# YOUTHIA



#### KINGS COUNTY 4-H MONTHLY NEWSLETTER

#### HAPPENING THIS MONTH

Jan. 1 - 5 UCCE Office Closed

**Leaders Council Meeting CANCELLED** Jan. 7

UCCE Office Closed - Martin Luther King Jr. Day Jan. 20

**Leaders Council Meeting** Feb. 4 Feb. 16 In-Person YQCA Training

Feb. 20 UCCE Office Closed - President's Day

#### **4-H FUN FACT**

4-H'ers are 4x more likely to give back to their communities.

# HAPPY NEW YEAR!







**DUE TO THE CONTINUED SPREAD OF H5N1 BIRD** FLU IN CALIFORNIA, THE STATE VETERINARIAN HAS IMPLEMENTED A BAN ON ALL CALIFORNIA POULTRY AND DAIRY CATTLE EXHIBITIONS AT FAIRS AND SHOWS IMMEDIATELY UNTIL FURTHER NOTICE. THIS ACTION IS REQUIRED TO MINIMIZE THE DANGER OF EXPOSING PEOPLE AND NON-INFECTED COWS AND BIRDS TO THE DISEASE.

PLEASE SEE ATTACHED FLYER AT END OF **NEWSLETTER FOR MORE INFORMATION.** 

# JUDGING DAY **RESULTS**

Thank you to everyone who participated in this year's Judging Day event. It was a great afternoon of judging, tree decorating, and line dancina!

See Results - Page 2

# **IN-PERSON**

There will be an inperson YQCA training opportunity held February 16th at the Kings Fairgrounds. Pre-Registration is required.

More Info - Page 5

<u>cekings.ucanr.edu</u>







# 2024 KINGS COUNTY 4-H JUDGING DAY RESULTS

THANK YOU TO ALL 4-H'ERS WHO PARTICIPATED IN THE KINGS COUNTY 4-H JUDGING DAY CONTEST THIS YEAR, CONGRATULATIONS ON YOUR JOB WELL DONE!

OVERALL INDIVIDUALS - TOTAL OF ALL JUDGING CLASSES + ID CLASSES + REASONS CLASS HIGH POINT INDIVIDUAL IN EACH CONTEST - TOTAL SCORE OF 5 JUDGING CLASSES + ID CLASS + REASONS CLASS HIGH POINT TEAM IN EACH CONTEST - TOTAL SCORE OF TOP 3 CLUB MEMBERS OF 5 JUDGING CLASSES + ID CLASS + **REASONS CLASS** 

### **OVERALL HIGH INDIVIDUALS**

High Point Individuals	Junior	Club	Intermediate	Club	Senior	Club
10 <sup>th</sup> Place			Corban Edmondson	Grangeville		
9 <sup>th</sup> Place			Brody Howell	Grangeville		
8 <sup>th</sup> Place			Ezekiel Hernandez	Corcoran		
7 <sup>th</sup> Place	Wynn Sayles	Grangeville	Dylan Howard	Corcoran		
6 <sup>th</sup> Place	Nolan Barcellos	Kings Harvest	Patience Felipe	Island		
5 <sup>th</sup> Place	Kate Brown	Kings River	Charlotte Robinson	Kings Harvest		
4 <sup>th</sup> Place	Heidi Robinson	Kings Harvest	Scarlett Sayles	Grangeville	Adeleigh Sayles	Grangeville
3rd Place	Cora Martins	Kings River	Leah Statler	Kings River	Julietta Champi	Kings Harvest
2nd Place	Ava Edmondson	Grangeville	Shane Dooley	Kings Harvest	Alana Edmondson	Grangeville
1st Place + Gold Medal	Lucy Martins	Kings River	Lane Toledo	Kings Harvest	Eva Dooley	Kings Harvest

#### LIVESTOCK CONTEST

High Point Individuals 5 Judging classes + ID class + Reasons class	Junior Division	Club	Intermediate Division	Club	Senior Division	Club
5 <sup>th</sup> Place	Nolan Barcellos	Kings Harvest	Shane Dooley	Kings Harvest		
4 <sup>th</sup> Place	Kate Brown	Kings River	Leah Statler	Kings River	Adeleigh Sayles	Grangeville
3rd Place	Cora Martins	Kings River	Dylan Howard	Corcoran	Eva Dooley	Kings Harvest
2nd Place	Ava Edmondson	Grangeville	Lane Toledo	Kings Harvest	Alana Edmondson	Grangeville
1st Place + Silver Medal	Lucy Martins	Kings River	Ezekiel Hernandez	Corcoran	Julietta Champi	Kings Harvest

