

4-H NEWS ROUNDUP

University of California
Agriculture and Natural Resources

Lassen County Cooperative Extension

707 Nevada Street, Susanville, CA 96130
(530) 251-8285 * sfortin@ucanr.edu

NEWSLETTER FOR 4-H MEMBERS, LEADERS & PARENTS IN LASSEN COUNTY

Calendar of events...

September 2024

SEPTEMBER

- 1 New 4-H Year Begins—Enroll on-line through ZSuite
- 3 All Around 4-Her of the Year—applications due in 4-H office
- 6 First Countywide Quilting Project meeting! 6 pm Janesville Fire Hall
- 16 County Record Books—competing in county judging, must be submitted to the 4-H office by 5:00 pm.
- 16 **County Record Book Evaluations—5 pm, 4-H office**
- 17 Officer Training for Club Presidents, VP, Secretary, Treasurer and Treasurer Advisors
6:00 pm at the 4-H Office *****Change of Venue from Janesville Fire Hall*****
- 19 Club Year-End—miscellaneous reports DUE to 4-H office
- 26 Council meeting-6 pm, 4-H office



OCTOBER

- 2-13 Tractor Supply Clover Days - Days for club participation to be discussed
- 6 Achievement Night, 5:00 pm @ Sentimental Journey
- 6-12 National 4-H Week 2024 Theme "Beyond Ready"
- 24 Council meeting—6:00 pm, 4-H office
- 31 Happy Halloween!

NOVEMBER

- 8 Favorite Foods Day Recipes due for recipe book
- 16 Favorite Foods Day
- 21 Council meeting - 6:00 pm
- 28 Thanksgiving!





University of California Agriculture and Natural Resources

National & State 4-H News

For more information from the STATE 4-H Office:

[State 4-H Information & Resources](#)

Join 4-H: <http://4h.ucanr.edu/Members/>

4-H Project Sheets:

[http://4h.ucanr.edu/Projects/Project_Sheets/4-H Project Sheets](http://4h.ucanr.edu/Projects/Project_Sheets/4-H_Project_Sheets)

4-H Volunteer Leader Resources:

<http://4h.ucanr.edu/Resources/Volunteers/>

4-H Youth Member Resources:

[http://4h.ucanr.edu/Resources/Member Resources/](http://4h.ucanr.edu/Resources/Member_Resources/)

State 4-H News & Calendar: <http://4h.ucanr.edu/News/>

'24-'25 4-H Community Club Leaders:

Doyle/South County—Moriah Allen (775-636-1700),

Dyer Mountain

Cassie Lemaster (530) 258-6987, Rebecca Nelson (530) 260-2510

Johnstonville 4-H

Cody Waltman (530) 310-1366, Julie Mallery (530) 251-3677

Lake 4-H

Mandie Jaso (707)845-2610, Joy Kirkner (336) 582-4404

Milford 4-H

Jessica Jimenez (530)782-9154

Richmond 4-H

Jessica Jones (530)249-5969, Linda von Helf (760) 221-4471

Standish 4-H

Virginia Bartholomew (530) 310-1993,

Cindy Weimer (530) 254-6802

Thompson Peak 4-H

Jason Meadows (530) 310-4169

Lassen County 4-H Council:

Meets 4th Thursday of each month at CE 4-H office @ 6 pm

President: Maddi Johnson

1st Vice President: Laura Medvin

2nd Vice President: Abbie Hemphill

Secretary: Julie Mallery and Molly Dickson

Treasurer: Cindy Weimer

The Roundup Newsletter is published by the Lassen County 4-H Youth Program, University of California, Cooperative Extension, Division of Agriculture and Natural Resources. The Roundup is a monthly newsletter for 4-H members, leaders, parents, and friends of 4-H in Lassen County.



