

# 4-H NEWS ROUNDUP

University of California  
Agriculture and Natural Resources

Lassen County Cooperative Extension

707 Nevada Street, Susanville, CA 96130  
(530) 251-8285 \* dhanson@ucanr.edu

NEWSLETTER FOR 4-H MEMBERS, LEADERS & PARENTS IN LASSEN COUNTY

## Calendar of events...

October 2023

### OCTOBER

- 26 Council meeting
- 30 Favorite Foods Day entries due to 4-H office
- 31 Happy Halloween

### NOVEMBER

- 4 County 4-H Favorite Foods Day—10:20 to 2, Westwood  
\*\*\*See inside flyer for more information
- 16 Council meeting—moved up a week due to Thanksgiving

### DECEMBER

- 31 Last day to enroll in a market animal project

### JANUARY

- 25 Council meeting

### FEBRUARY

- 22 Council meeting—6 pm, 4-H office
- 25 Presentation Day—Lassen County Fairgrounds

### APRIL

- 18 Council meeting
- 25 Friends of 4-H Drive-Through Dinner Fundraiser
- 28 County Horticulture Day, hosted by Lake 4-H

### JUNE

- TBD 4-H Mustang Horse Camp—sponsored by BLM Wild Horse & Burro & Lassen CE 4-H Program



Join  
Now!



<https://4h.zsuite.org/>

ENROLLMENT CLOSES  
SOON!

### County 4-H Favorite Foods Day

Saturday, November 4

All 4-Hers, ages 5 to 18

Don't miss out on the fun...

Make your favorite beef sandwich,  
Potato Chowder or Apple Delight  
dish!

Recognition and cash prizes





# University of California

## Agriculture and Natural Resources

### National & State 4-H News

For more information from the STATE 4-H Office:  
[State 4-H Information & Resources](#)

Join 4-H: <http://4h.ucanr.edu/Members/>

#### 4-H Project Sheets:

[http://4h.ucanr.edu/Projects/Project\\_Sheets/4-H Project Sheets](http://4h.ucanr.edu/Projects/Project_Sheets/4-H_Project_Sheets)

#### 4-H Volunteer Leader Resources:

<http://4h.ucanr.edu/Resources/Volunteers/>

#### 4-H Youth Member Resources:

[http://4h.ucanr.edu/Resources/Member\\_Resources/](http://4h.ucanr.edu/Resources/Member_Resources/)

State 4-H News & Calendar: <http://4h.ucanr.edu/News/>

#### '23-'24 4-H Community Club Leaders:

**Doyle/South County**—Moriah Allen (775-636-1700) and Trish Wemken (530-249-7343)

#### **Dyer Mountain**

Cassie Lemaster (530-260-1096), Rebecca Nelson (530-260-2510)

#### **Johnstonville 4-H**

Cody Waltman (530-310-1366), Casey Walsh

#### **Lake 4-H**

Nancy Hemphill (530-253-2544), Mandi Jaso (530-640-1096)

#### **Milford 4-H**

Nickie Dilts (530-310-6882), Lacy Music

#### **Richmond 4-H**

Linda von Helf (760-221-4471), Jessica Jones (530-249-5969)

#### **Standish 4-H**

Virginia Bartholomew (530-310-1993),  
Cindy Weimer (775-240-0193)

#### **Thompson Peak 4-H**

Jason Meadows (530-559-5327), Loel Griffith (530-310-6797)

#### **Lassen County 4-H Council:**

Meets 4th Thursday of each month at CE 4-H office

President	Katelyn Kirack
1st Vice President	Laura Medvin
2nd Vice President	Rebecca Kircklin
Secretary	Julie Kirack
Corresponding Sec.	Maddi Johnson
Treasurer	Ranielle Mallery
Social Media	Abel LeCates



The Roundup Newsletter is published by the Lassen County 4-H Youth Program, University of California, Cooperative Extension, Division of Agriculture and Natural Resources. The Roundup is a monthly newsletter for 4-H members, leaders, parents, and friends of 4-H in Lassen County.



Please submit Articles and/or photos by the 3rd Thursday of each month to:

*Darcy Hanson*  
 4-H Community Education Specialist  
[dhhanson@ucanr.edu](mailto:dhhanson@ucanr.edu)  
 (530) 251-8285

**4-H Youth Program Office**  
**707 Nevada Street**  
**Susanville, CA 96130**  
**Tuesday & Thursday 9-12 & 1-5**  
**or by appointment**

**Cooperative Extension Office**  
**707 Nevada Street**  
**Susanville, CA 96130**

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# Things you need to know...

## Upcoming Events & Activities:

- Achievement Celebration—held last Saturday at Wemple’s Pumpkin Patch.
- County Favorite Foods Day—member’s make their favorite “Theme Dish” (November 4, 2023)
- County Home Arts Extravaganza—members make craft items and community service projects (January)
- County Presentation Day—February 25, 2024
- Forever 4-H Drive-Through Dinner—April 25, 2024
- County Horticulture Day—April 28, 2024
- County Dog Show—held during the Lassen County Fair
- 4-H Mustang Horse Workshop—late June
- Large and Small Animal Skills Day—TBA

## Countywide Projects—this projects are open to all members from all clubs.

If you are interested, please reach out to one of these project leaders.

