Kiwi: Preserve It



Kiwi Daiquiri Jam

Yield: about 4 half-pints

2 cups crushed peeled kiwifruit (about 5 medium)

2/3 cup unsweetened pineapple juice

1/3 cup lime juice

6 tablespoons Ball Classic Pectin

3 cups sugar

1/4 cup rum

3 drops green food coloring, optional

- 1. Combine kiwifruit, pineapple juice and lime juice in a large saucepan. Gradually stir in pectin. Bring to a boil over high heat, stirring frequently.
- 2. Add sugar and return to a full rolling boil that cannot be stirred down. Boil hard for 1 minute, stirring constantly.
- 3. Immediately stir in rum and green food coloring, if using.
- 4. Remove from heat. Skim foam if necessary.
- 5. Pour hot jam immediately into hot jars, leaving 1/4-inch headspace. Wipe rims with a dampened clean paper tow- el; adjust two-piece metal canning lids.
- 6. Process in a boiling water or atmospheric steam canner for 10 minutes at 0-1,000 feet elevation, 15 minutes at 1,001-3,000 feet, 20 minutes at 3,001-6,000 feet, 25 minutes at 6,001-8,000 feet, and 30 minutes at 8,001-10,000 feet.

Source: freshpreserving.com, 2018