

YOUTH TALK



KINGS COUNTY 4-H MONTHLY NEWSLETTER

HAPPENING THIS MONTH

- Sept. 2 UCCE Office closed for Labor Day
- Sept. 3 Leaders Council Meeting 6:30 p.m.
- Sept. 17 Volunteer Orientation 6:00 p.m.



WELCOME TO THE 2024-2025 4-H YEAR!

Hello Kings County 4-H'ers!

It is my honor to welcome you to the new 4-H year as we kick off our club meetings this month. The Kings County 4-H Staff and Leaders Council have some exciting changes planned - one being the return of our monthly newsletter. The Youth Talk will be your guide to what is happening in the Kings County 4-H program. It is a place to find info about events, learn about opportunities, and share photos and reports about what is happening in your club and projects. The Youth Talk will be sent via email, can be found on the [Kings County 4-H website](#), and printed copies can be picked up from the Kings UCCE Office. Keep an eye out for future publications and see page 5 for info on how to make submissions.

- Cayci Hill, Kings County 4-H CES

4-H FUN FACT

Did you know 4-H is the largest youth development organization in the United States? Nearly 6 million youth are in the program!

ENROLLMENT IS NOW OPEN!

Since the new year started in July, that means it is time to re-enroll in 4-H through ZSuite!

[Read More - Page 2](#)

VOLUNTEER ORIENTATION

All new, returning, and potential volunteers are invited to join us on September 17th at 6:00 p.m.

[See Flyer - Page 8](#)

ce.kings.ucanr.edu



Let's grow our 4-H clubs so more youth have an opportunity to benefit from the great programs available in 4-H!

Members- Talk to your friends about joining 4-H
Adults- Think about becoming a volunteer



ENROLLMENT INFORMATION

RETURNING FAMILIES

Here are the steps to re-enroll:

1. Go to <https://4h.zsuite.org>
2. Login in to ZSuite using the same login credentials you used to enroll last year
3. Click "Enroll Member/Volunteer Now"
4. Complete all enrollment sections
5. If you are enrolling in a county-wide project that is not based out of your primary club you will have to add a "secondary unit". County-wide Projects: Dog (Grangeville), Livestock Judging (Grangeville), Rabbits (Island), Shooting Sports Rifle & Pistol (Grangeville)
6. After all enrollment sections are complete, Click "Submit"
7. Note: You will receive a welcome email once your enrollment has been accepted and is active.

NEW FAMILIES

Here are the steps to enroll:



1. Go to <https://4h.zsuite.org>
2. Create new account with ZSuite
3. Click "Enroll Member/Volunteer Now"
4. Complete all enrollment sections
5. If you are enrolling in a county-wide project that is not based out of your primary club you will have to add a "secondary unit". County-wide Projects: Dog (Grangeville), Livestock Judging (Grangeville), Rabbits (Island), Shooting Sports Rifle & Pistol (Grangeville)
6. After all enrollment sections are complete, Click "Submit"
7. Note: You will receive a welcome email once your enrollment has been accepted and is active.

ADULT VOLUNTEERS WITH ACTIVE ENROLLMENTS IN 2023-2024

Enrollment Requirements:

- Submit Enrollment on [ZSuite](#)
- Complete online [Returning Volunteer Training Course](#)
 - Course takes 55 minutes
 - Enrollment key is Kings

*Please note all volunteers must have an active enrollment before leading project meetings.

NEW ADULT VOLUNTEERS OR RETURNING VOLUNTEERS NOT ACTIVE IN 2023-2024

Enrollment Requirements:

- Connect with Community Club Leader to see what projects they may need help with
- Fill out [Interest Survey](#)
- Submit Enrollment on [ZSuite](#)
- Complete online [New Volunteer Training Course](#)
 - Course takes 1 hour, 35 minutes
 - Enrollment key is Kings
- Complete DOJ and FBI Live Scan with form from 4-H office

Thank you!

A huge thank you to the Kings County 4-H Sponsoring Committee who has elected to pay for the enrollment fees of our youth members and adult volunteers this year.



LEADERS COUNCIL

WHAT IS IT?

The Kings County 4-H Leaders Council is made up of 4-H volunteers and senior 4-H members. The council oversees the county program by planning events, creating committees, and voting on important program business. Council meetings are open to all 4-H volunteers, parents, and 4-H members.

WHEN DOES IT MEET?

First Tuesday of each month at 6:30 p.m.

