Rhubarb: Preserve It



Rhubarb-Orange Jam

Yield: about 6 half-pints

2-1/2 pounds rhubarb (about 10 to 18 stalks)2 medium oranges6 tablespoons Ball Classic Pectin

6 cups sugar

- 1. Wash rhubarb and oranges under cold running water; drain. Remove leafy tops and root ends from rhubarb. Chop rhubarb into 1/2-inch pieces. Cut oranges in half and remove seeds. Juice oranges; measuring 1 cup of orange juice. Using the peel from half of one orange, remove pith and cut into thin slivers.
- 2. Sterilize canning jars by boiling for 10 minutes at altitudes of less than 1,000 feet. At higher elevations, boil jars 1 additional minute for each additional 1,000 feet elevation.
- 3. Combine chopped rhubarb, orange juice, and orange peel in a large saucepan. Simmer rhubarb mixture, covered, about 3 minutes or until rhubarb is tender.
- 4. Add pectin, stirring to blend in pectin. Bring mixture to a boil over medium-high heat. Add sugar, stirring until sugar dissolves. Bring mixture to a full rolling boil; boil hard for 1 minute, stirring constantly. Remove from heat. Skim foam if necessary.
- 5. Ladle hot jam into hot, **sterile** jars, leaving 1/4-inch headspace. Remover air bubbles. Wipe rims with a dampened clean paper towel; adjust two-piece metal canning lids.
- 6. Process 10 minutes in boiling-water or atmospheric steam canner, adding 1 additional minute per 1,000 feet above sea level.

Source: Ball Blue Book Guide to Preserving, 2014

Note: If using unsterile jars, process the filled jars for 10 minutes.

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