



June 2024

7	KC's Farm Camp - Kern County Fairgrounds Free for 4-H Members	See pages 2-3
8	2024 YQCA In Person Workshop Ag Pavilion 9am-10am	See page 4
*17	Final Medal Testing 5:30 p.m. - 7:00 p.m.	Sue McKinney 661-868-6235
19	Juneteenth - UCCE Office Closed	
22-23	Shooting Sports Level 1.5 Instructor Training Workshop - Rifle Discipline	John Borba 661-805-0536 or jbinnv@yahoo.com
*28	Leader Council Meeting 7:00 p.m.	

July 2024

1	2024/2025 Program Year Enrollment for 4-H Membership	
4	Independence Day Holiday - UCCE Office Closed	
*17	Record Books Due for County Judging	See pages 17-20
*20	Record Book Judging 9:00 a.m.	
*28	Hi and Junior Hi 4-H Meeting - 6:00pm	Amy Andrews 661-348-6305
*28	Leader Council Meeting 7:00 p.m.	

Highlights in this Issue

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Kern County 4-H

1031 S. Mt. Vernon Avenue
 Bakersfield CA 93307-2851
 Phone: 661-868-6200
 Fax: 661-868-6208
 or cekern@ucdavis.edu



*Meeting is at the UC Extension Office, 1031 S. Mt. Vernon Avenue, Bakersfield, CA - Wheelchair accessible. Please contact UCCE Kern at 661-868-6200 if any special accommodations. Individuals who need to request an ADA accommodation in order to participate in 4-H sponsored events and activities can contact your local 4-H Office to complete a 4-H ADA Accommodation Request Form: <http://4h.ucanr.edu/files/153972.docx>

KC'S FARM CAMP



4H EDITION

JOIN US FOR 3 KC'S FARM CAMPS
EXCLUSIVELY FOR 4H MEMBERS!

THESE CAMPS OFFER HANDS-ON
LEARNING OPPORTUNITIES DISCOVERING
THE WORLD OF AGRICULTURE.



JUNE 7

6 PM - 8 PM

**FARM-TO-SALSA
FUN**

**LOCATION: KC'S FARM AT THE KERN COUNTY FAIR
FREE FOR ALL CURRENTLY ENROLLED 4H MEMBERS!
SPACE IS LIMITED**



REGISTER FOR YOUR CAMP AT KERNCOUNTYFAIR.COM/P/PARTICIPATE/KCSFARM OR SCAN ABOVE

**BECOME A 4H
MEMBER**

FOR MORE INFORMATION ABOUT JOINING, CONTACT
THE KERN COUNTY 4H OFFICE 661-868-6235



Farm Camp- KC's Farm Kern County Fair





2024
YQCA

In Person Workshop

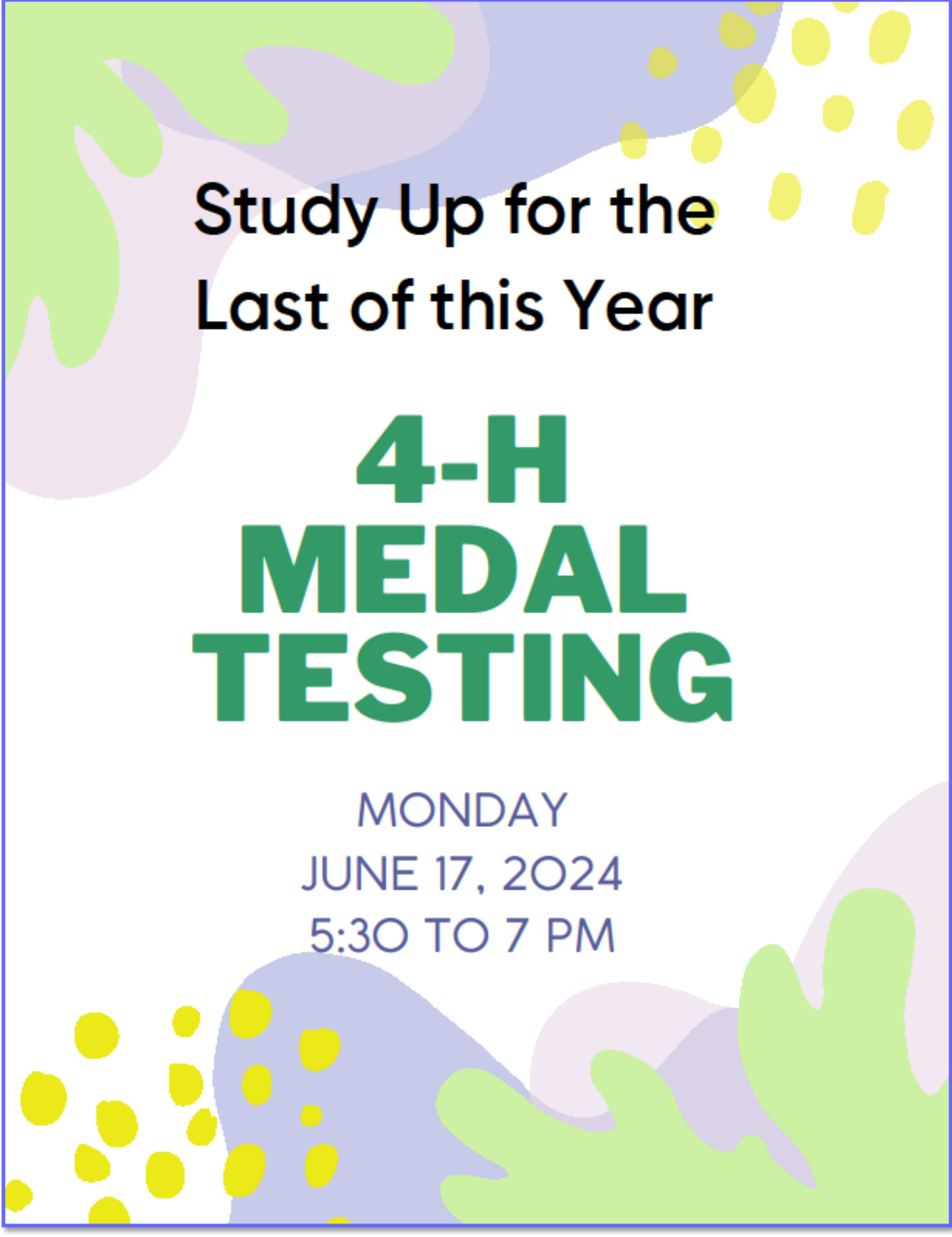
June 8th, 9 AM doors open at 8:40
at the Kern County Ag Pavilion