Kings UCCE Multi-Purpose Room
680 N. Campus Drive Suite F
Hanford, CA 93230

IN-PERSON & VIRTUAL!

If you can't make it in-person, join the meeting virtually on Microsoft Teams! Link:

[Join Council Meeting Now](#)

Meeting ID: 256 037 947 845

Passcode: YEnUpt

New!
Hybrid Meetings



WE WANT YOU!

In order to make our program the best it can be, we need more participation and input from our volunteers, parents, and 4-H members!

We are asking for one youth member per club to attend each meeting & give a club report. The meetings are also open to youth members who would like to give a presentation.

Youth who give a report or presentation at a council meeting will receive a raffle ticket. One winner per council meeting will be chosen. Winner will get to choose from a variety of prizes.

UPCOMING MEETINGS

September 3rd, October 1st, November 5th

2024 WORKSHOP SERIES FOR VOLUNTEER LEADERS

Learn about your role, responsibilities, lesson planning, making learning engaging, working with youth of all ages, and effective hands-on learning. The complete series is 8 hours (4 sessions at 2 hours each offered virtually– via ZOOM). Complete the series to earn a 4-H name badge.

Fall courses begin in September on Wednesday evenings:

- **Wednesday, September 4, 2024, 6:30pm-8:30pm Session 1**
 - Best practices in youth development: Focusing on youth sparks, sense of belonging, and positive relationships with adults. (The 4-H Thriving Model of Positive Youth Development)
- **Wednesday, September 11, 2024, 6:30pm-8:30pm Session 2**
 - Learning in 4-H: Facilitating hands-on experiential education and planning your project.
- **Wednesday, September 18, 2024, 6:30pm-8:30pm Session 3**
 - Working With All Ages (from 5 to 18) and Abilities (The Ages and Stages of Youth Development)
- **Wednesday, September 25, 2024, 6:30pm - 8:30pm Session 4**
 - Creating effective youth-adult partnerships & Working with youth leaders (Junior and Teen Leaders)

Registration is now open at: https://form.jotform.com/Steven_Worker/4HPL4%20



SAVE THE DATE

**NATIONAL 4-H WEEK OCTOBER 6-12, 2024
"BEYOND READY"**



 [click here to watch video](#)



2023 Winning Display by Kings Harvest 4-H at the Working Man's Store

4-H Week Events

- **October 4th - Window Displays Due**
 - Each club is encouraged to compete in the Window Display Contest that takes place each year during National 4-H Week. Find a business in Kings County that will allow you to set up a window display to bring awareness to the 4-H program. Window displays need to be set up by October 4th and stay up until October 12th. Submit photos of the display to the Kings UCCE Office, the County Ambassador team will select the winning club who will receive a **\$75 reward**.
- **October 2nd-13th - Tractor Supply Paper Clover Fundraiser**
 - Customers at the Hanford Tractor Supply store can purchase a paper clover at checkout. Funds raised by Tractor Supply will be used to send Kings County 4-H'ers to leadership conferences. This would be a great opportunity for a club to set up a booth outside of the store to spread the word about the fundraiser and 4-H!
- **October 10th - Thursday Night Market**
 - Kings County 4-H will have a booth set up at the Thursday Night Farmer's Market in downtown Hanford. We would love to have members bring displays of their projects and to help recruit new families. Contact your Club Leader or the Kings UCCE Office if you would like to participate.

ACHIEVEMENT NIGHT & LEADERS RECOGNITION DINNER

**Saturday
October 19, 2024
Corcoran High School
TLC Building**

Calling all adult 4-H Volunteers, County Record Book Medalists, Outstanding Project Award winners, Officer Book Medalists, and Project Medal Award winners. Mark your calendars for an evening of celebrating you! Complimentary dinner will be served. Menu, time, and additional details coming soon. Mark your calendars and don't miss out on the FUN!



WANT TO CONTRIBUTE TO THE YOUTH TALK?

We would love to have submissions from our 4-H members, especially the club reporters! Submit photos, articles, or info you would like shared with the Kings County 4-H program by the last Thursday of the month to be featured in the next Youth Talk. Please send reports to cdahill@ucanr.edu



OFFICER TRAINING

The California 4-H Resource Center has online training available for the following club officer positions:

- Treasurer - The Treasurer Training is all about what the California 4-H Club Treasurer needs to do. In this course, you'll learn important skills like:

- Setting up bank accounts
- Making budgets
- Managing funds
- Following fundraising rules
- Writing checks
- Checking bank statements.



