

# American Union 4-H

Head - Heart - Hands - Health

#### What is 4-H?

4-H is an informal educational opportunity where youth learn by doing in project areas like science, health, agriculture, and civic engagement. Our club offers a variety of activities for youth, ages 5-19. 4-H members take part in monthly meetings run by youth officers and explore their individual interests through projects. Our club is run by adult volunteers who plan and carry out various project meetings throughout the year. Members can also participate in a number of county, sectional (multi-county), and state-wide 4-H events. The annual program fee is \$72 per youth member.

## What projects are available through American Union 4-H?

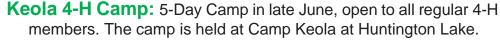
Outdoor Adventure - Arts & Crafts - Baking -Community Service - Cooking-Gardening - Hiking -Fishing - Food Preserving - Flower Arranging - Sewing -Livestock Projects: Pygmy Goats, Swine, Dairy Cattle, Dairy Goats, Boer Goats, Sheep, Poultry & Rabbits

## \*New Project Leaders Always Welcome\*

#### What other programs/events are available?

Fresno County 4-H Fair California State Fair Livestock Judging Day Livestock Achievement

Caruthers Fair Festive Food Faire Color Me Green Fun Run **Small Animals Achievement**  The BIG Fresno Fair Field Days Fashion Revue Presentation Day



Junior & Teen Leadership: Older members may serve as Junior or Teen Leaders to share skills and talents with younger members.

**Civic Engagement:** Members plan and carryout community service projects and volunteer in their community.





Monthly club meetings are held at 6:00 PM **2024-2025** Dates: 8/7, 9/11, 11/13, 1/15, 2/12, 3/12, 4/9, 5/14, 6/11

Like us on Facebook at American Union 4-H Club

Need more info? Community Club Leader: Hannah Rothenfluh (559) 287-5604 or email AmericanUnion4H@gmail.com



