Orange: Preserve It!

Orange Marmalade

Yield: about 7 or 8 half-pints

4 cups thinly sliced orange peel with albedo (2.5 to 3 pounds oranges) 4 cups orange pulp, cut up

1 cup thinly sliced lemon (about 1 large lemon)

6 cups of water

6 cups of sugar

- 1. Sterilize canning jars by boiling for 10 minutes at altitudes of less than 1,000 feet. At higher elevations, boil jars 1 additional minute for each additional 1,000 feet elevation.
- 2. Rinse oranges and lemons well in clean water.
- Peel oranges and slice orange peel with albedo attached into 1/8" strips. Measure 4 cups. Remove seeds and membrane from orange pulp. Cut sections into smaller pieces; measure 4 cups.
- 4. Slice lemon(s) into 1/8" slices and remove seeds. If desired, cut slices into halves or quarters. Measure 1 cup.
- 5. Add water to fruit in a 10-quart stock pot. Bring to a boil and cook over medium heat until peel is tender, about 1 hour.
- 6. Add sugar and bring slowly to a boil; stirring until sugar dissolves.
- Cook rapidly to the jellying point, about 45 minutes, stirring occasionally. Be careful not to get burned with spattering marmalade. Quickly skim foam, if any, from top of mixture.
- 8. Fill hot marmalade into hot pre-sterilized jars, leaving 1/4-inch headspace. Wipe rims of jars with a dampened, clean paper towel. Apply and adjust prepared canning lids.
- Process in a boiling water or atmospheric steam canner for 5 minutes at 0-1,000 feet elevation, 10 minutes at 1,001-6,000 feet, and 15 minutes above 6,000 feet.

Source: National Center for Home Food Preservation, 2018

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Orange: Serve It!

Orange Marmalade Cake

2 cups flour

1 teaspoon baking soda

1/2 teaspoon salt

1/3 cup canola oil

½ cup sugar

1 teaspoon orange extract

2 eggs

- 1 cup of orange marmalade
- ¾ cup of buttermilk or sour milk (1 ½ teaspoons lemon juice plus enough fresh milk to make ¾ cup can be substituted for sour milk)
- 1. Sift together flour, baking soda, and salt. Set aside:
- 2. Mix the batter by combining the canola oil, sugar and orange extract. Add eggs.
- 3. In a separate bowl, mix orange marmalade and buttermilk/ sour milk.
- 4. Stir marmalade mixture into the batter by thirds, alternating with the flour mixture.
- 5. Spoon into 2 greased and floured 9-inch layer cake tins or a Bundt pan. Bake at 350°F for 25 to 30 minutes or when a toothpick inserted into the center comes out clean.

Source: Mary, UC Master Food Preserver of El Dorado County

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