

Iowa State University Extension: Cooking Videos

How to Make Fruit Pizza: <https://www.youtube.com/watch?v=lulrt8587XQ>

How to Freeze Leftovers: https://www.youtube.com/watch?v=dRBFNmO41_M

How to Use a Food Thermometer: <https://www.youtube.com/watch?v=jMg4ijTSBAo>

How to Make a Slow Cooker Meal: <https://www.youtube.com/watch?v=tfoZSbG1444>

How to Use Planned-Overs: https://www.youtube.com/watch?v=lal-qK91e_0

How to Make Homemade Oven Fries: <https://www.youtube.com/watch?v=bdcMCiF4wiA>

How to make a One Dish Meal on the Stovetop: https://www.youtube.com/watch?v=d_MraiRudnQ

How to Store Fruits and Vegetables: <https://www.youtube.com/watch?v=xlPgka81EhU>

How to Make Homemade Salad Dressing: <https://www.youtube.com/watch?v=WyHJexS6-j0>

How to Roast Vegetables: <https://www.youtube.com/watch?v=SuxE8NuCDnA>

How to Keep a Price Book: <https://www.youtube.com/watch?v=52BbMO2CfoE&t=2s>

How to Make Homemade Granola: https://www.youtube.com/watch?v=ObQ_4BSJqAg

How to Clean Fruits & Vegetables: <https://www.youtube.com/watch?v=5iQ5P1wQrRU>

How to Plan a Menu: <https://www.youtube.com/watch?v=tuX3D-FgcEI>

How to Organize Your Fridge: <https://www.youtube.com/watch?v=Rcva1q9T5dk>

How to Shop for Seasonal Fruits & Vegetables: <https://www.youtube.com/watch?v=hwCI97ehfak>

How to Get the Best Deal on Fruits & Vegetables: <https://www.youtube.com/watch?v=uVL5k1mFUdk>

How to Shop for Fruits & Vegetables: <https://www.youtube.com/watch?v=USv-4aKIF6A>

How to Decide How Many Fruits & Vegetables You Need:

<https://www.youtube.com/watch?v=pq4r6atBgIc>

How to Make a Fruit Smoothie: <https://www.youtube.com/watch?v=wp8HIJ1C7Q0&t=10s>

How to Store Bread: <https://www.youtube.com/watch?v=QH40-ZBkmSQ>

How to Make Healthy Mac and Cheese: https://www.youtube.com/watch?v=5MxRc_4OwC4

How to Choose Whole Grain Bread: <https://www.youtube.com/watch?v=sFMX3OrRh6E>

How to Store Bananas: <https://www.youtube.com/watch?v=E04lq93IgL0>

How to Choose Great Bananas: <https://www.youtube.com/watch?v=7IM042MA4vg>

How to Make the Most of Bananas: <https://www.youtube.com/watch?v=fiFNB652m5o>