Please submit Articles and/or photos by the 3rd Thursday of each month to:

Sandy Fortin

4-H Community Education Specialist

sfortin@ucanr.edu

(530) 251-8285

4-H Youth Program Office

707 Nevada Street

Susanville, CA 96130

Tuesday & Thursday 9-12 & 1-5

Or by appointment

Cooperative Extension Office

707 Nevada Street

Susanville, CA 96130

Monday-Friday 8-12 & 1-5

(530) 251-2601

It is the policy of the University of California (UC) and the UC Division of Agriculture & Natural Resources not to engage in discrimination against or harassment of any person in any of its programs or activities (Complete nondiscrimination policy statement can be found at : <http://ucanr.edu/sites/anrstaff/files/169224.pdf>). Inquiries regarding ANR's nondiscrimination policies may be directed to Linda Marie Manton, Affirmative Action Contact, Univ. of California, Davis, Agriculture & Natural Resources, 2801 Second St, Davis, CA 95618-7774, (530)



Things you need to know...



4-H Record Books & Completing the 4-H Year

In order to receive credit for the 4-H year and receive a year pin and service stripe, members must complete the Annual Project Report (APR) for each project completed. This is a two page report form. If your goal is to receive Star Ranks (Bronze, Silver, Gold, Platinum & Emerald), Junior Leader opportunities, County 4-H Ambassador (All Star), and scholarships, you will need to complete your Personal Development Report (APR).

Record Book Evaluations:

Club Level evaluation—Each community club leader will set a due date for record books to be turned in at the club level. This is usually the last week of August or the first part of September. Once they are turned in, they will be evaluated, and those books receiving a gold seal will be eligible to compete at the county level.

Members who complete the Annual Project Report (APR) will receive credit for the year and will receive a year pin and service stripe.

County Level evaluation—4-H Record Books competing in the County Record Book judging must be received in the 4-H office by Tuesday, September 16 by 5 pm. Late books will not be accepted.

The County Record Book judging will be on Monday, September 16th @ 5pm at the 4-H office.

Clubs must send one (1) evaluator per 4 books submitted from your club.

A record book must be evaluated at the club level before it can be evaluated at the county level. Those books receiving a gold seal are encouraged to participate in the county book judging. Only those books that have proper forms, signatures, etc. will be evaluated at the county level.

If you have any questions regarding record books or judging, call Sandy at the 4-H Office, 251-8285.

4-H Project Sheets for Leaders: 4-H project sheets are designed to help 4-H volunteers determine meaningful content and lead youth in hands-on activities. 4-H youth and their families may use these sheets to decide which project they might be interested in: http://4h.ucanr.edu/Projects/Project_Sheets/



4-H County Club Officers' Training for Club President, Vice President, Secretary, Treasurer, club Treasurer Advisor, and Club Leader

Tuesday, September 17th @ 6:00 pm at the 4-H Office

Successful 4-H meetings do not happen by chance. Great meetings require careful planning, club officers who know and use good meeting procedures, and respectful and responsible club members who are attentive, who are prepared to be involved, to express their ideas and give feedback to the club officers and committee chairs. By following a well-planned agenda that officers have discussed in advance, a lot of meeting business can be accomplished in a short time. By having officers, members and leaders working together, you can make the meeting the very best it can be.

Lassen 4-H Council officers & 4-H Ambassadors will be hosting this year's officers' training for all new Club Officers: President, Vice President, Secretary, Treasurer and club Treasurer Advisors. Clubs will have a separate training for Historian, Reporter, Sargent of Arms & Recreation Leaders.

4-H Motto: "To Make the Best Better."

4-H Slogan: "Learning by Doing" emphasizes the goal of 4-H members to improve themselves, their work, and their communities.

4-H Colors: The 4-H colors are green and white. Green is nature's most common color and symbolizes youth, life, and growth; white is for purity.

I pledge my **HEAD** to clearer thinking,

My **HEART** to greater loyalty,

My **HANDS** to larger service,

And my **HEALTH** to better living,

For my club, my community, my country and my world.



18 USC 707

HIKE ON OVER TO



PLAID



PALOOZA



TO CELEBRATE



LASSEN COUNTY 4-H ACHIEVEMENT NIGHT

OCTOBER

6

5:00PM



LOCATION:

SENTIMENTAL JOURNEY
JANESVILLE, CA

S'MORE INFO:

PLEASE WEAR PLAID!
HOT DOG & SMORE BAR!