[https://www.yqcaprogram.org/login/
index.php](https://www.yqcaprogram.org/login/index.php)

- Create or Update your YQCA Account
- Register
- Pay \$3 to YQCA
- Take the Pretest
- Scroll to find the June 8th session at the Kern County Ag Pavilion
- Sign up by June 5th
- Attend the training

[YQCA Help Video](#)

[YQCA Help Video](#)



**Study Up for the
Last of this Year**

**4-H
MEDAL
TESTING**

MONDAY
JUNE 17, 2024
5:30 TO 7 PM



"Range Camp took me out of my comfort zone in the best way possible. I was exposed to new ideas, new people, and that week began my journey to working in the world of conservation science." Owen Sowerwine, Top Camper (2015) and High School Youth Forum participant (2016)

40th Range Camp

Range Camp is a week long program that [consists of](#) lectures, hands on activities, a ranch tour, BBQ at the beach, group projects, a plant identification test, and a final exam. At the end of camp the three Top Campers are invited to represent CalPac SRM at the annual Society for Range Management's [High School Youth Forum](#).

During camp campers should expect to participate in hands on projects each day associated with lectures that often include digging a soils pit to examine and compare soils, hiking local trails to learn plant families and names, completing an inventory of a local stream to determine creek health, learning wildlife survey techniques, etc. We keep you busy and going all day long in the field as much as possible. There is a lot to learn about rangelands. We have tried to pick the things that we like the most to give every camper a small taste of what it might mean to be a Rangeland Manager. Any questions, please email us at rangecamp@ucanr.edu

Range Camp 2024

WHEN: Sunday, June 16th through Friday June 21st.

WHERE: UC Elkus Ranch, Half Moon Bay, CA

APPLICATIONS can be found [HERE](#)

COSTS: \$750 BUT- [SCHOLARSHIPS](#) are available for any camper who might want it, please reach out for more information.



SHOOTING SPORTS LEVEL 1.5 INSTRUCTOR TRAINING WORKSHOP

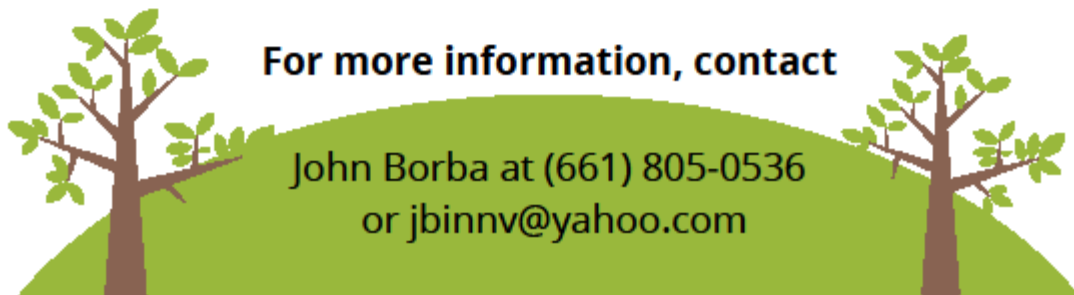
Rifle Discipline

Saturday, June 22, 2024 - 8:00 a.m. - 6:00 p.m.

Sunday, June 23, 2024 - 8:00 a.m. - 4:00 p.m.

UC Cooperative Extension
1031 South Mt. Vernon Ave
Bakersfield, CA

A Level 1.5 Instructor Training Workshop will be held in Kern County for those interested in becoming certified for the rifle discipline. Upon successful completion of the workshop, 4-H Adult Volunteers will be certified as a Level 1.5 Rifle Instructor, which allows them to lead a project or serve as a trainer to certify other project leaders in their county, Teen Leaders (high school age 4-H members) are eligible to participate provided there is an adult leader in their home county they will be assisting. Upon successful completion of the workshop, Teen Leaders will be certified as a Level 1 Rifle Instructor with a Teen Leader Designation. Teen Leaders are not eligible to lead shooting sports projects or activities on their own.