- Beginning 4-H—For first time members—Molly (530) 249-5969 or Ashley/Megan (760) 221-4471
- Dog—Linda von Helf (760) 221-4471
- Outdoor Adventure—Julie Mallery (530) 251-2337
- Shooting Sports—Rifle—Walter Kirklin

**4-H Project Sheets for Leaders**—4-H project sheets are designed to help 4-H volunteers determine meaningful content and lead youth in hands-on activities. 4-H youth and their families may use these sheets to decide which project they might be interested in: [http://4h.ucanr.edu/Projects/Project\\_Sheets/](http://4h.ucanr.edu/Projects/Project_Sheets/)

## Interested in becoming a Junior or Teen Leader?

Junior Leadership gives members a chance to help others and to grow and develop their own leadership skills. There is no “magic” age for a Junior Leader, but they should have “respect” of other members, have demonstrated some success in project work, or expressed an interest in helping the club and other members. Junior Leaders are in the 6th to 8th grade and Teen Leaders are in the 9th-12th grade. Talk to your project leader and let them know that you’d like to be their junior or teen leader for the year. For more information, contact the 4-H Office at (530) 251-8285.



**Thank you to our county Record Book Evaluators**

*Nancy Hemphill, Linda von Helf, Moriah Allen,  
Maddi Johnson, Jessica Jones, Nickie Dilts,  
and Sandy Fortin*

## 4-H Colors

**The 4-H colors are green and white.  
Green is nature's most common color  
and represents youth, life and growth.  
White symbolizes purity and high ideals.**



## California 4-H Hat

The 4-H uniform hat is a source of pride for the 4-H members in the 4-H Youth program.

For more information on guidelines, please go to:

[https://4h.ucanr.edu/Resources/Member\\_Resources/Uniform/California\\_4-H\\_Hat/](https://4h.ucanr.edu/Resources/Member_Resources/Uniform/California_4-H_Hat/)

You will also find info about achievement pins and badges.

- Recognizing achievement
- Displaying Pins & Badges
- Purchasing Pins & Recognition items





## '23-'24 Lassen County 4-H Favorite Foods Day Guidelines & Information



**DATE:** Saturday, November 4, 2023

**WHERE:** Westwood Community Center, Westwood, CA

**TIME:** 10-10:45 AM Check-in and Set-up entries  
10:30 AM Judges' Orientation  
11:00 AM Judging begins in all divisions

**HOSTS:** Dyer Mountain 4-H Club & Standish 4-H Club

**THEME FOODS:** Beef Sandwiches, Potato Chowder, and Apple Delights  
Members can make a salad, main dish, or dessert

**ENTRY DEADLINE:** Monday, October 30, 2023, by 5:00 PM

\*\*\*Late entries **will not** be accepted!\*\*\*

**Entries can be returned to the 4-H office or register online at:**

<https://surveys.ucanr.edu/survey.cfm?surveynumber=41649>

**Open to any 4-H member, Ages 5 to 18**

### **AWARDS! AWARDS! AWARDS! AWARDS!**

There will be cash prizes for 3 categories! Members receiving a gold seal will receive a Favorite Foods Day medal. Primary members are not eligible for cash prizes.

Best BEEF dish - - 1<sup>st</sup> \$100, 2<sup>nd</sup> \$75, 3<sup>rd</sup> \$50

Best POTATO CHOWDER dish - 1<sup>st</sup> \$75, 2<sup>nd</sup> \$50, 3<sup>rd</sup> \$30

Best APPLE dish - 1<sup>st</sup> \$75, 2<sup>nd</sup> \$50, 3<sup>rd</sup> \$30

Entry form and guidelines are available at the 4-H office, or the Lassen County 4-H website.



## Community & Co-Club Leaders

Re-enrollment is one major factor in the growth of our 4-H program. Members want to return if they have had a positive experience and fun time. Members should be asked to rejoin! We often take for granted that members will return or just leave it to chance.

How often do we forget to express our appreciation and ask people to continue?

Please take time to contact your members and leaders and encourage them to re-enroll.

## Parents of 4-H Members

Please help support our countywide committees. Be involved...

Your club leader will be encouraging parents to volunteers to sit on at least one of the following working groups throughout the year. The success of these committees depends on your participation throughout the year. If you have questions about the following committees and their function, give our office a call. We'd love to have your help!

- ◆ Junior Livestock Auction
- ◆ Fair Barbecue
- ◆ Fair Awards
- ◆ Scholarships
- ◆ Record Book
- ◆ Fundraising, etc.

## Keeping Track of your 4-H Activities

The new program year started September 1 and it is time once again to keep track of your 4-H activities. The easiest way to keep track is by using a calendar. Place a calendar in your bedroom and every time you attend a 4-H activity, go to a project meeting, etc. Write it down on your calendar and then transfer it over to your PDR as the year goes on. Try not to wait to do your APR (annual project record form) and PDR at the last minute. **If your goal is to earn a county Star or other award, review your PDR now so that you know what areas you need to complete or work on throughout the year.**

Starting in 2022-23, new 4-Hers and Junior 4-H'ers will start out with the Spark Achievement Program. Please see the next page for more information.

