



University of California
Agriculture and Natural Resources

4-H Youth Development Program

SAN LUIS OBISPO COUNTY 4-H YOUTH DEVELOPMENT PROGRAM

I   **News & Views**

A MONTHLY NEWSLETTER FOR 4-H MEMBERS, LEADERS & PARENTS IN SAN LUIS OBISPO COUNTY

2023–2024 4-H PROGRAM YEAR

JUNE 2024



We had another successful 2024 4-H Field Day at the Paso Robles Event Center on Saturday, June 1st, 2024!

4-H Members participated in our Large and Small Animal Species Demonstrations and Showmanship, the Petting Zoo, 104 members participated in the online Level Testing, the Still Exhibits entered this year were amazing — our 4-H Members are so creative! The Silent Auction baskets were a big hit this year — THANK YOU 4-H Clubs for providing the baskets. We had a rocket demonstration and information booth about the new 4-H Achievements Program and 4-H record books and a whites exchange. **THANK YOU to all of our 4-H VOLUNTEERS who made this event a big success—we appreciate you & the Planning Committee!**



To Make the Best
BETTER





Do you want to know more about your 4-H Project?

Check out the CA State 4-H Project Sheets on their website -

https://4h.ucanr.edu/Projects/Project_Sheets/

The 4-H project sheets are a guide for 4-H project leaders to develop their projects with meaningful content. 4-H youth and their families may use this list to find projects they might be interested in. For a brief description of each 4-H project, please [see the list of California 4-H Projects \(PDF\)](#)

News & Views is published by the San Luis Obispo County 4-H Youth Program, University of California, Cooperative Extension, Division of Agriculture & Natural Resources. *News & Views* is a monthly newsletter for 4-H members, leaders and parents in San Luis Obispo County.



Please submit articles and photos by the 15th of each month to:

Denise Harris, Editor
4-H Office
2156 Sierra Way, Suite C
San Luis Obispo, CA 93401
(805) 781-5943 / dharris@co.slo.ca.us

Ana Torres
Regional Program Coordinator

Ana Torres



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STATE LEADERSHIP CONFERENCE

[2024 California 4-H State Leadership Conference](#)

Registration is Live!

BEFORE YOU REGISTER, please review the [Registration Checklist](#).

Need Financial Assistance? [Click here](#) for information.

[REGISTER HERE](#)

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By: UC ANR AA Compliance Officer

**JAM MAKING WORKSHOP—Sat., June 22nd UCCE Auditorium
Presented by the UC Cooperative Extension Master Food Preservers**

UC MASTER FOOD PRESERVERS OF
SAN LUIS OBISPO AND SANTA BARBARA
COUNTIES

Jam Making Workshop

For more information contact:
Debbie George at
1-805-234-7062
queenbeelouise1@yahoo.com

Join us for an in person workshop to
preserve jars of jam or jelly for your
Fair entry.
Saturday, June 22
10:00-1:00
Auditorium

*This class will be a hands-on program using the
atmospheric process of canning. You will preserve
three jars of jam/jelly, one to take home and the
other two will be entered into the Fair.
You must pre-register at the Mid-State Fair website
by June 4th.
cmsfy.fairwire.com*

The UCCE Auditorium is located at
2156 Sierra Way, SLO.

Entrance is at the parking lot level.



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UC Master Food Preserver Program

2024-2025 COUNTY AMBASSADOR NEWS

2024-2025 Applications Out NOW!

[2024-2025 County Ambassador Application](#)

See Next Page for County Ambassador Coach Application Link

**Completed County Ambassador Application Packets
Now due Friday, June 21st, 2024—the deadline was extended!**

Return to: UCCE 4-H Office, 2156 Sierra Way, Suite C,
San Luis Obispo, CA 93401 **or via EMAIL:** kdugan@ucanr.edu

The California 4-H County Ambassador Program is a leadership development opportunity for older youth. County Ambassadors are the champions of the 4-H program in their county while they are developing their leadership skills.

4-H County Ambassadors are role models for their fellow 4-H members, their county, and their community.

A Working Honor

County Ambassador teams plan their own year of activities to create meaningful learning and service opportunities for themselves and others in their communities.

Being chosen as a County Ambassador is a working honor and in fulfilling it, members are expected to behave with a degree of maturity, composure and excellence.

Annual Plan of Action

County Ambassadors develop an annual Plan of Action that includes choosing and developing three leadership competencies and completing one service learning project.