For more information, contact

John Borba at (661) 805-0536
or jbinnv@yahoo.com



SHOOTING SPORTS LEVEL 1.5 INSTRUCTOR TRAINING WORKSHOP

Rifle Discipline

Saturday, June 22, 2024 - 8:00 a.m. - 6:00 p.m.

Sunday, June 23, 2024 - 8:00 a.m. - 4:00 p.m.

There is no fee for the course and all materials are included. Air rifles will be provided for use in the course. There is no need to bring your own rifle. Participants must attend both days to receive credit for the course.

Registration for the workshop must be completed online by Wednesday, June 19th at the following survey link:

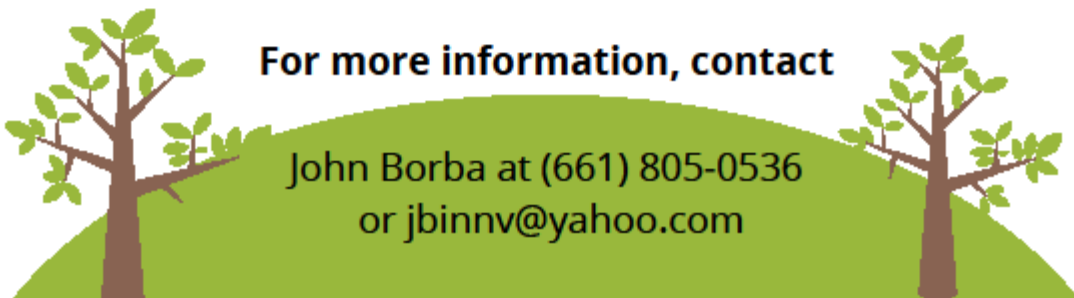
<https://surveys.ucanr.edu/survey.cfm?surveynumber=42843>

Please Bring the Following Items:

- Safety Glasses
- Lunch for Saturday and Sunday (Fast food is available within two miles of the facility.)
- Comfortable clothing

For more information, contact

John Borba at (661) 805-0536
or jbinnv@yahoo.com



Kern County 4-H Livestock Clinic

Saturday, May 11, 2024



Mike Rivas - M2 Cattle Company



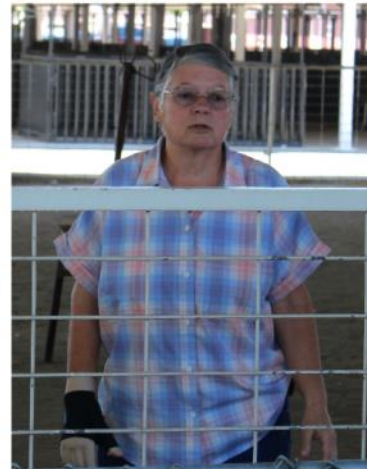
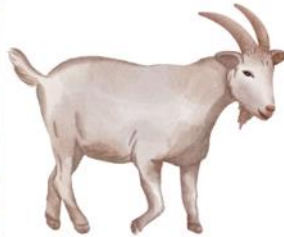
Jason Pavletich - Pavletich Sheep



This free event had several guest speakers sharing their expertise with 4-H, FFA and Independent exhibitors



**Jim Brem -
Brem
Livestock**





There were giveaways where some lucky winners went home with some serious show swag!



A wonderful lunch of pulled pork sandwiches and homemade coleslaw was served





A Silent Auction was held as a fundraiser for Kern County 4-H



Medal Testing

May 21, 2024

Felicia Gover United 4-H

Market Goat Bronze

Dairy Goat Bronze

The Power of
YOUTH



At the recent Hi 4-H meeting, the group put together Kynd Kits for the Veterans Health Administration. VHA is the largest integrated health care system in the United States, providing care at 1,293 health care facilities including 171 VA Medical Centers and 1,112 outpatient sites of care of varying complexity (VHA outpatient clinics) to over 9 million Veterans enrolled in the VA health care program.

VHA Medical Centers provide a wide range of services including traditional hospital-based services such as surgery, critical care, mental health, orthopedics, pharmacy, radiology and physical therapy.

<https://projecthelping.org/kits/>



KERN COUNTY 4-H

Market Lamb Project Grant

-Congratulations to Madison Borst for being selected to receive the lamb



DUE

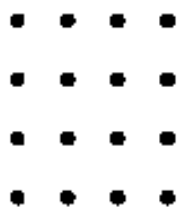
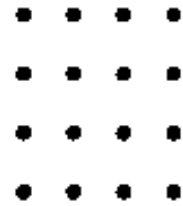
JULY 17TH

RECORD

BOOKS

FOR

JUDGING



**EARN AWARDS FOR
YOUR EXCELLENT
WORK!**

4-H RECORD BOOK

JUDGES NEEDED

**ONE JUDGE REQUIRED FOR
EVERY 5 RECORD BOOKS
TURNED IN!**

**LUNCH
PROVIDED**

**JULY
17**

GREAT WAY
TO LEARN
WHAT AN
AWARD
WINNING
BOOK
LOOKS LIKE

**[HTTPS://UCANR.EDU/
RECORDBOOKJUDGING](https://ucanr.edu/recordbookjudging)**





18 U.S.C. 707

DUE

JULY 17

4-H Awards

- Pin and Stripe Order
- County Star Awards
- Leader Recognition
- Club Planning Guide with Club Seal Calculation

July 17th Checklist

This checklist shows all documents that are required to be submitted on July 17th to the County 4-H office. Documents with links may be turned in by submitting surveys. Documents may also be turned in earlier than the due date.