**Spark Program:** <https://sites.google.com/ucdavis.edu/ca4h-resourcecenter/4-h-basics/achievements/achievement-program>

## 4-H Member Creed

I believe in 4-H Club work for the opportunity it will give me to become a useful citizen.

I believe in the training of my HEAD for the power it will give me to think, plan and to reason.

I believe in the training of my HEART for the nobleness it will give me to be kind, sympathetic and true.

I believe in the training of my HANDS for the ability it will give me to be helpful, skillful, and useful.

I believe in the training of my HEALTH for the strength it will give me to enjoy life, to resist disease, and to work efficiently.

I believe in my country, my state, and my community and my responsibility for their development. In all these things...

I believe, and am willing to dedicate my efforts to their fulfillment.

## Plumas Bank Youth Loans

Plumas Bank makes loans to individual rural youth to establish and operate income-producing projects of modest size in connection with their participation in 4-H, FFA and similar organizations. The project must be planned and operated with the help of the organization project leader, produce sufficient income to repay the loan, and provide the youth with practical business and educational experience. For information, contact Susanville Plumas Bank.

## Fair Premium Book Deadline

The Lassen County Fair staff is rapidly approaching the time when premium book changes are due. In order to ensure that the premium book is printed in a timely manner, please submit all your changes by December 1. If you have any questions, call 251-8900.

## 4-H Volunteer Leaders and UC Non-Discrimination Policy

Volunteers must follow UC Non Discrimination guidelines, just as it they were UC employees. Being a volunteer means that you are an agent of the University, even though you are not an "employee".

UC does have a Non-Discrimination Policy. 4-H volunteers can find the 4-H Non-Discrimination Policy in the 4-H Handbook Section 500 at: <http://ca4h.org/4hresource/handbook/index.asp> or pick-up a copy at the CE/4-H Office.

# 4-H Achievement Program

Starting in 2022-23, new 4-Hers and Junior 4-H'ers will start out with the Spark Achievement Program.

**Spark Program:** <https://sites.google.com/ucdavis.edu/ca4h-resourcecenter/4-h-basics/achievements/achievement-program>

## **You will find information on:**

- iSprouts—Primary ages 5-8
- Spark Achievements—Junior ages 9-10 and New 4-H'ers
- Emerald Star 1 and Emerald Star II Achievements—Intermediate ages 11-13
- Impact Star Achievements—Senior ages 14-18
- Star Ranking System—The Star Rank System will be an option only for 4-Her's who have already actively participated in the Star Rank System prior to 2021-22.

## 4-H Record Books

A 4-H Record Book is a standard record of your activities in 4-H - your projects, activities, events, skills development and learning experiences. The 4-H Record Book helps you improve your skills in record keeping, goal management and reflection on your achievements and growth in 4-H. You can submit your record book for evaluation at the club, county and state levels.

The Record Book and Achievement Program are optional and separate programs. We highly recommend you take advantage of both programs to maximize your growth and learning in 4-H.

## Record Book Manual

The Record Book Manual and Record Book Forms are separate documents. Each county must come into alignment with these versions and eliminate all supplemental forms and/or other requirements.

[Record Book Manual \(PDF\)](#) - This manual outlines all the parts of the Record Book and includes instructions for completing each form.

## Record Book Forms

Record Book forms are available in Microsoft Word, Excel, and Google Docs & Sheets. All versions allow you to complete each form directly into the document and expand or delete the rows as needed. Use the document style you are most comfortable using.

[2021-23 Record Book Forms - All \(docx\)](#)

[Personal Development Report \(docx\)](#)

[Annual Project Report \(docx\)](#)

[Leadership Development Report \(docx\)](#) Intermediate & Senior only

[4-H Resume template \(docx\)](#) Senior only

[Primary Basic Personal Development Report](#)

## Record Book Forms—Excel

[2021-23 Record Book Forms - All \(Excel\)](#)



UNIVERSITY OF CALIFORNIA  
Agriculture and Natural Resources

4-H Youth Development Program

## Lassen County 4-H Youth Program Becoming a 4-H Adult Volunteer

All 4-H adult volunteers must apply and be appointed annually. Please follow the steps below to apply to be a 4-H adult volunteer.

### Contact Lassen County 4-H Office

You sign up as a volunteer through the Lassen County 4-H Extension office that is located at: 707 Nevada Street, Susanville, (530) 251-8285. The 4-H Representative and Extension staff can help you find clubs near you and start you on the process of becoming a volunteer.

### All New Volunteers are Screened

**Our #1 priority in 4-H is the safety of young people.** We do all we can to protect young people and keep them safe while they are in our care. An important part of providing a safe environment is to conduct background checks on our volunteers and staff.

Everyone that will be spending an extended time with our 4-H youth is screened. When you become a 4-H volunteer, you are part of the plan to keep our young people safe.

#### 1. Complete the online 4-H Volunteer Interest Survey

The 4-H Volunteer Interest Survey is the first step in becoming a new 4-H volunteer.

The survey is here: <https://forms.gle/TbrqoPxAsbe1snLQ9>

#### 2. Complete a Live Scan background check with the California Department of Justice.

All new 4-H adult volunteers must complete a Live Scan background check with the California Department of Justice. Request for livescan forms is available at the 4-H Extension office.