High Point Teams 5 Judging classes + ID class + Reasons class	Junior Division	Club	Intermediate Division	Club	Senior Division	Club
3rd Place	Ava Edmondson	Grangeville	Scarlett Sayles	Grangeville		
3rd Place	Wynn Sayles	Grangeville	Brody Howell	Grangeville		,
3rd Place	100		Corban Edmondson	Grangeville		100
	Junior Division	Club	Intermediate Division	Club	Senior Division	Club
Ind Place	Nolan Barcellos	Kings Harvest	Ezekiel Hernandez	Corcoran	Alana Edmondson	Grangeville
2nd Place	Heidi Robinson	Kings Harvest	Dylan Howard	Corcoran	Adeleigh Sayles	Grangeville
2nd Place		100	Riley Hernandez	Corcoran		
- 22 44	Junior Division	Club	Intermediate Division	Club	Senior Division	Club
1st Place + Silver Medal	Lucy Martins	Kings River	Lane Toledo	Kings Harvest	Julietta Champi	Kings Harvest
1st Place + Silver Medal	Cora Martins	Kings River	Shane Dooley	Kings Harvest	Eva Dooley	Kings Harvest
1st Place + Silver Medal	Kate Brown	Kings River	Charlotte Robinson	Kings Harvest	CHANGE PROPERTY OF	







# 2024 KINGS COUNTY 4-H JUDGING DAY RESULTS

THANK YOU TO ALL 4-H'ERS WHO PARTICIPATED IN THE KINGS COUNTY 4-H JUDGING DAY CONTEST THIS YEAR. CONGRATULATIONS ON YOUR JOB WELL DONE!

### **GENERAL CONTEST**

High Point Individuals 5 Judging classes + ID class + Reasons class	Junior Division	Club	Intermediate Division	Club	Senior Division	Club
5 <sup>th</sup> Place	Cora Martins	Kings River	Leah Statler	Kings River		
4 <sup>th</sup> Place	Wynn Sayles	Grangeville	Patience Felipe	Island	Julietta Champi	Kings Harvest
3rd Place	Lucy Martins	Kings River	Dylan Howard	Corcoran	Adeleigh Sayles	Grangeville
2nd Place	Ava Edmondson	Grangeville	Shane Dooley	Kings Harvest	Alana Edmondson	Grangeville
1st Place + Silver Medal	Heidi Robinson	Kings Harvest	Lane Toledo	Kings Harvest	Eva Dooley	Kings Harvest

High Point Teams 5 Judging classes + ID class + Reasons class	Junior Division	Club	Intermediate Division	Club	Senior Division	Club
3rd Place	Heidi Robinson	Kings Harvest	Dylan Howard	Corcoran		
3rd Place	Nolan Barcellos	Kings Harvest	Ezekiel Hernandez	Corcoran		
3rd Place			Riley Hernandez	Corcoran		75
	Junior Division	Club	Intermediate Division	Club	Senior Division	Club
2nd Place	Ava Edmondson	Grangeville	Scarlett Sayles	Grangeville	Alana Edmondson	Grangeville
2nd Place	Wynn Sayles	Grangeville	Brody Howell	Grangeville	Adeleigh Sayles	Grangeville
2nd Place			Corban Edmondson	Grangeville		
	Junior Division	Club	Intermediate Division	Club	Senior Division	Club
1st Place + Silver Medal	Lucy Martins	Kings River	Lane Toledo	Kings Harvest	Eva Dooley	Kings Harvest
1st Place + Silver Medal	Cora Martins	Kings River	Shane Dooley	Kings Harvest	Julietta Champi	Kings Harvest
1st Place + Silver Medal	Kate Brown	Kings River	Charlotte Robinson	Kings Harvest		

