

UCCE Master Food Preserver Program Sacramento County

SWEET PICKLED RADISH: "Make Along with Master Food Preservers"

Source: www.freshpreserving.com

Please have the following supplies and ingredients ready and steps 1 and 2 completed in order to join the "Make Along" Sweet Pickled Radishes at the April 21, 2021 6:30 pm online Pickles, Relish & Chutney class.

INGREDIENTS

1 Bunch Fresh Radishes (abt.½ lbs.)

1/2 cup white or apple cider vinegar (5%)

1/2 cup water

1/2 cup sugar

1 teaspoon pickling salt

1 teaspoon mustard seeds

1/2 teaspoon ground pepper

1 bay leaf

1/2 teaspoon dried crushed red pepper

(optional)

SUPPLIES

1 regular mouth pint jar with lid

Cutting board

Knife

Measuring spoons

Liquid and dry measuring cups

Small stainless steel or enamel sauce pan

Ladle Funnel

- 1. **PRIOR TO CLASS:** Wash the radishes in cool water scrubbing well to remove any dirt, dry well using paper towels. Set aside. Pre-measure the dry and wet ingredients and set aside.
- 2. **PRIOR TO CLASS:** Sterilize the jar by boiling the jar in water for 10 minutes. (If you live above 1000 feet in elevation, add 1 minute of boiling time for every additional 1000 feet.) Set aside keeping hot.
- 3. Cut the stem and root ends off the radishes. Discard the ends pieces.
- 4. Cut each radish into 1/8-inch-thick slices.
- 5. Bring vinegar, next 6 ingredients, and, if desired, crushed red pepper to a boil.
- 6. Place the jar on work surface.
- 7. Fill hot pint jar with sliced radishes.
- 8. Ladle hot pickling liquid over radishes.
- 9. Wipe jar rim.
- 10. Center lid on jar. Apply band, and adjust to fingertip-tight.
- 11. Leave at least 1/4 inch "headspace" in the jar. The radishes should remain completely covered by brine.
- 12. After class: Cool the jar at room temperature for (about 1 hour).
- 13. After class: Chill 6 hours before serving.
- 14. After class: Store preserved radishes in the refrigerator. Use within 4 months.