- You will make an appointment: Lassen County Office of Education, 472-013 Johnstonville Rd, Susanville, CA 96130 \* (530) 257-2196. Appointments are usually made on Tues/Wed/Thurs.
- You will need to take your Driver's License or official identification and \$10 cash for the Live Scan Fee.
- If you have lived out of California for ten years or less, your "Request for Live Scan Service" will be checked with the FBI.
- We will be notified by ANR Risk Management when you have cleared DOJ.

### Enroll online at ZSuite



**Step 1:** Enroll in ZSuite: <https://4h.zsuite.org/>

You will be required to enroll in at least one 4-H club and one project within that club. <https://www.youtube.com/watch?v=SEoHDpLo2SM>

**Step 2:** Pay your 4-H Enrollment Fees Online, pay the enrollment fees to your Community Club Leader, or the 4-H Extension office (\$75 for Youth, \$28 for Adult Volunteer Leader).

Checks payable to: UC Regents. Enrollments will not be approved until payment has been received in the 4-H Extension office, 707 Nevada St, Susanville, CA.

# How do you join 4-H or re-enroll?

We have put together a series of screen shots to walk through the steps of joining any Lassen County 4-H Club:

There are eight 4-H clubs in Lassen County. Pick a 4-H club you would like to join, then contact the club leader, or stop by the 4-H Office at 707 Nevada Street.

Enrollment is open **September 1 through November 15**, but enrollment in some clubs may become closed during that time depending on their size and capacity.

**Any youth between the ages of 5 through 19 are eligible to enroll.**

The **youth member insurance fee is \$75.00**, and the **adult volunteer leader insurance fee is \$28.00**.

Enroll [ZSuite](#)

<https://4h.zsuite.org>



If you're a **returning member** use **"LOGIN"** with the **email address provided to 4-H Online last year (2022-2023 Program Year)**. Your prior data will auto populate for some of fields, please check over your auto filled enrollment information carefully –

if your completely new, follow the prompts after selecting **"SIGN UP"**.

The next screens will be self-explanatory, but you must select your **"UNIT"** before you can move forward, see screen shot.



# 2023 4-H Achievement Celebration



## '22-'23 ALL AROUND 4-HER OF THE YEAR MEGAN VON HELF

Molly Dickson, Megan von Helf, Maddi Johnson, and Ashley von Helf

## '23-'24 4-H Ambassadors Hosted our wonderful event: Ashley von Helf, Megan von Helf, and Molly Dickson



## SPIRIT STICK AWARD—"Best Comfy Cozy Harvest Snowman" goes to Milford 4-H Club

Thank you Johnstonville, Lake, South County, Richmond, Standish, and Thompson Peak for participating.







# Recognition for '22-'23 4-H Members who completed their Annual Project Report and Personal Development Report



## Dyer Mountain 4-H Club

**Club Leaders:** Cassie Lemaster 3 and Becca Nelson 3

**MEMBERS:**

Elaina Strand	Inter.
Sophia Lemaster	Inter.
Emma Nelson	Inter
Brooklyn Schier	Inter.
Zane Fish	Inter.
Kileeann Shanks	Prim.
Issac Shanks	Prim.
Karah Edmonds	Prim.

## Johnstonville 4-H Club

**Club Leaders:** Shelly Thornton 1, Cody Waltman 2 **Volunteer Leaders:** John Mallery 4, Julie Mallery 5, John Mallery 3, Cody Waltman 1

**MEMBERS:**

Goel Gomez	3
Alyssa Leslie	1
Brylee Leslie	1
Caid Leslie	1
Russell Mallery	6/JR Leader
Austan Mueller	2
Tenley Mueller	2
Archer Thornton	4
Fletcher Thorton	Prim.
Taryn Thresher	1
Braelyn Walsh	2
Rylen Walsh	4/JR Leader
Mesa Waltman	5/JR Leader
Royce Waltman	5/JR Leader

## Thompson Peak 4-H

**Club Leader:** Loel Griffth 18, Pamela Lee 2. **Volunteer Leaders:** Jason Meadows 1, Abby Pack 1

**MEMBERS:**

Able LeCates	1
Reece Ewing	7/Emerald Star
Megan Griffith	11/Emerald Star
Alexander Harvey	Primary
Anabelle Lee	Primary
Xavier Lee	4
Boaz Meadows	2
Ezra Meadows	2/Bronze Star
Marigold Meadows	Primary
Anastasia Miller	1
Emmalynn Pack	2/Bronze Star
Liam Pack	Primary
Dallas Smith	Primary
Wyatt Smith	1

## Lake 4-H Club

**Club Leader:** Nancy Hemphill 5, Norene Rodriguez 1  
**Volunteer Leaders:** Jolea Clapp 1, Brent Panos 1 Kimberlee Adams 1, Fran Hemphill-Forever, Jeff Hemphill 5, Mandie Jaso 4

