Apple: Preserve It



Apple Marmalade

Yield: about 6 or 7 half-pints

8 cups thinly sliced tart apples (about 3 pounds)

1 orange

1-1/2 cups water

5 cups sugar

2 tablespoons lemon juice

- 1. Sterilize canning jars by boiling for 10 minutes at altitudes of less than 1,000 feet. At higher elevations, boil jars 1 additional minute for each additional 1,000 feet elevation.
- 2. Wash, pare, quarter, and core the apples. Slice thin.
- 3. Quarter the orange, remove any seeds, and slice very thin.
- 4. Heat water and sugar until sugar is dissolved. Add the lemon juice and fruit. Boil rapidly, stirring constantly, to 8°F above the boiling point of water at your elevation, or until the mixture thickens.
- 5. Remove from heat; skim foam as necessary.
- 6. Pour hot marmalade immediately into hot, **sterile** jars, leaving 1/4- inch headspace. Wipe rims with a dampened clean paper towel; ad- just two-piece metal canning lids.
- 7. Process half-pint jars in a boiling water or atmospheric steam canner for 5 minutes at 0-1,000 feet elevation, 10 minutes at 1,001-6,000 feet, and 15 minutes above 6,000 feet.

Source: National center for Home Food Preservation, 2018

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