Kiwi: Preserve It



Kiwi-Strawberry Jam

Yield: about 6 half-pints

3 cups crushed strawberries

3 kiwi, peeled and diced

1 tablespoon lemon juice

1 tablespoon minced crystallized ginger

1 package powdered pectin

5 cups sugar

- 1. Combine strawberries, kiwi, lemon juice, ginger and pectin in a large saucepot. Bring quickly to a boil, stirring frequently.
- 2. Add sugar, stirring until dissolved.
- 3. Return to a rolling boil. Boil hard 1 minute, stirring constantly.
- 4. Remove from heat. Skim foam if necessary.
- 5. Pour hot jam immediately into hot jars, leaving 1/4-inch headspace. Wipe rims with a dampened clean paper towel; adjust two-piece metal canning lids.
- 6. Process half-pint jars in a boiling water or atmospheric steam canner for 10 minutes at 0-1,000 feet elevation, 15 minutes at 1,001-6,000 feet, and 20 minutes above 6,000 feet.

Source: National Center for Home Food Preservation, 2018

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