



FFY 24-26 Impact Outcome Evaluation

Description, Deliverables & Timeline

What is IOE and how do I know if my LHD has to participate?

Impact Outcome Evaluation (IOE) is evaluation of your CalFresh Healthy Living (CFHL) youth-focused, school-based interventions. You survey students receiving CFHL intervention at two points in time: 1) At the beginning of the school year, *before* any intervention begins (pre), and 2) end of the school year, *after* intervention is complete (post). The survey will be conducted at beginning and end of school year, regardless of when the direct education component of the intervention occurs. The eating and physical activity behavior survey used is called the Eating and Activity Tool for Students or EATS.

LHDs in *any* funding tier should participate in IOE **IF** they are **planning series-based (3+ session) direct education in schools or school-based after school programs with grades 4 through 12.**

We determined our LHD has to participate, now what do we do?

If you are in funding tier 1 or 2 and have not participated in IOE before, it is good idea to set up an IOE planning call with NPI evaluators. Even if you have participated in IOE before, a check-in with NPI is always a best practice. Reach out, and we will help coordinate a call with all participating partners (e.g. LHD staff, subcontractors, school staff).

We are ready to plan, is there a Planning Worksheet to help us organize?

There sure is! Once all your IOE partners and schools are engaged (Spring/Summer 2023), you will want to grab an FFY 24-26 Planning

IOE RESOURCES

Contact

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Website

<https://ucanr.edu/sites/ioe/>

Newsletter Sign-Up

https://ucanr.edu/sites/ioe/CFHL_Listserv_Sign-up/

Next Quarterly Call

April 18th @ 10am
https://ucanr.edu/sites/ioe/Quarterly_Calls/



Worksheet from the IOE website and begin telling us about your intervention and evaluation. The Planning Worksheet is a living document intended to be updated and turned in to NPI twice per year, once before you begin your evaluation, and again, after all evaluation components are complete and by **June 30th**.

During beginning of year planning, on your Planning Worksheet you will want to identify:

- Your IOE contact person(s)
- Your site(s), PEARS site ID(s), grade(s)
- Your intervention components (i.e. DE, IE, PSE)
- Your pre and post (if you know them!) survey dates

During end of year wrap-up, you will update your Planning Worksheet with:

- Post survey dates
- Number of students opting out of pre and post surveys

Anything else we should know about EATS?

EATS utilizes validated eating behavior and physical activity questions from the School Physical Activity and Nutrition (SPAN) survey. To eliminate the burden of data entry, EATS is now available to administer online in both English and Spanish. The majority of our IOE projects survey students online, so if you would like to be connected with an experienced LHD for tips and tricks, just ask! Once you return the Planning Worksheet to NPI, we will provide you with links customized to your school(s) that will be shared with students on survey day. Of course, there are situations where paper administration is easier or the only option. In this case, we have got you covered. The FFY 23 EATS and administration protocol can be previewed on the IOE website: <https://ucanr.edu/sites/ioe/>



Eating and Activity Tool for Students

RECOMMENDED TIMELINE:

Winter/Spring 2023

Planning call w/ NPI

Spring 2023

Identify sites and intervention

Summer 2023

Identify classrooms

Train evaluators

Complete Planning Worksheet

Aug/Sep/Oct 2023

Turn in Planning Worksheet

Administer pre surveys

Aug 2023- May 2023 (variable)

Conduct intervention

Apr/May/June 2024

Administer post surveys

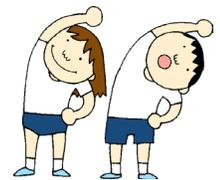
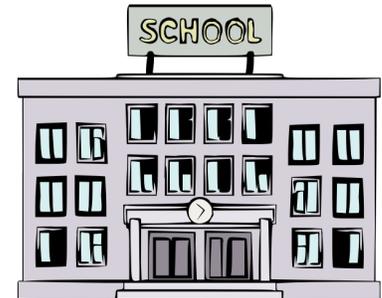
June 30, 2024 (and annually)

Turn in all IOE deliverables

- Updated Planning Worksheet
- Pre/post surveys

What is the required number of schools and students we need to evaluate?

The number of schools required for each LHD corresponds to your funding tier (see table below). That said, **we do not want evaluation requirements driving your intervention!** If you are not planning series-based direct education with grades 4 through 12 in the number of schools listed in the table, then you can simply evaluate in the maximum number of schools in which you are doing applicable direct education. You are also welcome to evaluate in *more* schools than listed here.



Both the study design and the ability to conduct school-level analysis depend on a student sample size of **30 per school**. This means that your LHD must survey enough students to acquire 30 “matched pairs” (same student pre and post survey). There will be both attrition and surveys that cannot be matched, so in the school setting, you will want to survey *at least* two classrooms of students. It can be much harder to acquire 30 matched pairs in the after school setting, so we advise surveying all students (receiving at least the direct education) in grades 4 and up.

Funding Tier	Number of Schools (School or After School)	Students per School (Matched)	OR	Students per After School (Matched)
5	5	30 (At least 2 classrooms)		30 (Or max students attending)
4	4			
3	3			
2	2			
1	1			

We think we are ready, but will there be any additional training?

Definitely! If you have not yet, we highly recommend you join our IOE Quarterly Calls (see info on page 1). The January 2023 call covered basic requirements for FFY 24, as will our April call. Our summer call, typically in August, is an in-depth training on EATS survey administration. We recommend anyone administering the survey join. LHD staff, subcontractors, classroom teachers, etc are all welcome. Additionally, we are always here for one-on-one training and technical assistance, so do not hesitate to reach out!

THESE MATERIALS WERE CREATED AS PART OF A CONTRACT WITH THE CALIFORNIA DEPARTMENT OF PUBLIC HEALTH WITH FUNDING FROM THE UNITED STATES DEPARTMENT OF AGRICULTURE (USDA) SUPPLEMENTAL NUTRITION ASSISTANCE PROGRAM—SNAP. THESE INSTITUTIONS ARE EQUAL OPPORTUNITY PROVIDERS AND EMPLOYERS.