## **HOME ECONOMICS CONTEST**

High Point Individuals 5 Judging classes + ID class + Reasons class	Junior Division	Club	Intermediate Division	Club	Senior Division	Club
5 <sup>th</sup> Place	Kate Brown	Kings River	Shane Dooley	Kings Harvest		
4 <sup>th</sup> Place	Heidi Robinson	Kings Harvest	Lane Toledo	Kings Harvest	Adeleigh Sayles	Grangeville
3rd Place	Ava Edmondson	Grangeville	Charlotte Robinson	Kings Harvest	Eva Dooley	Kings Harvest
2nd Place	Cora Martins	Kings River	Leah Statler	Kings River	Alana Edmondson	Grangeville
1st Place + Silver Medal	Lucy Martins	Kings River	Scarlett Sayles	Grangeville	Julietta Champi	Kings Harvest

High Point Teams 5 Judging classes + ID class + Reasons class	Junior Division	Club	Intermediate Division	Club	Senior Division	Club
3rd Place	Heidi Robinson	Kings Harvest	Riley Hernandez	Corcoran		
3rd Place	Nolan Barcellos	Kings Harvest	Ezekiel Hernandez	Corcoran	3	
3rd Place			Dylan Howard	Corcoran		-
	Junior Division	Club	Intermediate Division	Club	Senior Division	Club
2nd Place	Ava Edmondson	Grangeville	Scarlett Sayles	Grangeville	Alana Edmondson	Grangeville
2nd Place	Wynn Sayles	Grangeville	Corban Edmondson	Grangeville	Adeleigh Sayles	Grangeville
2nd Place			Brody Howell	Grangeville		
	Junior Division	Club	Intermediate Division	Club	Senior Division	Club
1st Place + Silver Medal	Lucy Martins	Kings River	Charlotte Robinson	Kings Harvest	Julietta Champi	Kings Harvest
1st Place + Silver Medal	Cora Martins	Kings River	Lane Toledo	Kings Harvest	Eva Dooley	Kings Harvest
1st Place + Silver Medal	Kate Brown	Kings River	Shane Dooley	Kings Harvest		



# 2024 KINGS COUNTY 4-H JUDGING DAY

# **CHRISTMAS TREE DECORATING CONTEST**

Thank you to Corcoran 4-H, Grangeville 4-H, Island 4-H, and Kings River 4-H for participating. All of your trees were beautiful! The decorated trees were donated to families in need who can use them for years to come.

The winning tree was Corcoran 4-H's Grinch Themed Tree! Congratulations!



LINEDANCING LESSONS WITH THE MOVEMENT **FACTORY WERE A BLAST** 

This event would not have been possible without help from our awesome volunteers! Thank you for all your help!

General Classes - Kings Harvest 4-H Home Economics Classes - Island 4-H Livestock Classes - Grangeville 4-H, Corcoran 4-H, Kings River 4-H Primary Classes - Melanie & Brittney Curtis Reasons Judges - Gary Dooley, Lara Felipe, and Sarah Weber Facilities - Lilly Pimentel Tree Donations - Jennifer Thomas MCs - Ambassador Team





## PRESENTATION DAY & FOOD OLYMPICS - MAR 22

Presentation Day and Food Olympics are annual, free contests held on the same day at Corcoran High School. Presentation Day is a public speaking contest that 4-H members of all ages are welcome to participate in. 4-H'ers will select from one of ten categories to make a prepared presentation which they will give in front of a group and be evaluated by judges. Youth who earn a gold or blue award are eligible to progress from county to regional and regional to state. The Kings County 4-H Food Olympics encompasses five different contests: Favorite Food, Favorite Food: Healthy Living, Place Setting, Cup Cake Decorating, and Food Photography.

The events are open to all Kings County 4-H members; even if you are not enrolled in a public speaking or cooking related project. Next month links to enter will be sent out. For more information check out the Kings County 4-H website.



## **IN-PERSON YQCA TRAINING - FEB 16**

#### Pre-Registration is required - yacaprogrtam.org.

The Kings Harvest 4-H Club will be hosting an in-person YQCA training February 16th at 3 p.m. in the JFB Building of the Kings Fairgrounds. The training is led by 4-H parent and local Ag Teacher, Katie Chambers. The training is a great opportunity to meet with other showmen and learn together. Training is required to exhibit animals in the Kings Fair. Training can also be completed online at <u>yacaprogrtam.org.</u>



## COMMUNITY SERVICE OPPORTUNITY

4-H Member Kaden Johnson Hargis and Volunteer Tammy Johnson of Mid Valley 4-H have organized donation drives for each month to benefit local community organizations. If you would like to participate, please drop off all donations to the Kings UCCE Office.

