Tomato: Preserve It



Tuscan Tomato Jam

Yield: about 4 half-pints

6 pounds red tomatoes (about 18 medium)

6 tablespoons Ball Classic Pectin

1 teaspoon grated lemon peel (about 1/2 medium)

2 tablespoons lemon juice

1 teaspoon salt

1/4 teaspoon ground black pepper

2 tablespoons balsamic vinegar

1/4 cup dry white wine, such as pinot grigio or sauvignon blanc

2 teaspoons dried herbs, such as thyme, rosemary, oregano, savory or marjoram or a combination of any of these

1-1/2 cups granulated sugar

- 1. Wash tomatoes. Core and slice into quarters. Cook until soft in large sauce pot. Puree mixture and remove peels and seeds.
- 2. Return puree to pot and simmer over medium-high heat until reduced by half, stirring frequently to prevent sticking. Add pectin, lemon peel, lemon juice, salt, pepper, balsamic vinegar, white wine and herbs, stirring to blend in pectin.
- 3. Bring mixture to a boil over medium-high heat, stirring constantly. Add sugar, stirring to dissolve. Bring mixture to a rolling boil that cannot be stirred down. Boil hard for 1 minutes, stirring constantly. Remove from heat. Skim foam if necessary.
- 4. Ladle hot jam into hot jars, leaving 1/4-inch headspace. Remove air bubbles. Wipe rims with a dampened clean paper towel; adjust two-piece metal canning lids.
- 5. Process in a boiling water or atmospheric steam canner for 10 minutes at 0-1,000 feet elevation, 15 minutes at 1,001-6,000 feet, and 15 minutes above 6,000 feet.

Source: freshpreserving.com, 2018