

# Good Habits That Keep You and Your Pigs Healthy

Biosecurity is an important step that can keep you and your animals healthy and protect pig farms across the country. In order to protect the health of your pigs, some examples of biosecurity steps that you can take include:

- If you or your pig is ill, do not attend a fair or exhibition.
- Take only clean and disinfected show box and equipment to the show.
- Keep your area clean and do not share equipment with other exhibitors.

**While at the show, take these simple precautions to protect yourself and others:**

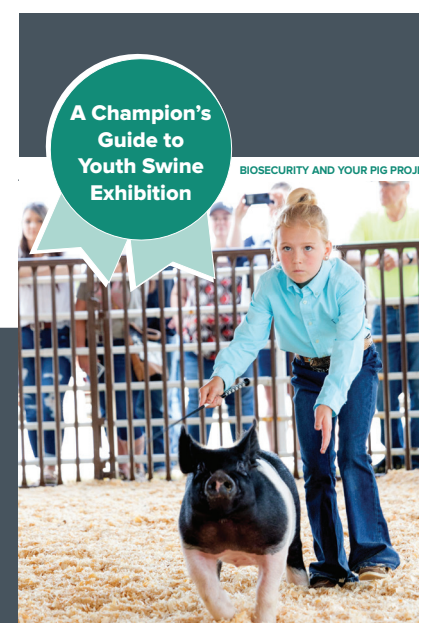
- Wash your hands often with soap and running water before and after you have contact with animals. If soap and water are not available, use an alcohol-based hand rub.



- Avoid touching your eyes, nose or mouth.
- Do not eat or drink near animals or animal pens.
- During the fair/exhibition, monitor your pigs for any signs of illness and report any illness to a veterinarian on-call.

- When you come home from a fair/exhibition, be sure to quarantine your hogs, disinfect your trailer and equipment (show boxes, feed pans, etc.), and watch for any illness in your pigs.

For more information, refer to "A Champion's Guide to Youth Swine Exhibition" available at [www.pork.to/showpig](http://www.pork.to/showpig).



**Veterinarian Information:** \_\_\_\_\_