CAMP BANNER CONTEST

How do you join? We have put together a series of screen shots to walk through the steps of joining any Lassen County 4-H Club:

As of July 18, 2024, **ZSuite is open for families and volunteers to self-enroll.**

- Those families that were active in our program for any year between 2018-2019 to 2022-2023 but did not enroll for 2023-2024 will have the same login email for ZSuite as they did in 4-H Online but will need to click the Forgot Password? link on the system login page.
- Parent/Guardians and Volunteers will select the **Primary Profile**, locate the household member, and click **Enroll Member Now** or **Enroll Volunteer Now**.

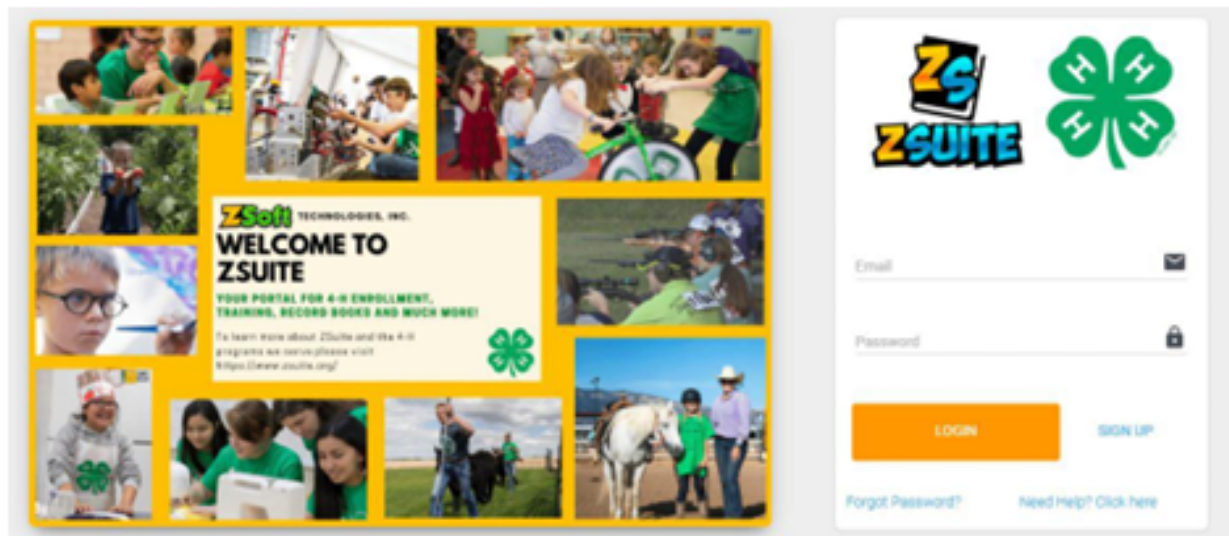
There are eight 4-H clubs in Lassen County. Pick a 4-H club you would like to join, then contact the club leader, or stop by the 4-H Office at 707 Nevada Street.

Enrollment is open **September 1 through November 15**, but enrollment in some clubs may become closed during that time depending on their size and capacity.

Any youth between the ages of 5 through 18 are eligible to enroll.

The **youth member insurance fee is \$75.00**, and the **adult volunteer leader insurance fee is \$28.00**.

Enroll [ZSuite](#)



If you're a **returning member** use **“LOGIN”** with the **email address provided to ZSuite last year (2023-2024 Program Year)**. Your prior data will auto populate for some of fields, please check over your auto filled enrollment information carefully –

if your completely new, follow the prompts after selecting “SIGN UP”.

The next screens will be self-explanatory, but you must select your “UNIT” before you can move forward, see screen shot.

PERSONAL INFO **UNITS** WAIVERS REQUIREMENTS

Click the Add Unit button to add one or more Units
See UC 4-H Project Areas for more information about projects.

SELECT ALL PROJECTS YOU ARE INTERESTED IN BUT ARE NOT ENROLLING IN FOR THE CURRENT 4-H YEAR ▼

+ ADD UNIT

No Unit selected. Please select one using the dropdown inputs

To pay your 4-H Enrollment Fees do one of the following:

- Pay Online Click [here](#)
- Pay by Check (Payable to UC Regents) to your Community Club Leader or the 4-H County Office.