**MEMBERS:**

Bailey Adams	1/Bronze Star
Shealeigh Butterbach	1
Kaleb Clapp	1
Abigail Hemphill	8
Jonah Jaso	4
Judah Jaso	Primary
Ryder Kemp	Primary
Lucy Kincaid	Primary
Paytin Kincaid	1
Mason Mooney	1
Flint Panos	Primary
Lane Panos	3
Isabelle Rodriguez	3
Aubrey Rivera	1
Jacob Rolland	1
Joseph Rolland	1
Rebekah Skeans	Primary
Madilynn Urrutia	Primary
Ryker Urrutia	1
Wesson Urrutia	Primary

## Standish 4-H Club

**Club Leaders:** Virginia Bartholomew 34 & Cindy Weimer 26  
**Volunteer Leaders:** Melinda Cardenas 18, Katherne Duwal 1, Luke Halterman 2, Leslie McClure 7, Karina McCollough 2, Robert McCollough 2, Katie White 4

**MEMBERS:**

Ethan Baillie	4
Nathan Cardenas	Primary
Beatrice Duwel	Primary
Cody Fox	1
Jordan Meshell	1
Kelli Leslie	3
Joe McClure	4
Rita McClure	3
Huston McClure	8
Alexander Todd	1
Nathaniel Todd	1
Alyssa White	Primary
Dallas White	Primary

## Milford 4-H Club

**Club Leader:** Nickie Dilts 14  
**Volunteer Leaders:** Samantha Bull 7, Whitney Jacobsen 1, Walter Kirklin 6, Desarae McLain 1, Pat McMullen 3, Sharon McMullen 3, Laura Medvin 1, Matt Peterson 2, Sara Peterson 4

**MEMBERS:**

Sam Blue	7
Evadene Bull	4
Gloria Bull	4
Emmi Chandler	Primary
Cory Deehan	Primary
Dylan Deehan	2
Payten Deehan	2
Ruby Deehan	2
Mary Gallagher	Primary
Paiton Hallmark	2/Bronze Star
Paxsen, Jacobsen	2
Maddi Johnson	11/'22-'23 Ambassador Teen Leader
Rebecca Kirklin	8
Leilah Lucchesi	2
Grant McLain	2
Danica McMullen	Primary
Samantha Medvin	5/Silver Star JR Leader
Erika Murphy	Primary
Elsie Music	Primary
Callum Peterson	3
Rilynne Peterson	4
Trigham Peterson	4
Elizabeth Ricketts	4
Belen Sanchez	2
Ulysses Sanchez	Primary
CJ Simms	Primary
Alex VanMeter	2

## South County 4-H Club

**Club Leader:** Trish Wemken 1, Moriah Allen 1, **Volunteer Leaders:** Edith Higgins 1, Cody Wood 1

**MEMBERS:**

Layla Allen	Primary
Layton Allen	1 Bronze Star
Liam Allen	1 Bronze Star
Ariel Boisselle	1
Owen Giese	1
Kayden Idzinski	1
Ariana McMakin	Primary

## Richmond 4-H Club

**Community Club Leader:** Jessica Jones 1, Linda von Helf 8

**Volunteer Leaders:** Sandy Fortin 21, Julie Kirack 2, Sarah Parker 4, Pam Pratt 2, Mark Rotlisberger 2, Ranielle Mallery 12

### MEMBERS:

John Ammon	8/JR Leader
Lily Ammon	11/Ambassador & Teen Leader
Kemper Bailey	2
Samantha Bailey	2
Lola Benson	1
Miranda Benson	1
Derek Cook	2/Bronze Star
Hudson Cook	Primary
Sawyer Crosby	Primary
Jace Dickson	Primary
Molly Dickson 10	Gold Star/Teen Leader
Lane Eastwood	1
Peytin Eastwood	1
Adyson Glenn	1
Lewis Hahn	2
Olivia Hahn	Primary
Madilyn Hicks	1
Katelyn Kirack 6	Platinum Star/Teen Leader
Greyson Knittel	Primary
Brixton Murray	Primary
Tyla Murchison	1
Carlee Parker	5
Paige Parker	5
Addalynn Rotisberger	5
Aubreann Rotisberger	5
Jaydah Shively	1
Hayley Wattenburg	2
Ashley von Helf	8/Teen Leader
Megan von Helf	8/Teen Leader

## '22-'23 County Record Book Gold Medalists

Bailey Adams, Lake  
Samantha Medvin, Milford  
Leilah Lucchesi, Milford  
Payton Hallmark, Milford  
Layton Allen, South County  
Maddi Johnson, Milford  
Derek Cook, Richmond  
Katelyn Kirack, Richmond  
Molly Dickson, Richmond  
John Ammon, Richmond  
Megan von Helf, Richmond  
Lily Ammon, Richmond  
Jonah Jaso, Lake  
Ashley von Helf, Richmond  
Russell Mallery, Johnstonville  
Boaz Meadows, Thompson Peak  
Ezra Meadows, Thompson Peak

## Thank you to our clubs that sponsored one of our Countywide Events:

Favorite Foods Day—Dyer Mountain 4-H and Standish 4-H  
Home Art Extravaganza-Richmond 4-H  
Presentation Day—Milford/South County  
Horticulture Day—Lake/Johnstonville  
Dog Show—County Dog Project

*We would like to thank our '23-'24 4-H Ambassadors, Molly Dickson, Megan von Helf, and Ashley von Helf, and Ambassador Advisor, Walter Kirklin for helping to organize this wonderful year-end Achievement Celebration!*

