Grapefruit: Preserve It



Grapefruit Freezer Jelly

Yield: about 5 half-pints

2 cups unsweetened grapefruit juice

2 tablespoons water

1 3-ounce pouch Liquid Pectin

4-1/2 cups sugar

- 1. Sterilize canning jars by boiling for 10 minutes at altitudes of less than 1,000 feet. At higher elevations, boil jars 1 additional minute for each additional 1,000 feet elevation.
- 2. COMBINE grapefruit juice with sugar in a large bowl, mixing thoroughly.
- 3. Add entire contents of pectin pouch and water. Stir for 3 minutes.
- 4. Ladle freezer jelly into clean freezer jars leaving 1/2 inch headspace. Apply caps and let jelly stand in refrigerator until set, but no longer than 24 hours. Serve immediately, refrigerate up to 3 weeks or freeze up to 1 year.

Source: www.freshpreserving.com

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