Documents for 2023-24 Program Year

4-H Pin & Stripe Order Form

<https://ucanr.edu/pinandstripe>

Awards Earned - County Stars

<https://ucanr.edu/awardsearned>

4-H Leader Recognition

<https://ucanr.edu/leaderrecognition>

Club Planning Guide for Club Seal Calculation

Record Books for Judging

Judges Registration -

1 judge needed for every 5 books turned in.

<https://ucanr.edu/recordbookjudging>

Secretary and Treasurer Binder - Regardless of Judging



2024 MAJOR CHANGES SUMMARY

BELOW PLEASE FIND SOME OF THE MAJOR CHANGES FOR THE YEAR:

- **ALL MARKET SWINE EXHIBITORS- MUST** upload a Prop 12 Breeder Certificate to their showworks market swine entry by the close of entries.
- **SCHEDULE CHANGES-** Show schedules have been changed to allow for kids to miss less days, be sure to double check the schedule for all the time changes.
- **AG MECHANICS-** Projects that will be selling in the Auction will only enter in the Livestock Ag Mechanics Portion. They will be displayed in Livestock and will be judged in Livestock. If you are not interested in Selling then you will enter in the Still division in the building.
- **CREDENTIAL DISTRIBUTION-** Passes will be distributed from the livestock office on Saturday September 14th and Sunday September 15th. Once Entries Close an email will be sent to the leaders and exhibitors letting them know which day their pass will be available. The exhibitor must be there in person to pickup their pass.
- **POULTRY BARN CLEANING/FEEDING -** All animals are to be fed/watered and cage cleaned between 6am and 8am and Fed/Waterd between 4pm and 9pm.
- **EXHIBITOR ASSISTANCE -** Notwithstanding safety concerns, junior exhibitors are to groom and care for their animal(s) when at the fair. Parents and leaders may assist in cleaning stalls and feeding animals. Under no circumstances shall a parent, leader, trainer, non-exhibiting youth, or an entered youth but not exhibiting assist in any way during the grooming and fitting process (includes rinsing, washing, drying, leading, riding and show preparation). Failure to follow this rule will result in expulsion of entries, exhibitor and unauthorized assistant.
- **SHOWMANSHIP DIVISION ADDED -** Due to the large number of FFA Exhibitors we have added a division to split the FFA by grade. Please see the showmanship breakdowns on page 79
- **ADD ONS -**Add Ons will only be accepted online and must be paid for online if the total is less than \$250 or they will be removed at the conclusion of the online auction process.
- **INDEPENDENT EXHIBITOR PRE FAIR FORM-**All Exhibitors that plan to show as an independent must complete a Pre-Fair Form which can be found online and must be submitted to dstornetta@kerncountyfair.com by:

Market Beef/Horse: May 15th	Dairy Replacement: June 15th
Market Sheep/Swine/Goats: July 15th	All Others: August 15th
- **2024 STATE RULES -** Along with the changes in our book, please remember that we are governed by state rules and they have had some changes this year as well. Please familiarize yourself with the current 2024 State Rules.

2024 KERN COUNTY FAIR LIVESTOCK ENTRY, CLOSING, AND DNA | EAR TAGGING DATES

Monday, April 22, 2024

Ear Tags and DNA Kits Available: All Market Beef, Market Sheep, Market Swine, Market Goats, Dairy Replacement Heifers, Beef Commercial Bred Heifers, and Beef Commercial Open Heifers

Tuesday, May 21, 2024

5:00 PM Completed Market Beef DNA Kit Due-To Drop Slot on P Street

Friday, May 24, 2024 - 11:59 PM (Online Only)

Entries close for: Horse, Market Beef and corresponding Kern Bred and Fed

Sunday, June 1, 2024

RV Reservation Applications - outside 20 mile radius -

Apply on Fair website under the Livestock Tab -Reservations on First Received, First Secured Basis

Friday, June 21, 2024

5:00 PM Completed Dairy Replacement Heifer DNA Kit Due-To Drop Slot on P Street

Monday, June 24, 2024 - 11:59 PM (Online Only)

Entries close for: Dairy Replacement Heifers and corresponding Kern Bred and Fed

Monday July 1, 2024

RV Reservation Applications - within 20 mile radius (if space available) -

Apply on Fair website under the Livestock Tab - Reservations on First Received, First Secured Basis

Monday, July 22, 2024

5:00 PM Completed Market Sheep, Market Swine, Market Goat DNA Kit Due-To Drop Slot on P Street

Wednesday, July 24, 2024 - 11:59 PM (Online Only)

Entries close for: Market Sheep, Market Swine, Market Goat and corresponding Kern Bred and Fed for each previous specie. Market Swine Prop 12 Certification Form must be uploaded.