## Thank You '22-'23 Council Officers

President—Cindy Weimer  
Vice President—Laura Medvin  
Secretary—Julie Kirack  
Treasurer—Ranielle Mallery  
Social Media & Promotion—Walter Kirklin

## Congratulations to our 4-H Scholarship Recipients:

Megan Griffith—Council \$1000  
Milano Family \$5000  
Rebecca Kirklin—Council \$1000  
Milano Family \$5000  
Morgan Merrill—Council \$500



*Thank you Dena and Fred Wemple, owners of Wemple's Pumpkin Patch for letting us have our 4-H Achievement Celebration at their farm!*

## Explanation of Pins, Stripes, Leadership & Star Ranks

**Primary (5 to 8 years old):** Primary members receive a primary pin and green service strip. They do not have to keep project records.

**Junior Member (4th & 5th grade) and Intermediate Member (6th, 7th & 8th grade):** Junior members who complete their annual project report will receive a year pin and green service stripe each year. When they are a Junior Leader (6th-8th grade), they receive a green stripe with gold and Junior Leader patch for their hat.

**Senior Member (9th to 12th grade):** Senior members who complete their annual project report will receive year pin and white service stipe. When they are a Teen Leader, they receives a white stripe with gold and teen leader patch for their hat.

**Star Ranks**—Members work towards receiving a Gold, Bronze, Silver, Gold, Platinum, Emerald Star, and Ambassador Ranks must complete their Personal Development Report and annual project records at the end of the program year. They are also eligible to apply for scholarship opportunities.



**Lassen County 4-H Council Meeting Minutes**  
**Thursday, September 28, 2023 \* 6:00 PM \* CE 4-H Office**

The meeting of the Lassen County 4-H Council was called to order by C. Weimer, President at 6:02 p.m.

Pledge of Allegiance was lead by M. Johnson

Roll Call was taken: Dyer Mtn – 0 Johnstonville – 1 Lake – 1 Milford - 4 Richmond – 7 South County - 1  
Standish – 3 Thompson Peak – 3 CE 4-H staff – 1

Approval of the agenda was motioned and seconded by S. Medvin and K. Kirack

Approval of Previous Meeting Minutes were motioned and seconded by K. Kirack and X. Lee

Treasurer's report was given by R. Mallery.

2023-2024 Proposed Budget approved by motion of M. Dickson and X. Lee

**4-H Program Report:**

A report was given by D. Hanson.

Enrollment with ZSuite is open. If an adult volunteer has lived less than 10 years in CA FBI fingerprints must be done before approval can be completed. Enrollment checks need to be payable to UC Regents.

**Committee Reports:**

- Ambassador – Report by Ambassadors M. vonHelf and M. Dickson about the upcoming Achievement Afternoon.
- Fair Awards – No update
- Junior Livestock Auction – Report given by C. Weimer.
- County Record Book evaluations – Report by N. Hemphill
- Officer's Training – Report by K. Kirack
- County projects reports:
  - Shooting sports – Report by R. Kirklin next meeting 10/6
  - Dog – Report by M. vonHelf
  - Horse – Report by P. Lee, this will be a countywide project this year, members must by 9 by 12/31
- Club reports – Report by each present club

**Old Business:**

- Decal fundraiser – Report by R. Kirklin, stickers are ready and will be disbursed to clubs soon
- Council Funding Request committee report – K. Kirack, R. Kirklin, V. Bartholomew, J. Kirack to meet 10/10/23 @5pm to develop a council funding request
- County Events for 2023-2024
  - Favorite Foods – 11/4/23
  - Home Arts Extravaganza – TBA
  - Presentation Day – 2/25/24
  - Horticulture Day – April 2024
  - Livestock Judging Day – TBA

**New Business:**

- National 4-H Week – 10/1/23 – 10/7/23
- Tractor Supply Paper Clovers 10/4 – 10/15/23
- Election of 2023-2024 Council Officers
  - President – Katelyn Kirack
  - 1<sup>st</sup> Vice President – Laura Medvin
  - 2<sup>nd</sup> Vice President – Rebecca Kirklin
  - Corresponding Secretary – Maddi Johnson
  - Recording Secretary – Julie Kirack
  - Treasurer – Ranielle Mallery
  - Reporter / Social Media – Abel LeCates

**Announcements:**

**Next Meetings:** Thursday, October 26, 2023 @ 6:00 p.m. at CE 4-H Office

**4-H Pledge:** Lead by S. Medvin

**Meeting Adjourned:** Motion by M. Johnson and seconded by S. Medvin to adjourn the meeting at 6:52 p.m.

Date: 10/3/2023      Signed: Julie Kirack





## Richmond 4-H Club: Off to a Great Start

**Submitted by: John Ammon, Reporter**

The Richmond 4-H club held its first meeting of the year on September 13, 2023 in room 513 at Lassen High School. For our community service project, we collected baby items to donate to the first baby born at Banner Lassen Hospital during National 4-H Week. From green blankets to green baby dinosaur toys, the basket has it all! Our members donated a lot of really awesome items. We kicked our meeting by having the County Ambassadors Molly Dickson and Ashley von Helf (Megan von Helf is also an Ambassador) introduced themselves and went over their vision for the Achievement Night and the Snowman decorating contest. We then went outside and participated in an icebreaker activity to get to know each other. We would catch a ball and where ever your thumb landed you would answer the question it was touching on the ball. After the game we headed inside and our new officers for the upcoming year were installed into their new leadership positions.