January: SPCA

Requested items: Puppy food, puppy pads, dog and cat food, small blankets, bleach, and unscented laundry soap.

February: Kings Nursing and Rehab Center

Requested items: A new set of bingo cards and prizes to go with it such as lotion or something residents can put in their rooms



### CAYCI HILL OUT OF OFFICE

Cayci Hill will be out of the office for baby bonding time from January 2nd-February 27th. She is scheduled to return on Friday February 28th. If you need assistance during that time please contact Kings County 4-H Office Assistant Dina Ledesma at 559-852-2730 eledesma@ucanr.edu or Tulare County 4-H CES Rochelle Mederos mederos@ucanr.edu.



DONATION DONATIO

# REPORTS

#### KINGS COUNTY 4-H YOUTH TALK | JANUARY/FEBRUARY 2025

#### **CORCORAN 4-H - VOLUNTEER MADISON THOMAS**



Corcoran 4–H was busy this month as we had two major events. Corcoran 4–H held their first ever Winter Social where 4–H'ers donated finger foods, Christmas cookies, and themed snacks and were able to watch "How the Grinch Stole Christmas." Corcoran 4–H held a quick meeting before watching the movie and discussed upcoming events/activities. One of these events was the Kings/Tulare County Judging Day at the Sierra Pacific School Farm. Thank you to the Winter Social Committee composed of Dylan Howard, Emily Amador Alvarez, Aliah Hernandez, Bailee Gomez, Mila Ramirez, Brylee Hunter, and Ezekiel Hernandez. Thank you to Alisa Gomez for hosting Corcoran 4–H at the TLC at the Corcoran High School for this event!



Corcoran 4–H had a team of juniors, intermediates, and seniors attend the Tulare–Kings County Judging Day. These teams judged three contests:

General, Home Economics, and Livestock. Members also had a chance to learn line dancing and compete in the Christmas Tree Decorating Contest. The Corcoran 4–H tree, along with four other Kings County club trees, were donated to the Corcoran Emergency Aide for the Holidays. Thank you to the Corcoran Emergency Aide for finding these trees a warm home in time for Christmas. Thank you to the Christmas Tree Decorating Committee composed of Brylee Hunter, Mila Ramirez, Riley Hernandez, and Ezekiel Hernandez for DIY'ing decorations for the tree and creating a plan of action for the contest. A huge thank you to Brylee Hunter, Riley Hernandez, Ezekiel Hernandez, Dylan Howard, Claire Curtis, and Brittney Curtis for decorating Corcoran 4–H's Grinch-themed Christmas tree. Corcoran 4–H was the first–ever winner of the inaugural Christmas Tree trophy for the contest.

#### **GRANGEVILLE 4-H - REPORTER SCARLETT CARTER**

The Grangeville 4-H Club had a busy month of December. On December 7, they had a float in the Lemoore Christmas parade. December 7th Grangeville 4-H had woodworking and they built wooden Christmas trees. The members learned how to measure and mark wood pieces, use a drill press, use mallets and hammers. December 7th Grangeville 4-H Arts and Crafts made salt dough tree ornaments. On December 7th the Kings County 4-H Dog Care had group training obedience practice at Freedom Park in Hanford. On December 8th and December 14th, the Kings County 4-H Dog Care had agility fun days in Lemoore. On December 10 the Grangeville 4-H Club had their Christmas party and potluck, with games and a gift exchange. On December 14 the Grangeville 4-H Club participated in Judging Day at the school farm at Centennial. They worked on judging skills, tree decorating, learned how to line dance, and had hot chocolate.



#### KINGS HARVEST 4-H TOYS FOR TOTS





#### KINGS RIVER 4-H TREE DECORATING





# KINGS COUNTY 4-H YOUTH TALK | JANUARY/FEBRUARY 2025 ADULT VOLUNTEER OPPORTUNITIES

# **LEADERS COUNCIL**

#### WHAT IS IT?

The Kings County 4-H Leaders Council is made up of 4-H volunteers and senior 4-H members. The council oversees the county program by planning events, creating committees, and voting on important program business. Council meetings are open to all 4-H volunteers, parents, and 4-H members.