Tuesday, August 20, 2024

5:00 PM Completed Beef Replacement Bred & Open Heifers DNA Kit Due-To Drop Slot on P Street

11:59 PM - (online) Entries close for: Beef Replacement Bred & Open Heifers, Breeding Dairy Cattle, Breeding Swine, Breeding Sheep, Breeding Beef, Miniature Beef, Dairy Goats, Wether Dam Goats, Pygmy Goats, Rabbits, Cavy, Poultry, Dogs, Jr Activities, Theme, All Showmanship Divisions

Monday, September 9, 2024

11:59 PM Entries close for Ag Mechanics - Online Only

**ALL ENTRIES MUST BE COMPLETED ONLINE.
NO LATE ENTRIES ACCEPTED**

1142 South P Street • Bakersfield, CA 93307 • Livestock Office 661.529.6249
dstornetta@kerncountyfair.com • www.KernCountyFair.com

HOW TO ENTER YOUR PROJECT

1: PURCHASE DNA KIT

(Market Beef, Market Sheep, Market Swine, Market Goats, Dairy Replacement Heifers, Beef Replacement Bred and Open Heifers)

Purchase a DNA Kit online for each of the above animals you will be entering in the Kern County Fair. DNA Kit will be mailed to you.

2: RETURN COMPLETED DNA KIT

(Market Beef, Market Sheep, Market Swine, Market Goats, Dairy Replacement Heifers, Beef Replacement Bred and Open Heifers)

Follow the directions within your DNA Kit and return your sample to the fairgrounds with required paperwork by the deadline for your animal.- Samples to be dropped at the P Street Office in the drop slot

3: COMPLETE YQCA CERTIFICATION

(Excluding exhibitors who only show horse, cavies, or dogs)

Go to yqca.org website, setup an account and complete the required age appropriate certification.

4: COMPLETE ONLINE ENTRY

(All Exhibitors)

You must enter your Livestock Entry online. Click the link on kerncountyfair.com website that will take you to ShoWorks online entry. The program will walk you through 7 simple steps. Online entries may be entered up until 11:59 PM on your respective closing date. Be sure to fill out all required fields. Incomplete entries will not be accepted.

** You will need to upload your YQCA Certificate

** Market Exhibitors will need to upload a photo of their animal for the auction and add-on site

*** Market Swine Exhibitors will need to upload their Prop 12 Certification

**Independent Exhibitors will need to upload a photo of the animal with the tag visible in its ear and a bill of sale.

JUST A REMINDER:

If you have a registered animal, be sure to have original registration papers in only the exhibitors name for check in at Fair.

If you have any questions regarding this entry process, please contact the livestock office at 661.529.6249 during regular business hours or email dstornetta@kerncountyfair.com

YQCA REQUIREMENT

In order to participate in a youth livestock program (excluding horse, cavies & dogs) at any California Fair, all exhibitors 9 years of age and older must obtain annual certification in the Youth for the Quality Care of Animals (YQCA) program. Those not certified are not eligible to participate at a California Fair.

Youth for the Quality Care of Animals (YQCA), to meet this new state requirement. Agricultural universities as well as partners in the agriculture industry designed this program. By the end of 2018 over 50,000 youth across the nation will have taken a YQCA course. YQCA courses are age and level specific which allow for changing content each year. The program is offered online at yqca.org. All registration, fees, and certification are managed through YQCA.

The YQCA program has many benefits to exhibitors:

- Increase the educational preparedness of exhibitors.
- Adds another layer of quality assurance to improve sportsmanship, animal wellbeing and food safety for animal purchasers.
- Helps demonstrate our commitment to the educational development of exhibitors.
- Provides a nationally available program that any youth exhibitor can access.

This program is becoming nationally recognized so by adopting this program it also allows exhibitors to use this certification for showing at other fairs besides Kern County Fair; such as the California State Fair.

Upon completion of the training; exhibitors will receive a certificate with a unique certification number. Exhibitors can email or print their certificate for show entries. Show managers will be able to utilize the public interface through YQCA to verify the exhibitors certificate number.

All exhibitors' ages 9 and older (excluding horse, cavies and dogs) must have completed the YQCA certification by the close of entries for their given species.

Without the YQCA certificate number and certificate you will not be able to complete your entry and thus will be ineligible to show at the fair.



2024-25 PROGRAM YEAR FEES

\$75 YOUTH MEMBER

\$30 ADULT VOLUNTEER

IMPORTANT 4-H Online Enrollment 2024/2025 Program Year starts after July 1st Enrollment system for online registration

<https://4h.zsuite.org/>

Returning families already have an account set up in the system using the same email address as before. If you have been active any time in the last 5 years, ***DO NOT CREATE A NEW ACCOUNT.***

New families will need to select “**Sign Up**” and then follow the prompts to establish the new family account. Program fees can now be paid online using your credit card at <https://ucanr.edu/kern4hpayment>.

Helpful tutorial videos on how to use the new system can be found on our website at https://cekern.ucanr.edu/Youth_Development/.

***Please contact Gordon Riggs at 661-868-6225 or gbriggs@ucanr.edu
for membership registration questions***

Make 4-H payments by credit card - see link below

[Use Your Credit Card to Pay 4-H Enrollment Fees Here](#)

[Handbook For New Families](#)

This guide was developed to help new families understand the 4-H program. Please share a copy of this with new families in your club. If you have feedback for updates to this guide, please submit them to Sue McKinney at ismckinney@ucdavis.edu or call 661-868-6235. <http://4h.ucanr.edu/files/271860.pdf>

Plant Science

MEDAL TEST

BRONZE

SILVER

GOLD



STUDY GUIDES

AVAILABLE NOW

[HTTPS://CEKERN.UCANR.EDU/YOUTH_DEVELOPMENT/
PROJECT_LEVELS_STUDY_GUIDES/](https://cekern.ucanr.edu/youth_development/project_levels_study_guides/)

4-H STEM Challenge



The 2024 STEM kit, **Food for Thought**, provides young people with a hands-on experience as they explore the topic of Food Security and its impact on the world, empowering them to innovate and create positive change. This year's kit will provide youth with the fundamental knowledge of factors that contribute to food security, how people are impacted globally and locally and how youth can personally contribute to creating more food secure communities.