Congratulations to our new Richmond 4-H officers Ashley von Helf- President, Katelyn Kirack & Lily Ammon - Vice President, Molly Dickson - Secretary, Megan von Helf- Treasurer, Hayley Wattenburg- Historian, Paige Parker-Sargent of Arms, John Ammon- Reporter and Derek Cook- Hospitality. The new officers will make an amazing team, with lots of experience in this group. We covered old business from the past 4-H year. We wrapped up our meeting by going over up-coming events such as National 4-H week and Achievement Night. Our next meeting will be held at Lassen High School on Wednesday, October 11<sup>th</sup> at 6:30PM. We will be bringing decorated pumpkins to be donated to Eagle Lake Village.



### Club Reporters & Club Leaders:

Don't forget to submit monthly bio and photos from your club officers and monthly updates on what your club has been doing during the month. Submit info by the 4th Thursday of each month.

November & December Roundup—President and Vice President

January Roundup—Secretary and Treasurer

February Roundup—Historian/Reporter & Sargent of Arms

March Roundup—Recreation and all other club offices



# Steps to Success in 4-H FAQ

## 1. Why was the [Steps to Success in 4-H](#) created?

There are four main reasons the [Steps to Success in 4-H](#) was needed:

- (1) To make sure that every youth has the same opportunities for success in 4-H. For example, now being a member in good standing means the same thing in each club and in each county, and youth who earn a year stripe and pin all did the same thing to get it;
- (2) To make 4-H easier to understand for new families. The program is complex and this is one of the reasons new families leave 4-H;
- (3) To remove barriers for youth and families to participate in 4-H, such as attendance requirements, and develop pathways for them to deepen their 4-H experience; and
- (4) Provide progression within the recognition system:
  - Project meeting attendance + completion of the Annual Project Report (APR) Form = year pin and stripe;
  - 100% club attendance = 100% attendance pin;
  - 80% project and club attendance = Record Book requirement for any achievement rank; (Star Ranks: Bronze, Silver, Gold, Platinum, Emerald, Ambassador)
  - Completion of the Record Book = star ranking system and county/state Record Book awards.

## 2. Are the [Steps to Success in 4-H](#) required by policy or optional?

The [Steps to Success in 4-H](#) are required by policy. The document summarizes several 4-H policies. These policies are: member in good standing, project completion, club participation, meeting attendance, and eligibility to show at fair (see the [4-H Policy Handbook](#), Chapter 5 and 7).

## 3. Do the lower steps have to be met before a youth can do the higher steps?

Sometimes, but not always. When the lower steps must be met first this is stated in the [Steps to Success in 4-H](#). For example, to complete a project a member must be in good standing. However, project completion is not always required for event participation.

## 4. Why is the Personal Development Report (PDR) Form and/or Record Book not required to earn a year stripe and pin?

Recordkeeping is an important part of 4-H and we want to encourage youth members to practice this skill. Only the Annual Project Report (APR) Form is tied to project participation. The PDR is tied to other learning experiences both in and outside of 4-H. As such, only the APR is required for project completion and to earn the year stripe and pin. The PDR is part of the Record Book and, as such, is tied to the star ranking system and county/state Record

5. Can counties be stricter than the state?

*No, the 4-H policies in the [Steps to Success in 4-H](#) apply to all 4-H projects, units, clubs, programs, and counties.*

6. Can we have other requirements for project completion such as a demonstration or presentation?

*No, as mentioned in #5 above, counties cannot add other requirements. In addition, every youth should not be required to do a demonstration or presentation to be in 4-H. However, it is great to offer youth opportunities to demonstrate or present in each project.*

7. Can the Annual Project Report (APR) be required to earn the 100% attendance pin?

*No, the 100% attendance pin is awarded for perfect attendance at all 4-H club meetings (in addition to being a member in good standing). See [List of Achievement Pins](#).*

8. How will [Steps to Success in 4-H](#) make a 4-H club stronger?

*As mentioned in #1 above, one goal of the [Steps to Success in 4-H](#) is to remove barriers for youth and families to participate in the 4-H YDP and create pathways for them to deepen their 4-H experience. This should help grow 4-H membership.*

*If youth cannot attend a club meeting because they have other obligations (school, family, work, sports, etc.) and we require them to attend 4-H meetings to be in the club then they will either leave the club or not join at all. Youth should be able to participate in these other activities AND be part of 4-H.*

*California 4-H will decline in membership if we require more and more of youth and families. The best strategy for providing a high-quality youth development experience that serves to day's youth and families is to have fun, engaging and valuable club meetings and an incentives and recognition program that motivates attendance.*

9. What can we do to encourage youth to attend club meetings?

*80% attendance in project and club meetings is a Record Book requirement for any achievement rank and the 100% attendance pin is awarded for perfect club attendance. County incentives and recognition committees may come up with other ways to motivate attendance, such as attendance points and drawings for prizes (see <https://ucanr.edu/sites/UC4-H/files/19864.pdf>). For more information on the use of incentives and recognition to motivate youth and help them reach their goals, see the [4-H Policy Handbook, Chapter 13](#)*

