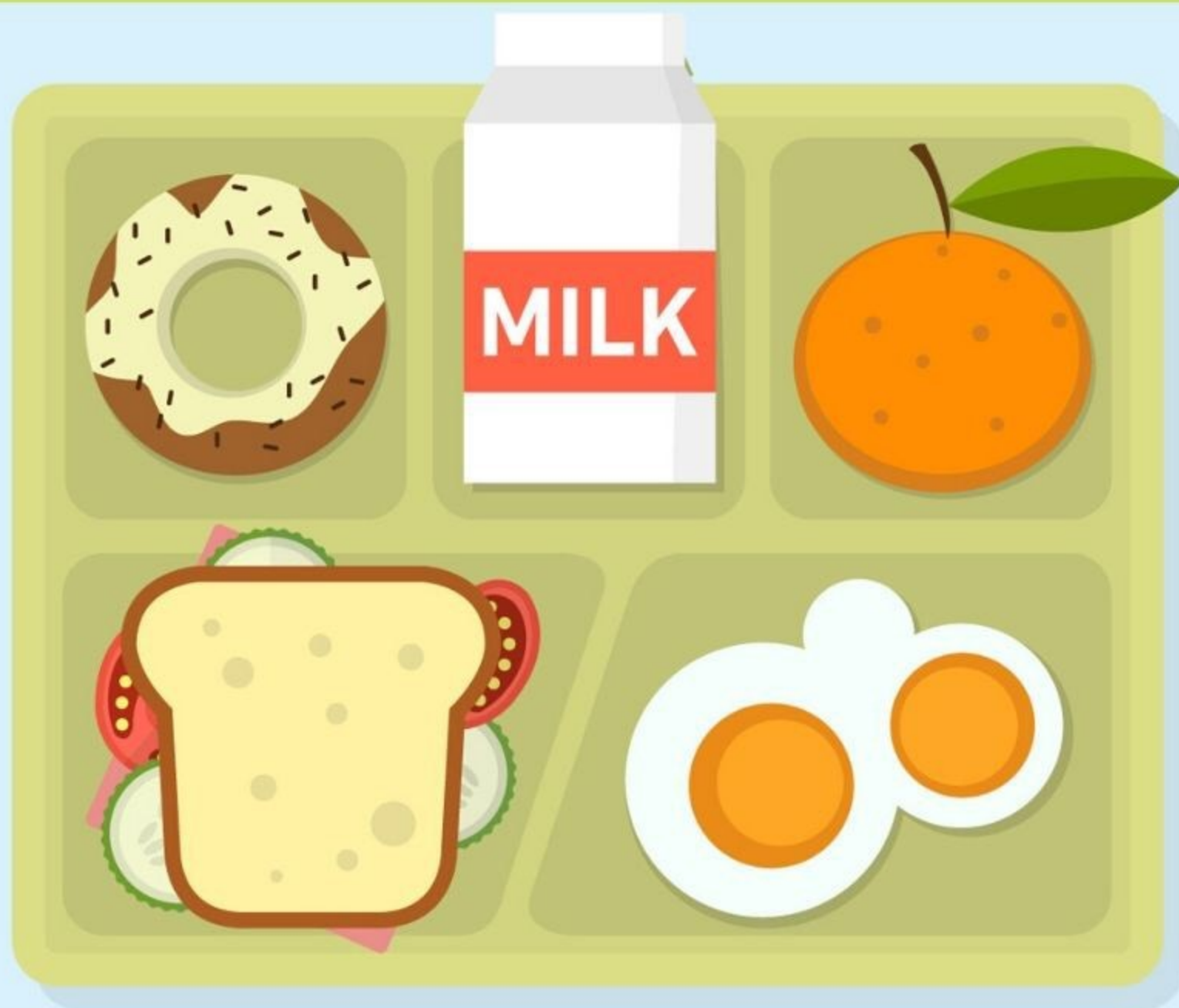
Meals can be picked up at:

Pinole Valley High School
De Anza High School
Richmond High School
Kennedy High Schools

Helms Middle School
Dejean Middle School
Nystrom Elementary
Riverside Elementary
Montalvin Elementary

WCCUSD ofrecerá comidas a todos los niños en varias escuelas durante el cierre (3/16 - 4/3)

Las comidas estarán disponibles entre las 11 a.m. y la 1 p.m.



Las comidas se pueden recoger en:

Pinole Valley High School
De Anza High School
Richmond High School
Kennedy High School

Helms Middle School
Dejean Middle School
Nystrom Elementary
Riverside Elementary
Montalvin Elementary

EMERGENCY FOOD DISTRIBUTION COVID-19 (in light of new, health and safety shelter in place restrictions for Contra Costa County) – Updated March 17, 2020 1pm

West Contra Costa Unified is also providing meals for any youth under 18

Food at 9 sites; working with Foodbank to secure produce and shelf food

WCCUSD Provides Food Distribution M-F from 11:00 - 1:00 PM at 9 District Sites

1. Pinole Valley High School,
2. Richmond High School,
3. DeAnza High School,
4. Helms Middle School,
5. Riverside Elementary School,
6. John F Kennedy High School,
7. Montalvin Elementary School,
8. Lovonya DeJean Middle School, and
9. Nystrom Elementary School

Fresh Approach is running mobile farmers markets in West and East County. They also offer 50% off produce to shoppers who receive federal benefits (including CalFresh (SNAP), WIC, SSI, SSDI, and Medi-Cal).

<https://www.freshapproach.org/covid-19-update/>

West County Food Information Due To COVID-19

West Contra Costa County Unified School District

Meals can be picked up from **11:00 am to 1:00 pm** – Monday through Friday.

You may also call **211** or **1-855-309-FOOD (3663)**

- De Anza High School
- Kennedy High School
- Pinole Valley High School
- Richmond High School
- DeJean Middle School
- Helms Middle School
- Nystrom Elementary School
- Montalvin Elementary School
- Riverside Elementary School

Community Food & Nutrition Resources

Food Bank of Contra Costa and Solano County

Website: <https://www.foodbankccs.org/> Phone: (925) 676-7543

Address: 4010 Nelson Ave., Concord

Hours: Monday-Friday, 8am – 430pm

West Contra Costa County

Bay Area Rescue Mission

Website: <https://www.bayarearescue.org/>

Phone: (510) 215-4887

Address: 123 MacDonald Ave., Richmond

All West Contra Costa/Richmond Food Pantry

Website: <https://www.foodbankccs.org/>

Phone: (925) 676-7543

Address: 2369 Barrett Ave., Richmond

Hours: Monday-Friday, 8am – 430pm

MacArthur Community Baptist Church

Phone: (510) 232-0258

Address: 2301 Rumrill Blvd, Room 27, San Pablo

Northwest County Share/Manna: Rodeo/Hercules/Pinole

Phone: (510) 262-7710

Address: 151 Linus Pauling Drive, Hercules

Hours: Monday-Friday, 8am-430pm

Salvation Army Food Pantry (multiple locations)

Website: <https://www.salvationarmyusa.org/usn/>
<http://elsobrante.salvationarmy.org>

Phone: (510) 262-7710

Address: 4600 Appian Way, El Sobrante Hours: Monday-Friday, 9am – 4pm