4-H is for YOU !

4-H is for FUN !

FIND A CLUB NEAR YOU

DYER MOUNTAIN 4-H

Club Leaders: Cassie Lemaster (530) 258-6987 * Rebecca Nelson (530) 260-2510
First meeting is Wednesday, Sept. 11th @ 4:15 @ Westwood Fire Hall

JOHNSTONVILLE 4-H

Club Leader: Cody Waltman (530) 310-1366 * Julie Mallery (530) 251-3677
First meeting is Sunday, Sept. 22nd at Janesville Park

LAKE 4-H

Club Leader: Mandie Jaso (707) 845-2610 * Joy Kirkner (336) 582-4404
Club meets 1st Wednesday/month, 6 pm at Janesville Fire Hall

MILFORD 4-H

Club Leader: Jessica Jimenez (530) 782-9154
Club meets 1st Sunday (unless holiday & then 2nd Sunday)/month, 5 pm at Milford Community Center

RICHMOND 4-H

Club Leader: Jessica Jones (530) 249-5969 * Linda von Helf (760) 221-4471
Club meets 2nd Wednesday/month, 6:30 pm Lassen High School - Mrs. Ammon's room

SOUTH COUNTY 4-H

Club Leader: Moriah Allen (775) 636-1700
Club meets 2nd Sunday/month, 2:00 pm at Doyle Senior Center

STANDISH 4-H

Club Leader: Virginia Bartholomew (530) 310-1993 * Cindy Weimer (530) 254-6802
Club meets 2nd full Wednesday/month at 6:30 pm, Standish 4-H Hall

THOMPSON PEAK 4-H

Club Leader: Jason Meadows (530) 310-4169
Club meets the last Wednesday of the month at 7pm, Janesville Fire Hall

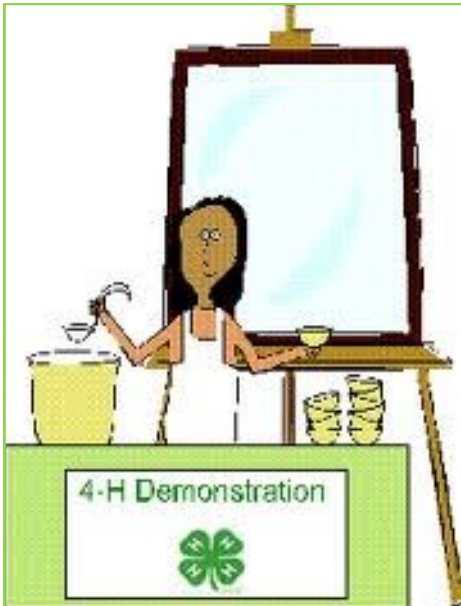


New Projects!



Come learn a new skill!!
Countywide Quilting Project - 1st mtg
Friday, Sept. 6th @ the Janesville Fire Hall
Contact Sandy Caldwell (530) 260-0254

Polish Your Public Speaking!
Practice making an educational display!
Enroll in the countywide project
Contact Julie Mallery
(530) 251-3677



Check this out!

Check this out!

Check this out!

