Strawberry: Preserve It



Strawberry Balsamic Freezer Jam

Yield: about 5 half-pints

1 cup balsamic vinegar 4 cups crushed strawberries 1/2 cup honey

5 tablespoons Ball Instant Pectin

- 1. Place balsamic vinegar in a small saucepan. Cook over medium heat until reduced to 3/4 cup. Chill until cool.
- 2. Mix strawberries, honey and cooled balsamic vinegar in a large mixing bowl. Let stand for 10 minutes.
- 3. Add pectin. Stir 3 minutes.
- 4. Ladle the strawberry balsamic jam into clean jars, leaving 1/2-inch headspace. Apply lids.
- 5. Let stand until thickened, about 30 minutes.
- 6. Refrigerate up to 3 weeks or freeze up to 1 year.

Source: freshpreserving.com, 2018

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