10. What resources are there to help club leaders make club meetings more fun, engaging and valuable?

*Some resources are currently available on the State 4-H website under Club Leader Resources. Face-to-face and virtual workshops are offered occasionally that equip leaders to engage youth in the program. These workshops are announced in the monthly newsletter, on the website, and through social media when they are offered.*

11. Why is there no attendance requirement for clubs?

*Attendance at 4-H club meetings is designed to be a valuable learning experience for youth. If youth are not attending, we should ask WHY? rather than add attendance requirements. To motivate participation create a fun, enjoyable, and valuable club experience so that youth and families choose to attend versus feeling like 4-H is just another thing they have to do. It is important to recognize that some youth join 4-H just for Shooting Sports, livestock, or cooking projects for example. As a youth development organization we should nurture their sparks. We need to be flexible in how 4-H programs are offered in order to meet the needs of today's youth and families. If youth are participating in project meetings great, if they are also participating in 4-H club meetings even better, and if they are also participating in 4-H events and activities even better! The goal of the Steps to Success in 4-H is to remove barriers for youth and families to participate in 4-H and develop pathways for them to deepen their 4-H experience.*

12. Can we require club attendance for 4-H officers?

*Yes, club officers are not able to fulfill the responsibilities of their office if they do not attend meetings.*

13. Can project leaders make club attendance a requirement for project completion?

*No. Participation in any single activity should not be tied to participation in another (see the 4-H Policy Handbook, Chapter 5, IX). However, project leaders may determine the number of hours of project instruction necessary to achieve the goals of the project and, therefore, complete the project.*

14. Why can project leaders require hours but not % attendance to complete a project?

*USDA requires at least six hours of project instruction for project completion, and that is why this is the minimum number of hours for project completion. The number of hours of project instruction is a better indicator of whether or not project goals will be met than the % of meetings attended.*

15. When can attendance in 4-H be required?

*Attendance may be required when it is directly related to being able to meet responsibilities of a position/role or to participate safely in a related experience. For example, attendance at club meetings may be required of club officers because they are not able to fulfill the responsibilities of their office if they do not attend meetings; attendance at camp counselor meetings may be required of camp counselors to be able to perform the responsibilities of their position/role; and attendance in the horse project may be required to safely participate in a horse show. See the 4-H Policy Handbook, Chapter 5, IX).*

16. Why can project leaders make requirements but club leaders cannot?

*Project leaders can make requirements for the number of hours of project instruction because they tie project work to safety and mastery of a skill. See question 11 for why there is no club attendance requirement.*



17. Why can leaders of 4-H Community SPIN Clubs establish attendance as a requirement?

*For 4-H Community SPIN Clubs, the project work occurs during SPIN Club meetings. Because project meetings occur during the same scheduled meeting as the SPIN Club meeting, this is not mandating the project youth to any additional attendance requirements and is permissible. The project leader will continue to set the number of hours of project instruction necessary to meet the project goals and complete the project.*

18. What is the best practice for Project Leaders to provide the Project Completion requirements to a 4-H member?

*It is a best practice that notification of 4-H project completion requirements should be provided to the member and their family upon enrollment. Ideally, project completion requirements and summary of project learning experience would be shared digitally to inform and help families plan and prepare. Any 4-H Project experiences must be developmentally appropriate for participants and appropriate for the delivery mode. 4-H personnel have responsibility to approve and evaluate all curricula for local, county use. A template has been created for 4-H Project Leaders to use and easily create a [4-H Annual Project Plan](#) to support this.*

*Additionally, there are certain 4-H projects that carry a higher risk, e.g., certain forms of water sports or equine activities, or any other project requiring specialized safety equipment use. In such cases, 4-H personnel should work with Project Leaders to review [Project Safety and Risk Management Planning Tool](#) to help mitigate risk while planning the 4-H project.*

19. Should there be opportunities to make-up missed project meeting or learning activity?

*It is important to recognize that there are many reasons that a youth member may need to occasionally miss a club/project meeting or other learning opportunity. This could include illness, family commitments, school activities, etc. Adult volunteer leaders should make reasonable opportunities for members to make up a missed meeting or learning activity. In promoting healthy communities, we must recognize that illnesses will occur among members and must reinforce the principle that anyone should stay home when they are ill or experiencing symptoms of illness. The principles of healthy communities have always applied to program delivery, but since March 2019, it has become even more important, as we navigate the challenges and effects of emerging diseases and a global pandemic.*

*Staff and volunteer leaders should be flexible to allow makeup opportunities where members can achieve the learning objectives in other ways or can demonstrate their competency, if they are not able to attend a meeting or activity in person. This could include a variety of measures, such as allowing the option of participating in a meeting or activity virtually (e.g., zoom, etc.), attending other similar learning opportunities, independently reviewing information and demonstrating mastery of the learning objectives, etc.*

20. How do we handle quorum requirements?

*The 4-H club bylaws may define a quorum as the number of persons present at the meeting (see Robert's Rules of Order).*