Enrollment Key is YTTKings

- Healthy Living Officer - This course outlines the essential activities of a 4-H Healthy Living Officer.

Enrollment Key is HLKings

- Civic Engagement Officer - As a 4-H Civic Engagement Officer, you will be able to increase the positive impact of 4-H in your community. Through this course you will learn about:

- The role and responsibilities of a 4-H Civic Engagement Officer
- How to set-up service-learning committees
- Ways to improve community engagement
- How to plan and report on service-learning projects
- Resources to help you educate your club about community service and service-learning so they can lead meaningful projects.

Enrollment Key is ceKings

FINANCIAL MANAGEMENT SERIES FOR VOLUNTEERS

This series gives you the skills and knowledge needed to handle the financial aspects of 4-H Youth Development Programs. You'll learn about: Financial management basics, Setting up and authorizing bank accounts, Planning, fundraising, and managing resources, Handling gifts, scholarships, animals, and firearms as gifts, Financial reporting and compliance, Responsibilities of 4-H Unit and VMO Treasurers, Managing excess funds, disbursements, taxes, and property.

This series is designed for California 4-H adult volunteers with financial roles, such as Club Leaders, VMO Treasurers, and Treasurer Advisors.

*New modules will be added throughout the 2024-25 program year. You'll receive a certificate and badge after completing all 7 modules. Enrollment Key is FMSKings



WHAT IS UCCE?

UC Agriculture and Natural Resources (UCANR) connects the power of UC research in agriculture, natural resources, nutrition and youth development with local communities to improve the lives of all Californians. This happens through the University of California Cooperative Extension (UCCE) offices located in each county. In the Kings UCCE Office we have 4-H youth development, CalFresh Nutrition, Farm Advisors, and Master Gardeners. Below are some tips and tricks from our office!

UPDATE FROM KINGS UCCE CALFRESH HEALTHY LIVING

Healthy Back To School

As families prepare to send children back to school, they need to remember that nutrition plays a huge role in academic success. Multiple studies have shown that poor nutrition adversely affects school performance and overall achievement. The best way parents can help their children nutritionally is by making sure they have a healthy breakfast. Suggestions for breakfast consist of a variety of foods including:

- Fiber rich and whole-grain cereals with low fat milk
- Yogurt and berries
- Toast, eggs and 100% fruit juice
- Whole wheat bagels and cheese or eggs with low fat milk
- Be careful about what children drink. Even 100% juice is loaded with sugar. Encourage children to drink low fat while milk or plain or sugar-free flavored water. Children should avoid drinks containing added supplements and caffeine.



Looking for a healthy recipe to start the day - [try this Strawberry Banana Oatmeal.](#)



Funded by USDA SNAP, an equal opportunity provider. Visit www.CalFreshHealthyLiving.org for healthy tips.

UPDATE FROM KINGS UCCE MASTER GARDENERS

September Gardening Tips

As your summer crops finish, it's time to get your fall and winter garden going. It's time to clear out the old plants and consider enriching the soil with compost, and sow cool-season veggies like carrots, chard, peas, beets, and radishes. Transplant broccoli, cabbage, leeks, brussels sprouts, cauliflower, and kale for a hearty winter harvest.



[READ MORE HERE](#)

4-H RESOURCES

- [Kings County 4-H Website](#)
- [4-H Handbook for Families](#)
- [4-H Record Book Information](#)
- [California 4-H Resource Center](#)

CONTACT US

Kings UCCE Office
680 N. Campus Drive Suite A
Hanford, CA 93230
559-852-2730

Cayci Hill - cdahill@ucanr.edu
Dina Ledesma - eledesma@ucanr.edu



California 4-H State Field Day

May 25, 2024 at UC Davis

State Field Day is the largest 4-H hosted event as well as the largest UCANR staffed event in California. State Field Day offers state level contests, connects 4-H'ers from across the state, and provides activities to inspire youth through interactive booths. The 2024 State Field Day welcomed 777 youth participants in-person and virtually.

CONGRATULATIONS TO THE KINGS COUNTY PARTICIPANTS!