#### WHEN DOES IT MEET?

First Tuesday of each month 6:30 p.m.

Kings UCCE Multi-Purpose Room 680 N. Campus Drive Suite F Hanford, CA 93230

#### **UPCOMING MEETING**

February 4 - 6:30 pm



We are asking for one youth member per club to attend each meeting & give a club report. The meetings are also open to youth members who would like to give a presentation.

In order to make our program the best it can be, we need more participation and input from our volunteers, parents, and 4-H members!

Youth who give a report or presentation at a council meeting will receive a raffle ticket. One winner per council meeting will be chosen. Winner will get to choose from a variety of prizes.

# JANUARY COUNCIL MEETING CANCELLED

# **VOLUNTEER CAFE**

OUTDOOR ADVENTURE CLUBS Thursday, February 20, 2025

7pm - 8pm

Via Zoom: Register to receive login information.

Get an overview of different adventure programs offered in Utah 4-H! Learn about the types of adventure programs offered in Utah, things to consider when offering adventure programming, and walk through purposes for adventure programming. There will be discussion time to brainstorm ideas and resources for adventure programs in your local area. During this session we will also practice some of the health and wellness breaks we include during our programs. Led by Stacey MacArthur and Cindy Nelson from the Utah 4-H program.

## FINANCIAL MANAGEMENT SERIES

Module 4 is now available! In Module 4, you'll dive into the unique aspects of managing gifts, scholarships, and special financial situations in California 4-H. By the end, you'll feel confident handling these matters responsibly and in line with 4-H values. This module takes about 10 minutes to complete.

About the Series: The Financial Management Series offers quick, targeted learning for 4-H volunteers, especially those in financial roles like Club Leaders, Treasurer Advisors, and VMO Treasurers. Modules cover essential topics, including: Basics of financial management, Setting up and authorizing bank accounts, Planning, fundraising, and resource management, Managing gifts, scholarships, animals, and firearms, Financial reporting and compliance (February 2025), Responsibilities of 4-H Unit and VMO Treasurers (April 2025), Managing excess funds, disbursements, taxes, and property (June 2025).

Financial Management Series for Volunteers

Can be found on CA 4-H Resouces Website - Volunteer Hub



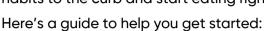
# KINGS COUNTY 4-H YOUTH TALK | JANUARY/FEBRUARY 2025

#### UPDATE FROM KINGS UCCE CALFRESH HEALTHY LIVING

#### **OUT WITH THE OLD AND IN WITH THE NEW!**

#### Make Your Habits Healthy This Year

Are you guilty of skipping breakfast, ordering takeout, getting jitters from coffee overload and counting potato chips as part of a viable diet plan? It's time to kick those habits to the curb and start eating right for the New Year.



- Eat Breakfast There's no better way to start your morning and the new year than with a healthy breakfast. It provides your body with the fuel it needs to make energy to keep you focused and active throughout the day. The key to a good breakfast is balance. Include lean protein, whole grains and fresh, frozen or canned fruits and vegetables.
- Cut Back on Caffeine Keep your caffeine intake in check by limiting regular coffee to 3 cups or less a day. Watch what you put into it. Skip unwanted calories and sugar by drinking it as plain as possible.
- Bring Lunch to Work Make brining lunch to work easy by having your arsenal of food ready for the week. Stock up the fridge to set yourself up for success. Prepare the weeks lunches over the weekend. Make sure your options include a combination of protein and carbohydrates.
- Eat More Fruits and Vegetables Fruits and veggies add color, flavor, and texture, plus vitamins, minerals, and fiber to your plate. Don't let winter stop you from enjoying produce. It might be harder to find fresh options, but frozen and canned are great alternatives.
- · Cook Dinner at Home Making meals at home doesn't have to zap the last bit of your time and energy. The trick is to plan ahead. If the week is busy for you, then prepping on the weekend is a great time saver. Cook a batch of soup you can portion out for lunches or dinner during the week, or bake a whole chicken to slice for sandwiches, wraps, and casseroles.