NOW AVAILABLE

FLY FISHING PROJECT



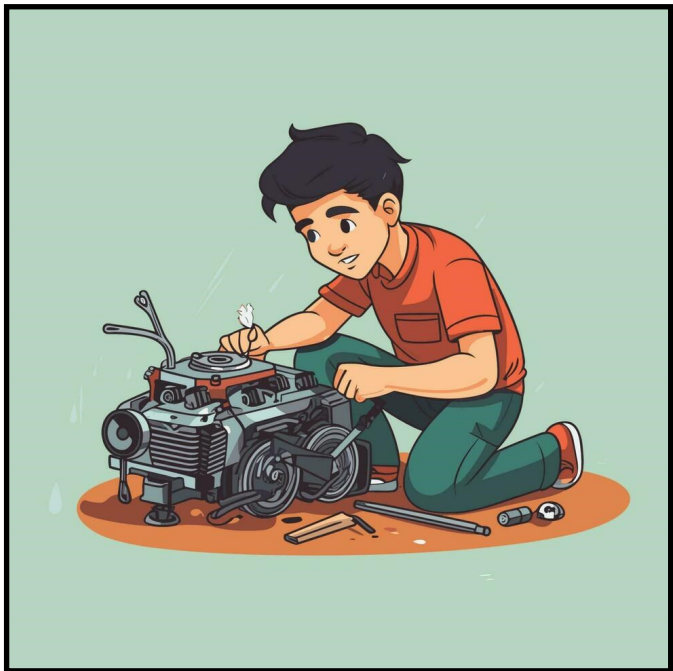
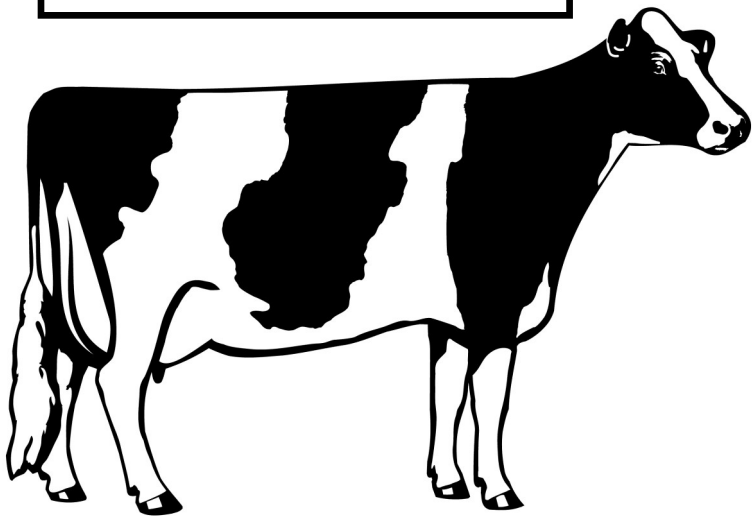
JOIN TODAY!

**5 OR 6 WT. FLY ROD WITH REEL
AND FLOATING LINE RECOMMENDED**

Discover Yourself  in 4-H

Interested in “hands on” activities?
Want to learn about motors?
JOIN THE SMALL ENGINES PROJECT!!!

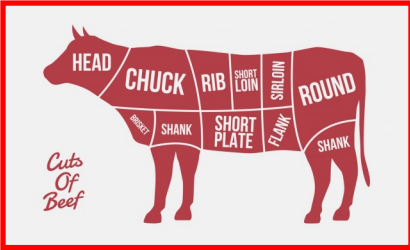
Countywide Dairy Project



Thank you all for Participating in Our Open House at Tractor Supply!



Carcass Contest Results



Swine
 1st - Avarie Pratt
 Richmond 4-H
 2nd - Kinley Somerville
 Susanville FFA
 3rd - Kemper Bailey
 Susanville FFA

Beef
 1st - Royce Waltman
 Johnstonville 4-H
 2nd - Peyton Pratt
 Susanville FFA
 3rd - Elaina Strand
 Dyer Mtn 4-H




Beef Carcass of Merit Winners
 Royce Waltman
 Elaina Strand

Beef Carcass of Merit Gold Seal
 Peyton Pratt

Lamb
 1st - Breanna Fox
 Susanville FFA
 2nd - John Ammon
 Richmond 4-H
 3rd - Laila Bustamonte
 Susanville FFA

Market Goat
 1st - Devan Gallagher
 Herlong FFA
 2nd - Mary Gallagher
 Milford 4-H
 3rd - Lillian Marshall
 Susanville FFA

Lassen County 4H Ambassadors' Corner: Welcome to a Brand New Year!

By  **Jeremy Couso** Wednesday, August 28th, 2024

 299  0

As the new 4-H year starts here in Lassen County we would like to introduce four remarkable young people that have earned the title of County Ambassador. This rank is no easy feat to achieve. It requires that they be at least fourteen years old and hold the rank of a Gold Star in the program.

Gold star requirements are completion of eight projects (repeated years of the same projects counts), fifteen project skill activities, attending forty 4-H events, completing thirty leadership development activities and holding at least two significant leadership roles, participating in thirty community service activities, completing thirty six communication skills (which includes giving at least 10 presentations) receiving fifteen honors or awards and an optional requirement of having thirty healthy lifestyle activities.