County Ambassadors choose from six leadership competencies:

Advise, Advocate, Mentor, Plan, Promote, Teach

County Ambassador Resources

(UPDATES COMING SOON)

[County Ambassador Handbook](#)

[County Ambassador Forms](#)

2024-2025 COUNTY AMBASSADOR COACH NEWS

[2024-2025 County Ambassador Coach Application](#)
Completed Application Packets **due Friday, June 21, 2024.**

to: UCCE 4-H Office, 2156 Sierra Way, Suite C,
San Luis Obispo, CA 93401 or **via EMAIL:** kdugan@ucanr.edu

San Luis Obispo County 4-H Ambassador Program Coach

County Ambassador coaches will serve at least a one-year term, with eligibility for reappointment each year.

Applicants will go through an application and selection process and become a 4-H Adult Volunteer prior to serving as a Coach.

The application process for returning coaches is to submit Intent to Continue as a coach **by the Extended County Deadline June 21st, 2024** and go through the selection process.

Coach Role

The Coach's role is one of partnering and collaborating with County Ambassadors to implement best practices in positive youth development.

Best practices include but are not limited to: setting group agreements at the beginning of the term as to how the group will function, facilitating educational components of the program and allowing youth to facilitate meetings and rotating leadership responsibility.

A Coach should be flexible when working with County Ambassadors.

Also, depending on the County's program, being a Coach could involve significant time commitments.

Coaches are expected to:

- Chaperone events and conferences when County Ambassadors are present.
- Partner with the County Ambassador team to coordinate meetings.
- Provide guidance to and collaborate with the County Ambassador team to ensure the team has clear, reasonable and attainable goals.
- Facilitate good communications between the coaches and the team, as well as between team members.
- Ensure that the team considers possible resources, including content experts, to accomplish the team's goals.
- Be knowledgeable of 4-H policies and ensure that the policies are followed. (The UCCE 4-H Community Education Specialist or 4-H Regional Program Coordinator are a resource for policy interpretations.)

SLO COUNTY 4-H CALENDAR OF EVENTS — Page 1

If you have any questions, contact Kelsey Dugan, CES2 at kdugan@ucanr.edu

Full Calendar Link:

https://docs.google.com/document/d/1JqhddyKTaN-IT4ste-e_pgDPX-EM4xbCXtlb-twSUxM/edit?usp=drive_link

June 2024

[June 1 SLO County Field Day](#)

Month of June Diamond Clover applications evaluated

[June 14 Invoices Due to County 4-H Office / Final Round](#)

June 16 *Father's Day*

June 19 Juneteenth - UC Employees Holiday *OFFICE is OPEN*

June 22-28 4-H Shooting Sports National Championships

June 30 END OF 2023-2024 4-H PROGRAM YEAR

July 2024

July 1 START OF 2024-2025 4-H YEAR

July 4 4th of JULY - *OFFICE CLOSED*

[July 12 President's Volunteer Service Awards due to County 4-H Office](#)

July 6-10 CA 4-H Horse Classic (Elk Grove, CA)

July 7-11 **True Leaders in Equity Institute**

[July 7-14 Santa Barbara County Fair](#)

July 12-28 California State Fair

[July 17-28 California Mid State Fair](#)

July 25-28 State Leadership Conference (SLC)

4-H Calendar Continued on next page.

SLO COUNTY 4-H CALENDAR OF EVENTS — Page 2

If you have any questions, contact Kelsey Dugan, CES2 at kdugan@ucanr.edu

Full Calendar Link:

https://docs.google.com/document/d/1JqhddyKTaN-IT4ste-e_pgDPX-EM4xbCXtlb-twSUxM/edit?usp=drive_link

August 2024

August 16 [Club Documents, 2023-2024 Officer Books DUE to County 4-H Office](#)

August 16 [2023-2024 County Record Books DUE to County 4-H Office](#)

September 2024

[XXX XXXX](#)

October 2024

October 5 [SLO County Achievement Night \(NEED COMMITTEE\)](#)

October 31 [2024-2025 CCL Documents Due](#)

<https://ucanr.edu/blogs/YouthDevelopmentInsights/>

Cultivating Growth by Marianne Bird in the link above.

[Volunteering Builds Stronger Communities - Youth Development Insights - ANR Blogs \(ucanr.edu\)](#)

by JoLynn Miller—click link above.

MARK YOUR CALENDARS!

All Officer Books are Due August 16th with Outreach Documentation Form

An Evaluation Committee Needed in order to have County Records Books Evaluated
Records Books are Due August 16th &

Mandatory Treasurer Books are due with all forms completed including the 2 page Peer Review Form on August 16th!

