

Where does it go on my PDR?



4-H members record their participation in 4-H on the Personal Development Report (PDR). Star Ranks are achievement awards designed to encourage members to participate in a wide variety of activities over a number of years. The PDR is used to set and keep track of these Star Rank goals. See the second page of the PDR for more information.

If 'or' is used, you can only count the item in one place on your PDR, not both.

Participation in 4-H Events Category

Tri-County Fair 9/1-4/23	
Entered items to be judged	2
Best of Show winner (list each)	7
New Family Meeting 10/9/23 Bishop	
Attended	3
Achievement Night, 10/25/23 Bishop, 11/6/23 Lone Pine	
Attended	3
Received County Winner or Medalist	7
Received other award	7
Master of Ceremonies	6
Helped set up, clean up, serve food, etc.	5
Fun Day, 12/10/23	
Entered cookies, place setting, gift wrapping in judging contest	2
(Only count once for multiple entries)	
Best of Show winner (list each)	7
Helped at event	4 or 6
Christmas Parade, 12/2/23 Bishop, 12/16/23 Lone Pine	
Attended	3
Washer Board Tournament 3/2/24	
Helped set-up, clean-up, Serve Food etc.	5
Presentation Field Day, 3/17/24	
Attended	3
Gave a Presentation (count each given)	6
Participated in the judging contest	2
Certificate or team judging	7
Helped set-up, clean-up, or runner	5
Helped as a Room Monitor or MC	4 or 6
Received a Seal for presentation	7
Livestock Field Day, 4/28/24	
Attended	3
Participated in the judging contest	2
Certificate or team judging	7
Helped set-up, clean-up, or runner	5
5/18/24 Fashion Revue	
Attended	3
Helped set-up, clean-up, or runner	5
Received County Award	7

Other 4-H Activities Category

Please note: this is not a complete list. You can count in your PDR not listed here other participation activities. Call the 4-H Office if you have questions about an activity or event not listed.

Communication Skills

Gave a talk about 4-H to an external organization	6
Gave a demonstration at a club or project meeting	6
Wrote an article for the local newspaper or radio station	6

Other 4-H Activities

Sold Magazines at Mule Days Parade	6
Junior Livestock Show 25-29	
Set up and clean up event	5
Attended	3
Project Exhibit (your animals)	2
Showmanship (count each)	2
Cattleman's Judging Contest	2
Serve, set-up/clean-up Auction Dinner	5
Runner for Auction	5 or 6
Radio/television/newspaper promotion	6

Community Service

Any other community service project	5
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Leadership

Junior or Teen Leader	1 and 4
<i>(list here in PDR, must also complete project report)</i>	
4-H youth member of 4-H County Council	4 or 6
Held an officer position at club level	4
Chairperson or committee member at club level	4

Helpful Tip:

At the start of each new 4-H year, designate a calendar to 4-H. Each time you participate in any activity for 4-H, write it on the calendar! What you did, where you did it, how long it took . . . Then, when you go to fill out your PDR and Project Reports, you have all your dates and activities in one place!



2023-24 4-H Year