Funded by USDA SNAP, an equal opportunity provider. Visit www.CalFershHealthyLiving.org for healthy tips.

#### UPDATE FROM KINGS UCCE MASTER GARDENERS



#### **January Gardening Tips**

January is a great time to plant some fruits and vegetables such as grape vines, blackberries, raspberries, blueberries, strawberries, asparagus crowns, artichokes, horseradish, rhubarb, lettuce, and peas. Most plants can be pruned however do not prune apricot trees until summer.

# **4-H RESOURCES**

- Kings County 4-H Website
- 4-H Handbook for Families
- 4-H Record Book Information
- California 4-H Resource Center

# **CONTACT US**

**Kings UCCE Office** 680 N. Campus Drive Suite A Hanford, CA 93230 559-852-2730

Cayci Hill - cdahill@ucanr.edu Dina Ledesma - eledesma@ucanr.edu





January 7, 2025

#### State Veterinarian Bans All California Poultry and Dairy Cattle Exhibitions at Fairs and Shows

Dear Poultry and Dairy Cattle Exhibition Organizers and Managers:

H5N1 Avian Influenza (Bird Flu) has become widespread among dairy cows and domestic poultry (commercial and backyard flocks) in California. In fact, California Governor Gavin Newsom has declared a state of emergency due to these detections. Since August 2024, there have been over 700 dairy herds and 60 poultry flocks affecting over 15 million birds with new dairies and flocks being detected.

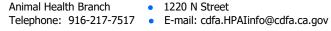
Due to the continued spread of H5N1 Bird Flu in California, the State Veterinarian has implemented a ban on all California Poultry and Dairy Cattle Exhibitions at Fairs and Shows immediately until further notice. This action is required to minimize the danger of exposing people and non-infected cows and birds to the disease.

We urge dairy cow and poultry owners to prevent this devastating disease by continuing to practice enhanced biosecurity measures and prevent comingling with wild bird populations, with other poultry/dairy cows, and their owners. They should also avoid moving or sharing equipment that may serve to transfer the virus. Dairy cow and poultry owners with flocks that have experienced any unusual/suspicious illness or deaths should not move their cows, birds, or their milk or poultry products and should call their veterinarian or our CDFA Sick Bird Hotline at 866-922-BIRD (2473).

Avian influenza is a highly contagious and often fatal disease in birds. The viral spread is promoted by wild birds, especially in wild waterfowl such as ducks and geese, but many other wild bird species can also be a source of spread. The disease spreads through movement of infected or exposed birds, direct or indirect contact with infected wild and domestic birds or contact with virus on fomites (surfaces) such as hands, shoes, clothing, or feet and fur of rodents and other animals. In addition, dairy cows have also been affected by the disease this year, so increased precautions should be taken especially for farms that have both cows and poultry or are in the vicinity of a dairy cow farm.

Clinical signs of H5N1 bird flu in cows include decrease in feed consumption with a simultaneous decrease in rumination and rumen motility, respiratory signs (including clear nasal discharge), acute drop in milk production (severely affected cattle may have thicker, concentrated, colostrum-like milk or produce no milk at all), abnormal tacky or loose feces, lethargy, dehydration, and fever. For more information, please visit our CDFA H5N1 Bird Flu Virus in Livestock webpage.

Clinical signs of H5N1 bird flu (highly pathogenic) in poultry include sudden death, trouble breathing, clear runny discharge (from nose, mouth, and eyes), lethargy, decreased food and water intake, swelling (eyes, head, wattles, or combs), discolored or bruised comb, wattles, or legs, stumbling/falling or twisted neck. For more information, please visit our CDFA HPAI H5N1 in Poultry



1220 N Street

Sacramento, California 95814

www.cdfa.ca.gov





#### webpage.

The cooperation of cow and bird owners is critical in controlling this disease; when exposed cows and birds are not moved and comingled, disease spread can be prevented. We will continue to assess the threat over the next few months and rescind this ban if the situation changes. If you have any questions, please do not hesitate to contact me directly. Thank you for your cooperation.

For up-to-date information about the HPAI 2022-24 outbreak, you can check the <u>USDA APHIS</u> Detections of Highly Pathogenic Avian Influenza webpage.

Sincerely,

Dr. Annette Jones State Veterinarian