IMPORTANT LINKS for UPCOMING EVENTS

Folder for Officer Books due August 16 to County 4-H office:

https://drive.google.com/drive/folders/1ZQT3t9M4oVQDQpiogMfdZ114CEfXq01d?usp=drive_link

Folder for Achievements and Record Book stuff:

https://drive.google.com/drive/folders/1bKaOGBzgMn5O-MP1orAOhtqffJYWpc7F?usp=drive_link

Calendar:

https://docs.google.com/document/d/1JqhddyKTaN-IT4ste-e_pgDPX-EM4xbCXtlb-twSUxM/edit?usp=drive_link

Requirements to Exhibit at Fairs:

https://drive.google.com/file/d/1WfnGoq0ZhAUD7AoUgJF-FPCKlhyAj3EC/view?usp=drive_link

Treasurer's Manual:

(All 4-H Clubs must complete the 2 pages of the Peer Review signed by 2 youth and 2 Certified Adult Volunteers in addition to the Annual Financial Report, Inventory Report, and provide Actual Budget for 2023-2024)

https://drive.google.com/file/d/1J87UzH7WfBcTXqOg46exv5Ly-mq1q5c7/view?usp=drive_link



Where can I buy 4-H Hats, Scarves and Ties?

Leslie Carman 4-H Supplies, Inc.

<https://www.4hsupplies.com/>

4-H CLUB NEWS — CAMBRIA 4-H CLUB

4-H Youth Make a Difference: "Celebrating a Successful Cambria Trash-a-thon!" By: Gale Feldman

Cambria 4-H would like to extend our heartfelt thanks to all who supported and contributed to our recent Trash-a-thon event! The enthusiasm and dedication of our 19 4-H members, parents, leaders, and our honorary participant Cedrick the goat, made this initiative a resounding success. Together, we took on the challenge of cleaning Cambria's East and West Village and achieved remarkable results—collecting an impressive 35 pounds of trash, totaling 704 pieces.

Using the Clean Swell app, we meticulously cataloged the litter we encountered, revealing significant findings. Notably, we retrieved 189 cigarette butts, 176 food-related items (including bottles, caps, utensils, cups, plates, and containers, with 79 food wrappers being the most abundant), 170 miscellaneous items like aluminum foil, paper, and wipes, and 86 small plastic and foam pieces. This count likely underestimates our actual impact, as our participants' enthusiasm for cleaning the village often outpaced our ability to report each discarded item collected.

The importance of collecting this litter cannot be overstated, particularly in our coastal community. Removing trash from our streets and shores helps safeguard wildlife and preserves the natural beauty of our coastal ecosystems.

We are deeply grateful to all who have donated to support our 4-H program and initiatives like the Trash-a-thon. Your contributions empower our youth and sustain our efforts to create a cleaner, greener future for Cambria and beyond.

As one of our 4-H parents remarked, "It was impactful. Not having 35 pounds of trash on our sidewalks and roads makes a big difference." Another parent highlighted the educational aspect, noting, "I believe having the kids pick up trash raises their awareness of its presence. They often expressed curiosity, saying 'I wonder what this was' or 'I can't believe someone threw this away.' It helps them understand the impact of littering, whether it's tossing something out the window or dropping it on the ground, and also the impact of contributing to their community."

Please consider supporting our 4-H program to empower our youth and sustain initiatives like the Trash-a-thon. **To donate or learn more about 4-H, please contact Cece Lomeli at (805) 203-5234.** Your support matters!

Let's continue fostering youth leadership and environmental stewardship through 4-H.

Together, we can create a cleaner, greener future for Cambria and beyond.

4-H CLUB NEWS — ADOBE NIPOMO 4-H CLUB

CAL Fire Nipomo came to our general meeting to teach us how to **P.A.S.S.** when using a fire extinguisher. "PASS is an acronym for the steps to use a fire extinguisher: **P**ull, **A**im, **S**queeze, and **S**weep. Most fire extinguishers can be used with the PASS method, which can help protect against small fires and fire-related injuries."

We were able to put what we learned to the test and use an extinguisher to put out a real fire.

We want to send a huge THANK YOU to them for teaching our members skills they may need in case of a fire emergency!





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■ 4-H Youth Development Program

UC ANR 4-H Youth Development Program in San Luis Obispo County
University of California Cooperative Extension (UCCE)
2156 Sierra Way, Suite # C
San Luis Obispo, CA 93401-4556
(805) 781-5943

SLO County 4-H

COUNTY 4-H WEBSITE URL: <http://ucanr.edu/slo4h/>

2023—2024 4-H PROGRAM YEAR

[CA 4-H Resource Center](#)

If you would like to see your 4-H Club's Activities in the County 4-H Newsletter, please submit your article and any pictures to the 4-H Office by the 15th of the Month.

Send to: Denise Harris at this email address: dharris@co.slo.ca.us

CA 4-H State Horse Classic will be held on July 6-10, 2024
at Brookside Equestrian Park, Elk Grove, CA
https://ucanr.edu/sites/4H_Equine/Horse_Classic/