It can take members their entire 4-H career to earn a Gold Star.

The application process to become an ambassador requires letters of reference, essay questions and an in-person interview. The goal is that the members will develop skills needed to interview for future scholarships and job opportunities.

It has been years since Lassen County has had a group of Ambassadors this large. We are so very proud of them. Please read their biographies and follow along with them on their year long journey through these articles on Ambassador's Corner.





My name is Layton Allen. I am fourteen years old, and I am a member of South County 4-H. I just started my first year of high school. My future goals are to work in the agriculture industry and learn to speak Spanish.

I am in the 4-H dog, lamb and shooting sports projects. The most important thing 4-H has taught me is public speaking and teamwork. By being an Ambassador I plan to help other 4-H members and be a good role model. A fun fact about me is that I am one of only two Lassen County 4-H members to ever attend the BLM Mustang Camp. It was a lot of fun.

I love 4-H

Hi everyone, I am Russell Mallery. I am fourteen years old and a first-year student at Lassen High School. This is my eighth year in 4-H and it is a great honor to be one of four Ambassadors this year, the highest position in our county 4-H program.

I am currently the Vice President of Johnstonville 4-H club. Other Officer positions I have held in my club include President, Vice President (second year in this position), Treasurer, Reporter/Historian, Activities Officer, and Hospitality Officer.

I love 4-H because there is so much to offer. My favorite part is livestock. I showed ducks for two years as a primary member. This is my sixth year showing and selling steers at the Lassen County Fair. I have been in other non-animal projects such as outdoor adventure, shooting sports, quilting, recycled arts, photography, and woodworking.

I have done the record book every year including my primary years. I currently hold a gold star rank but will achieve my Platinum Star this year.

The state no longer requires 4H members to attend events so very few members go anymore. My fellow Am-





Hi there! I am Paiton Hallmark. I am fifteen years old, and I am a member of Milford 4-H. I just started my sophomore year of high school. My future goals are to join the military, attend college and play softball. I am in the 4-H shooting sports project.

I think the most important thing that 4-H has taught me is that not everyone is perfect. It has shown me that people make mistakes but what it has taught me is that it is how you recover from your mistake and how you fix the problem that makes you who you are.

I hope to give Lassen County 4-H members a trustworthy and reliable resource. I want to be a helpful role-model and encourage more youth to get involved. A random fact about me is that I like the smell

Last but not least, my name is Samantha Medvin, and I am a member of Milford 4-H. I just started my sophomore year in high school. Some future goals I have in school are to get my honors cord in English, complete both of my Agriculture Pathways in FFA and have above a 4.0 GPS. I do not have a specific goal in my life except to be happy in whatever I pursue.

In 4-H my goal is to achieve as many ranks in my record book as I can. I am enrolled in the arts and crafts, dog, and beef project in 4-H. The most important thing 4-H has taught me is how to conduct myself professionally and how to be a mentor to other youth. I want to spark enthusiasm to others about what 4-H can do for them and how it can impact their lives.

What is a fun fact about me? I know how to surf. I have a six-foot foam top surfboard that I enjoy taking out on the North Coast of California. Yes, I wear a wetsuit, the water is always below 70 degrees!

Please stay tuned as we share our adventures with you here on SusanvilleStuff.com once a month and remember the 4-H year starts on September 1st so if you'd like to join our program or learn more, please call Sandy Fortin, Lassen County 4-H Representative, 1.530.251.8285.



Milford 4H Club News

Submitted by Samantha Medvin

Milford 4H Club has installed new officers for the 2024-2025 year! The Milford 4-H club met on August 4th to nominate and elect new officers for the coming year. The voting was an exciting race with new members stepping up to be leaders for many offices. The Milford 4-H Club is excited for the year ahead with an awesome team to lead the club into Milford's next 4-H season! Congratulations to the new officers and thank you for your commitment to the club! Officer voting results are as follows:

President-Paiton Hallmark
Vice President-Emi Chandler
Secretary-Leilah Hallmark
Treasurer-Maddi Johnson
Reporter/Historian-Samantha Medvin
Healthy Living Officer-Belen Sanchez
Sergeant of Arms-Danica McMullen
Recreation Leader-Ulysses Sanchez
Community Club Leader- Jessica Jimenez
Co-Club Leaders-Chris Hallmark and Pat



Election Results



4-H Week: Beyond Ready



120 years ago, we were ready.