National 4-H Council and 4-H educators joined on **May 22nd** an engaging webinar and detailed walk-through of the 2024 kit. We'll share details about the activities, answer your questions and give examples of how you can use the kit to teach about food security through STEM! This year's kit was developed with LSU AgCenter, North Dakota State University, Penn State Extension and the University of Nebraska - Lincoln.

4-H Stem Challenge Program



2023-24 Kern County 4-H Community Club Leader Timeline

July 1, 2023 – Happy 4-H New Year! 4hOnline will open shortly for enrollment. Let the 4-H office know when you enroll to be granted access to view your club.

July 19, 2023 –DUE! Awards packet including: pin and stripe order, star awards, leader recognition, and club seal calculation. DUE! Record Books for judging.

July 22, 2023 –County Record Book Judging. We need judges! Number needed depends on the number of books your club turns in.

July 25, 2023 –Kern County 4-H Leader Council Meeting 7 pm. All clubs are required to attend (or send a representative) a minimum of THREE Leader Council Meetings each year.

August 1, 2023 –DUE! Year end club reports! This includes a complete Club Treasurer Book and Club Secretary Book. Record Books for members showing at the fair, enrollment dues and 4hOnline enrollment.

August 12, 2023 –Small Animal Field Day

August 15, 2023 –Community Club Leader Workshop @ 6 pm. At least one leader from each club must attend one session.

August 22, 2023 –Kern County 4-H Leader Council Meeting 7 pm. All clubs are required to attend (or send a representative) a minimum of THREE Leader Council Meetings each year.

August 26, 2023 –Achievement Night

August 30, 2023 –Community Club Leader Workshop @ 3 pm. At least one leader from each club must attend one session.

October 24, 2023–Kern County 4-H Leader Council Meeting 7 pm. All clubs are required to attend (or send a representative) a minimum of THREE Leader Council Meetings each year.

November 1, 2023 –DUE! Club organization reports, Outreach Form, Enrollment dues for any returning member/leader who didn't show at the fair.

November 18, 2023 –4-H Field Day. Each club is required by Leader Council to donate a minimum of ONE item to the Field Day Silent Auction (worth \$25 or more).

November 28, 2023 –Kern County 4-H Leader Council Meeting. All clubs are required to attend (or send a representative) a minimum of THREE Leader Council Meetings each year.

January 23, 2024–Kern County 4-H Leader Council Meeting 7 pm. All clubs are required to attend (or send a representative) a minimum of THREE Leader Council Meetings each year.

February 15, 2024 –Deadline! All returning members MUST transfer clubs or add/drop project by this day.

February 27, 2024 –Kern County 4-H Leader Council Meeting 7 pm. All clubs are required to attend (or send a representative) a minimum of THREE Leader Council Meetings each year.

March 26, 2024 –Kern County 4-H Leader Council Meeting 7 pm. All clubs are required to attend (or send a representative) a minimum of THREE Leader Council Meetings each year.





April 23, 2024 -Kern County 4-H Leader Council Meeting 7 pm. All clubs are required to attend (or send a representative) a minimum of THREE Leader Council Meetings each year.

May 28, 2024 -Kern County 4-H Leader Council Meeting 7 pm. All clubs are required to attend (or send a representative) a minimum of THREE Leader Council Meetings each year.

June 25, 2024 -Kern County 4-H Leader Council Meeting 7 pm. All clubs are required to attend (or send a representative) a minimum of THREE Leader Council Meetings each year.

June 30, 2024 -Last Day of 2022-23 Program Year

July 1, 2024 - Happy 4-H New Year! 4hOnline will open shortly for enrollment. Let the 4-H office know when you enroll to be granted access to view your club.

July 17, 2024 -DUE! Awards packet including: pin and stripe order, star awards, leader recognition, and club seal calculation. DUE! Record Books for judging.

July 20, 2024 -County Record Book Judging. We need judges! Number needed depends on the number of books your club turns in.

July 23, 2024 -Kern County 4-H Leader Council Meeting 7 pm. All clubs are required to attend (or send a representative) a minimum of THREE Leader Council Meetings each year.

August 1, 2024 -DUE! Year end club reports! This includes a complete Club Treasurer Book and Club Secretary Book. Record Books for members showing at the fair, enrollment dues and 4hOnline enrollment.

August 20, 2024 -Community Club Leader Workshop @ 6 pm. At least one leader from each club must attend one session.

August 27, 2024 -Kern County 4-H Leader Council Meeting 7 pm. All clubs are required to attend (or send a representative) a minimum of THREE Leader Council Meetings each year.

August 27, 2024 -Community Club Leader Workshop @ 3 pm. At least one leader from each club must attend one session.



Attention!

