## Lavender: Preserve It



## Lavender Infused Strawberry Freezer Jam

Yield: about 5 half-pints

1-1/2 cups sugar

- 5 tablespoons Ball Instant Pectin
- 4 cups crushed strawberries (about 4 1-lb containers)
- 1 teaspoon minced culinary lavender
- $1/2\ tablespoon\ finely\ grated\ lemon\ zest$
- 1. Stir sugar and instant pectin in a bowl until well blended.
- 2. Add strawberries, lavender and lemon zest. Stir 3 minutes.
- 3. Ladle jam into clean jars, leaving 1/2-inch headspace. Apply lids.
- 4. Let stand until thickened, about 30 minutes.
- 5. Refrigerate up to 3 weeks or freeze up to 1 year.

Source: freshpreserving.com, 2018

\* The gel temperature is 8°F above the boiling point, which is 220°F below 1000 feet elevation. At higher elevations, add 8°F to your boiling point to determine your gel temperature.