Ready to get our hands dirty,
Ready to learn by doing,
Ready to push the power of youth forward.
And as our inspiration grew, so did we.
When we expanded into every corner of America,
We were ready.
Ready to ask questions about the world,
To show up for our community,
To become the leaders we were always meant to be.
And when we evolved into the unstoppable force we are today,
We were ready.
Ready to open our arms to every opportunity,
Every path,
And every child—
Generation after generation.
Over six million of us have been inspired by 4-H.
It's time to inspire six million more.
We were ready then. We're beyond ready now.
After all, it's always been in our DNA.
Beyond ready for school.
Beyond ready for work.
Beyond ready for life—
And everything that comes with it.

Building a Ready Generation in a World of Change.



Beyond Ready



UNIVERSITY OF CALIFORNIA
Agriculture and Natural Resources



We equip youth with skills for the future while meeting them where they are today.

Through 4-H, we offer opportunities and experiences that shape youth into their full, authentic selves, enabling them to shine both now and in the future.



4-H.org
#4HBeyondReady

Plan ahead for National 4-H week! Try a new idea!

- Set up a 4-H promotional booth somewhere in the community or at school!
- Deliver goodies to all of the 4-H supporters/stakeholders in your community
- Get your Commissioners' Court to sign the National 4-H Week Proclamation
- Go on the radio to deliver a 4-H PSA
- Reach out to local news stations to promote National 4-H Week
- Wear your 4-H Gear all week!
- Make National 4-H Week Social Media Posts
- Write a newspaper feature story on a 4-H member or two
- Highlight different 4-H members/projects/contests each day of the week on social media.
- Make thank you cards to send to your 4-H supporters
- Have a "green out" at school... get everyone to wear green one day!
- Make 4-H coloring sheets to give to the elementary schools
- Ask your principal to recognize national 4-H week on the morning announcements
- Make flyers to pass out at school, at the grocery store, church etc.
- Make posters to place around the community
- Ask local businesses to put up signs/flyers in their windows
- Find places willing to fly the 4-H flag for the week!
- Go promote 4-H at the Rotary Club meeting
- Donate goodies to the Teacher's Lounges to thank them for their support of 4-H
- Conduct a fundraiser for 4-H scholarships/projects/camps/contests
- Complete a community service project
- Organize something for One Day 4-H
- Host a 4-H day in the park
- Make 4-H book marks to donate to Libraries
- Make 4-H Placemats for the Senior Citizens Center
- Have older 4-H members go visit elementary classes to read a book or have lunch

- Host a 4-H day in the park
- Make 4-H book marks to donate to Libraries
- 30. Make 4-H Placemats for the Senior Citizens Center
- 31. Window paint vehicles with the 4-H Clover (with permission)
- 32 Order One Day 4-H T-shirts
- 33. Create your own County/Club T-Shirts to sell.
- 34. Come up with daily social media challenges that help promote 4-H!
- Post 4-H throwback pictures!
- Create a 4-H Project Promotional Poster!
- Have a Project Poster Fair
- Host a 4-H Reunion
- Recruit new 4-H Volunteers
- Share your 4-H Story any way you can!
- Make 4-H Decorations to deliver to local nursing homes
- Delivery something to brand new 4-H members to welcome them!
- Make 4-H yard signs to display!
- Change your social media profile picture to one with a 4-H Frame
- Pass out 4-H pencils at school!
- Host a 4-H Family Movie Night
- Create Custom 4-H Stickers to give away
- Make promotional videos with 4-H'ers in your club/county.
- Ask local businesses who have a marquee or light up sign to display a 4-H message
- Have a 4-H ice-cream or watermelon social!
- Host a 4-H scavenger hunt
- Set up 4-H photobooths at schools/grocery stores/banks/local businesses
- Leave 4-H flyers at grocery stores to be picked up!