Fashion Revue

- Clare Curtis, Corcoran – Blue for Consumer Science Purchased, \$50 Limit
- Emily Ortiz, Mid Valley – Red for Traditional

Forestry

- Adeleigh Sayles, Grangeville – Blue
- Scarlett Sayles, Grangeville – Blue
- Wynn Sayles, Grangeville – Blue

Insect ID

- Adeleigh Sayles, Grangeville – White
- Elizabeth Sayles, Grangeville – Green
- Scarlett Sayles, Grangeville – White
- Wynn Sayles, Grangeville – White

Photography Contest

- Dylan Howard, Corcoran – Gold for "Swing and A Miss... Strike Three"
- Dylan Howard, Corcoran – Gold for "America's Pass Time"
- Lane Toledo, Kings Harvest – Gold for "Angus Silhouette at Sunset"
- Lane Toledo, Kings Harvest – Red for "Breakfast!"

Plant Science Contest

- Adeleigh Sayles, Grangeville – Blue
- Elizabeth Sayles, Grangeville – Green
- Scarlett Sayles, Grangeville – Blue
- Wynn Sayles, Grangeville – Blue

Presentation Day

- Brittney Curtis, Corcoran – Gold for "Ice Cream in a Bag"
- Clare Curtis, Corcoran – Gold for "Ice Cream in a Bag"
- Riley Hernandez, Corcoran – Blue for "Show time Dutchess!"
- Dylan Howard, Corcoran – Gold for "Robots, Robots, Robots"
- Adeleigh Sayles, Grangeville – Gold for "Volcanoes the ins and outs"

Robotics Contest

- Dylan Howard, Corcoran – Gold for Design & Build, Robotics VEX IQ Full Volume Competition



YOU'RE INVITED!

Kings County 4-H Volunteer Orientation

September 17, 2024

6:00 p.m. - 8:30 p.m.

Kings UCCE Multi-Purpose Room

680 N. Campus Drive Suite F

Hanford, CA 93230

Dinner will be provided



Please join us at the Volunteer Orientation on Tuesday September 17th. This orientation is intended for all new and returning 4-H volunteers as well as those who maybe be interested in volunteering but need more information. The orientation will offer an in depth look into 4-H as an organization, best practices of youth development, provide resources and tools that are available to 4-H volunteers, and will be an opportunity to connect with fellow 4-H Leaders and staff.

Dinner will be provided by Kings County 4-H Leaders Council.

"Volunteers do not necessarily have the time; they just have the heart."



Please RSVP by Thursday September 12th so materials can be prepared for you.

[CLICK HERE TO RSVP](#)



UNIVERSITY OF CALIFORNIA
Agriculture and Natural Resources

Questions?
Contact Kings UCCE Office at 559-852-2730



KINGS COUNTY 4-H 2024-2025 CALENDAR

HEAD ✿ HANDS ✿ HEART ✿ HEALTH

JULY

- 1 New 4-H Year Begins
- 2 Leaders Council Meeting
- 4 UCCE Office Closed - Independence Day
- 12-28 California State Fair

AUGUST

- 1 Ambassador Applications Due
- 6 Leaders Council Meeting
- 9 Year End Reports and Officer Books Due
- 15 Ambassador Interviews

SEPTEMBER

- 2 UCCE Office Closed - Labor Day
- 3 Leaders Council Meeting
- 17 Volunteer Orientation

OCTOBER

- 1 Leaders Council Meeting
- 4 Window Displays Due
- 6-12 National 4-H Week
- 10 Thursday Night Marketplace
- 19 **Achievement Night/Leaders Recognition Dinner**

NOVEMBER

- 5 Food Olympics Planning Meeting
- 5 Leaders Council Meeting
- 11 UCCE Office Closed - Veterans Day
- 28-29 UCCE Office Closed - Thanksgiving

DECEMBER

- 3 Leaders Council Meeting
- 14 **County Judging Day**
- 24-31 UCCE Office Closed - Christmas

JANUARY

- 1 UCCE Office Closed - New Year's Day
- 7 Leaders Council Meeting
- 20 UCCE Office Closed - Martin Luther King Jr. Holiday

FEBRUARY

- 4 Leaders Council Meeting
- 17 UCCE Office Closed - President's Day

MARCH

- 4 Leaders Council Meeting
- 7-9 Western Classic
- 20 Farm Day
- 22 **Presentation Day/Food Olympics**

APRIL

- 1 Leaders Council Meeting
- TBA Regional Presentation Day
- TBA **4-H Fair**
- TBA Fashion Revue - Fresno County

MAY

- 6 Leaders Council Meeting
- 24 State 4-H Field Day - UC Davis
- 26 UCCE Office Closed - Memorial Day

JUNE

- 3 Budget/Calendar Meeting
- TBA Kings Fair
- 30 End of 4-H Year

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Kings County 4-H Website



ceking.s.ucanr.edu