The Kern County 4-H Policy document outlines the policies set forth by the Kern County 4-H Leader Council. If your club does not meet the minimum guidelines the Kern County Fair gate 40 pass will be forfeited.

- Donate a minimum of **ONE** item to the KC 4-H Field Day Silent Auction (worth **\$25** or more)
- Support any other Fundraiser determined by the Leader Council
- Attend a minimum of **THREE** KC 4-H Leader Council Meetings
- Follow policies set forth in the **2023-24** Kern County 4-H Policy document



For 4-H project leaders

Welcome to the new 4-H program year! Here are a few resources to help you think about organizing a 4-H STEM-oriented project!

- [Project Leader Checklist](#) (right)
- [Project sheets](#) (below) are a guide for 4-H project leaders to develop their projects with meaningful content. These three are examples of the dozens available!

Project Leader Checklist

This checklist is designed to assist 4-H project leaders in preparing to implement their project(s) prior to meeting with youth (Revised 10/2017)

#	X	Item
1		Have you met your Club Leader(s) and discussed your plan for implementing your project(s)?
2		Have you completed all the steps for becoming a 4-H adult volunteer? (1. Filled out the application and paid fees; 2. Fingerprinted if a new 4-H adult volunteer; 3. Completed required online orientation)
3		Do you have a list of the youth who are going to participate in your project(s) and are they enrolled in the 4-H project(s) you are going to lead? (Your Club Leader or Volunteer Enrollment Coordinator can check for you)
4		Have you developed a project description and lesson plan for what will be covered on which dates and if there will be any cost for participants?
5		Do you have a UC ANR user agreement with the facility you will be utilizing? (Your county staff member must assist you in obtaining this document)
6		Do you have completed and signed youth and adult treatment authorization/health history form on hand for all participants? Youth: http://4h.ucanr.edu/files/4726.pdf Adult: http://4h.ucanr.edu/files/20100.pdf
7		Have you provided the dates, times, and location of your project meetings to the youth enrolled in your project?
8		Is there at least one additional adult that will be on site with you at each meeting?
9		If you are going to fundraise or secure grant support for your program, have you received approval from your county 4-H staff and County Director?
10		Is there ample drinking water available?
11		Have you reviewed the "4-H Project Leaders Digest" available online at: http://4h.ucanr.edu/files/4462.pdf
12		Do you have "Annual Project Report" forms on hand for the 4-H members to keep track of their project participation? http://4h.ucanr.edu/files/220272.doc

University of California Agriculture and Natural Resources
CALIFORNIA 4-H PROJECT SHEET SERIES
Publication #192 May 2007 (Revised August 10, 2008) 4726

4-H FOOD AND NUTRITION PROJECT



4-H THRIVE
Help youth:

Light Their Spark
A spark is something youth are passionate about. It really fires them up and gives them joy and energy. Help youth find how this project excites them.

Fix Their Brain
The brain grows stronger when we try new things and master new skills. Encourage youth effort and persistence to help them reach higher levels of success.

Reach Their Goals

In this project, youth learn about healthy eating by partnering with adults in the kitchen to plan and create meals and snacks. Youth can participate in a variety of 4-H food and nutrition projects including meal planning, meal planning, cultural cooking, healthy meals, outdoor cooking, cheese making and more.

- Use USDA MyPlate to plan meals and make balanced food choices.
- Learn how to safely purchase, prepare and store food.
- Discuss the health benefits associated with different foods.
- Explore the importance of nutrition as it relates to quality of life.

[4-H Food and Nutrition](#)

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4-H FITNESS PROJECT



4-H THRIVE
Help youth:

Light Their Spark
A spark is something youth are passionate about. It really fires them up and gives them joy and energy. Help youth find how this project excites them.

Fix Their Brain
The brain grows stronger when we try new things and master new skills. Encourage youth effort and persistence to help them reach higher levels of success.

Reach Their Goals

In this project, youth learn how to increase physical activity in a safe and fun atmosphere. Youth can participate in a variety of 4-H fitness projects including yoga, walking, hiking, running, walking, strength training and more.

- Set daily goals for physical activity.
- Discuss health benefits associated with physical fitness.
- Discuss one sport watching television or playing video games.
- Explore the importance of fitness in relation to quality of life.

[4-H Fitness Project](#)

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4-H Emergency Preparation and Management Project



STARTING OUT, BEGINNER

- Learn about emergency plans and why they are important.
- Create an emergency plan for your family and for your project or club. Fix your plan.
- Find out how to check off the address -- make, check, call, and go -- at your home and your meeting place.

LEARNING MORE, INTERMEDIATE

- Learn and practice various rescue techniques -- for example, how to use someone from drowning, etc -- in different ways, or in rescue drills.
- Give a presentation to your project or club on an emergency preparedness topic.
- Obtain first aid and CPR certification from a reputable organization in the field.
- Assemble an emergency kit for your family.

[4-H Emergency Preparation](#)



United States Department of Agriculture

Farm Service Agency

Youth Loans

FACT SHEET

August 2019

Overview

The U.S. Department of Agriculture's Farm Service Agency (FSA) makes operating loans of up to \$5,000 to eligible individual youths ages 10 to 20 to finance income-producing, agriculture-related projects. The project must be of modest size, educational, and initiated, developed, and carried out by youths participating in 4-H clubs, FFA, tribal youth organizations, or similar agricultural-affiliated groups.

The project must be an organized and supervised program of work. It must be planned and operated with the assistance of the organization advisor, produce sufficient income to repay the loan, and provide the youth with practical business and educational experience in agriculture-related skills.

Who May Borrow

To qualify for a loan, the applicant must:

- Comply with FSA's general eligibility requirements; and
- Conduct a modest income-producing project in a supervised program of work.



How Loan Funds May Be Used

These loans can finance many kinds of income-producing agricultural projects. The loan funds may be used to:

- Buy livestock, seed, equipment, and supplies;
- Buy, rent, or repair needed tools and equipment; and
- Pay operating expenses for the project.

How It Works

To apply, the applicant must submit completed plans and budgets signed by the project advisor and parent or guardian along with the FSA application for loan assistance.

These loans:

- Have a maximum loan amount of \$5,000 (total principal balance owed at any one time cannot exceed this amount);
- Have an interest rate that is determined based on the cost of money to the federal government (after the loan is made, the interest rate for that loan will not change);
- Will be secured, in addition to promissory notes, by liens on the products produced for sale and on chattel property, including livestock, equipment, and fixtures purchased with loan funds; and
- Have a repayment schedule that varies depending on the type of project for which the loan is made. For example, if it involves raising livestock or crops, the loan is paid when the animals or produce are normally sold.

More Information

For more information, visit fsa.usda.gov/farmloans or farmers.gov. Find your local USDA Service Center at farmers.gov/service-locator.

USDA is an equal opportunity provider, employer, and lender.

PASSION CREATIVITY INTELLECT CONFIDENCE

UNDERSTANDING

FUN

LOGIC

COMMUNITY

LEARNING

CAREERS

PERSEVERANCE

WORK ETHIC

LIFE SKILLS

COMPASSION

GIVING BACK

HEALTHY HABITS



FIND YOUR SPARK

DISCOVER MORE AT 4-H.ORG

Save 15% at JOANN and support 4-H at the same time!

JOANN is supporting 4-H with a rewards "card" that gives holders 15% off their total in-store and online purchases!

A minimum of **2.5% of every eligible transaction is donated to 4-H.**

Two ways to sign up:

1. Sign up online at <http://www.joann.com/4-H/>
2. Download the free JOANN app on your mobile device. Go to "More" and select "Loyalty Programs".

<http://4h.uca> **Save 15% at JOANN and support 4-H at the same time!**



Shop 4-H for California!

Thanks to the [California 4-H Foundation](#), we are now signed up for an affiliate program with Shop 4-H, the National 4-H shopping site. Items include t-shirts, curriculum, incentive items and more.

When you purchase anything using [our link](#), 5% of your purchase will be returned to California 4-H!

Online 4-H Treasurer Training Course

We are pleased to announce the launch of the new California 4-H Treasurer's Training in eX-tension. This course was developed by a sub-committee of the State 4-H Policy Advisory Committee and is designed to walk 4-H Club Treasurers through their important role. Access to the course and its unique enrollment keys (different from the required training enrollment keys) can be accessed directly by youth members and volunteers at <http://4h.ucanr.edu/Resources/Learning-Development>

The course has already been added to each county's eXtension portal as well. You can direct any questions or report any issues with the course through our ticketing system at <https://ucanr.edu/survey/survey.cfm?surveynumber=27435>



Updated Leader Orientation

For New Leaders, please visit the link below

[New 4-H Volunteer Leaders](#)

For Returning Leaders, please visit the link below

[Returning 4-H Volunteer Leaders](#)

LINKS YOU CAN USE!

4-H uniform page

<http://4h.ucanr.edu/About/Uniform/>

California 4-H Uniform Guidelines

<http://4h.ucanr.edu/files/216262.pdf>

Leslie Carman 4-H Supplies

<http://www.4hsupplies.com/>

California 4-H Branding Toolkit

http://4h.ucanr.edu/Resources/Branding_Toolkit/

California 4-H Dress Guidelines

<http://4h.ucanr.edu/files/210170.pdf>



Food Safety Training Available ONLINE!

The service of safe food should be a priority for all University of California (UC) events. Any activity where food is served (potlucks, luncheon meetings, etc.) has the risk for food borne illness. If a 4-H YDP group plans to serve food as part of an official 4-H YDP activity, the food preparation and service must be in compliance with all local (city and county) health department rules and state laws. In addition, it is imperative that all county based rules and regulations governing food service activities be observed, including securing appropriate permits. Food Safety trainings are available anytime online! Please visit the website below, and use the provided sign-in/user information:

Website: <https://www.servsafe.com/access/SS/Catalog/ProductDetail/SSECT6CA>



4-H WEBSITES

[Kern County 4-H Youth Development](#)

[Kern County 4-H Council](#)

<https://4-h.org/>

[Project Level Testing and Study Guides](#)

4-H ENROLLMENT WEBSITE

<https://4h.zsuite.org/>

4-H VOLUNTEER WEBSITE

<https://cekern.ucanr.edu/>

[Youth Development/Becoming a 4-H Leader/](#)



KERN COUNTY 4-H IS ON FACEBOOK!

Kern County 4-H is on Facebook! You can search for us: Kern County 4-H and 'like' us! We will post updates, important event reminders, announcements—all sorts of important things! It's the best way to keep up-to-date!